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Two
Fifteenth-Century Cookery Books.

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F
Fifteenth-Century Cookery-Books.

HARLEIAN MS. 279 (ab. 1430), & HARL. MS. 4016 (ab. 1450),

WITH

EXTRACTS FROM ASHMOLE MS. 1429,
LAUD MS. 553, & DOUCE MS. 55.

EDITED BY

THOMAS AUSTIN.

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FOREWORDS.

THE Ancient Cookeries edited in this volume have been copied from Harleian MSS. 279 and 4016, in the British Museum. The first MS. was copied, and partly prepared for the press, by the late Mr. Faulke Watling, of the University of Oxford, but his untimely death prevented his seeing it through the Press. This MS. is divided into three Parts, the first, headed *Kalendare de Potages dyuers*, containing 153 recipes: the second Part, *Kalendare de Leche Metys*, has 64 recipes, and the third Part, *Dyuerse bake metis*, 41 recipes. This MS., besides the Cookery, contains the Bills of Fare of several Banquets which are noticed more fully below. The date of this MS. is about 1430 or 1440, and has been given a little too early on pages 1 and 5. This has been collated with Ashmole MS. 1439, in the Bodleian, noted as A. in the text. For the second MS. it was originally intended to publish Douce MS. 55, in the Bodleian Library, but this was found imperfect, and was replaced by Harleian MS. 4016. They are similar books, and contain the same recipes in nearly the same words, the latter having a few that are not in the former, and *vice versâ*. The Harleian Cookery has 182 Recipes, while the Douce Cookery has 184. The two have been collated, and are of about the same date, *c.* 1450. Two Banquets are prefixed to this MS., which are also more fully noticed below. Several of the recipes of the Douce MS. are appended at page 115.

Some recipes for sauces, taken from Ashmole MS. 1439, are given at page 108. This MS. is about the same date as Harleian MS. 279, and has the same Feasts added, though some of the leaves are missing. These recipes are followed by others taken from two odd leaves in Laud MS. 553, in the Bodleian Library; see page 112.

The first English Cookery Book seems to be that of Neckam, in

the twelfth century, but the *Forme of Cury* is the oldest practical work. This was compiled by the Chief Master Cooks of Richard II., and contains 196 recipes. The MS. that we possess was presented to Queen Elizabeth by Lord Stáfford, and afterwards belonged to the Earl of Oxford, being purchased at his sale; it is now in the British Museum. This volume, with the *Cookeries* in WARNER, *Antiquitates Culinarie* (1791), the *Cookery* published by MRS. NAPIER in 1882, known as the *Noble Boke of Cookry*, and *Liber Cure Cocorum*, have been used for purposes of reference, and elucidation of the recipes in the following MSS. The *Cookery* edited by Mrs. Napier had however, though then unknown, been previously edited by Pynson, as early as 1500, and again by John Byddell in 1650.

Much of the scientific *Cookery* was of course French, and, as will be seen in the following Recipes, the French titles got singularly perverted, and in some cases are extremely hard to recognise. For instance, who at first sight would recognise *Lait* under *Let*, *Froide* as *Fryit*, or *Sauce* in *Sauke*? Again *Herbelettes* becomes *Arbolettys*, and *Aigredoux* or *Aigredouce*, *Egredouncye*. The earliest *Cookery* Books that may be called English only date from the latter half of the seventeenth century.

Many of the Recipes that are given here would astonish a modern Cook. Our forefathers, possibly from having stronger stomachs, fortified by outdoor life, evidently liked their dishes strongly seasoned and piquant, as the *Cinnamon Soup* on p. 59 shews. Pepper, Ginger, Cloves, Garlic, Cinnamon, Galingale, Vinegar, Verjuice, and Wine, appear constantly in dishes where we should little expect them; and even Ale was frequently used in *Cookery*. Wine is used in the recipe for *Roast Partridge*, on p. 78, and also, as seems more natural to us, in the *Partridge Stews* on pages 9 and 78: it is also used for *Brawn in Poivrade* on p. 71. Ale is introduced in the *Boures* on p. 8, in the *Sops Chamberlain* on p. 11, and in the *Mortreus de Chair* on p. 71, and is even used in the *Charlette* on p. 17, though Milk is also one of the ingredients: both Ale and Wine appear in the *Maumenny Royal*, on p. 22. Ale is also used with the *Tench in Bruet*

on p. 23, in the *Whelks* and *Oysters in Bruet*, on the same page, and in fact seems to be a characteristic of the *Bruets*, as most of these dishes have it as an ingredient. Ale was also mingled with the water in which the fish was boiled: note the *Boiled Pike* on page 101, the *Plaice* on page 103, and the *Barbel*, p. 104. *Stale Ale* is used for the *Oil Sops* on page 12, possibly in place of Vinegar. Vinegar is used in the *Brawn* on pages 11 and 12, in the *Numbles of Venison* on pages 10 and 70, and in the *Venison in broth* on p. 70: Vinegar or Verjuice is added to the *Stewed Mutton* on page 72, Verjuice to the *Meat Custard* or *Pie*, on p. 74, and to the *Tripe* on pages 7 and 18. Here our ancestors shewed their wisdom, as the acid served as a corrective to the richness of the dishes. Sugar on the other hand is also used with Brawn, see the *Blaunche Brawn* on p. 34, and the *Fried Brawn* on p. 43, and was quite lately taken with it at St. John's College, Oxford.

Almond milk was also a constant ingredient of the dishes: see the *Brawn in Comfit* on page 71, and the *Sturmye* on page 26: it was also used with fish, as in the *Viande de Cyprus in Lent*, on page 28. Both Sugar and Salt are used in the *Quinade* on page 27, and in the *Mortrews of Pork* on page 28. Marrow was then much more used than at present: note the 300 marrowbones on page 67.

Meats that we do not eat at the present day, or eat but seldom, also appear in the Banquets of our ancestors, as Whale, Porpoise, Seal, Swan, Crane, Heron, and Peacock; while even the fishy Gull was eaten. One would imagine that Sturgeon was then more plentiful, to judge by the recipes for its cookery. Stockfish¹ was of course much more in vogue, from the difficulty of obtaining fresh fish. We may suppose that the Pudding of Capon Neck on page 41, and the Pudding of Swan Neck on page 61, were dainties. It would appear, from page 67, that Oxen were salted whole, while, to descend to the other end of the scale, small birds were eaten, as they still are in France (see the recipe on page 9, and the Royal Banquet on page 58). Our flaming Christmas Pudding is recalled by the *Viande Ardente* in the Banquet on page 61.

¹ See Glossary.

Some of the designs, or *Subtleties*, exposed on the Tables, as ornament, were of rather an ambitious character; far more so than most of those mentioned on pages 57, 58, etc. These were devices in sugar and paste, and apparently in jelly, and were, at any rate at times, made to be eaten. Those displayed at the Enthronement of Abp. Warham in 1505, must have been of considerable size, as their description shews. They represented silvan and hunting scenes, and one displayed the interior of an Abbey Church with its various altars. In other cases such devices as a ship, fully armed with her ordnance, with the Barons of the Cinque Ports on board, or buildings with vanes and towers are exhibited. A great Custard, planted, is displayed in a banquet given by Leland in his *Collectanea*. The dishes were also gilt at times, for purpose of display, as a Leche Lombard in the same volume; a Peacock also is mentioned with a gilt nib. The *Subtleties* mentioned in this volume are of a much more modest character, representing simply an *Agnus Dei*, an *Eagle*, a *Doctor of Law*, etc.; though those at the Stalling of John Stafford, on page 68, are more complicated. They seem both to have preceded the various courses, and also to have closed them, the first being called *Warners*, as giving warning of the entry of a fresh service.

We will now turn to the Banquets, whose Bills of Fare the Cookeries give us. The first of them [p. 57], both in place and importance, is that given at the Coronation of Henry the Fourth, and it has especial interest in the fact that a description of it is in the Chronicles of Froissart. Henry succeeded the dethroned Richard II. in 1399, as Froissart says, with the approval of the People of England; Richard having previously personally surrendered his Crown to him. Stow says that Henry was chosen at Westminster Hall, at a Parliament there. The Archbishop of Canterbury, Thomas Arundel, having first preached a Latin sermon, on the text, *Habuit Jacob benedictionem à patre suo*, a Doctor of Law stood up, and read an Instrument which averred that Richard by his own confession was unworthy to reign, and would resign the Crown to a competent person. This having been read, the Archbishop advised

them to proceed to the election of a new king, and on a vote being taken, the whole assembly was in Henry's favour; Richard not having four votes for him. Henry then accepted the Crown, but Stow says that he acquired the throne more by force than by lawful succession or election.

Henry left the Tower of London, where he was then residing, on Sunday the 12th of October, 1399, having previously made forty-six new Knights of the Bath: he was dressed in a jacket after the German mode. He went to Westminster to sleep, and at night bathed, after the fashion of chivalry; next morning, Monday the 13th, and St. Edward's day, he confessed himself and heard three Masses, preparatory to his Coronation. The Prelates and Clergy then came in procession from the Abbey, and escorted him thither, the return procession entering the sacred place at about nine o'clock in the morning. The Lord Mayor with chosen Citizens of London, were in the Procession, clothed alike in red. Cloth was laid down for the king's passage, and the Abbey was also laid with cloth. Henry was under a Canopy of blue silk, according to Froissart, but Holinshed makes it of Cloth of Gold, with a golden bell jingling at each corner; the Canopy was borne, says Holinshed, by sixteen Barons of the Cinque Ports, four to each Staff, though Froissart again differs, noting that it was borne by only four Burgesses, Dover ones. Holinshed is more likely right. We may suppose that these were the actual bearers of the Canopy: Stow, however, tells us that there were four other, apparently honorary bearers—the Dukes of York, Surrey, Aumarle, and the Earl of Gloucester. The Burgesses had as fees Canopy, bells, and staves.

Preparatory to the Coronation and Banquet, Officials had been appointed on October 4th. The Earl of Northumberland was High Constable, and as holding the Isle of Man, bore on the king's left at the Coronation a naked sword, called Lancaster's Sword, with which Henry was girt when crowned; the Earl of Somerset carried a sword before the king, and Thomas Beauchamp, Earl of Warwick, bore a third sword, by inherited right, and was also Pantler: the

Earl of Westmoreland was Marshal. Sir Thomas Erpingham was Lord Chamberlain, and furnished the monarch with water for his hands, both before and after the Banquet, having as fee the Basin, Ewer, Towels, etc. The Earl of Somerset was Carver, in right of his Earldom of Lincoln, and Sir Wm. Argentine, by reason of his tenure of the Manor of Wilmundale, or Wymondley, Herts, served the king with the first cup of drink at dinner, and received the silver-gilt Cup as his fee. Thomas, Earl of Arundel, was chief Butler, and had the royal goblet as gift; Citizens of London, chosen by the City, served in the Hall as attendants while Henry banqueted. Lord Latimer was Almoner for the day, the silver money being in a fine linen cloth; whilst William le Venour had the honour of making wafers for the king: Edmond Chambers was larderer, and Lord Grey of Ruthyn was Naperer (see post).

Henry took his seat on a throne that stood on a scaffold covered with crimson cloth, and was then proclaimed king from the four corners of it by the Archbishop of Canterbury, who asked the consent of the people: his words were greeted with shouts of "Aye!" Henry was then stripped naked to his shirt previous to anointing, and was anointed in six places, as Froissart says, the head, breast, shoulders, back, and hands: he was afterwards dressed in deacon's clothes, with shoes of crimson velvet, and wore spurs without rowels. The Sword of Justice was next drawn and blessed, and given to the King, who returned it to the scabbard: it was then girt about him by the Prelate, by whom the Crown of St. Edward was also placed on his head. Lord Furnivall, as holding the Manor of Farnham, gave the King his right-hand glove, and supported his arm while he held the sceptre. Henry quitted the Abbey when Mass was over and returned to Westminster Hall, where the Banquet was given.

At the Banquet the King sat at the first table, and at the Royal board were the two Archbishops and seventeen Bishops: at the bottom of the table was the Earl of Westmoreland with the Sceptre. The King was served by the Prince of Wales, who carried the Sword of Mercy, and on the opposite side by the Constable, bearing the

Sword of Justice. At the second table sat the five great Peers of England, probably the Dukes of Lancaster, York, Aumarle, Surrey,¹ and Exeter: at the third table were the principal Citizens of London, apparently the Lord Mayor and Aldermen, whose table was at the left of the Royal table. The Barons of the Cinque Ports sat at a table on the right of the King: at another table sat the newly-created Knights; while all Knights and Squires of Honour sat at a sixth.

When the Feast was half over, the Champion, Sir Thos. Dymock, entered the Hall in full armour, mounted on a horse barded with crimson housings. He was equipped for Wager of Battle, and preceded by another Knight, bearing his lance, and himself carried a drawn sword, and had by his side a naked dagger. The Champion presented a paper to the King, which affirmed that he was ready to offer combat to any Knight or Gentleman who dared maintain that Henry was not a lawful sovereign. By the King's orders Heralds proclaimed this Challenge in six different parts of the Hall and City, without gainsaying. The Champion received as his fee one of the best horses in the Royal Stable, with saddle and trappings, and one of the best suits of armour. When Henry had dined, and partaken of wine and spices, he withdrew to his private apartments, whither the Lord Mayor brought him a Cup of gold filled with wine, taking it again as his fee, together with a second cup that had contained water to allay the wine.

Next follows, on page 58, the Banquet given at the King's second marriage, in 1404. Henry, when Earl of Derby, had married Mary, the younger daughter and coheirress of Humphrey de Bohun, Earl of Hereford and Northampton, who died in 1394. His second wife, in whose honour the feast was given, was Joan of Navarre, widow of John de Montfort, Duke of Brittany. She landed a few days previously at Falmouth, and was married in Winchester Cathedral on the 7th of February: the Banquet was possibly in the Hall of

¹ Thomas Holand, Duke of Surrey, is said to have been deprived of his Dukedom on Oct. 6th 1399, and was soon afterwards beheaded. Stow however writes as above.

the Castle, which still remains. She was crowned at Westminster on the 28th of the same month, and survived her husband.

Fabyan's Chronicle gives an account of the Feast at the Coronation of the Queen of Henry V., which took place on Feb. 24th, 1420, being St. Matthew's Day; for which reason the Bill of Fare was entirely Fish, with the exception of Brawn with Mustard in the first Course. The Queen, at table, had the Archbishop of Canterbury on her right, and Henry Cardinal of Winchester on her left. The Duke of Gloucester had charge of the Banquet, and stood bareheaded before the Queen, while Sir Richard Neville was Carver. The brother of the Earl of Suffolk was cup-bearer, Sir John Stewart, Sewer, and Lord Clifford, Panterer; and Lord Grey of Ruthyn was again Naperer. The Barons of the Cinque Ports were at the head of the table on the right of the Queen, towards St. Stephen's Chapel, and the Bowchiers of the Chancery (? the Proctors) were below them at the same table: at a table on the Queen's left sat the Lord Mayor and Aldermen of London. The Bishops were at the head of the table next to that at which the Barons of the Cinque Ports sat, and the Ladies had a table next to the Lord Mayor's table. The Feast, as usual, was of three Courses, which were of the same character. Whale was served in the first Course: in the second was a *Leche damask* with the king's motto flourished on it, which was *Vne sanz plus*; meaning of course the Queen. In the third Course was Porpoise, and in this Course was a subtlety of a Tiger looking into a Mirror, with a man on horseback fully armed, grasping a Tiger's whelp.

Henry the Sixth's Coronation Feast is also mentioned in Fabyan: like the others, it was in Westminster Hall, and was also of three Courses. In the first Course was a *Viande royale* planted with lozenges of gold, and a *Custard Royal* with a leopard of gold sitting thereon. There was a *Peacock enhackled* in the second Course: in the third was a *Baked meat* like a shield, quartered red and white, and set with gilt lozenges and Borage flowers. There was a subtlety both before and after this Course, the last one representing the

Virgin and Child, with St. George and St. Denis kneeling on either side, and presenting to the Queen a figure of Henry with the following ballad in his hand:—

“O blessyd Lady, Cristes moder dere,
 “And thou, seynt George! that called art her knyght;
 “Holy seynt Denys, O marter most entere,
 “The sixt Henry here present in your syght,
 “Shedyth,¹ of your grace, on him your heuently lyght:
 “His tender youth with vertue doth¹ auance,
 “Borne by discent, and by tytle of ryght,
 “Iustly to reygne in Englande and in Fraunce.”

It is uncertain who the Lord de la Grey was, whose Banquet follows [p. 59]: if, however, the feasts are given in chronological order, the date can be assigned within a given period. Holinshed mentions a Lord Reginald Grey of Ruthyn that was Naperer² at Henry the Fourth's Coronation, on account of a manor that he held, and who bore the great spurs before Henry IV., by right of inheritance from the Earl of Pembroke. He is also mentioned above, on the previous page, and may be the person in question.

Next follows [p. 60] the Feast of Richard Fleming, Bishop of Lincoln from 1420 to 1431: he was Canon of York when preferred to the Bishopric. As Bishop he exhumed and burnt the bones of Wycliffe, in accordance with the sentence of the Council of Constance, in 1425. A dinner of John Chandler, Bishop of Salisbury from 1417 to 1426, follows the above [p. 60], and was given at his entrance on the episcopate.

Then follows [p. 61] an Entertainment given on the 4th of December, 1424, on the occasion of the funeral of Nicholas Bubwith, Bishop of Bath and Wells. He was originally Bishop of London, for only a short time, and was transferred to Salisbury in 1407, and in the same year shifted to Bath and Wells. He was present at the Council of Constance. He built the north tower and a chantry in the Cathedral of Wells, he also founded an almshouse at Wells.

¹ Imperatives: *make advance*, in second case.

² He provided the table-linen.

It will be noticed with regard to this Dinner, that a separate fare of Fish was provided for the Clergy, doubtless on account of the melancholy occasion.

On page 62 is a festival given by John Stafford, Bishop of Bath and Wells, on the occasion of induction into his Episcopate, September 16th, 1425. He was born at Hook in the parish of Abbotsbury, Dorset, close to the Chesil Bank, and was descended from a collateral branch of the Stafford family. His father was Sir Humphrey Stafford, Sheriff of Somerset and Dorset, and his mother was Elizabeth Dyrham, relict of Sir John Maltravers. He was educated at Oxford, and first practised in the Ecclesiastical Courts, afterwards entering holy orders. He became Archdeacon of Salisbury in 1419, and was made Chancellor of England, according to Stow about the 12th of Henry VI., 1434, according to Hook in 1421. In 1422 he was Dean of St. Martin's Le Grand at Charing Cross: he was also Keeper of the Privy Seal, and Lord High Treasurer to Henry VI. He got the Bishopric of Bath and Wells, as stated above, in 1425, and in 1443 was translated to the Archbishopric of Canterbury, on the nomination of Pope Eugenius IV., to whom he had been recommended by Chichele, his predecessor. The Banquet that he gave on being made Archbishop is at page 68, and he gave quite a different Bill of Fare on that occasion. He officiated at the marriage of Henry VI. with Margaret of Anjou in 1445, and also crowned that Queen. He was a Statesman, and was instrumental in the dispersion of Jack Cade's forces: curiously enough he also engaged in trade. He died at Maidstone, May 25th, 1452, and was buried at Canterbury in the Martyrdom.

The last Feast in Harleian MS. 279 [p. 63], is one given at the wedding of the Earl of Devonshire, and is without date. Concerning the Earl in question, Mr. Cokayne, Norroy King at Arms, has been kind enough to supply the following note, through Dr. Furnivall:—

“Hugh Courtenay, Earl of Devon (or Devonshire), was born 1389, being aged 30 when he succeeded his father in that Earldom

in 1419. His marriage, with Anne Talbot, was before 1414, and before he became an Earl. He died 1422.

“His son is probably the Earl you want, viz. Thomas Courtenay, Earl of Devon, born 1414 (being aged 8 in 1422), who became Earl on his father’s death in 1422. He married Lady Margaret Beaufort, second daughter of John, Earl of Somerset, probably about 1431, when he would be but 17, but certainly before 1432, when their son Thomas, (aged 26 at his father’s death in 1458,) was born. Lady Margaret’s eldest brother was born 1401, and her eldest sister Joan, Queen of Scotland, was married in 1423, so that she probably was quite as old as, if not older than her husband.”

The remaining Festival [p. 67] is that given to Richard the Second by the Bishop of Durham, at Durham House, London, on the 23rd of September, 1387. The Bishop that feasted the King was John Forham, or Fordham, who held the Bishopric from 1381 to 1388, having previously occupied the See of Ely. He was one of Richard’s evil counsellors, and held the Office of Lord High Treasurer, but was discharged of it in 1386. He was among the Lords that rebelled against the King in 1388, but was not imprisoned, though in that year he was deprived of his See, and permitted to retire to his old Bishopric, which was of far less dignity.

The Editor must add, that he has to thank Dr. Furnivall for most kindly collating the text with that of both the MSS., and he has also to thank him for some hints and information. He has, besides, to thank the Rev. A. L. Mayhew for criticizing the glossary, and for furnishing him with some old French derivations, etc.

The Ashmole MS. gives, by collation, the following variations and additions, but a sheet or two of it is missing in the third part.

Pt. I, No. vi, line 3, "sette," not *sethe*, also in viij, p. 7, line 3.

xii, p. 8, line 1, A. adds, after "*þer-to*," "*temper hit with alle: take raysons of corance clene wasshid: put þem þer-to.*"

xiii, line 5, A. reads "*styue*," *i.e.* *stew*, not *stere*: rightly.

xxiii, Title, A. "*Brawne gruelle*"; line 2, "*pricke it.*"

xxxii, line 5, after *Salt* is added "*then cut fair brewis, and dresse theym yn disshes, & cast þe lire thereon.*"

xxxv, page 13, line 1, "*leche them in faire gobettis, and pike out the core, and cast.*"

xl, line 4, "*stue*," altered from "*streyne*," for *stere*.

xlvi, line 2, after *Roysouns*, A. adds "*þerto, raisons*"; rightly.

lij, line 6, A. reads "*sode in, and stepe þer-on*," making sense.

lxvij, instead of [*mynce*], A. has "*larde*," *i.e.* "*cut in thin slices.*"

lxxx, after *clene*, A. adds, "*and sethe þem.*"

lxxxiii, line 6, "*cleue*," before *nout*; making sense.

lxxxvi, line 7, after *is*, "*& confeccions or chare de quynce a good quantite*," inserted.

Cix, lines 1, 2, "*and lete wexe al white*," not "*an make hem alle þe whyte.*"

Cx, after *Stokkefysshe* A. adds, "*or of freishe mylwel or codling*," and reads "*of Plays.*"

Cxlv, line 6, "*fro þe holys*," rightly.

Cliij, line 3, A. omits *sugre*, (the "*white*" means *White of egg*.) and in line 11 reads "*a-boue*" in place of "*aneward.*"

Pt. II, viij, last line on p. 35, "*and*" after *Pepir*, making sense.

x, A. reads at line 6, *an lat it* "*clene ouer-renne.*"

xij, page 37, A. adds "*þe Ius*," after *wrynge*, and has no "*þe*" before *grene*.

xiii, page 37, "*þanne take braw[n] y-broylyd and cast þer-to*," added after "*þer-to*," in line 2.

xvij, page 37, last line, A. reads, "*and so ley hit colde in þe dysse, and þat but a litil, þat vnnethe þe bottumys be holuyd.*"

xxii, page 39, line 1, the second *salt* is not in A.

xxvij, page 39, A. reads "*al aboute loke þat*" *it be ransched*; "*and lete hit be wel sodyn*," later.

- xxviiij, page 40, after *Eyroun*, "and rawe creme or swete mylke," added.
- xxix, page 40, after *Gredelle* A. adds, "til hit be broune."
- xxxvij, p. 41, A. adds "fete," after *Piggys*, which is required; and reads "and moche sauge."
- xxxix, last line on page 41, A. reads "& do þer-to a lytil poudre Canelle;"
- xliv, page 42, last line, after *panne*, A. adds between lines, "& let frie y-nogh."
- l, page 44, last line but two, A. adds "& let hete a litel," between lines, after "þer-on," and in next line adds, "and leche it, or els al holo," after *vp*.
- lx, page 46, line eight, A. reads "white" before "Sugre," not "with-al."
- Pt. III, xvj, page 50, last line, A. adds, "but lete þe cofyns," before *bake*; making sense.
- xxij, page 51, no blank.
- xxiiij, page 52, A. adds after *cofyn*, line 8, "then caste in the sew rounde a-boute vppon hym yn þe cofyne," and makes sense.

The Editor did not discover the Ashmole MS. till much of the first Cookery was in print, and consequently was unable to make full use of it for purpose of collation. The reader will kindly correct the following Errata.

- p. 15, note 4, read *Lozenges* in place of "long thin strips."
- p. 17, last line, dele comma after *Almaunden*.
- p. 19, l. 4, put comma after *mylke*.
- p. 21, l. 14, read *slake Water*; 4th line from bottom, read "þif it [cleue] nowt," with A.
- p. 27, l. 17, read, "or hony caste þer-to;" with no semicolon after *hony*.
- p. 31, 4th line from bottom, read *þrifti*.
- p. 48, l. 5, read "hele þin cofyns."
- p. 49, l. 7, read "or a bore, or of a Bere:" l. 8, put semicolon after "Eyroun;" and dele the semicolon after *tyn*e, reading *cyue* in place of that word, and also in place of the *tyn*e in the line above.
- p. 50, l. 20, read "for defaute," and before bottom line add, "but lete þe cofyns," with A.
- p. 57, Heading 6, read "ad Episcopatum Bathonensem et Wellensem."

FIFTEENTH CENTURY COOKERY BOOK. I.

HARLEIAN MS. 279, ab. 1420 A.D.

¹ Incipit li Kalendarø de Potages dyuers.

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Lange wortys de chareI.	5	Soupes dorroyxxx.	11
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FIFTEENTH CENTURY COOKERY BOOK. I.

Ab. 1420 A.D.

POTAGE DYVERS.

.j. **Lange Wortys de chare.**—Take beeff and merybonys, and boyle yt in fayre water; þan take fayre wortys and wassche hem clene in water, and parboyle hem in clene water; þan take hem vp of þe water after þe fyrst boylung, an cut þe leuys a-to or a-þre, and caste hem in-to þe beff, and boyle to gederys: þan take a lof of whyte brede and grate yt, an caste it on þe pot, an safron & salt, & let it boyle y-now, and serue forth.

.ij. **Lange Wortes de pesoun.**—Take grene pesyn, an washe hem clene an caste hem on a potte, an boyle hem tyl þey breste, an þanne take hem vppe of þe potte, an put hem wth brothe yn a-noper potte, and lete hem kele; þan draw hem þorw a straynowre in-to a fayre potte, an þan take oynonys, and screde hem in to or þre, an take hole wortys and boyle hem in fayre water: and take hem vppe, an ley hem on a fayre bord, an cytte on .ij. or .iiij., an ley hem to þe oynonys in þe potte, to þe drawyd pesyn; an let hem boyle tyl þey ben tendyr; an þanne tak fayre oyle and frye hem, or ellys sum fresche broþe of sum maner fresche fysshe, an caste þer-to, an Safron, an salt a quantyte, and serue it forth.

.iiij. **Joutes.**—Take Borage, Vyolet, Malwys, Percely, Yong Wortys, Bete, Auence, Longebeff, wyth Orage an oþer, pyke hem clene, and caste hem on a vessel, and boyle hem a goode whyle; þan take hem and presse hem on a fayre bord, an hew hem ryght smal, an put whyte brede þer-to, an grynd wyth-al; an þan caste hem in-to a fayre potte, an gode freshe brothe y-now þer-to þorw a straynowr, [& caste] þer-to .ij. or .iiij. Marybonys, or ellys fayre fresche brothe of beff, and let hem sethe to-gederys a whyle:

an þan caste þer-to Safron, and let hem sethe to-gederys a whyle, an þan caste þer-to safron and salt; and serue it forth in a dysshe, an bakon y-boyled in a-noþer dysshe, as men seruyth furmenty wyth venyson.

¹.iiij. **Caboges.**—Take fayre caboges, an cutte hem, an pike hem clene and clene washe hem, an parboyle hem in fayre water, an þanne presse hem on a fayre bord; an þan choppe hem, and caste hem in a faire pot *with* goode freysshe broth, an wyth mery-bonys, and let it boyle: þanne grate fayre brede and caste þer-to, an caste þer-to Safron an salt; or ellys take gode grwel y-mad of freys flesshe, y-draw þorw a straynour, and caste þer-to. An whan þou seruyst yt inne, knocke owt þe marw of þe bonys, an ley þe marwe .ij. gobettys or .iiij. in a dysshe, as þe semyth best, & serue forth.

.v. **Whyte wortes.**—Take of þe erbys lyke as þou dede for jouutes, and sethe hem [in] water tyl þey ben neyshe; þanne take hem vp, an bryse hem fayre on a bord, as drye as þow may; þan choppe hem smale, an caste hem on a potte, an ley hem *with* flowre of Rys; take mylke of almaundys, an cast þer-to, & hony, nowt to moche, þat it be nowt to swete, an safron & salt; an serue it forth ynne, ryth for a good potage.

.vj. **Beef y-Stywyd.**—Take fayre beef of þe rybbys of þe fore quarterys, an smyte in fayre pecys, an wasche þe beef in-to a fayre potte; þan take þe water þat þe beef was soþin yn, an strayne it þorw a straynowr, an sethe þe same water and beef in a potte, an let hem boyle to-gederys; þan take canel, clowes, maces, graynys of *parise*, quibibes, and oynons y-mynced, *perceli*, an sawge, an caste þer-to, an let hem boyle to-gederys; an þan take a lof of brede, an stepe it *with* brothe an venegre, an þan draw it þorw a straynoure, and let it be styлле; an whan it is nere y-now, caste þe lycour þer-to, but nowt to moche, an þan let boyle onys, an cast safroun þer-to a quantyte; þan take salt an venegre, and cast þer-to, an loke þat it be poynaunt y-now, & serue forth.

.vij. **Gruelle a-forsydde.**—Take otemele, an grynd it smal, an sethe it ²wyl, an porke þer-ynne, an pulle of þe swerde³ an pyke owt þe bonys, an þan hewe it, an grynd it smal in a mortar; þan neme þin⁴ grwel an do þer-to, þan strayne it þorw a straynour, an put it in a potte an sethe it a lytel, an salt it euene⁵; an colour it wyth safroun, an serue forth rennyng.

.viij. **Venyson *with* Furmenty.**—Take whete and pyke it clene, and do it in a mortar, an caste a lytel water þer-on; an stampe *with* a pestel tyl it

¹ If. 6 back. ² leaf 7 (*wyl*=well). ³ sward, rind, skin. ⁴ thiele. ⁵ equally.

hole¹; þan fan owt þe holys,² an put it in a potte, an let sethe tyl it breke; þan set yt douun, an sone after set it ouer þe fyre, an stere it wyl; an whan þow hast sothyn it wyl, put þer-inne swete mylke, an seþe it y-fere, an stere it wyl; and whan it is y-now, coloure it wyth safron, an salt it euene, and dresse it forth, & þin venyson in a-nother dyshe *with* fayre hot water.

.ix. Trype de Motoun.—Take þe pownche of a chepe, and make it clene, an caste it on a pot of boylyng water, an skyme it clene, an gader þe grece al a-way, an lat it boyle tyl it be tender; þan ley it on a fayre bord, an kyt it in smale pecys of the³ peny brede, an caste it on an erþen pot *with* strong brothe of bef or of moton; þanne take leuys of þe percely an hew hem þer-to, an let hem boyle to-gederys tyl þey byn tender, þan take powder of gyngere, and verious, þan take [Safroun]⁴ an salt, and caste þer-to, an let boyle to-gederys, an serue in.

.x. Wardonys in syrrip.—Take wardonys, an caste on a potte, and boyle hem till þey ben tender; þan take hem vp and pare hem, an kytte hem in to⁵ pecys; take y-now of powder of canel, a good quantyte, an caste it on red wyne, an draw it þorw a straynour; caste sugre þer-to, an put it [in] an erþen pot, an let it boyle: an þanne caste þe perys þer-to, an let boyle to-gederys, an whan þey haue boyle a whyle, take pouder of gyngere an caste þer-to, an a lytil venegre, an a lytil safron; an loke þat it be poynaunt an dowcet.

.xj. Froyde almundys.—Take blake sugre, an cold water, an do hem to⁷ in a fayre potte, an let hem boyle to-gedere, an salt it an skeme it clene, an let it kele; þan take almaundys, an blawneche hem clene, an stampe hem, an draw hem, *with* þe sugre water thikke y-now, in-to a fayre vessel: an [yf] þe mylke be noȝt swete y-now, take whyte sugre an caste þer-to.

.xij. Fride Creme of Almaundys.—Take almaundys, an stampe hem, an draw it vp wyth a fyne thikke mylke, y-temperyd wyth clene water; throw hem on, an sette hem in þe fyre, an let boyle onys: þan tak hem a-down, an caste salt þer-on, an let hem reste a forlongwey⁸ or to, an caste a lytil sugre þer-to; an þan caste it on a fayre lymen clothe, fayre y-wasche an drye, an caste it al a-brode on þe clothe *with* a fayre ladel: an let þe clothe ben holdyn a-brode, an late all þe water vnder-nethe þe clothe be had a-way, an þanne gadere alle þe kreme in þe clothe, an let hongy on an pyn, and let þe water droppe owt to⁷ or .iij. owrys; þan take it of þe pyn, an put it on a bolle of tre, and caste whyte sugre y-now þer-to, an a lytil salt; and ȝif it

¹ Hull, lose the husks.² Hulls; husks.³ MS. *they*.⁴ Added from A.⁵ P = 'in two pieces.'⁶ lf. 7 bk.⁷ two.⁸ Other MS. *forlange*.

wexe pikke, take swete wyn an put þer-to þat it be noȝt sene: and whan it is I-dressid in the maner of mortrewys, take red anys in comfyte, or þe leuys of borage, an sette hem on þe dysse, an serue forth.

.xiiij. **Creme Boylede.**—Take creme or mylke, &¹ brede of paynemayn, or ellys of tendyr brede, an breke it on þe creme, or elles in þe mylke, an set it on þe fyre tyl it be warme hot; and þorw a straynour þrowe it, and put it in-to a fayre potte, an sette it on þe fyre, an stere euermore: an whan it is almost y-boyled, take fayre zolkys of eyron, an draw hem þorw a straynowr, and caste hem þer-to, and let hem stonde ouer the fyre tyl it boyle almost, an till² it be skylfully³ pikke; þan ‘caste a ladel-ful, or more or lasse, of boter þer-to, an a good quantite of whyte sugre, and a litel salt, an þan dresse it on a dysse in maner of mortrewys.

.xiiiij. **Quystis Scune.**—Take a pece of beef or of mutoun, and wyne and fayre water, and caste in-to a potte, an late hem boyle, an skeme it wyl an clene; þan take quystes, an stoppe hem wyth-in wyth hole pepyr, and marwe, an þan caste hem in-to þe potte, an ceuere wyl þe potte, an let hem stere ryȝth wyl to-gederys; an þan take powder gyngere, and a lytel verious an salt, and caste þer-to, an þanne serue hem forth in a fayre dysse, a quyste or to in a dysse, in þe maner of a potage: an whan þowe shalt serue hem forth, take a lytil of þe broth, an put on dysse wyth quystys, an serue forth.

.xv. **Bowres.**—Take Pypis, Hertys, Nerys, Myltys, an Rybbys of the Swyne; or ellys take Mawlard, or Gees, an chop hem smal, and thanne parboyle hem in fayre water; an þan take it vp, and pyke it clene in-to a fayre potte, an caste þer-to ale y-now, & sawge an salt, and þan boyle it ryȝth wel; and þanne serue it forthe for a goode potage.

.xvi. **Fylettys en Galentyne.**—Take fayre porke, þe fore quarter, an take of þe skyne; an put þe porke on a fayre spete, an rost it half y-now; þan take it of, an smyte it in fayre pecys, & caste it on a fayre potte; þan take oynonys, and schrede hem, an pele hem (an pyle hem nowt to smale), an frye in a panne of fayre grece; þan caste hem in þe potte to þe porke; þan take gode broth of moton or of beef, an caste þer-to, an þan caste þer-to poudre pepyr, canel, clowys, an macys, an let hem boyle wyl to-gederys; þan tak fayre brede, an vynegre, an stepe þe brede with þe same brothe, an strayne it on blode, with ale, or ellys sawnderys, and ⁵salt, an lat hym boyle y-now, an serue it forth.

¹ MS. *or.*² MS. *þow.*³ reasonably.⁴ leaf 8.⁵ leaf 8 bk.

.xvij. Garbage.—Take fayre garbagys of chykonys, as þe hed, þe fete, þe lyuerys, an þe gysowrys; washe hem clene, an caste hem in a fayre potte, an caste þer-to freysshe brothe of Beef or ellys of moton, an let it boyle; an a-lye it wyth brede, an ley on Pepir an Safroun, Maces, Clowys, an a lytil verious an salt, an serue forth in the maner as a Sewe.

.xviij. Pertrich stewyde.—Take fayre mary,¹ brothe of Beef or of Motoun, an whan it is wyl sothyn, take þe brothe owt of þe potte, an strayne it thorw a straynour, an put it on an erþen potte; þan take a gode quantyte of wyne, as þow it were half, an put þer-to; þan take þe pertryche, an stuffe hym wyth hole pepir, an merw,² an than sewe þe ventys of þe pertriche, an take clowys an maces, & hole pepir, an caste it in-to þe potte, an let it boyle to-gederys; an whan þe pertryche is boylid y-now, take þe potte of þe fyre, an whan thou schalt serue hym forth, caste in-to þe potte powder gyngere, salt, safron, an serue forth.

.xix. Smale Byrdys y-stwyde.—Take smale byrdys, an pulle hem an drawe hem clene, an washe hem fayre, an schoppe of þe leggyis, and frye hem in a panne of freysshe grece ryȝt wyl; þan ley hem on a fayre lynen clothe, an lette þe grece renne owt; þan take oynonys, an mynce hem smale, an frye hem on fayre freysshe grece, an caste hem on an erþen potte; þan take a gode porcyon of canel, an wyne, an draw þorw a straynoure, an caste in-to þe potte *with* þe oynonys; þan caste þe bryddys þer-to, an clowys, an maces, an a lytil quantyte of powder pepir þer-to, an lete hem boyle to-gederys y-now; þan caste þer-to whyte sugre, an powder gyngere, salt, safron, an serue it forth.

.xx. Papyns.—Take fayre Mylke an Flowre, an drawe it þorw a ³straynoure, an set it ouer þe fyre, an let it boyle a-whyle; þan take it owt an let it kele; þan take ȝolkys of eyroun y-draw þorwe a straynour, an caste þer-to; þan take sugre a gode quantyte, and caste þer-to, an a lytil salt, an sette it on þe fyre tyl it be sum-what þikke, but let it nowt boyle fullyche, an stere it wyl, an putte it on a dysshe alle a-brode, and serue forth rennyng.

.xxj. Blandissorye.—Take almaundys, an blawnche hem, an grynde hem in a mortar, an tempere hem *with* freysshe broþe of capoun or of beef, an swete wyne; an ȝif it be lente or fyssday, take brothe of þe freysshe fysshe, an swete wyne, an boyle hem to-gederys a goode whyle; þenne take it up, an caste it on a fayre lynen cloþe þat is clene an drye, an draw under þe

¹ Marrow. No. 28, in Douce MS., has *mizty brothe*.

² Marrow.

³ lf. 9.

cloþe, wyth a ladel, alle þe water þat þow may fynde, ryth as þow makyst cold creme; þanne take owt of the potte, an caste it in-to a fayre potte, an let it boyle; an þanne take brawn of Capoun, an tese it smal an bray it [in] a mortar: or ellys on a fyssday take Pyke or Elys, Codlyng or Haddock, an temper it w^{ith} almaun mylke, an caste Sugre y-now þer-to; An þan caste hem in-to þe potte and lete hem boyle to-gederys a goode whyle: þenne take it owt of þe potte alle hote, an dresse it in a dysshe, as meni¹ don cold creme, an sette þer-on Red Anys in comfyte, or ellys Allemaundys blaunchid, an þanne serue it forth for a goode potage.

.xxij. **Venyson in Broth.**—Take Rybbys of Venysoun, and wasshe hem clene in fayre water, an strayne þe same water þorw a straynoure in-to a potte, an caste þer-to Venysoun, also Percely, Sawge, powder Pepyr, Clowys, Maces, Vynegre, and a lytyl Red wyne caste þere-to; an þanne latte it boyle tyl it be y-now, & serue forth.

.xxij. **Nomblys of þe venyson.**—Take þe Nombles of Venysoun, an cutte hem smal whyle þey ben raw; þan take Freysshe broþe, Watere, an Wyne, of eche a quantyte, an powder Pepir an Canel, and let hem² boyle to-gederys tyl it be almost y-now; An þenne caste powder Gyngere, an a lytil venegre an Salt, an sesyn it vp, an þanne serue it forth in þe maner of a gode potage.

.xxiiij. **Drawyn grwel.**—Take fayre water an lene Bef, an let hem boyle; an whan þe beef hath y-boylid, take it vp an pyke it, an lete it blede in-to³ a vessel, an þenne caste þe blode an þe Fleysshe in-to a potte; an þanne caste þer-to Otemele, Percely, & Sawge, an make þer-of an gode grwele; þen draw it þorw a straynowre, an putte it on a fayre potte, an let it boyle; þanne caste þer-to Salt; An þif it be nowt brown y-now, take a litil blode an caste þer-to or it be y-draw, an make it broun y-now, an serue it forth.

.xxv. **Balloke Brothe.**—Take Elys and fle hem, an kytte hem in gobouns, an caste hem in-to a fayre potte w^{ith} fayre water; þan take Percely and Oynonys, an schrede hem to-gederys nowt to smal; take Clowes, Maces, an powder Pepyr, an caste þer-to a gode porcyon of wyne; þen take þest of New ale an caste þer-to, an let boyle: an when þe Elys byn wyl y-boylid, take fayre stokfysse, an do a-way þe skyn, an caste þer-to, an let boyle a whyle; þen take Safroun and Salt, an a lytil Venegre, an caste þer-to, an serue forth.

.xxvj. **Coleys.**—Take a gode Capoun an boyle hem tendere, an pyke a-way

¹ MS. *men*.

² lf. 9 bk.

³ MS. *blede in-to*, repeated.

clene þe bonys an þe Skyn, an bray hym in a mortar, an tempere hym wyth þe same brothe, an strayne hym þorw a straynoure; þenne take þe brawn an þe fleysse, an a lytil whyte brede, an bray hem alle to-gederys in a mortar; þen take þe lycowr of þe bonys, an þe skyn, an þe brothe þat þe Capoun was sothyn ynne, an *with* al tempere it, but nowt to þicke; þen put it in a potte, an let it be al hote, but let it boyle for no þing; an caste þer-to a litil powder of Gyngere, Sugre an Salt. An þif it be on a fyssheday, take Haddock, Pyke, Tenche, Reþge, Codlynd, an pyke a-way þe bonys 'an tempere wyth almaunde mylke; an make it hot, an caste þer-to Sugre an Salt, an serue forth.

.xxvij. Soupes dorye.—Take gode almaunde mylke y-draw wyth wyn, an let hem boyle to-gederys, an caste þer-to Safroun an Salt; an þan take Paynemayn, an kytte it an toste it, an wete it in wyne, an ley it on a dysse, an caste þe syrip þer-on. And þan make a dragge of powder Gyngere, Sugre, canel, Clowes, Maces, an caste þer-on When it is y-dressid, an serue þanne forth for a potage gode.

.xxviii. Soupes Jamberlayne.²—Take Wyne, Canel, an powder of Gyngere, an Sugre, an of eche a porcyoun, þan take a straynoure & hange it on a pynne, an caste ale þer-to, an let renne twyis or þryis throgh, tyl it renne clere; an þen take Paynemaynne an kyt it in maner of brewes, an toste it, an wete it in þe same lycowre, an ley it on a dysse, an caste blawnche powder y-now þer-on; an þan caste þe same lycour vp-on þe same soppys, [an] serue hem forth in maner of a potage.

.xxix. Lyode Soppes.—Take Mylke an boyle it, an þanne take þolkys of eyroun y-tryid fro þe whyte, an draw hem þorwe A straynoure, an caste hem in-to þe mylke, an sette it on þe fyre an hete it, but let it nowt boyle; an stere it wyl tyl it be somewhat þikke; þenne caste þer-to Salt & Sugre, an kytte fayre paynemaynys in round soppys, an caste þe soppys þer-on, an serue it forth for a potage.

.xxx. Soupes dorroy.—Shere Oynonys, an frye hem in oyle; þanne take Wyne, an boyle *with* Oynonys, toste whyte Brede an do on a dysse, an caste þer-on gode Almaunde Mylke, & temper it wyth wyne: þanne do þe dorroy a-bowte, an messe it forth.

³.xxxj. Brawn en Peuerade.—Take Wyne an powder Canel, and draw it þorw a straynour, an sette it on þe fyre, and lette it boyle, an caste þer-to Clowes, Maces, an powder Pepyr; þan take smale Oynonys al hole, an

¹ leaf 10.² Chamberlain.³ leaf 10 bk.

par-boyle hem in hot watere, an caste þer-to, and let hem boyle to-gederys; þan take Brawn, an lesshe it, but nowt to þinne. An ȝif it sowsyd be, lete it stepe a whyle in hot water tyl it be tendere, þan caste it to þe Sirip; þen take Sawnderys, an Vynegre, an caste þer-to, an lete it boyle alle to-gederys tyl it be y-now; þen take Gyngere, an caste þer-to, an so serue forth; but late it be nowt to þikke ne to þinne, but as potage shulde be.

.xxxij. **Auter brawn en peuerade.**—Take myghty brothe of Beef or of Capoun, an þenne take clene Freysshe Brawn, an sethe it, but not y-now; An ȝif it be Freysshe Brawn, roste it, but not I-now, an þan leche it in pecys, an caste it to þe brothe. An þanne take hoole Oynonys, & pylle hem, an þanne take Vynegre þer-to, and Canelle, and sette it on þe fyre, an draw yt þorw a straynoure, and caste þer-to; þen take Clowys, Maces, an powder Pepyr, an caste þer-to, and a lytil Saunderys, an sette it on þe fyre, an let boyle tylle þe Oynonys an þe Brawn ben euyne sothyn, an nowt to moche; þan take lykoure y-mad of Bred an Vinegre an Wyne, an sesyn it vp, an caste þer-to Saffroun to make þe coloure bryth, an Salt, an serue it forth.

.xxxiiij. **Oyle Soppys.**—Take a gode quantyte of Oynonys, an mynse hem not to smale, an sethe in fayre Water: þan take hem vp, an take a gode quantite of Stale Ale, as .iiij. galouns, an þer-to take a pynte of Oyle fryid, an caste þe Oynonys þer-to, an let boyle alle to-gederys a gode whyle; then caste þer-to Safroune, powder Pepyr, Sugre, an Salt, an serue forth alle hote as *tostes*, 'as in þe same maner for a Mawlard & of a capon, & *hoc quere*.²

.xxxiv. **Chardewardon.**—Take Pere Wardonys, an sethe hem in Wyne or in fayre water; þan take an grynd in a mortar, an drawe hem þorwe a straynoure wyth-owte ony lycoure, an put hem in a potte *with* Sugre and clarifyd hony, an Canel y-now, an lete hem boyle; þan take it fro þe fyre, an let kele, an caste þer-to ȝolkys of Raw eyroun, tylle it be þikke; & caste þer-to poudre Gyngere y-now, an serue it in manere of Fysshe;³ an ȝif if it be in lente, lef þe ȝolkys of Eyroun, & lat þe remenaunt boyle so longe tylle it be þikke, as þow it had be temperyd wyth þe ȝolkys, in þe maner of charde quynce; an so serue hem in maner of Rys.

.xxxv. **Perys en Composte.**—Take Wyne an Canel, & a gret dele of Whyte Sugre, an set it on þe fyre & hete it hote, but let it nowt boyle, an draw it þorwe a straynoure; þan take fayre Datys, an pyke owt þe stonys, an leche hem alle þinne, an caste þer-to; þanne take Wardonys, an pare hem and sethe hem,

¹ If. 11.

² 'look for this; see this,' generally *q.v.*

³ For *Rys*; see Douce MS. No. 53, and the end of this recipe. A. also reads *fische*.

an leche hem alle þinne, & caste þer-to in-to þe Syryppe: þanne take a lytil Sawnderys, and caste þer-to, an sette it on þe fyre; an ȝif þow hast charde quynce, caste þer-to in þe boyling, an loke þat it stonde wyl *witþ* Sugre, an wyl lyid wyth Canel, an caste Salt þer-to, an let it boyle; an þan caste yt on a treen vessel, & lat it kele, & *serue* f[orth].

.xxxvj. Vele, kede, or henne in Bokenade.—Take Vele, Kyde, or Henne, an boyle hem in fayre Water, or ellys in freysshe brothe, an smyte hem in pecys, an pyke hem clene; an þan draw þe same brothe þorwe a straynoure, an caste þer-to Percely, Sawge, Ysope, Maces, Clowys, an let boyle tyl þe flesshe be y-now; þan sette it from þe fyre, & a-lye it vp *witþ* raw ȝolkys of eyroun, & caste þer-to poudre Gyngere, Veriows, Safroun, & Salt, & þanne *serue* it forth for a gode mete.

¹.xxxvij. Autre Vele en bokenade.—Take Vele, an Make it clene, and hakke it to gobettys, an sethe it; an take fat brothe, an *temper* vp þine Almaundys þat þou hast y-grounde, an lye it *witþ* Flowre of Rys, and do þer-to gode powder of Gyngere, & Galyngale, Canel, Maces, Quybybis, and Oynonys y-mynsyd, & Roysonys of coraunce, & coloure yt wyth Safroun, and put þer-to þin Vele, & *serue* f[orth].

.xxxviii. Storion in brothe.—Take fayre Freysshe Storgeoun, an choppe it in fayre water; þanne take it fro þe fyre, an strayne þe brothe þorw a straynoure in-to a potte, an pyke clene þe Fysshe, an caste þer-to powder Pepir, Clowes, Maces, Canel; & þanne take fayre Brede, and stepe it in þe same lycowre, & caste þer-to, an let boyle to-gederys, & caste þen Safroun þer-to, Gyngere, an Salt, & Vynegre, & þanne *serue* it forth ynne.²

.ixl.³ Oystres en grauey.—Take gode Mylke of Almaundys, an drawe it wyth Wyne an gode Fysshe broþe, an sette it on þe fyre, & let boyle; & caste þer-to Clowes, Maces, Sugre an powder Gyngere, an a fewe parboylid Oynonys y-mynsyd; þan take fayre Oystrys, & parboyle hem in fayre Water, & caste hem þer-to, an lete hem boyle to-gederys; & þanne *serue* hem forth.

.xl. Oystrys in grau y bastard.—Take grete Oystrys, an schale hem; an take þe water of þe Oystrys, & ale, an brede y-straynid, an þe water also, an put it on a potte, an Gyngere, Sugre, Saffron, powder pepir, and Salt, an let it boyle wyl; þen put yn þe Oystrys þer-to, and dresse it forth.

.xlj. Gelyne in dubbatte.—Take an Henne, and rost hure almoste y-now, an choppe hyre in fayre pecys, an caste her on a potte; an caste þer-to Freysshe broþe, & half Wyne, Clowes, Maces, Pepir, Canelle, an stepe it *witþ*

¹ lf. 11 bk.² *i.e.* into the dining-room.³ *i.e.* i from xl.

þe Same broþe, fayre brede & Vynegre: an whan it is y-now, serue it forth.

¹.xliij. **Conyng, Mawlard, in gely or in cyuey.**—Take Conyng, Hen, or Mawlard, and roste hem alle-most y-now, or ellys choppe hem, an frye hem in fayre Freysshe grece; an frye myncyd Oynenons, and caste alle in-to þe potte, & caste þer-to fayre Freysshe brothe, an half Wyne, Maces, Clowes, Powder pepir, Canelle; þan take fayre Brede, an wyth þe same brothe stepe, an draw it þorw a straynoure wyth vynegre; an whan it is wyl y-boylid, caste þe lycoure þer to, & powder Gyngere, & Salt, & sesyn it vp an *serue* f[orth].

.xliij. **Mortrewes of Fysshe.**—Take Gornard or Congere, a-fore þe navel wyth þe grece (for be-hynde þe navel he is hery² of bonys), or Codlyng, þe lyuer an þe Spaune, an sethe it y-now in fayre Water, and pyke owt þe bonys, and grynde þe fysshe in a Morter, an temper it vp wyth Almaunde Mylke, an caste þer-to gratyd brede; þan take yt vp, an put it on a fayre potte, an let boyle; þan caste þer-to Sugre and Salt, an serue it forth as other Mortrewys. And loke þat þow caste Gyngere y-now a-boue.

.xliiij. **Mortrewys de Fleyssh.**—Take Porke, an seþe it wyl; þanne take it vppe and pulle a-way þe Swerde,³ an pyke owt þe bonys, an hakke it and grynd it smal; þenne take þe sylf brothe, & temper it *with* ale; þen take fayre gratyd brede, & do þer-to, an seþe it, an coloure it *with* Saffroun, & lye it *with* þolkys of eyroun, & make it euen Salt, & caste poudre Gyngere, a-bouyn on þe dysshe.

.xliv.—**For to make Blawnche Perrye.**—Take þe Whyte of the lekys, an seþe hem in a potte, an presse hem vp, & hacke hem smal on a bord. An nym gode Almaunde Mylke, an a lytil of Rys, an do alle þes to-gederys, an seþe an stere it wyl, an do þer-to Sugre or hony, an dresse it yn; þanne take powderd Elys, an seþe hem in fayre Water, and broyle hem, an kytte hem in long pecys. And ley .ij. or .iiij. in a dysshe, and putte þin⁴ perrey in a-noþer dysshe, ⁵an serue þe to dysshys to-gederys as Venysoun *with* Furmenty.

.xlvj. **Poumes.**—Take fayre buttys of Vele & hewe hem, and grynd hem in a mortar, & wyth þe þolkys of eyroun, & *with* þe whyte of eyroun; an caste þer-to powder Pepy, Canel, Gyngere, Clowys powþer, & datys y-mynced, Safroun, & raysonys of Coraunce, an sethe in a panne wyth fayre water, an let it boyle; þan wete þin handys in Raw eyroun, þan take it an

¹ leaf 12.² Hairy.³ Rind, skin.⁴ Thine.⁵ lf. 12 bk.

rolle it in þin hondys, smaller or gretter, as þow wolt haue it, an caste it in-to boyling water, an let boyle y-now; þan putte it on a Spete round, an lete hem rosty; þen take flowre an ʒolkys of eyroun, an þe whyte, an draw hem þorwe a straynowre, an caste þer-to pouder Gyngere, an make þin¹ bature grene with þe Ius of Percely, or Malwys, in tyme of ʒere Whete, an caste on þe pommys as þey turne a-boute, & serue f[orth].

.xlviij. **Cawdelle Ferry.**—Take ʒolkys of eyroun Raw, y-tryid fro the whyte; þan take gode wyne, and warme it on þe potte on a fayre Fyre, an caste þer-on ʒolkys, and stere it wyl, but let it nowt boyle tyll it be þikke; and caste þer-to Sugre, Safroun, & Salt, Maces, Gelofres, an Galyngale y-grounde smal, & flowre of Canelle; & whan þow dressyst yn, caste blanke pouder þer-on.

.xlviij. **Tayloures.**—Take a gode mylke of Almaundys y-draw with Wyne an Water, an caste hym in-to a potte, and caste gret Roysouns of corauns, Also mencyd Datys, Clowes, Maces, Pouder Pepir, Canel, Safroun, & a gode dele Salt, & let boyle a whyle; þan take it and ly² it wyth Flowre of Rys, or ellys with Brede y-gratyd, & caste þer-to Sugre, & serue forth lyke Mortrewys, & caste pouder of Gyngere a-boue y-now.

.xlx. **Bryndons.**—Take Wyn, & putte in a potte, an clarifyd hony, an Saunderys, pepir, Safroun, Clowes, Maces, & Quaybibys, & mynced Datys, Pynys and Roysonys of Corauns, & a lytil Vynegre,³ & sethe it on þe fyre; an sethe fygys in Wyne, & grynde hem, & draw hem þorw a straynoure, & caste þer-to, an lete hem boyle alle to-gederys; þan take fayre flowre, Safroun, Sugre, & Fayre Water, ande make þer-of cakys, and let hem be þinne Inow; þan kytte hem y lyke lechyngys,⁴ an caste hem in fayre Oyle, and fry hem a lytil whyle; þanne take hem owt of þe panne, an caste in-to a vesselle with þe Syrippe, & so serue hem forth, þe bryndonys an þe Sirippe, in a dysshe; & let þe Sirippe be rennyng, & not to styf.

.l. **A potage on fysshday.**—Take an Make a styf Poshote of Milke an Ale; þan take & draw þe croddys þorw a straynoure wyth⁵ whyte Swete Wyne, or ellys Rochelle Wyne, & make it sum-what rennyng an sum-what stonyng, & put Sugre a gode quantyte þer-to, or hony, but nowt to moche; þan hete it a lytil, & serue it forth al a-brode in þe dysshys; an straw on Canel, & Gyngere, and ʒif [þou] haue Blank powder, straw on and kepe it a[s] whyte as yt may be, & þan serue f[orth].

¹ Thine.⁴ long thin strips.² Lye; allay.⁵ MS. with wyth.³ leaf 13.

.lj. **Cawdelle de Almaunde.**—Take Raw Almaundys, & grynde hem, an temper hem vp with gode ale, and a lytil Water, and draw it þorw a straynoure in-to a fayre potte, & late it boyle a whyle: & caste þer-to Safroun, Sugre, and Salt, & þan serue it forth al hotte in maner of potage.

.lij. **Gyngaudre.**—Take þe Lyuerys of Codlyngys, Haddock, Elys, or þe Hake hed, or Freysshe MylweH hedys, þe Pouches, & þe Lyuerys, an sethe hem in fayre Water; þan take hem vp on a fayre bord, & mynce smal þe pouches; þan take gode freysshe brothe of Samoun, or Turbut, or of Elys, & cast þe mynced pouches þer-to, & pouder Pepyr, & let boyle; þan take þe brothe, þe pouches & þe lyuerys wer sodoun in, in a stipe¹ or on fayre brede, & draw þorw a straynoure, & þan mynce þe lyuer in fayre pecys; & ²whan þe pouches haue ooylid, an þe licoure, caste þe leuer þer-to, an let boyle a whyle: þan caste þer-to þe lyuerys, Wyne, Venegre, Safroun, Salt, & late it boyle a whyle, and serue forth þat rennyng.

.liij. **Rapeye.**—Take half Fygys & halfe Roysonys, and boyle hem in Wyne; þan bray hem in a mortar, an draw wyth the same lycoure þorw a straynoure so þikke þat it be stondyng; þanne take Roysons of Corauns, Pynys, Clowys, Maces, Sugre of Siprys, an caste þer-to: þan putte it on a potte; þan take Saunderys a fewe, Pepir, Canel, an a litel Safroun; an þif it be noȝt stondyng, take [a] lytil flowre of Amidons, an draw it þorw a straynoure, an caste þer-to Salt, & serue forth stondyng.

.liiij. **Rapeye.**—Take almaundys, an draw a gode mylke þer-of, and take Datys an mynce hem smal, an put þer-on y-now; take Raw Appelys, an pare hem and stampe hem, an drawe hem vppe with wyne, or with draf of Almaundys, or boþe; þan caste pouder of Gyngere, Canel, Maces, Clowes, & caste þer-on Sugre y-now; þan take a quantyte of flowre of Rys, an þrowe þer-on, & make it chargeaunt, an coloure it wyth Safroun, an with Saunderys, an serue forth; an strawe Canel a-boue.

.liiij. **Iuschelle of Fysse.**—Take fayre Frye of Pyke, and caste it raw on a mortar, an caste þer-to gratid brede, an bray hem as smale as þow mayste; & þif it be to stondyng, caste þer-to Almaunde mylke, an bray hem togederys, an stere it togederys, & caste þer-to a littel Safroun & Salt, an whyte Sugre, an putte al in a fayre Treen bolle, & toyle³ it togederys wyth þin hond, an loke þat it be noȝt to chargeaunt, but as a man may pore it out of þe bolle; and þan take a Chafoure or a panne, an caste þer-in fayre grauey of pyke or of Freysshe Samoun, y-draw þorw a straynoure, & sette

¹ ? meaning.

² If. 13 bk.

³ *Twille* in Douce MS.

¹ it on þe fyre; þanne take fayre Percely an Sawge, an caste þer-to, an lat it boyle, an caste þer-to a lytil Safroun an Salt; and whan it hath y-boylid a whyle, stere it faste, an caste þe Stuffe þer-to, an stere it enermore; an whan alle is oute of þe bolle, caste a litil an a litil in-to þe chafoure, or þe panne; stere it soffter an sofftere, tylle it come to-gedere; þan gader it to-gederys *with* a ladelle or a Skymoure, softe, till it be round to-gedere; þanne take it fro þe fyre, an sette þe vesselle on a fewe colys, an late it wexe styf be hys owne acord; þan serue forth.

.lvj. Charlëtte.—Take Mylke, an caste on a potte, *with* Salt and Safroun y-now; þan hewe fayre buttys of Calf or of Porke, noȝt to fatte, alle smal, an kaste þer-to; þan take Eyroun, þe whyte an the ȝolke, & draw þorw a straynoure; an whan þe lycoure ys in boyling, caste þer-to þin Eyroun and Ale, & styre it tylle it Crodde; þan presse it a lytil *with* a plater, an serue forth; saue, caste þer-on broþe of Beeff or of Capoun.

.lvij. Charlet a-forcyd ryally.—Take gode Mylke of Almaunde; take tender Porke, an hew it smal, an bray it on a morter; take eyroun, an draw þorw a cloþe; temper vppe þin flesshe þer-*with*, an caste on þe potte; take þe mylke, an sette it ouer þe fyre; sesyn it wyth Salt an Safroun caste þer-on; boyle it, an when yt komyth on hy, a-lye it *with* wyne, an sette it a-doun; take vppe an ley it on a cloþe, an presse it a lytil; ondo it a-ȝen, & caste þer-on poudre Gyngere, Galyngale, Sugre y-now; menge it to-gederys, presse it a-ȝen, seþe² þe broþe wyl; take styf Almaunde mylke y-temperyd *with* Freysshe brothe, & caste þer-on Saffroun an Sugre y-now, an a lytil Salt, & boyle it, þan take and set it owt; leche now þin mete, & ley þer-of in a dysse; take þe sewe, & ley a-boue; take Maces & Sugre, & caste þer-on, & *serue f[orth]*.

³.lviiij. Let lory.—Take Mylke, an sette it ouer þe fyre; take Salt & Safroun, an caste þer-to; take Eyroun, þe ȝolke an þe Whyte y-strainyd a lyte,⁴ & caste it þer-to; whan þe Mylke his skaldyng hote, caste þe stuf þer-to, an þenne stere yt tyll it crodde; and ȝif þou wolt haue it a-forsyd *with* lyȝt coste, Take Mylke, & make it skaldyng hote, & caste þer-to Raw ȝolkes of Eyroun, Sugre, poudre Gyngere, Clowes, Maces, an let not fully boyle; & so hote, dresse it forth, an ley it on þe crodde; & ȝif þou wolt a-forse it in maner of charlet, do it in fastyng dayis, & serue it forth.

.lix. Furmenty *with* purpaysse.—Make þin Furmenty in þe maner as I sayd be-fore, saue temper it vp *with* Almaunden, Mylke, & Sugre, & Safroun,

¹ leaf 14.² MS. *seye*.³ leaf 14 bk.⁴ *lyte* = little.

þan take þin Purpays as a Freysshe Samoun, & sethe it in fayre Water; & when he is I-sothe y-now, bawde it & leche it¹ in fayre pecys, & *serue* wyth Furmenty in hote Water.

.lx. Trype of Turbut or of Codelynge.—Take þe Mawes of Turbut, Haddock, or Codelyng, & pyke hem clene, & skrape hem, & Wasshem clene, and parboyle hem in gode Freysshe broþe of Turbut or Samoun, or Pyke; þan kytte Percely smalle, & caste þer-to, & kytte þe Mawys of a peny brede, & caste alle togederys in-to a potte, & let it boyle to-gederys; & whan þey bin soþin tendyr, caste þer-to Safroun, & Salt, & Veryous, & pouder Gyngere, & *serue* f[orth].

.lxj. A goos in hogepotte.—Take a Goos, & make hure clene, & hacke hyre to gobettys, & put yn a potte, & Water to, & sethe to-gederys; þan take Pepir & Brennyd brede, or Blode y-boylyd, & grynd y-fere Gyngere & Galyngale & Comyn, & temper vppe with Ale, & putte it þer-to; & mynce Oynony, & frye hem ²in freysshe grece, & do þer-to a porcyon of Wyne.

.lxij. Conyngys in graueye.—Take Conyngys, & make hem clene, & hakke hem in gobettys, & sethe hem, oþer larde hem & Rost hem; & þanne hakke hem, & take Almaundys, & grynde hem, & temper hem vppe with gode Freysshe brothe of Flesshe, & coloure it wyth Safroun, & do þer-to a porcyon of flowre of Rys, & do þer-to þen pouder Gyngere, Galyngale, Canel, Sugre, Clowys, Macs, & boyle it onys & seþe it; þen take þe Conyngys, & putte þer-on, & dresse it & *serue* it forth.

.lxij. Harys in Cyueye.—Take Harys, & Fle hem, & make hem clene, an hacke hem in gobettys, & sethe hem in Water & Salt a lytylle; þan take Pepy, an Safroun, an Brede, y-grounde y-fere, & temper it wyth Ale; þan take Oynony & Percely, y-mynced smal to-gederys, & sethe hem be hem self, & afterward take & do þer-to a porcyon of Vynegre, & dresse in.

.lxiiij. Capoun in consewe.—Take a Capoun, & make hem³ clene, & sethe hym in Water, percely, Sauereye & Salt; & whan he his y-now, quarter hym; þan grynde Almaundys, & temper vppe wyth þat brothe of þe Capoun; or ellys take þe zolkys of Eyroun, & make it chargeaunt, & strayne þe Almaundys & boyle it; take Sugre a goode porcoun, & do þer-yn; & when it ys y-boylyd, ley þe Capoun in þe dysshe, & put þat Sew a-boue, & strawe þer-vppe-on Sugre, & send it yn with alman.

.lxv. Hennys in bruette.—Take þe hennys, & skalde hem, & ope hem, & wasshe hem clene, & smyte hem to gobettys, & sethe hem wyth fayre porke;

¹ *leche it*, repeated in MS.

² leaf 15.

³ ? for *hym*; but see p. 19, No. lxxij.

þan take Pepyr, Gyngere, & Brede, y-grounde y-fere, and temper it vppe with þe same brothe, or ale draft, & coloure it with Safroun, & seþe it togederys, & serue forth.

.lxvj. **Bruette Sareson.**—Take Almaundys & draw a gode mylke¹ & flowre of Rys, & Porke & Brawen of Capoun y-sode, or Hennys smale y-grounde, & boyle it y-fere, & do in-to þe mylke; & þan take pouder Gyngere, Sugre, & caste a-boue, an serue forth.

.lxvij. **Bruet of Almayne.**—Take Almaundys, & draw a gode mylke þer-of with Water; take Capoun, Conyngys or Pertriches; smyte þe Capoun, or kede, or Chykonys, Conyngys: þe Pertriche shal ben hol: þan blancher þe Fleyssh, an caste on þe mylke; take larde & [mynce] it, & caste þer-to; take an mynce Oynonys & caste þer-to y-nowe, do Clowes & smal Roysounys þer-to; caste hol Safroun þer-to, þan do it to þe fyre, & stere it wyl; whan þe fleysshe ys y-now, sette it on þe fyre, an do þer-to Sugre y-now; take pouder Gyngere, Galyngale, Canel, & temper þe pouder wyth Vynegre, & caste þer-to; sesyn it with salt, & serue forth.

.lxviii. **Bruet of Almayne in lente.**—Take fyne pikke Mylke of Almaundys; take datys, an mynce hem smal þer-on; take Sugre y-nowe, & straw þer-on, & a lytil flowre of Rys; sylt,² & serue forth whyte, & loke þat it be rennyng.

.lxix. **Whyte Mortrewes.**—Take Almaunde Mylke & Floure of Rys, & boyle it y-fere; þenne take Capoun & Hennys, & sethe hem and bray hem as smal as þou may, & ly³ it with an Ey⁴ or to, & also a-lye it vppe with þe mylke of Almaundys, & make hem chargeaunt as Mortrewes schuld be, & dresse hem forth, & caste Canel a-boue, or Gyngere. Blanke pouder is best.

.lxx. **Fauntepere.**—Take Almaunde Mylke, & Floure of Rys, Sugre, an gode pouþer Gyngere, Galyngale, Canel, & gode Erbys, and stampe hem [&] grynd hem þorw a cloþe, & caste þer-to, & boyle yt, an a-lye it wyth yolkys of Eyroun, & make it more boyle; þan take Maces, Quybibes, & Geloferys, & caste þer-to whan that þou schalt dresse it yn.

⁵.lxxj. **Murrey.**—Take Porke an Vele, & sethe it, & grynd it, & draw it with þe self brothe; þen take bred y-gratyd, & pouder of Gyngere & of Galyngale, & Hony, an caste þer-to, & boyle it y-fere; & make it chargeaunt, & coloure it with Saunderys & serue f[orth].

.lxxij. **Talbottys.**—Take an Hare, an fle hem elene; þen take þe blode, & Brede, an Spycery, an grynde y-fere, & draw it vppe with þe brothe;

¹ If. 15 bk.² ?sprinkle.³ Allay; mix.⁴ Egg.⁵ leaf 16.

þan take Wyne or Ale, an cast þer-to, & make gobettys, & þanne serue it forth.

.lxxiiij. Conyngys in cyveye.—Take Conyngys, an fle hem, & seþe hem, & make lyke þou woldyst make a sewe, saue alle-to-choppe hem, & caste Safroun & Iyer þer-to, & Wyne.

.lxxiiij. Arbolettys.—Take Milke, Boter an Chese, & boyle in fere; þen take eyroun, & cast þer-to; þan take Percely & Sawge & hacke it smal, & take pouder Gyngere & Galyngale, and caste it þer-to, and þan serue it forth.

.lxxv. Spyneye.—Take þe Flowþerys of Hawthorun; boyle hem & presse hem, bray hem smal, temper hem vppe wyth Almaunde Milke, & lye it *with* Abyndoun¹ & Gratyd brede & flowre of Rys; take Sugre y-now & put þer-to, or Hony in defawte, & colowre it wyth þe same þat þe flowrys ben, & *serue f[orth]*.

.lxxvj. Brasele.—Take Dace, Troutys, & Roche, an roste hem on a gredelle; þan seþe in Wyne, & caste Veryous þer-to, powder of Gyngere, & Galyngale, & dresse it yn.

.lxxvij. Crem de Coloure.—Take an make þicke Milke of Almaundys, & do it in a potte, & sethe it ouer þe fyre; þan take a fayre Canvas, an put it þer-on, & late renne out þe Water; þen take þe halfyndele, & put it in a pot of erþe; þen take the oþer halfyndele, & parte it [in] to,² & make þe half ʒelow, & do þer-yn Wyn, Sugre, Clowes, Maces, powder of Canelle; take [*blank in MS.*] & grynd a lytel in a mortar; ³þan temper it vppe wyth almaunde mylke, & do euery of hem in a potte, an loke þat it be y-like chargeaunt, & sette it ouer þe fyre, an boyle it a lytyl, an serue forth.

.lxxviij. Colouryd Sew *with*-owt fyre.—Take fowre pounce of Almaundys, & ley in Water ouer eue, an blanche hem, and on þe morwe grynde hem ryth wyl, an draw þer-of a þicke mylke; þan take Rys, and wasshem clene, an grynd hem wyl, & draw hem vppe wyth þe Mylke þorw a straynoure, an do it on a bolle, & parte it in þe vesselle, an do in al whyte Sugre, an euery vesselle Clowes, Maces, Quybibes, & pouder Canelle; An lete þat on party ben whyte, þat oþer ʒelow, & þat oþer grene *with* Percely; And ley of euery a leche⁴ in a dysshe, an loke þat Mylke be temperyd wyth wyne, an þat⁵ oþer *with* Rede wyn.

.lxxix. Apple Muse.—Take Appelys an sethe hem, an Serge⁶ hem þorwe a Sefe in-to a potte; þanne take Almaunde Mylke & Hony, an caste þer-to, an

¹ Amydon.² Two.³ If. 16 bk.⁴ a strip.⁵ MS. þan.⁶ Sift.

gratid Brede, Safroun, Saunderys, & Salt a lytil, & caste all in þe potte & lete hem sethe; & loke þat þou stere it wyl, & serue it forth.

.lxxx. Salomene.—Take gode Wyne, an gode pouder, & Brede y-ground, an sugre, an boyle it y-fere; þan take Trowtys, Rochys, Perchys, oþer Carpys, oþer alle þese y-fere, an make hem clene, & aftere roste hem on a Grydelle; þan hewe hem in gobettys: whan þey ben y-sothe, fry hem in oyle a lytil, þen caste in þe brwet; and whan þou dressist it, take Maces, Clowes, Quybibes, Gelofrys, an cast a-boue, & serue forth.

.lxxxj. Blaundysorye.—Take Almaunde Mylke, an flowre of Rys, and brawn of Capounys or of hennys, & pouder Gyngere, & boyle it y-fere, & make it chargeaunt; an whan þou dressist yn, nym Maces, Quybibes, & caste a-boue, & serue f[orth].

¹.lxxxij. Blamang.—Take Rys, an lese² hem clene, & wasshe hem clene in flake Water, & þan sethe hem in Watere, & aftyrward in Almaunde Mylke, & do þer-to Brawn of þe Capoun aftyrward in-to a-noþer almaunde Mylke, an tese it smal sumdele with a pyn, an euer as it wolt caste³ þer-to, stere it wel; nym Sugre and caste þer-to, þen make it chargeaunt; þen take blawnchyd Almaundys, an frye hem, an sette hem a-boue, whan þou seruyst ynne; & þif þou wolt, þou myȝte departe hem with a Cawdelle Ferry y-wreten⁴ before [No. xlvij. p. 15, and cxxxix. p 31], an þan serue forth.

.lxxxiiij. Vyaund de cyprys bastarde.—Take gode wyne, & Sugre next Aftyrward, & caste to-gedere; þenne take whyte Gyngere, and Galyngale, & Canel fayre y-mynced; þen take Iuse of Percile & Flowre of Rys, & Brawn of Capoun & of Chykonnys I-grounde, & caste þer-to; An coloure it wyth Safroun & Saunderys, an a-ly it with yolkys of Eyroun, & make it chargeaunt; an whan þou dressist it yn, take Maces, Clowes, Quybibes, and straw a-boue, & serue forth.

.lxxxiiij. Vyaund de ciprys Ryalle.—Take þe to del⁵ yolkys of eyron, þe þridde dele Hony; take Clowes & kutte hem; take Roysonys, tak brawn of Capoun, & hewe it smal; caste al in a potte, & lat boyle & stere it wyl; take wyne an boyle hem, & make a Syryppe; take of⁶ þe potte al a-bowte, þer as it hangyth, & late it boyle wyl tille it be as chargeaunt as it may; take þin þombe⁷ & pylt⁸ þer-on, & þif it cleuey, let it boyle, & þif it nowt, sette it owt a-non in a clen bolle, an wete þin bolle in þe Syryppe, and caste þin mete þer-on; & whan þow dressist þi mete, leche it & caste þin⁹ Syryppe a-bouyn vppe-on, & serue forth.

¹ lf. 17 (? *Blamanger*).

² pick.

³ stick.

⁴ Written.

⁵ Two parts.

⁶ off.

⁷ Thumb.

⁸ Put.

⁹ Thy.

.lxxxv. Gaylede.—Take Almaunde Mylke & Flowre of Rys, & do þer-to Sugre or Hony, & Powder Gyngere & Galyngale; þen take figys, ¹an kerue hem a-to, or Roysouns y-hole,² or hard Wastel y-dicyd³ and coloure it with Saunderys, & sethe it & dresse hem yn.

.lxxxvj. Rys.—Take a poreyoun of Rys, & pyke hem clene, & sethe hem welle, & late hem kele; þen take gode Mylke of Almaundys & do þer-to, & seþe & stere hem wyl; & do þer-to Sugre an hony, & *serue* f[orth].

.lxxxvij. Maumenye ryalle.—Take Vernage, oþer strong Wyne of þe beste þat a man may fynde, an putte it on a potte, & caste þer-to a gode quantyte of poudre Canelle, & sette it on þe fyre, an ȝif it an hete; & þanne wrynge it soft þorw a straynoure, þat þe draf go nowt owte, & put on a fayre potte, & pyke fayre newe pynys, & wasshe hem clene in Wyn, & caste a gode quantyte þer-to, & take whyte Sugre þer-to, as moche as þe lycoure is, & caste þer-to; & draw a few Sawnderys wyth strong wyne þorwe a straynoure, an caste þer-to, & put alle on on⁴ potte, & caste þer-to Clowys, a gode quantyte, & sette it on þe fyre, & ȝif it a boyle; þen take Almaundys, & draw hem *witþ* mythty Wyne; & at þe firste boyle ly it *witþ* Ale, & ȝif it a boyle, & sette it on þe fyre, and caste þer-to tesyd brawn, (of⁵ defaute of Pertriche or Capoun,) a gode quantyte of tryid Gyngere *perase*,⁶ & sesyn it *witþ* poudre Gyngere, & Salt & Safroun; & ȝif it is to stondyng, a-ly it *witþ* Vernage or swete Wyne, & dresse it Flat *witþ* þe backe of a Sawcere in þe Vernage or myȝthty Wyne, & loke þat þou haue Sugre y-nowe, & *serue* forth hote.

.lxxxviii. Mammenye bastarde.—Take a potelle of Clarifyd Hony, & a pounce of Pynys, & a pounce of Roysouns Coraunce, & [a] pound of Saunderys, & poudre canelle, & .ij. galouns of Wyne or Ale, & a pound of Pepir, & caste alle on a potte, & skym yt; þan take .iiij. pounce of Amyndons, & a galon of Wyne, & a gode galon of Venegre, & let stepe vp to-gederys, & draw þorw a straynoure; ⁷an whan þe potte boylith, caste þe lycoure þer-to, an lat it be alle stondyng; þan take poudre Gyngere, Salt & Safron, an sesyn it *witþ* Ale, an *serue* alle flat on a dysshe, aȝ hote, an caste poudre Gyngere þer-on, an *serue* f[orth].

.lxxxix. Elys in Gauncelye.—Take Elys, an fle hem, & sethe hem in Water, an caste a lytil Salt þer-to; þan take Brede y-Skaldyd, an grynd it, an temper it *witþ* þe brothe an *witþ* Ale; þan take Pepir, Gyngere, an Safrone, an grynd alle y-fere; þan neme Oynonys, an Percely, an boyle

¹ lf. 17 bk.² ? unstoned.³ diced, cut into small squares.⁴ In one.⁵ In.⁶ ? meaning.⁷ lf. 18.

it in a possenet wel, þen caste alle to-gederys, an sethe y-fere & *serue* f[orth].

.lxxxx. **Hennys in Gauncelye.**—Take Hennys, an roste hem; take Mylke an Garleke, an grynd it, an do it in a panne, an hewe þin hennys þer-on with þolkys of eyron, an coloure it with Safroun an Mylke, an serue forth.

.lxxxvj. **Vyolette.**—Nym Almaunde Mylke, an flowre of Rys, and pouder Gyngere, Galyngale, Pepir, Datis, Fygys, & Rasonys y-corven, an coloure it with Safroun, an boyle it & make it chargeaunt; an whan þou dressyste, take þe flowres, an hew hem, an styre it þer-with; nyme þe braunchys with þe flowres, an sette a-boue and serue it Forth.

.lxxxvij. **Oystrys in bruette.**—Take an schene¹ Oystrys, an kepe þe water þat cometh of hem, an strayne it, an put it in a potte, & Ale þer-to, an a lytil brede þer-to; put Gyngere, Canel, Pouder of Pepir þer-to, Safroun an Salt; an whan it is y-now al-moste, putte on þin Oystrys: loke þat þey ben wyl y-wasshe for² þe schullys: & þan serue forth.

.lxxxviij. **Walkys³ in bruette.**—Take [Walkys] an sethe in Ale, þen pyke hem clene; þan wasshem in Water an Salt be hem-self, & fyrst wyth Ale & Salt, an do so whele þey ben slepyr⁴; þen putte hem in⁵ Vynegre, an ley Perceli a-boue, an serue ynne.

.lxxxix. **Tenche in bruette.**—Take þe Tenche, an sethe hem & roste hem, an grynde Pepir an Safroun, Bred and Ale, & tempere wyth þe brothe, an boyle it; þen take þe Tenche y-rostyd, an ley hym on a chargeoure; þan ley on þe sewe a-boue.

.lxxxv. **Tenche in cyueye.**—Take a tenche, an skalde hym, roste hym, grynde Pepir an Safroun, Brede an Ale, & melle it to-gederys; take Oynonys, hakke hem, an frye hem in Oyle, & do hem þer-to, and messe hem forth.

.lxxxvj. **Tenche in Sawce.**—Take a tenche whan he is y-sothe, and ley him on a dysse; take Percely & Oynonys, & mynce hem to-gederys; take pouder Pepir, & Canelle, & straw þer-on; take Vynegre, an caste Safroun þer-on, an coloure it, an serue it forth þanne alle colde.

.lxxxvij. **Chykonys in bruette.**—Take [an] Sethe Chykonys, & smyte hem to gobettys; þan take Pepir, Gyngere, an Brede y-grounde, & temper it vpe wyth þe self brothe, an with Ale; an coloure it with Safroun, an sethe an serue forth.

.lxxxviij. **Blamanger of Fyshe.**—Take Rys, an sethe hem tulle they brekyn, & late hem kele; þan caste þer-to mylke of Almaundys; nym

¹ for *schele*.

² on account of.

³ Whelks.

⁴ Slippery; slimy.

⁵ lf. 18 bk.

Perche or Lopstere, & do þer-to, & melle it; þan nym Sugre with pouder Gyngere, & caste þer-to, & make it chargeaunt, and þan serue it forth.

.**xxxxix. Sardeyne.**—Take Almaundys, & make a gode Mylke of Flowre of Rys, Safroun, Gyngere, Canelle, Maces, Quaybibe; grynd hem smal on a mortar, & temper hem vppe with þe Mylke; þan take a fayre vesselle, & a fayre parte of Sugre, & boyle hem wyl, & rynsche þin dysshe alle a-bowte with-ynne with Sugre or oyle, an þan serue forth.

1.C. Roseye.—Take Almaunde Mylke an flowre of Rys, & Sugre, an Safroun, an boyle hem y-fere; þan take Red Rosys, an grynd fayre in a mortar with Almaunde mylke; þan take Loches, an toyle² hem [with] Flowre, an frye hem, & ley hem in dysshys; þan take gode pouder, and do in þe Sewe, & caste þe Sewe a-bouyn þe lochys, & serue forth.

.Cj. Eyron en poche.—Take Eyroun, breke hem, an sethe hem in hot Water; þan take hem Vppe as hole as þou may; þan take flowre, an melle with Mylke, & caste þer-to Sugre or Hony, & a lytel pouder Gyngere, an boyle alle y-fere, & coloure with Safroun; an ley þin Eyroun in dysshys, & caste þe Sewe a-boue, & caste on pouder y-now. Blawneche pouder ys best.

.Cij. Muskelys in brulette.—Take þe Muskelys whan þey ben y-sothe, & pyke owt þe Muskele of þe schulle, & pyke a-way ye here: þan take brede, an pepir & Safroun y-grounde, & temper it vp with þe brothe; & þif þou wolt, a-lye it with Wyne or with Ale, & serue f[orth].

.Ciiij. Fygeye.—Take Fygys, an sethe hem tulle þey ben neysshe, þan Bray hem tulle þey ben smal; þenne take hem vppe an putte hem in a potte, & Ale þer-to; þan take Bred y-gratyed, an Pyne hole, & caste þer-to, & let boyle wyl; & atte þe dressoure, caste on pouder Canel y-now, & serue forth: & þif þow wolt colour yt in .iiij. maners, þou myzt, with Saunderys, Safroun, & of hym-self, and ley on pouder y-now, & serue f[orth].

.Ciiij. Bolas.—Take fayre Bolasse, wasshe hem clene, & in Wyne boyle hem þat þey be but skaldyd bywese, & boyle hem alle to pompe,³ & draw hem þorw a straynoure, & a-lye hem with flowre of Rys, & make it chargeaunt, & do it to þe fyre, & boyl it; take it of, & do þer-to whyte Sugre, gyngere, Clowys, Maces, Canelle, & stere it wyl to-gederys: þanne take gode perys,⁴ & sethe hem wel with þe Stalke, & sette hem to kele, & pare hem clene, and pyke owt þe corys; þan take datis, & wasshe hem clene, & pyke owt þe Stonys, & fülle hem fulle of blaunche poudere: þan take þe

¹ leaf 19.² Rub, cover.³ Pulp.⁴ lf. 19 bk.

Stalke of þe Perys, take þe Bolas, & ley .iiij. lechys in a dysshe, & sette þin perys þer-yn.

.Cv. **Lorey de Boolas.**—Take Bolas, & seþe hem a lytil, & draw hem þorw a straynoure, & caste hem in a broþe; & do þer-to Brede y-gratyd, & boyle y-fere, & ʒolkys of eyroun y-swengyd, & a-lyid; take Canel, and Galyngale, Skemyd hony, & do þer-to, & sethe wyl, & serue forth.

✓ .Cvj. **Rapeye of Fleysse.**—Take lene Porke y-sode & y-grounde smalle, & temper it vppe with þe self broþe, & do it in a potte, an caste þer-to a lytil honye, & boyle it tyl it be chargeant; & a-lye it wyth ʒolkys of Eyroun, & coloure it with Saundayrs, & dresse forth, and poudere Marchaunt.

.Cvij. **Sore Sengle.**—Take Elys or Gurnard, & parte hem half in Wyne, & half in watere, in-to a potte; take Percely and Oynonys & hewe hem smalle; take Clowes or Maces & caste þer-on; take Safroun, & caste þer-to, & sette on þe fyre, & let boyle tylle it be y-now; þen sette it a-doun; take poudere Gyngere, Canelle, Galyngale, & temper it vppe with Wyne, & cast on þe potte & serue forth.

.Cviii. **Prymerose.**—Take oþer half-pound of Flowre of Rys, .iiij. pound of Almaundys, half an vnce of hony & Safroune, & take þe flowre of þe Prymerose, & grynd hem, and temper hem vppe with Mylke of þe Almaundys, & do poudere Gyngere þer-on: boyle it, & plante þin sklucce¹ with Rosys, & serue f[orth].

.Cix. **Gelye de chare.**—Take caluys fete, & skalde hem in fayre water, an make hem alle þe whyte. Also take howhys of ²Vele, & ley hem on water to soke out þe blode; þen take hem vppe, an lay hem on a fayre linnen cloþe, & lat þe water rennyn out of [hem]; þan Skore³ a potte, & putte þe Fete & þe Howhys þer-on; þan take Whyte Wyne þat wolle hold coloure, & cast þer-to a porcyon, an non oþer lycoure, þat þe Fleysse be ouer-wewyd⁴ with alle, & sette it on þe fyre, & boyle it, & Skeme it clene; an whan it is tendyr & boylid y-now, take vppe þe Fleyshe in-to a fayre bolle, & saue þe lycoure wyl; & loke þat þow haue fayre sydys of Pyggys, & fayre smal Chykenys wyl & clene skladdyd & drawe, & lat þe leggyss an þe fete on, an waysshe hem in fayre water, & caste hem in þe fyrste brothe, an sethe it a-ʒen ouer þe fyre, & skeme it clene; lat a man euermore kepe it, an blow of þe grauy. An in cas þe lycoure wast⁵ a-way, caste more of þe same wyne þer-to, & put þin honde þer-on; & ʒif þin hond waxe clammy, it is a syne of godenesse,

¹ viscous compound?

² leaf 20.

³ Scour.

⁴ See other *Cookery*, No. 174, *wese*.

⁵ Waste.

an let not þe Fleyſhe be moche ſothe,¹ þat it may bere kyttyng; þan take it vppe, & ley it on a fayre cloþe, & ſette owt þe lycoure fro þe fyre, & put a few colys vnder-nethe þe veſſelle þat þe lycoure is yn; þan take pouder of Pepir, a gode quantyte, & Safron, þat it haue a fayre Laumbere coloure, & a gode quantyte of Vynegre, & loke þat it be ſauery [of] Salt & of Vynegre, fayre of coloure of Safroun, & putte it on fayre lynen cloþe, & ſette it vnder-nethe a fayre pewter dyſſhe, & lat it renne þorw þe cloþe ſo ofte tyll it renne clere: kytte fayre Rybbys of þe syde of þe Pygge, & lay ham on a dyſſhe, an pulle of þe lemys of þe Chykenys, eche fro oþer, & do a-way þe Skynne, & ley ſum in a dyſſhe fayre y-chowchyd,² & pore þin³ gelye þer-on, & lay Almaundys þer-on, an Clowys, & paryd Gyngere, & ſerue forth.

⁴ **Cx. Gelye de Fyſſhe.**—Take newe Pykys, an draw hem, and ſmyte hem to pecys, & ſethe in þe ſame lycoure þat þou doſte Gelye of Fleyſſhe; an whan þey ben y-now, take Perchys and Tenchys, & ſeþe; & Elys, an kutte hem in fayre pecys, and wayſſhe hem, & putte hem in þe ſame lycoure, & loke þine lycoure be ſtyf y-now; & ꝑif it wolle notte cacche,⁵ take Soundys of watteryd Stokkefyſſhe, or ellys Skynnys, or Plays, an caſte þer-to, & ſethe ouer þe fyre, & ſkeme it wyl; & when it ys y-now, let nowt þe Fyſſhe breke; þenne take þe lycoure fro þe fyre, & do as þou dedyſt be⁶ þat oþer Gelye, ſaue, pylle þe Fyſſhe, & ley þer-off in dyſſhis, þat is, perche & ſuche; and Flowre hem, & ſerue forthe.

Cxj. Tannye.—Take almaunde Mylke, & Sugre, an powdere Gyngere, & of Galyngale, & of Canelle, and Rede Wyne, & boyle y-ferre: & þat is gode tannye.

Cxij. Sturmeye.—Take gode mylke of Almaundys y-drawe with wyne; take porke an hew it Smalle; do it on a Morter, and grynde it ryth ſmalle; þen caſte it in þe ſame Mylke, & caſte it on a potte; take Sawnderys & flowre of Rys; melle hem with þe Mylke, draw hem þorw a ſtraynoure, & caſte it [in] a clene pot, loke þat it be chargeaunt y-now; take Sugre, an putte þer-on, & Hony; do it ouer þe fyre, & let it ſethe a gret whyle; ſture yt wyl; take Eyroun hard y-ſoþe, take þe whyte, & hew hem as ſmalle as þow myꝑth, caſte hem on þe potte; take Safroune & caſte þer-to, with powder Gyngere, Canelle, Galyngale, Clowys, & loke þat þou haue powder y-now; caſte it in þe potte, temper it with Vynegre; take Salt & do þer-to, munge hem wyll to-gederys, Make a Siryppe; þe .ij. dele ſchalle ben wyne, & þe .ij. dele Sugre or hony; boyle it & ſtere it, & Skeme it clene; þer-on wete þin dyſſches, & ſerue forth.

¹ boiled.² Y-couched; laid.³ Thine.⁴ 3 lf. 20 bk.⁵ ſtick; ſee other *Cookery*, No. 174.⁶ By, with.⁷ leaf 21.

.Cxiiij. Bruette saake.—Take Capoun, skalde hem, draw hem, smyte hem to gobettys, Waysshe hem, do hem in a potte; þenne caste owt þe potte, waysshe hem a-zen on þe potte, & caste þer-to half wyne half Broþe; take Percely, Isope, Waysshe hem, & hew hem smal, & putte on þe potte þer þe Fleysshe is; caste þer-to Clowys, quybibes, Maces, Datys y-tallyd, hol Safroune; do it ouer þe fyre; take Canelle, Gyngere, tempere þin powajes *with* wyne; caste in-to þe potte Salt þer-to, hele¹ it, & whan it is y-now, serue it forth.

.Cxiiij. Tayle;—Take a chargeaunt Mylke of Almaundys, an draw *with* wyne²; take Fygys & Roysonys a gode porcyon, to make it chargeaunt, waysshe hem clene, & caste hem on a mortar, grynd hem as small as þou myzt, *temper* hem vppe *with* þin³ Mylke, draw hem þorw a straynoure, also chargeauntly as þou myzt; caste it in a clene potte, do it to þe fyre; take Datys y-taylid a-long, & do þer-to; take Flowre of Rys, & draw it þorw a straynoure, and caste þer-to, & lat it boyle tulle it be chargeaunt; sette it on þe fyre; take pouder Gyngere & Canelle, Galyngale; *temper with* Vynegre, & caste þer-to Sugre, or hony; caste þer-to, sesyn it vppe *with* Salt, & *serue forth*.

.Cxxv. Quynade.—Take Quynces, & pare hem clene, caste hem on a potte, & caste þer-to water of Rosys; do it ouer þe fyre, & hele⁴ it faste, & let it boyle a gode whyle tyl þey ben neysshe; & ȝif þey wol not ben neysshe, bray hem in a Morter smal, draw hem þorw a straynoure; take gode Mylke of Almandys, & caste in a p^{te} & boyle it; take whyte Wyne & Vynegre, an caste þer-to þe Mylke, & let it stonde a whyle; take þan a clene canvas, & caste þe mylke vppe-on, & *with* a plater⁵ stryke it of þe cloþe, & caste it on þe potte; gedyr vppe þe quynces, & caste to þe creme, & do it ouer þe fyre, & lat boyle; take a porcyon of pouder of Clowys, of Gyngere, of Graynys of Perys, of Euery a porcyon; take Sugre y-now, *with* Salt, & a party of Safroun, & alle menge to-gederys; & when þou dressyst forth, plante it *with* foyle of Syluer.

.Cxxvj. Blaunche de ferry.—Take Almaundys, an draw þer-of an Chargeaunt Mylke; take Caponys & sethe hem; & whan þey ben y-now, take hem vppe, & ley hem on a fayre bord, & strype of þe Skyn, & draw out þe Brawn & hew hem smal; do hem on a Morter, & grynd hem smal; caste on a potte, & fayre whyte Salt, & boyle hem; & whan þey bey boylid, sette it out, & caste on whyte Wyne or Venegre, & make it quayle⁶; take a clene cloþe and lete it be tryid a-brode, & stryke it wyl vnder-nethe alle þe whyle þat þer wol auzt out þer-of; þan caste Blaunche powder þer-on, or pouder Gyngere

¹ Cover.² MS. *caste in to þe potte*, struck through after *wyne*.³ Thine.⁴ Cover.⁵ lf. 21 bk.⁶ Curdle.

y-mellyd *with* Sugre; stryke it clene, take a newe Erþen potte, oþer a clene bolle, & caste þin mete þer-on, þer plantyng Anys in comfyte.

Cxvij. Sauege.—Take Gyngere, Galyngale, Clowys, & grynde in a mortar; þan take an handfulle of Sawge, & do þer-to, grynd wyl to-gederys; take Eyroun, & sethe hem harde, nym þe ʒolkys, grynde hem *with* þe Sawge & *with* þe spycis, & temper it vppe *with* Venegre or eysel, or *with* Alegere; take þe whyte of þe Eyroun, & sethe hem, & mynce hem smal, & caste þer-to; when it is y-temperyd, take Brawn of hennys or Fyssches, & ley on dysschys, & caste þin mete a-boue.

Cxviij. Murreye.—Take Molberys, & wryng hem þorwe a cloþe; nym Vele, hew it, sethe it, grynd it smal, & caste þer-to; nym gode Spycery, Sugre, & caste þer-to; take Wastyldrede y-gratyd, and ʒolkys of Eyroun, & lye it vppe þer-*with*, & caste gode pouder a-boue y-now, & þan serue forth.

Cxix. Vyaunde de cyprys in lente.—Take gode þikke mylke of Almaundys, & do it on a potte; & nyme þe F[le]yssh² of gode Crabbys, & gode Samoun, & bray it smal, & tempere yt vppe *with* þe forsayd mylke; boyle it, an lye it *with* floure of Rys or Amyndoun, an make it chargeaunt; when it ys y-boylid, do þer-to whyte Sugre, a gode quantyte of whyte Vernage Pime;³ *with* þe wyne, Pome-garnade. Whan it is y-dressyd, straw a-boue þe grayne of Pome-garnade.

Cxx. Whyte Mortrewys of Porke.—Take lene Porke, & boyle it; blanche Almandys, & grynd hem, & temper vppe *with* þe brothe of þe porke, & lye hem vppe *with* þe Flowre of Rys, an lete boyle to-gederys, but loke þat þe porke be smal grounde y-now; caste þer-to Myncyd Almaundys y-fryid in freysshe grece; þen sesyn hem vppe alle flatte in a dysse; þrow þer-to Sugre y-now & Salt; & atte þe dressoure, strawe þer-on pouder Gyngere y-mellyd *with* Almaundys.

Cxxj. Rapeye.—Take Fygys & Roysonys, & grynd hem in a Mortere, & tempere hem vppe *with* Almaunde Mylke, & draw hem þorw a cloþe; þen take gode Spycys, & caste þer-to; take Perys, seþe hem & pare hem, & do a-way þe core, & bray hem in a mortere, & caste to þe oþer; take gode Wyne, & Blake Sugre or Hony, & caste þer-to a lytil, & let it boyle in fere; & whan þow dressyst yn, take Maces & Clowes, Quybibys & Graynys, & caste a-boue.

Cxxij. A rede Morreye.—Take Molberys, and wrynge a gode hepe of hem þorw a cloþe; nym Vele, hew it & grynd it smal, & caste þer-to; nym gode Spycery [an] Sugre, & caste þer-⁴to; take Wastyldrede & grate it, & ʒolkys

¹ leaf 22.

² MS. *Fysshe* (?intentionally).

³ ? meaning.

⁴ lf. 22 bk.

of Eyroun, & lye it vppe þer-with, & caste gode pouder of Spycery þer-an a-bouen; & þan serue it forth.

.Cxxij. Strawberrye.—Take Strawberys, & waysshe hem in tyme of þere in gode red wyne; þan strayne þorwe a cloþe, & do hem in a potte with gode Almaunde mylke, a-lay it with Amyndoun oþer with þe flowre of Rys, & make it chargeaunt and lat it boyle, and do þer-in Roysonys of coraunce, Safroun, Pepir, Sugre grete plente, pouder Gyngere, Canel, Galyngale; poynte it with Vynegre, & a lytil whyte grece put þer-to; coloure it with Alkenade, & droppe it a-bowte, plante it with þe graynys of Pome-garnad, & þan serue it forth.

.Cxxiiij. Chyryoun.—Take Chyryis,¹ & pike out þe stonys, waysshe hem clene in wyne, þan wryng hem þorw a cloþe, & do it on a potte, & do þer-to whyte grece a quantyte, & a partye of Floure of Rys, & make it chargeaunt; do þer-to hwyte Hony or Sugre, poynte it with Venegre; A-force it with stronge pouder of Canelle & of Galyngale, & a-lye it with a grete poreyoun of þolkys of Eyroun; coloure it with Safroun or Saunderys; & whan þou seruyste in, plante it with Chyrioun, & serue f[orth].

.Cxxv. Vyolette.—Take Flourys of Vyolet, boyle hem, presse hem, bray hem smal, temper hem vppe with Almaunde mylke, or gode Cowe Mylke, a-lye it with Amyndoun or Flowre of Rys; take Sugre y-now, an putte þer-to, or hony in defaute; coloure it with þe same þat þe flowrys be on y-peyntid a-boue.

.Cxxvj. Rede Rose.—Take þe same, saue a-lye it with þe þolkys of eyroun, & forþer-more as vyolet.

.Cxxvij. Prymerose.—Ryȝth as vyolette.

.Cxxviij. Flowrys of hawþorn.²—In þe same maner as vyolet.

³.Cxxix. A potage on a Fysdaye.—Take an sethe an .ij. or .iiij. Applys y-p[ar]jede,⁴ & strayne hem þorw a straynoure, & Flowre of Rys þer-with; þan take þat whyte Wyne, & strayne it with-alle; þan loke þat it be nowt y-bounde to moche with þe Floure of Rys, þan ȝif it a-boyle; þen caste þer-to Saunderys & Safroun, & loke it be marbylle;⁵ þan take Roysonys of corauns, & caste þer-on, & Almaundys y-schredyd þer-on y-nowe; & mynce Datys Smale, & caste þer-on, & a lytil Hony to make it dowcet, or ellys Sugre; þenne caste þer-to Maces & Clowys, Pepir, Canelle, Gyngere, & oþer spycery y-now; þen take Perys, & sethe hem a lytil; þen reke hem on þe colys tyl þey ben tendyr; þan smale schrede hem rounde; & a lytil or þou serue it in, þrow hem on þe potage, & so serue hem in almost flatte, noȝt Fullyche.

.Cxxx. Brewes in Lentyn.—Take a fewe Fygys, & seþe hem & draw hem

¹ MS. Chyrþis. ² MS. Hawiorn. ³ leaf 23. ⁴ MS. y-pede. ⁵ i.e. variegated.

þorw a straynoure *with* Wyne; þen putte þer-to a lytil Hony; þen toste Brede, & Salte it; & so broune & rennyng as Brwes, serue hem in, & straw pouder Canelle y-now þer-on atte þe dressoure, & serue it forth.

.Cxxxj. **A potage colde.**—Take Wyne, & drawe a gode þikke Milke of Almaundys *with* Wyne, ʒif þou mayste; þen putte yt on a potte, caste þer-to Pouder Canelle & Gyngere & Saffroun; þen lat it boyle, & do it on a cloþe; & ʒif þou wolt, late hym ben in dyuers colourys, þat on whyte *with*-owte Spyces, & þat oþer ʒelow *with* Spicerye.

.Cxxxij. **Sauke¹ Sarsoun.**—Take Almaundys, & blaunche hem, & frye hem in oyle oþer in grece, þan bray hem in a Mortere, & tempere hem *with* gode Almaunde mylke, & gode Wyne, & þen þe þrydde perty schal ben Sugre; & ʒif it be noʒt þikke y-nowe, a-lye it *with* Alkenade, & Florche² it a-bouyn *with* Pome-garned, ³& messe it; serue it forth.

.Cxxxiiij. **Rapeye.**—Take Pykys or Tenchys, oþer freysshe Fysshe, & frye it in Oyle; þen nyme crustys of whyte brede, & Raysonys & Canelle, an bray it wyl in a mortere, & temper it vppe wyth gode wyne; þen colore it *with* Canelle, or a litil Safroun: þan boyle it, & caste in hol Clowys & Quybibes, & do þe Fysshe in a dysshe, & þan serue forth.

.Cxxxiiij. **Apple Moyle.**—Nym Rys, an bray hem wyl, & temper hem *with* Almaunde mylke, & boyle it; & take Applys, & pare hem, an smal screde hem in mossellys; þrow on sugre y-now, & colore it *with* Safroun, & caste þer-to gode pouder, & *serus* f[orth].

.Cxxxv. **Applade Ryalle.**—Take Applys, & seþe hem tulle þey ben tendyr, & þan lat hem kele; þen draw hem þorw a straynour; & on flesshe day caste þer-to gode fatte broþe of freysshe beef, an whyte grece, & Sugre, & Safroun, & gode pouder; & in a Fysshe day, take Almaunde mylke, & oyle of Olyff, & draw þer-vppe *with*-al a gode pouder, & serue forth. An for nede, draw it vppe *with* Wyne, & a lytil hony put þer-to for to make it þan dowcet; & serue it forth.

.Cxxxvj. **A potage of Roysons.**—Take Raysonys, & do a-way þe kyrnellys; & take a part of Applys, & do a-way þe corys, & þe pare,⁴ & bray hem in a mortere, & temper hem *with* Almaunde Mylke, & melle hem *with* flowre of Rys, þat it be elene chargeaunt, & straw vppe-on pouder of Galyngale & of Gyngere, & serue it forth.

.Cxxxvij. **Chykons in dropeye.**—They schul ben fayre y-boylid in fayre watere tyl þey ben y-now, þen take hem fyrst, & choppe hem smal: & whan

¹ Sauce.² Flourish; garnish.³ If. 23 bk.⁴ ? peel.

þey ben y-now, tempere vppe a gode Almaunde mylke of þe same, & with Wyne: a-lye it with Amyndon, oþer with 'floure of Rys: þen take fayre freysshe grece, & putte Alkenade þer-to, & gader his coloure þer-of, & ley þe quarterys .v. or .vj. in a dysshe, as it wole come a-bowte, & Salt it atte þe dressoure, sprynge with a feþer or .ij. here & þere a-bowte þe dysshe; & þif þou lyst, put þer-on pouder of Gyngere, but noȝt a-boue, but in þe potage, & þan serue forth.

.Cxxxviij. Pumpes.—Take an sethe a gode gobet of Porke, & noȝt to lene, as tendyr as þou may; þan take hem vppe & choppe hem as smal as þou may; þan take clowes & Maces, & choppe forth with-alle, & Also choppe forth with Roysonys of coraunce; þan take hem & rolle hem as round as þou may, lyke to smale pelettys, a .ij. inches a-bowte, þan ley hem on a dysshe be hem selue; þan make a gode Almaunde mylke, & a-lye it with floure of Rys, & lat it boyle wyl, but loke þat it be clene rennyng; & at þe dressoure, ley .v. pompys in a dysshe, & pore þin potage þer-on. An þif þou wolt, sette on euery pompe a flos campy² flour, & a-boue straw on Sugre y-now, & Maces: & serue hem forth. And sum men make þe pellettys of vele or Beeff, but porke ys beste & fayrest.

.Cxxxix. Caudel Ferry departyd with a blamanger.—Take Fleysshe of Capoun, or of Porke, & hakke hem smal, & do it in a mortere an bray it wyl, & temper it vppe with capoun broþe þat it be wyl chargeaunt; þan nym mylke of Almaundys, take þolkys of eyroun, & Safroun, & melle hem to-gederys þat it be þelow, & do þer-to pouder Canelle, & styke þer-on Clowis, Maces, & Quybibus, & serue f[orth].

.Cxl. Egredouncy.—Take Porke or Beef, wheþer þe lykey, & leche it þinne þwerte³; þen broyle it broun a litel, & þen mynce it lyke Venyson; choppe it in sewe, þen caste it in a potte & do þer-to Freysshe brothe; take Erbis, Oynonys, Percely & Sawge, & oþer gode erbis, þen lye it vppe with Brede; take Pepir & Safroun, pouder Canel, Vynegre, or Eysel Wyne, Broþe an Salt, & let þet⁵ boyle to-gederys, tulle þey ben y-now, & þan serue it forth renny[n]g.

.Cxlj. Noteye.—Take a gret porcoun of Haselle leuys, & grynd in a mortar as smal as þou may, whyl þat þey ben þonge; take þan, & draw vppe a þriff Mylke of Almaundys y-blaunchyd, & temper it with Freysshe broþe; wryng out clene þe Ius of þe leuys; take Fleysshe of Porke or of Capoun, & grynd it smal, & temper it vppe with þe mylke, & caste it in a potte, & þe Ius þer-to,

¹ leaf 24.² ? field-flower.³ MS. *ywerte*.⁴ lf. 24 bk.⁵ It.

do it ouer þe fyre & late it boyle; take flour of Rys, & a-lye it; take & caste Sugre y-now þer-to, & Vynegre a quantyte, & poudre Gyngere, & Safroun it wel, & Salt; take smal notys, & breke hem; take þe kyrnellyys, & make hem whyte, & frye hem vppe in grece; plante þer-with þin mete & serue forth.

.Cxlj. Vyande Ryalle.—Nyme gode Mylke of Almaundys, & do it in a potte, & sette it ouer þe fyre, & styre it tyl it boyle almost; þen take flour of Rys & of þe selue Mylke, an draw it þorwe a straynoure, & so þer-with a-lye it tulle it be Chargeaunte, & stere it faste þat it crouste noȝt; þen take [gap in MS.] owte of grece, & caste it þorw a Skymoure, & colour þat Sewe þer-with; þan take Sugre in confyte, & caste in y-now; sesyn it with Salt & ley þre lechys in a dysshes, & caste Aneys in comfyte þer-on, & þanne serue forth.

.Cxljij. Lampreys in galentyn.—Take Brede, & stepe it with Wyne & Vynegre, & caste þer-to Canelle, & draw it þorw a straynoure, and do it in a potte, & caste pepir þer-to; þan take Smale Oynonys, mynce hem, frye hem in Oyle, & caste þer-to a fewe Saunderys, 'an let hem boyle a lytil; þen take þe lampronys & skalde hem with [gap in MS.] & hot watere, & sethe & boyle hem in a dysshes, & cast þe Sewe vppe-on, & serue forth for a potage.

.Cxljij. Schyconys with þe bruesse.—Take halfe a dosyn Chykonys, & putte hem in-to a potte; þen putte þer-to a gode gobet of freysshe Beef, & lat hem boyle wyl; putte þer-to Percely, Sawge leuys, Sauerey, noȝt to smal hakkyd; putte þer-to Safroun y-now; þen kytte þin Brewes, & skalde hem with þe same broþe; Salt it wyl; & but þou haue Beef, take Motoun, but fyrste Stufe þin chekons in þis wyse: take & seþe hard Eyroun, & take þe ȝolkys & choppe hem smal, & choppe þer-to Clowys, Maces, Hole Pepir, & Stufe þin chekonys with-al; Also put hole gobettys & marye with ynne; Also þen dresse hem as a pertryche, & fayre coloure hem, & ley vppe-on þis browes, & serue in with Bakoun.

.Cxlv. Blaunche Perreye.—Take Pesyn, & waysshe hem clene, & þen take a gode quantyte of fyne leye, & putte it on a potte, & a lytil water þer-to; & whan þe leye is seþin hot, caste þe Pesyn þer-to, & þer late hem soke a gode whyle; þen take a quantyte of wollen cloþe, & rubbe hem, & þe holys² wyl a-way; þenne take a seve or a wheterydoun, & ley þin pesyn þer-on, & go to þe water, & waysshe hem clene a-way þe holys, þen putte hem in a potte, & þey wyl alle to-falle with a lytil boylynge, to pereye, saue þe whyte Pepyn is þer-in, & þat is a gode syȝth; þen Salt hem, & serue hem forth.

¹ leaf 25.

² Hulls, shucks.

.Cxlvi. **Ryȝth so Caboges**¹ Ben seruyd, saue men sayn it is gode Also to ley hem in a bagge ouernyȝth in rennyng streme of watere, & a-morwe sette vppe watere, & when þe water is skaldyng hot, þrow hem þer-on, & hoole hem in þere wyse be-forsayd, & serue forth.

².Cxlviij. **Brwes in lentyn**.—Take Water & let boyle, and draw a lyer þer-to of Brede, of þe cromys, *with* wyne y-now; lete alle ben wyne almost; þen put þer-to hony a gode quantyte, þat it may ben dowcet, þan putte pouder Pepir þer-to, Clowys, Maces, and Saunderys, & Salt, & skalde þin³ brewes tender, & *serue* f[orth].

.Cxlviij. **Whyte Pesyn in grauey**.—Take Whyte Pesyn, & hoole hem in þe maner as men don Caboges, or blanche perry; þan sethe hem *with* Almaunde mylke vppe, putte þer-to Sugre y-now, & fryid Oynonys & Oyle, & *serue* f[orth].

.Cxlx. **A Potage**.—Take an sethe a fewe eyron in red Wyne; þan take & draw hem þorw a straynoure *with* a gode mylke of Almaundys; þen caste þer-to Roysonys of Coraunce, Dates y-taylid, grete Roysonys, Pynes, pouder Pepir, Sawndrys, Clouys, Maces, Hony y-now, a lytil doucete, & Salt; þan bynde hym vppe flat *with* a lytil flowre of Rys, & let hem ben Red *with* Saunderys, & serue hym in flatte; & ȝif þou wolt, in fleyssh tyme caste vele y-choppid þer-on, not to smale.

.Cl. **Cawdel out of lente**.—Take & make a gode mylke of Almaundys y-draw vppe *with* wyne of Red, whyte is bettere; ȝif it schal be whyte, þan strayne ȝolkys of Eyroun þer-to a fewe. Put⁴ þer-to Sugre & Salt, but Sugre y-now; þen when it begynnyth to boyle, sette it out, & almost flatte; *serue* it then forth, & euer kepe it as whyte as þou may, & at þe dressoure droppe Alkenade þer-on, & *serue* forth; & ȝif þou wylt haue hym chargeaunt, bynd hym vppe *with* flour [of] Rys, oþer *with* whetyn floure, it is no fors. And ȝif þou wolt, coloure hym *with* Safroun, & straw on pouder y-now, & Sugre y-now, & *serue* f[orth].

.Clj. **Creme Bastarde**.—Take þe whyte of Eyroun a grete hepe, & putte it on a panne ful of Mylke, & let yt boyle; ⁵þen sesyn it so *with* Salt an hony a lytel, þen lat hit kele, & draw it þorw a straynoure, an take fayre Cowe mylke an draw yt *with*-all, & seson it *with* Sugre, & loke þat it be poynant & doucet: & serue it forth for a potage, or for a gode Bakyn mete, wheder þat þou wolt.

.Clj. **Capoun in Salome**.—Take a Capoun & skalde hym, Roste hym, þen

¹ i.e. Cabbages in just the same way. ² lf. 25 bk. ³ Thine. ⁴ MS. *but*. ⁵ lf. 26.

take pikke Almaunde mylke, temper it wyth wyne Whyte oþer Red, take a lytyl Saunderys & a lytyl Safroun, & make it a marbyl coloure, & so atte þe dressoure þrow on hym in ye kychoun, & þrow þe Mylke a-boue, & þat is most commelyche, & serue forth.

.Cliij. **Pompys.**—Take Beef, Porke, or Vele, on of hem, & raw, alle to choppe it atte þe dressoure, þan grynd hem in a mortar as smal as þou may, þan caste þer-to Raw zolkys of Eyroun, wyn, an a lytil whyte [sugre]: caste also þer-to pouder Pepyr, & Macys, Clowes, Quybibys, pouder Canelle, Synamoun, & Salt, & a lytil Safroun; þen take & make smale Pelettys round y-now, & loke þat þou haue a fayre potte of Freysshe broþe of bef or of Capoun, & euer þrow hem þer-on & lete hem sethe tyl þat þey ben y-now; þen take & draw vppe a þryfty mylke of Almaundys, with cold freysshe broþe of Bef, Vele, Moton, oþer Capoun, & a-lye it with floure of Rys & with Spycerye; & atte þe dressoure ley þes pelettys .v. or .vj. in a dysshe, & þen pore þin sewe aneward,¹ & serue in, or ellys make a gode þryfty Syryppe & ley þin² pelettys atte þe dressoure þer-on, & þat is gode seruyse.³

4 LECHE VYAUNDEZ.

.I. **Brawn in comfyte.**—Take Freyssch Brawn & sethe yt y-now, & pare it & grynde it in a mortere, & temper it with Almand mylke, & draw⁵ it þorw a straynoure in-to a potte, & caste þer-to Sugre y-now, & powder of Clowys, & let boyle; þen take floure of Canelle, & pouder of Gyngere; & þen take it out of þe potte, an putte it in a lynen cloþe & presse it, but lat it boyle so longe in þe potte tylle it be alle pikke; þan take it vppe & presse it on a cloþe, & þen leche it fayre with a knyff, but not to þinne; & þan ȝif þou wolt, þou myȝht take þe Rybbys of þe bore al bare, & chete⁶ hem enlongys þorw þe lechys, an so serue forth a leche or to in euery dysshe.

.ij. **Blaunche Brawen.**—Take Freysshe Braun, & mynce hem smal, & take gode pikke mylke of Almaundys y-blaunchyde, & putte alle in-to a potte, & Sugre, & lat boyle alle to-gederys tyl it be ryȝt styffe; þen caste it vppe, & caste it in a fayre cold basyn, & lette it stonde þer-in tyl it be cold; & þen leche .ij. or .iiij. in a dysshe, & serue forth.

.iiij. **Pynade.**—Take Hony & gode pouder Gyngere, & Galyngale, & Canelle, Pouder pepir, & graynys of parys, & boyle y-ferē; þan take kyrnelys of Pynotys & caste þer-to; & take chyconys y-soþe, & hew hem in grece, &

¹ on it.

⁴ lf. 27 bk.

² Thine.

⁵ MS. *dray*.

³ four blank pages follow.

⁶ Set, see Douce MS. No. 48.

caste þer-to, & lat seþe y-fere; & þen lat droppe þer-of on a knyf; & ȝif it cleuyth & wexyþ hard, it ys y-now; & þen putte it on a chargere tyl it be cold, & mace¹ lechys, & serue w^{ith} oþer metys; & ȝif þou wolt make it in spycery, þen putte non chykonys þer-to.

.iiij. Gyngerbrede.—Take a quart of hony, & sethe it, & skeme it clene; take Safroun, pouder Pepir, & þrow þer-on; take gratyd Brede, & make it so chargeaunt² þat it wol be y-lechyd; þen take pouder Canelle, & straw þer-on y-now; þen make yt³ square, lyke as þou wolt leche yt; take when þou lechyst hyt, an caste Box leues a-bouyn, y-stykyd þer-on, on clowys. And ȝif þou wolt haue it Red, coloure it w^{ith} Saunderys y-now.

.v. Leche lumbarde.—Take Datys, an do a-way þe stonys, & sethe in swete Wyne; take hem vppe, an grynd hem in a mortere; draw vppe þorw a straynoure w^{ith} a lytyl whyte Wyne & Sugre, And caste hem on a potte, & lete boyle tylle it be styff; þen take yt vppe, & ley it on a borde; þan take pouder of Gyngere & Canelle, & wryng it, & molde it to-gederys in þin hondys, & make it so styf þat it wolle be lechyd; & ȝif it be noȝt styf y-nowe, take hard ȝolkys of Eyroun & kreme⁴ þer-on, or ellys grated brede, & make it picke y-now; þen take clareye, & caste þer-on in maner of a Syryppe, when þou shalt serue it forth.

.vj. Auter maner leche lumbarde.—Take fayre Hony, and clarifi yt on þe fyre tylle it wexe hard; þen take hard ȝolkys of Eyroun, & kryme⁴ a gode quantyte þer-to, tyl it be styf y-now; an þenne take it vppe, & ley it on a borde; þen take fayre gratyd Brede, & pouder pepir, & molde it to-gederys w^{ith} þine hondys, tylle it be so styf þat it wole ben lechyd; þan leche it; þen take wyne & pouder Gyngere, Canelle, & a lytil claryfyd hony, & late renne þorw a straynour, & caste þis Syryp þer-on, when þou shalt serue it out, instede of Clerye.

.vij. Soupes of Salomere.—Take boylid Porke, & hew yt an grynd it; þen take cowe Mylke, & Eyroun y-swonge, & Safroun, & mynce Percely bladys, & caste þer-to, & let boyle alle y-fere; & dresse vppe-on a cloþe, & kerue þer-of smal lechys, & do hem in a dysse; þen take almaunde mylke & flowre of Rys, and Sugre an Safroun, & boyle it alle y-fere; þen caste þin⁵ sewe on þin⁵ lechys, & serue forth alle hote.

.viij. Lette lardes.—Take kowe mylke, & do þer-to Eyroun y-swonge; þan take ryȝt fatte Porke y-sothe, & hew it smalle, & sethe it; take pouder Gyngere, Galyngale, or Pepir; caste þer-to, colour it wyth Safroun, & caste

¹ A. make. ² stiff. ³ lf. 28. ⁴ Crimme; crumble. ⁵ Thine. ⁶ lf. 28 bk.

all þese to-gederys, & boyle it, & gadre þe croddes to hepe *with*-al; þen take vppe þe croddys to hepe *with* Ale, & presse hem on a cloþe; þan kerue þer-of lechys, & Roste it on a gredyre, & strawe Sugre y-now alle a-bowte; & þif þou wolt make þat on syde Rede, an þat oþer þelow, Take Pannes, & make as I haue sayd, & coloure þat on panne *with* Saunderys, an þat other *with* Saffroune, an ley on a cloþe to-gederys, þe Rede fyrste on þe cloþe, an [lat] þe þelow be abouyn þe Rede, & presse hem to-gederys, & that on syde wol ben rede, & þat oþer þelow. An þif þow wolt haue it Motley, take þre pottys, & make letlardys in eche, & coloure þat on *with* Saunderys, & þat oþer wyth Safroune, & þe þrydde on a-nother degre, so þat þey ben dyuerse; an when þey boyle, caste al to-gederys in-to on, an stere hem a-bowte *with* þin hond, & þan presse hem, and he wol be Motley whan he ys lechyd.

.ix. Mange Moleynne.—Take Almaundys, an blaunche hem, an draw þorw a straynoure a þicke mylke in-to an potte; þan take brawn of a Capoun, an hew it smalle, an do it in a potte, an lye it with Floure of Rys; an do þer-to whyte grece, & sethe alle to-gederys; an when it is y-sothe, take vppe of þe fyre, & do þer-in Sugre y-now; þen take blaunchyd Almaundys, & frye hem, & ley .iiij. lechys on a dysshe, & on euery leche prycke .iiij. Almaundys; an þan serue it forth.

.x. Vyaund de leche.—Take whyte Wyne a god quantite, ¹an putte it on a potte; þen putte þer-to raw þolkys of eyroun y-tryd, & poudere of clowys, & poudere canel y-now, an Safroun y-now; þan lat it boyle tyl it be ryth chargeante, an þen sette it down; & take an sette ouer a panne of cowe milke, & þrow Saunderys y-nowe þer-on; þen make a styf poshote² of Ale; þen take þe croddys, an lat it honge on a pyn in a cloþe, an lat it cleue euer þerue-owt;³ þen take þe cawdel forsaid, & melle hem to-gederys in a cloþe, *with* þe poshote;² þen put þer-on Sugre, Canel, poudere Gyngere y-now; presse hem vp sware,⁴ an leche it, & serue it forth.

.xj. Vyaund leche.—Take cowe Mylke, & set it ouer þe fyre, & þrow þer-on Saunderys, & make a styf poshote of Ale; þan hang þe croddys þer-of in a pynne, in a fayre cloþe, and lat it ouer-renne; þan take it & put hony þer-to, & melle it y-fere; þen feche þe croddys of þe deye,⁵ & melle hem to-gederys, & lay it on a chesefatte or it be torne, .iiij. fold or .iiij. fold, in lynen cloþe, & salt it, & leche it; & þanne serue it forth.

.xij. Vyaund leche.—Take Eyroun, þe whyte & þe þolke, and caste hem in a mortar, an breke hem wyl; þan take cowe mylke & caste þer-to, & meng

¹ lf. 29.² Posset.³ Throughout?⁴ Square.⁵ Dairymaid.

hem wyl to-gederys; þan put al in a panne, & lat boyle; & *with* ale make it to a poshotte; þen hange þe croddys in a pynne, & let it ouer-renne; melle þe croddys *with* hony; þen take þe bladys of Barlyche, or of Percely, & stampe hem, & wrynge þorw a cloþe; & so alle þe grene, melle it a-mong þe croddys; þenne take þe cruddys þat comen fro þe deye, melle hem to-gederys, presse hem, & serue hem forth; an þe coloure wyl ben þan Motley.

.xiiij. **Vyaund leche.**—Take a gode quantyte of Brawn, an Hony, & a lytil brede, & let sethe to-gederys poudre Pepir, Clowys, ¹Maces, an Safroun, & draw it þorwe a straynoure, & chafe it a litel, & caste it in fayre dysshis, an let it kele, & þan *serue* f[orth].

.xiiiij. **Vyaunde leche.**—Take Hony a gode quantite; þen take poudre Pepir, & Safroun, & Canel, & caste þer-to; & þen caste it on a dysshe, & let it kele, & serue forth.

.xv. **Storioun² leche.**—Take an howe³ of vele, & let boyle, butte fyrst late hym ben stepid .ij. or .iiij. owrys in clene Water to soke out þe blode, & whan it is tender y-sothe, take hym vppe as fast as þou may; þan take harde þolkys of Eyroun redy sothe, & caste also þer-to, & poudre Pepir y-now, & also choppe a-mong þe þynes⁴ of þe fete clene y-pikyd, & a lytil Salt, nowt to moche, & presse hem on a clowte tyl a-morwe⁵; þan leche it, & lay hem in dysshis, an pore þer-[on] a quantyte of Venegre, & Pepir, & Percely, & Oynonys smal mencyd, & serue forth.

.xvj. **Chare de wardoun leche.**—Take Perys, & seþe ham, & Pike ham & stampe ham, & draw hem þorw a straynoure, & lye it *with* Bastard; þen caste hem in-to a potte, & Safroun *with*-al, and boyle *with* Maces, Clowes, poudre Canel, Quibibes, & ⁶a litel poudre Pepir, & Rolle hem vppe *with* Brede, þe cromes *with*-in þin hondys, & serue forth.

.xvij. [**Vyaund leche**].—Take calves fete an hepe, & lat stepe in cold water; þen boyle hem smal; þan take þe broþe & gode Milke of Almaundys, & choppe þe Syneys⁷ in-to þe same milk rytthe smal; þan boyle it ouer þe fyre, & coloure it with Saunderys, & put Sugre y-now in-to þe potte; & þif þou wolt haue hym of .ij. colour, þan take an coloure but half *with* Saunderys, & caste þat oper⁸ half in a dysshe, & lat it kele; & whan it is cold, þen þat is y-colouryd *with* Saunderys, het it, & euene⁹ melle it hote; caste hem a-bouyn þe oper, & lat kele, an þan serue forth. Than take Sugre, a quantyte ⁹of swete Wyne, & Blaunche poudre þer-on, & make Sawce þer-of; And so colde, ley it in þe dysshis, be-helyd,¹⁰ & *serue* f[orth].

¹ lf. 29 bk.² Sturgeon.³ Hock.⁴ Sinews.⁵ To-morrow.⁶ MS. & an.⁷ Sinews.⁸ Euenly.⁹ lf. 30.¹⁰ Covered.

.xviii. Vyaund leche.—Take a Tenche, an steue hym in a potte *with* Wyne; when he is y-now, pyke owt þe bonys, take an stampe hem in a mortar; þen take a lytil of picke Almaunde mylke, & putte þer-to; þen take hem vppe, & putte hem in þe broþe forsayde, þat it was y-soþe in, & þat y-straynid; caste þer-to Maces, Clowes, pouder Pepir, & Pouder Canelle; þan caste Safron þer-to; þen caste him in a dysse, & lat hem kele; þen put Vynegre, pouder Gyngere, Canel y-now in ye botmond¹ þer-of, vnneþe y-helyd.²

.xix. Pome dorres.—Take Fyletys of Raw porke, & grynd hem wyl; do Salt [and] pouder Pepir þer-to; þan take þe Whyte of the Eyroun [and] þrow þer-to, & make hem so hard þat þey mow ben Rosted on a Spete; make hem round as an Appil: make fyre *with*-owte smoke; þen take Almaunde mylke, & y-bontyd³ flour, do hem to-gederys; take Sugre, & putte in þin⁴ bature; þen dore hem *with* sum grene þing, *percely* or zolkys of Eyroun, to-geder, þat þey ben grene; & be wyl war þat þey ben nowt Browne; & sum men boyle hem in freysshe broþ or þey ben spetid; & whan þey ben so boylid, þen þey must ben sette an kelid, & þan Spete hem, & dore hem *with* zolkys of Eyroun y-mengyd *with* þe Ius of haselle leuys.

.xx. Yrchouns.—Take Piggis mawys, & skalde hem wel; take groundyn Porke, & knede it *with* Spicerye, *with* pouder Gyngere, & Salt & Sugre; do it on þe mawe, but fille it nowt to fulle; þen sewe hem *with* a fayre þrede, & putte hem in a Spete as men don piggys; take blaunchid Almaundys, & kerf hem long, smal, & scharpe, & frye hem in grece & sugre; take a litel prycke, & prykke þe yrchons, An putte in þe holes þe Almaundys, every hole half, & eche fro oþer; ley hem þen to þe fyre; when þey ben rostid, dore hem sum wyth⁵ Whete Flowre, & mylke of Almaundys, sum grene, sum blake *with* Blode, & lat hem nowt browne to moche, & s[erue] f[orth].

.xxj. An Entrayle.—Take a chepis wombe; take Poletys y-rotyd, & hew hem; þen take Porke, chese, & Spicery, & do it on a mortar, & grynd alle y-fere; þen take it vppe *with* Eyroun y-swonge, & do in þe wombe, & Salt, & seþe hem tyl he be y-nowe, & serue forth.

.xxij. For to make floure Rys.—Take Rys, an lese hem clene; þen drow hem wyl in þe Sonne, þat þey ben drye; þan bray hem smal y-now; & þerow a crees bunte syfte hem, & for defaute of a bonte, take a Renge.⁶

.xxiij. Pome-Garnez.—Take lene Raw Porke, & lene raw Flesshe of hennys, & raw eyroun, & rent þe flesshe fro þe bonys, & hew it smal; take

¹ Bottom. ² Scarcely covered. ³ Bolted, sifted. ⁴ Thine. ⁵ If. 30 bk. ⁶ Ring strainer.

þanne Salt, Gyngere, & Safroun, Salt, Galyngale, þer-of y-now, & caste it in a mortar, & bray it smal; take þan þin fleysse, & caste it in-to þat mortar to þe Spycery, & þat it be wyl y-grounde; þanne make þer-of pelettys, as it were Applys, be-twene þin hondys; loke þou haue a fayre panne sething ouere þe fyre, & do þer-on þin pelettys, & late hem nowt sethe to swythe, & þan lat hem kele; & whan þey ben cold, gif hem a fayre spete of haselle, & be-twyn euery, loke þer be an ynche, & lay hem to þe fyre: & þan make þin baturys, þe on grene, & þat oþer þelow; þe grene of Percely.

✓.xxiiij. **Waffres.**—Take þe Wombe of A luce, & seþe here wyl, & do it on a mortar, & tender chese þer-to, grynde hem y-fere; þan take flowre an whyte of Eyroun & bete to-gedere, þen take Sugre an pouder of Gyngere, & do al to-gederys, & loke þat þin Eyroun ben hote, & ley þer-on of þin paste, & þan make þin waffrys, & serue yn.

¹.xxv. **Hagws of a schepe.**—Take þe Roppis² with þe talour,³ & parboyle hem; þan hakke hem smal; grynd pepir, & Safroun, & brede, & zolkys of Eyroun, & Raw kreme or swete Mylke: do al to-gederys, & do in þe grete wombe of þe Schepe, þat is, the mawe; & þan seþe hym an serue forth ynne.

xxvj. Frawnchemyle.—Nym Eyroun with þe whyte, & gratid Brede, & chepis talow, Also grete as dyse; nym Pepir, Safroun, & grynd alle to-gederys, & do in þe wombe of þe chepe, þat is, þe mawe; & seþe hem wyl, & serue forth.

xxvij. Appraylere.—Take þe fleysse of þe lene Porke, & seþe it wel: & whan it is soþe, hew it smal; nym þan Safroun, Gyngere, Canel, Salt, Galyngale, old chese, myid⁴ Brede, & bray it smal on a mortar; caste þin⁵ fleysse in to þe spicery, & loke þat it be wil y-ground, & temper it vppe with raw Eyroun; þan take a longe Pecher, al a-bowte ouer alle þat it be ransched;⁶ þan held⁷ out þin grece, & fulle þi Pechir of þin farsure, & take a pese of fayre Canneuas, & doble it as moche as þou may ceuyr þe mouþe with-al, & bynd it fast a-bowte þe berde,⁸ & caste hym to seþe with þin grete Fleysshe, in lede oþer in Cauderoun, for it be wyl soþin; take þen vppe þin Pecher, & breke it, an saf þin farsure; & haue a fayre broche, & broche it þorw, & lay it to þe fyre; & þan haue a gode Bature of Spicerye, Safroun, Galyngale, Canel, & þer-of y-now, & flowre, & grynd smal in a mortar, & temper it vp with raw Eyroun, & do þer-to Sugre of Alisaunder⁹ y-now; & euer as it dryit, baste it with bature, & sette forth in seruyce.

¹ If. 31.² Guts.³ Tallow; fat.⁴ Crumbed.⁵ Thine.⁶ Rinsed.⁷ Cast.⁸ Rim.⁹ Alexandria.

.xxviii. Cokyntryce.—Take a Capoun, & skald hym, & draw hem clene, & smyte hem a-to in þe waste ouerþwart; take a Pigge, & skald hym, & draw hym in þe same maner, & smyte hem also in þe waste; take a nedyl¹ & a þrede, & sewe þe fore partye of the Capoun to þe After parti of þe Pygge; & þe fore partye of þe Pigge, to þe hynder party of þe Capoun, & þan stufte hem as þou stuffyst a Pigge; putte hem on a spete, & Roste hym: & whan he is y-now, dore hem with þolkys of Eyroun, & poudere Gyngere & Safroun, þenne wyth þe Ius of Percely with-owte; & þan serue it forth for a ryal mete.

.xxix. Milke Rostys.—Take swete Mylke, an do it in a panne; take Eyroun with alle þe whyte, & swenge hem, & caste þer-to; colour it with Safroun, & boyle it so þat it wexe þikke; þan draw it þorw a straynoure, & nym that leuyth,² & presse it: & whan it is cold, larde it, & schere on schevres,³ & roste it on⁴ a Gredelle, & serue f[orth].

.xxx. Alows de Beef or de Motoun.—Take fayre Bef of þe quyschons,⁵ & motoun of þe bottles, & kytte in þe maner of Stekys; þan take raw Percely, & Oynonys smal y-scredde, & þolkys of Eyroun soþe hard, & Marow or swette, & hew alle þes to-geder smal; þan caste þer-on poudere of Gyngere & Saffroun, & tolle hem to-gederys with þin hond, & lay hem on þe Stekys al a-brode, & caste Salt þer-to; þen rolle to-gederys, & putte hem on a round spete, & roste hem til þey ben y-now; þan lay hem in a dysshe, & pore þer-on Vynegre & a lityl verious, & poudere Pepir þer-on y-now, & Gyngere, & Canelle, & a fewe þolkys of hard Eyroun y-kremyd þer-on; & serue forth.

.xxxj. To make Stekys of venson or bef.—Take Venyson or Bef, & leche & gredyl it vp broun; þen take Vynegre & a lityl verious, & a lityl Wyne, & putte poudere þer-on y-now, and poudere Gyngere; & atte þe dressoure straw on poudere Canelle y-now, þat þe stekys be al y-helid þer-wyth, & but a lityl Sawce; & þan serue it forth.

.xxxij. A Siryppe pur vn pestelle.—Take gode Wyne, & a-lye yt⁶ with raw þolkys of Eyroun; þan late hem boyle to-gederys a whyle; þen put poudere Pepir, & þrow it þer-on; loke þat it be bytyng of Pepir. Take Clowys, macys, Safroun, & caste þer-to; & atte þe dressoure þorw on þin Sirip on þi pestelle, & kreme hard þolkys of Eyroun þer-to, & serue forth.

.xxxij. Pygge y-farsyd.—Take raw Eyroun, & draw hem þorw a straynoure; þan grate fayre brede; take Safroun & Salt, & poudere of Pepir, & Swet of a schepe, & melle alle to-gederys in a fayre bolle; þen broche þin

¹ lf. 31 bk.² Take what remains.³ Shivers; thin strips.⁴ MS. & on.⁵ Cushions.⁶ lf. 32.

Pygge; þen farce hym, & sewe þe hole, & lat hym roste; & þan serue forth.

.xxxiiij. **Poddyng of Capoun necke.**—Take Percely, gysour, & þe leuer of þe herte, & perboyle in fayre water; þan choppe hem smal, & put raw zolkys of Eyroun .ij. or .iiij. þer-to, & choppe for-with. Take Maces & Clowes, & put þer-to, & Safroun, & a lytil pouder Pepir, & Salt; & fille hym vppe & sew hym, & lay him a-long on þe capon Bakke, & prycke hym þer-on, and roste hym, & serue f[orth].

.xxxv. **Capoun or gos farced.**—Take Percely, & Swynys grece, or Sewet of a schepe, & parboyle hem to-gederys til þey ben tendyr; þan take harde zolkys of Eyroun, & choppe for-with; caste þer-to Pouder Pepir, Gyngere, Canel, Safroun, & Salt, & grapis in tyme of zere, & clowys y-nowe; & for defawte of grapis, Oynons, fyrst wil y-boylid, & afterward alle to-choppyd, & so stuffe hym & roste hym, & serue hym forth. And zif þe lust, take a litil Porke y-sode, & al to-choppe hit smal a-mong þat oþer; for it wol be þe better, & namely¹ for þe Capoun.

.xxxvj. **Pokerounce.**—Take Hony, & caste it in a potte tyl it wexe chargeaunt y-now; take & skeme it clene. Take Gyngere, Canel, & Galyngale, & caste þer-to; take whyte Brede, & kytte to trenchours,² & toste ham; take þin paste whyle it is hot, & sprede it vppe³ on þin trenchourys with a spone, & plante it with Pynes, & serue f[orth].

.xxxvij. **Sauoge.**—Take Pigin fete clene y-pekyd; þan tak Freysshe broþe of Bess, & draw mylke of Almaundys, & þe Piggys þer-in; þen mence Sawge; þan grynd hym smal, & draw owt þe Ius þorw a straynoure; þan take clowys y-now, & do þer-in pouder Gyngere, & Canelle, Galyngale, Vynegre, & Sugre y-now; Salt it þan, & þanne serue forth.

.xxxviii. **A Kyde a-Forsyde.**—Take a pigge, & make hym clene, and Skynne hym, & Fylle it ful of suche mete as þou dost a capoun; þan take þe fleysse, & vntrusse hym on a spete, in þe maner of a kede, & roste hym; & endore hym with zolkys of Eyroun as an kede, & þan serue forth.

.xxxix. **Eyroun in lentyn.**—Take Eyroun, & blow owt þat ys with-ynne atte oþer ende; þan waysshe þe schulle clene in warme Water; þan take gode mylke of Almaundys, & sette it on þe fyre; þan take a fayre canvas, & pore þe mylke þer-on, & lat renne owt þe water; þen take it owt on þe cloþe, & gader it to-gedere with a plater; þen putte sugre y-now þer-to; þan take þe halvynde, & colour it with Safroun, a lytil, & do þer-to pouder Canelle;

¹ MS. *a namely.*² two trenchers, big slices.³ lf. 32 bk.

þan take & do of þe whyte in the neþer ende of þe schulle, & in þe myddel þe zolk, & fylle it vppe with þe whyte; but noȝt to fulle, for goyng ouer; þan sette it in þe fyre & roste it, & serue f[orth].

.xl. **Pudding of purpaysse.**—Take þe Blode of hym, & þe grece of hym self, & Ote-mele, & Salt, & Pepir, & Gyngere, & melle þese to-gederys wel, & þan putte þis in þe Gutte of þe purpays, & þan lat it seþe esyli, & not hard, a good whylys; & þan take hym vppe, & broyle hym a lytil, & þan serue f[orth].

.xli. **Raynolle;**—Nym sode Porke & chese, & seþe y-fere, & caste þer-to gode pouder Pepir, Canelle, Gyngere, Clowes, Mac[e], 'an close þin comade in dow, & frye it in freysshe grece ryȝt wel; an þanne serue it forth.

↓ .xliij. **Froyse in lentynne.**—Take Fygis & Roysouns, & grynde hem in a mortere, & draw vppe with kreme of Almaundys; þan take Rys þorw a cloþe; þan take þe Luce, an þe Perche, & þe Schrympe, & seþe hem, & do a-way þe bonys, & þe hedys, & grynde hem in an Mortere, & draw hym vppe with þe creme of þe Almaundys; þen take Rys, & do hem on a potte ouer þe fyre, Whan þey ben clene, with a lytil Watere, late hem seþe til þey ben drye, & þat þey schorge; þan take & hew on a borde, & do þer-to; þen take Sugre, & Safroun a goode quantyte, & gode pouder, & caste þer-to, & boyle it y-fere, & frye it in oyle, & make þer-of a Froyse, & serue f[orth].

.xliij. **Payn pur-dew.**—Take fayre zolkys of Eyroun, & trye hem fro þe whyte, & draw hem þorw a straynoure, & take Salt and caste þer-to; þan take fayre brede, & kytte it as troundeȝ rounde; þan take fayre Boter þat is claryfyd, or ellys fayre Freysshe grece, & putte it on a potte, & make it hote; þan take & wete wyl þin troundeȝ in þe zolkys, & putte hem in þe panne, an so frye hem vppe; but ware of cleuyng to the panne; & whan it is fryid, ley hem on a dysshe, & ley Sugre y-nowe þer-on, & þanne serue it forht.

.xliij. **Meselade.**²—Take Eyroun, þe zolkys an þe whyte to-gedere, & draw hem þorw a straynoure; & þan take a litil Botere, & caste in a fayre frying panne; & whan þe boter is hot, take þe drawyn Eyroun, & caste þer-to; þan take a Sawcere, an gadre þe Eyroun to-gedere in þe panne, as it were þe brede of a pewter dysshe; & þan take fayre peceȝ of Brede, þe mountance of a mosselle of Brede, vppe-on þe Eyroun, & turne þan [thy]³ brede downward in þe panne; þanne ⁴take it of þe panne, & caste fayre whyte

¹ lf. 33.

² See *Malesade* in Douce MS.

³ Added from A.

⁴ lf. 33 bk.

Sugre þer-to, & serue forth; an to euery good meslade take a þowsand Eyroun or mo.

.xlv. Brawune fryez.—Take Brawune, & kytte it þinne; þan take þe þolkys of Eyroun, & sum of þe whyte þer-with; þan take mengyd Flowre, an draw þe Eyroun þorw a straynoure; þen take a gode quantyte of Sugre, Saferoun, & Salt, & caste þer-to, & take a fayre panne with Freyssche gres, & set ouer þe fyre; & whan þe grece is hote, take þe Brawn, an putte in bature, & turne it wyl þer-yn, an þan putte it on þe panne with þe grece, & late frye to-gederys a lytil whyle; þan take it vppe in-to a fayre dysseche, & caste Sugre þer-on, & þan serue forth.

.xlvi. Longe Fretoure.—Take Milke, an make fayre croddes þer-of, in þe maner of a chese al tendyr; þan take owt þe whey as clene as þou may, & putte it on a bolle; þan take þolkys of Eyroun & Ale, & menge floure, & cast þer-to, a gode quantyte, & draw it þorw a straynoure in-to a fayre vesselle; þan take a panne with fayre grece, & hete it on þe fyre, but lat it nowt boyle, & þan ley þin creme a-brode; þan take a knyff, & kytte a quantyte þer-of fro þe borde in-to þe panne, & este a-noþer, & let it frye; & whan it is browne, take it vppe in-to a fayre dysseche, and caste Sugre y-now þer-on, & serue forth.

.xlvij. Rapeye.—Take dow, & make þer-of a þinne kake; þanne take Fygys & raysonys smal y-grounde, & temper hem with Almaunde Milke; take pouder of Pepir, & of Galyngale, Clowes, & menge to-gederys, & ley on þin kake a-long as bene koddys, & ouer-caste þin kake to-gederys, & dewte on þe eggys, an frye in Oyle, & serue forth.

.xlvij. Ryschewys in lente.—Take Fygys & sethe hem uppe in Ale; þan take whan þey ben tendyr, & bray hem smal on a Mortere; ¹þan take Almaundys, & schrede hem þer-to smal; take Perys, & schrede hem þer-to; take datys, & schrede hem þer-to; & nym Milwel or lenge, þat is wel y-wateryd, & tese þer-to; þan make þin farsure, & rolle a-long in þin hond, & ley hem in flowre; þan make þin bature with ale & Floure, & frye hem vppe brown in Oyle; ryȝt so, make round-lyke Fretourys in þe maner be-for-sayd, & frye hem vppe, & þat ben y-clepid Ragonys, & þanne sérue hem forth.

.xlix. Hanoney.—Take an draw þe Whyte & þe þolkys of þe Eyroun þorw a straynoure; þan take Oynonys, & schrede hem smal; þan take fayre Boter or grece, & vnneþe kyuer þe panne þer-with, an frye þe Oynonys, & þan caste þe Eyroun in þe panne, & breke þe Eyrouns & þe Oynonys to-gederys;

an þan lat hem frye to-gederys a litel whyle; þan take hem vp, an serue forth alle to-broke to-gederys on a fayre dyssche.

.l. **Hagas de Almayne.**—Take Fayre Eyroun, þe ʒolke & þe Whyte, & draw hem þorw a straynour; þan take Fayre Percely, & parboyle it in a potte *with* boyling broþe; þan take þe ʒolkys of Eyroun hard y-sothe, & hew þe ʒolkys & þe Percely smal to-gederys; þan take Sugre, pouder Gyngere, Salt, & caste þer-to; þen take merow, & putte it on a straynourys ende, & lat hange in-to a boyling potte; & parboyle it, & take it vppe, & let it kele, & þan kytte it in smal pecys; þan take þe drawyn Eyroun, & put hem in a panne al a-brode, & vnneþe ony grece in þe panne, & cowche ye ʒolkys & þe Percely þer-on in þe panne, & þan cowche of þe Marow pecys þer-on, & þan fold vppe eche kake by-neþe eche corner in .iiij. square, as platte, and turne it on þe panne one; let lye a litel whyle; þan take it vp & *serue f[orth]*.

.lj. **Cryspeʒ.**—Take Whyte of Eyroun, Mylke, & Floure, & a lytel Berme, & bete it to-gederys, & draw it þorw a straynoure, so þat it be renneg, & not to styf, & caste Sugre þer-to, & Salt; þanne take a chafer ful of freysshe grece boyling, & put þin hond in þe Bature, & lat þin bature renne down by þin fyngerys in-to þe chafere; & whan it is ronne to-gedere on þe chafere, & is y-now, take & nym a skymer, & take it vp, & lat al þe grece renne owt, & put it on a fayre dyssche, & cast þer-on Sugre y-now, & serue forth.

.liij. **Ryschewys of Marow.**—Take fayre Flowre & raw ʒolkys of Eyroun, & Sugre, & Salt, & pouder of Gyngere, & Safroun, & make fayre cakes; & þan take marow, Sugre, & pouder of Gyngere, & ley it on þin cake, & fold hem to-gederys, & kytte hem in þe maner of Rysschewes, & frye hem in freyssche grece, & þanne serue forth.

.liij. **Lesynges de chare.**—Take fayre Buttys of Porke; hewe hem, & grynd hem, & caste þer-to Raw ʒolkys of Eyroun, & þen putte it in-to a fayre Vesselle; & take Roysonys of corauns, & dates myncyd, & pouder of Gyngere, Pepir, & Safroun, & Sugre, an melle all þes to-gederys; & make fayre past of Sugre & Safroun, & Salt; temper þer-in, & make .ij. fayre flat cakys þer-of, & lay þe stuf þer-on al a-brode on þe cake al flat; & þan take þat oþer cake, & lay hym al a-brode þer-on; & þan kytte [the] cakys þorw *with* an knyf in maner of lesyngys; & þan make fayre bature of Raw ʒolkys of Eyroun, Sugre, & Salt, & close þe sydys of þe lesyng; þer-*with*, & þan frye hem in fayre grece, & serue forth.

.liij. **Fretoure.**—Take whete floure, Ale ʒest, Safroun, & Salt, & bete

alle to-gederys as pikke as þou schuldyst make oþer bature in fleyssche tyme; & þan take fayre Applys, & kut hem in ma'ner of Fretourys, & wete hem in þe bature vp on downne, & frye hem in fayre Oyle, & caste hem in a dyssche; & caste Sugre þer-on, & serue forth.

.lv. **Chawettys Fryidde.**—Take & make fayre past of flowre & water, Sugre, & Safroun, & Salt; & þan make fayre round cofyns þer-of; & þen fyller þin cofyns *with* þin stuf, & keuere þin cofyns *with* þe same past, & frye hem in gode Oyle, & *serue f*[orth].

.lvj. **Tansye.**—Take fayre Tansye, & grynd in a mortar; þanne take Eyroun, þe þolkys & þe whyte, & stray[ne] hem þorw a straynoure; & strayne also þe Ius of þe Tansye, & melle to-gederes; & take fayre Freysche grece, & put þer-on ouer þe fyre, tylle it melte; þan caste þe stuf þer-on, & gadere to-gedere *with* a Sawcer or a dysshe, as þou wolt it, lasse oþer more, & turne it in þe panne; & þan serue it forth.

.lvij. **Froyse out of Lentyn.**—Take Eyroun & draw þe þolkes & þe whyte þorw a straynoure; þan take fayre Bef or vele, & sethe it tyl it be y-now; þan hew cold oþer hote, & melle to-gederys þe eggys, þe Bef, or vele, & caste þer-to Safroun, & Salt, & pouder of Pepir, & melle it to-gederys; þan take a fayre Frying-panne, & sette it ouer þe fyre, & caste þer-on fayre freysshe grece, & make it hot, & caste þe stuf þer-on, & stere it wel in þe panne tyl it come to-gederys wel; cast on þe panne a dysshe & presse it to-gederys, & turne it onys, & þanne *serue* it forth.

.lviii. **Ryschewys close & Fryez.**—Take Fygys, & grynd hem smal in a mortere *with* a lytil Oyle, & grynd *with* hym clowys & Maces; & þan take it vppe in-to a vesselle, & cast þer-to Pynez, Saundrys, & Roysonys of Coraunce, & mencyd Datys, Pouder Pepir, Canel, Salt, Safroun; ²þan take fyne past of flowre an water, Sugre, Safroun, & Salt, & make fayre cakys þer-of; þan rolle þin stuf in þin hond, & couche it in þe cakys, & kyt it, & folde hym as Ruschewys, & frye hem vppe in Oyle; and serue forth hote.

.lix. ³**Nese Bekys.**—Take Fygys & grynd hem wel; þan take F[re]yssche ⁴Samoun & goode Freyssche Elys wyl y-sothe, & pyke owt þe bonys, & grynd þe Fyssche *with* þe Fygis, & do þer-to powder Gyngere, Canelle; & take fayre past [of] ⁶Flowre, & make fayre cakys ryth þinne, & take of þe fars, & lay on þe cake, & close *with* a-noþer; þen take a Sawcere, & skoure þe sydis, & close þe cake, & Frye hem wyl in Oyle; & þif þou wolt haue hym

¹ leaf 35. ² leaf 35 bk. ³ ? MS. N or M. ⁴ MS. *Fyssche*; A. *fresshe*. ⁵ of added from A.

partye, coloure hym *with* Safroun, Percely, & Sawnderys; & serue forth for a gode fryid mete.

.lx. **Myle; in Rapeye.**—Take Fygys & wasche hem clene, and boyle hem in wyne, & grynd hem smal, & draw hem vppe *with* þe Wyne þat þey were sothyn in; þan take flowre of Rys, & Wyne, & draw þorw a straynoure, & do þer-to pouder Gynger, Canelle, Macez, Quaybibe, & þen take Freyssche Samoun, oþe[r] Pike or gode Freyssche Codlyng; seþe it wyl, & pike owt þe bonys; þan take perys y-coryd, & grynde hem ryȝth smal & wyl *with* þe Fyssche; þan take hard ȝolkys of Eyroun soþin, & grynd it wyth-al, & do it in-to þin veselle, & take *with* Sugre & pouder Gynger, & meng it *with* þe farcere¹ wyl, & presse hem to-gederys; þan make a gode bature² of Almaunde mylke & Floure, & do þer-in, & frye hem wyl in Oyle, & ley hem yn a dyssche, & pore on þe Sew, & serue forth.

.lxj. **Cruste Rolle.**—Take fayre smal Flowre of whete; nym Eyroun & breke þer-to, & coloure þe past *with* Safroun; rolle it on a borde also þinne as parchment, rounde a-bowte as³ an oblye; ⁴ frye hem, & serue forth; and þus may do in lente, but do away þe Eyroun, & nym mylke of Almaundys, & frye hem in Oyle, & þen serue forth.

.lxij. **Chawettys a-forsed.**—Take Merybonys & Porke; hew it an Raw ȝolkys of Eyroun, & melle to-gederys *with* pouder Canelle, Pepir, Gyngere, & Safroun, & Sugre y-now; kyure hem, frye hem vp in Grece, & serue forth.

.lxiiij. **Fretoure owt of lente.**—Take Flowre, Milke, & Eyroun, & grynd Pepir & Safroun, & make þer-of a bature; pare Applys, & ster hem, & frye hem vppe.

.lxiiij. **Towres.**—Take & make a gode þikke bature of ȝolkys of Eyroun, & marow y-now þer-on, pouder pepir, Macez, clowes, Safroun, Sugre, & Salt; & ȝif þou wolt, a litel soþe Porke or vele y-choppid; þer-to take þen þe whyte of Eyroun, & strayne hem in-to a bolle; þan putte a lytil Saffroun & Salt to þe whyte, & sette a panne *with* grece ouer þe fyre, & be-war þat þin grece be nowt to hote; þan putte a litel of þe Whyte comade in þe panne, & late flete al a-brode as þou makyst a pancake; þen, whan it is sumwhat styf, ley þin comade of þin Eyroun, þat is to saying, of þe ȝolkys, in þe myddel, & caste by þe cake round a-bowte, & close hym foure-square, & fry hem vp, & serue hem forth for Soperys in Somere.⁵

¹ Farcure; stuffing.

⁴ *Oble*, sacramental wafer.

² MS. *a gode a bature gode.*

⁵ four pages and a quarter blank here in the MS.

³ leaf 36.

HERE BEGYNNYTH DYUERSE BAKE METIS.

.i. Tartes de chare.—Take Freyssche Porke, & hew it, & grynd it on a mortere; & take it vppe in-to a fayre vesselle; & take þe whyte an þe þolkys of Eyroun, & strayne into a Vesselle þorw a straynoure, & tempere þin Porke þer-with; þan take Pynez, Roysonys of Coraunce, & frye hem in freysshe grece, & caste þer-to poudere Pepir, & Gyngere, Canelle, Sugre, Safroun, & Salt, & caste þer-to, & do it on a cofynne, & plante þin cofynne a-boue with Pynez, & kyt Datys, & gret Roysonys, & smal byrdys, or ellys hard þolkys of Eyroun; & þif þou take byrdys, frye hem on a lytel grece or þow putte hem on þin cofynne, & endore with þolkys of Eyroun, & Safroun, & lat bake til it be y-now, & serue forth.

.ij. A-noþer manere.—Take Fygys, Roysonys, & Porke, & a lytel brede y-ground y-fere; take hym vppe, & put Pepir y-now þer-to, & Macez, Clowys, & make þin cofyn, & putte þin comade þer-on.

.iij. A-noþer manere.—Tak fayre porke y-broylid, & grynd it smal with þolkys of Eyroun; þan take Pepir, Gyngere, & grynd it smal, & melle it with-al, & a lytel hony, & floryssche þin cofyns with-ynne & with-owte, & hele hem with þin ledys,² & late hem bake, & serue forth.

.iiij. Daryoles.—Take wyne & Fr[e]ssche broþe, Clowes, Maces, & Marow, & poudere of Gyngere, & Safroun, & let al boyle to-gederys, & put þer-to creme, (& þif it be clowtys, draw it þorwe a straynoure,) & þolkys of Eyroun, & melle hem to-gederys, & pore þe licoure þat þe Marow was soþyn yn þer-to; þan make fayre cofyns of fayre past, & put þe Marow þer-yn, & mynce datys, & strawberys in tyme of zere, & put þe cofyns³ in þe ovyn, & late hem harde a lytel; þan take hem owt, & put þe licoure þer-to, & late hem bake, & serue f[orth].

.v. A-noþer manere.—Take Pike, Almaunde Milke, & boyle yt þikke, & let it kele; þan take Eyroun & chese, & grynd y-fere, & do þer-to; take poudere Sugre & caste þer-to, & put in þin cofyns, & noþt y-helyd, & bake, & serue f[orth].

.vj. Tartes of Fyssche.—Take Fygys, & Roysoynys, & pike an sethe in Wyne; þan take Costardys, Perys, & pare hem clene, & pike out þe core, & putte hem in a mortar with þe frute; þen tak Codlyng or haddock, oþer Elys, & seþe hem & pike owt þe bonys, & grynd alle y-fere, & do þer-to a lytel wyne, & melle to-gederys: an do þer-to Canelle, Clowys, Macez, Quybibe,

¹ lf. 37 bk.² Lids.³ leaf 38.

pouder Gyngere, & of Galyngale, & pepir, & Roysonys of coraunce, and coloure it *with* Safroun. When þou makyst þin cofyns, þan take gode fat Ele, & culpe hym, & take owt þe stonys of Datys, & farce hem; & blaunche Almaundys, & caste þer-to; but fyrste frye hem in Oyle, & couche al þis a-mong, & bete þin cofyns *with* þe ledys, & bake, & serue forth.

.vij. **Chawettys**.—Take buttys of Vele, & mynce hem smal, or Porke, & put on a potte; take Wyne, & caste þer-to pouder of Gyngere, Pepir, & Safroun, & Salt, & a lytel verþous,¹ & do hem in a cofyn *with* þolkys of Eyroun, & kutte Datys & Roysonys of Coraunce, Clowys, Macez, & þen ceuere þin cofyn, & lat it bake tyl it be y-now.

.viij. **Chawettys**.—Take Porke y-sode, & mencyd Datys, and grynd hem smal to-gederys; take þolkys of Eyroun, & putte þer-to a gode hepe, & grene chese putte þer-to; & whan it ys smal y-now, take Gyngere, Canelle, & melle wyl þi *commade* þer-*with*, & put in þin cofyns; þan take þolkys of Eyroun ²hard y-sothe, an kerue hem in two, & ley a-boue, & bake hem; & so noȝt y-closyd, *serue* forth.

.ix. **Malmenye Furne**.—Take gode Milke of Almaundys, & flowre of Rys, & gode Wyne crete, or þe brawn of a Capoune, oþer of Fesaunte, & Sugre, & pouder Gyngere, & Galyngale, & of Canelle, & boyle y-ferre; & make it chargeaunt, & coloure it *with* Alkenade, oþer *with* Saunderys; & if it be Red, a-lye it *with* þolkys of Eyroun; & make smal cofyns of dow, & coloure hem *with*-owte, & bake on an oryn, & coloure *with*-ynne & wyth-oute; þen haue Hony y-boylid hote, & take a dyssche, & wete þin dyssche in þe hony, & *with* þe wete dyssche ley þe malmenye & þe cofyns; & whan þey ben bake, & þou dressest yn, caste a-boue blaunche pouder, Quybibe, macez, Gelofre; & þanne *serue* it forth.

.x. **Rapeye**.—Take Dow, & make þer-of a brode þin cake; þen take Fygys & Roysonys smal y-grounde, & fyrst y-sode, An a pece of Milwelle or lenge y-braid *with*-al; & take pouder of Pepir, Galyngale, Clowe, & mence to-gedere, & ley þin comede on þe cake in þe maner of a benecodde, y-rollyd *with* þin hond; þan ouer-caste thy cake ouer þi comade, as it wol by-clippe hit; & *with* a sawcere brerde go round as þe comade lyith, & kutte hem, & so he is kut & close *with*-al, & bake or frye it, & þanne *serue* it forth.

.xj. **Tartes of Frute in lente**.—Take Fygys & sethe hem wyl tyl þey ben neysche; þan bray hem in a mortar, & a pece of Milwel þer-*with*; take ham vppe & caste roysonys of coraunce þer-to; þan take Almaundys & Dates³

¹ verjuice.² lf. 38 bk.³ ' & Dates ' interlined by a later hand.

y-schred *per-to*; þan take pouder of Pepir & meng *with-al*; þen putte it on þin cofynne, & Safroun þin cofynn a-boue, & opyn hem a-bowte þe myddel; & ouer-cast þe openyng vppon þe lede,¹ & bake hym a lytel, & *serue f[orth]*.

².xij. Vn *Vyaunde Furne; san; noum de chare*.—Take stronge Dow, & make a cake sumdele picke, & make it tow; þan take larde; of Venysoun, or a bere, or of a Bere, & kerue hem þinne as *Fylettes* of Porke, & lay þin lardys square as a chekyr, & ley *per-vppe* a tyne y-makyd of Eyroun vppe-on þe tyne; ley þin farsure, y-makyd of Hennys, & of Porke, of Eyroun, & myid brede, & Salt, & chese, yf þou it hast; & þat it be makkyd at .iiij. tymes. Fyrst make þus þin whyte farsure: grynd in a mortere, Gyngere, Canelle, Galyngale; take then almaundys & floure of Rys, and a party of *Fleysshe*, & caste ther-to in a mortere, & grynd ryȝt smal, & temper it *with* Eyroun. þus make þin ȝelow Farsure: nym Safroun, Gyngere, Canel, Galyngale, Brede, & a partye of þin *Fleyssche*, & grynd it smal in þe mortere, & temper it vppe *with* Eyroun. The þryd maner schal ben blake: nym Gyngere, Canelle, Galyngale, Brede, Eyroun, & Old chese; nym þan *Percely*, & grynd it smal in a mortere, & wryng it & do it vppe; & do it to þin *Fleyssche*, & *per-with* coloure þin fayre partye of *Fleyssche*, & ley a party of þin *Fleyssche* on .iiij. quarterys, but þat þe brede be as þin cake; take þen & ley *per-vppe-on* þin *Fleyssche*, & lay *per-vppe-on* a grece; a-boue þin grece ley þi cyvey; nym þin þridde cours of þin *Flessche*, & lay as brode as þin cake, & þan grece, & þer a-bouyn, a cyvey. ¶ley þe .iiij. course of þin *Fleyssche* on .iiij. quarterys as brode as þin cake, & þan grece, & þan a-boue, a cyuey. The .v. cours of þin *Fleyssche*, ley as brode as þine cake, & þen grece, & þan aboue, a cyuey. Nym þe .vj. cours, & lay as brode as þin cake, & þan grece, & þan a cyuey. Nym þe .viiij. cours of þe *Fleysshe*, & lay as brode as þin cake on .iiij. quarterys, & grece, & þan a cyvey; & a lytel bake hem, & *serue forth*.

³.xij. Vn *Vyaunde furnez san; nom de chare*.—Take flowre, Almaunde milke, & Safroune, & make *per-of* .iiij. tynez, & frye þi tynez in Oyle; nym þen Almaundys, & draw *per-of* mylke ryȝt þikke; nym maceȝ, Quybibeȝ, & floure of Rys, Canelle, Galyngale; take þenne haddok, Creueȝ, Perchys, Tencheȝ, & seþe; whan þey ben sothyn, take þin fyssche from þe bonys, & bray it ryȝt smal *with* þin Spicerye to-gederys, & make *per-of* þin farsure. Whan it is y-makyd, departe it in .iiij. partyis, þat o partye

¹ lid.² leaf 39.³ leaf 39 back.

whyte, þat oþer ʒelow, þe þrydde grene, þe ferþe blak coloure *wiþ* Fygys, Roysonys, an Datys; take þe firste cours of þe Fyssche, of al þe .iiij. cours, & ley on þin cyvey a-bouyn þin Fyssche, in .iiij. quarterys, as a chekyr, as brode as þin cake, & caste a-bouyn Sugre of Alysandre, & þer-vppe-on þine tyne. Nym an-oþer cours, & ley on þi .iiij. quarterys as brode as þin tyne, & þer-vppe-[on] þin Sugre. Nym þe þrydde cours of þin Fyssche, & ley on .iiij. quarterys, & caste a-boue Sugre, & a tyne. Nym [þe] .iiij. cours a-cordant to þin oþer, a-þenched¹ to-geder, an a-boue a hole as a rose, & cetera.

.xiiij. **Pety Pernollys.**—Take fayre Floure, Safroun, Sugre, & Salt, & make þer-of past; þan make smal cofyns; þen take ʒolkys of Eyroun, & trye hem fro þe whyte; & lat þe ʒolkys be al hole, & noȝt to-broke, & ley .iiij. or .iiij. ʒolkys in a cofyn; and þan take marow of bonys, to or .iiij. gobettys, & cowche in þe cofynn; þan take pouder Gyngere, Sugre, Roysonys of coraunce, & caste a-boue; & þan kyuer þin cofyn *wiþ* þe same past, & bake hem, & frye hem in fayre grece, & *serue* f[orth].

.xv. **Doncete.**—Take Creme a gode cupfulle, & put it on a straynoure; þanne take ʒolkys of Eyroun & put þer-to, & a lytel mylke; þen strayne it þorw a straynoure in-to a bolle; þen take Sugre y-now, & put þer-to, or ellys hony forde faute² of Sugre, þan coloure it *wiþ* Safroun; þan take þin cofyns, & put in þe ovyne lere, & lat hem ben hardyd; þan take a dysshe y-fastenyd on þe pelys ende; & pore þin comade in-to þe dyssche, & fro þe dyssche in-to þe cofyns; & when þey don a-ryse wel, take hem out, & *serue* hem forth.

.xvj. **Crustade.**—Take vele, an smyte in lytel pecys in-to a potte, an wayssche yt fayre; þan take fayre water, & lat yt boyle to-gedere *wiþ* Percely, Sawge, Sauerey, & Ysope smal y-now an hew; & whan it is on boylng, take pouder Peper, CaneH, Clowys, Maces, Safroun, & lat hem boyle to-gederys, & a gode dele of wyne þer-*wiþ*. Whan þe fleyssche is y-boylid, take it fro þe broþe al clene, & lat þe broþe kele; & whan it is cold, take Eyroun, þe whyte & þe ʒolkys, & cast þorw a straynoure, & put hem in-to the broþe, so many þat þe broþe be styf y-now; þen make fayre cofyns, & cowche .iiij. pecys or .iiij. of þe fleyssche in a cofyn; þan take Datys, & kytte hem, & cast þer-to; þan take pouder Gyngere, & a lytel verious, & putte in-to þe broþe & Salt; & þan putte þe broþe on þe cofyns, bake a lytel *wiþ* þe fleyssche or þou putte þin lycoure þer-on, & lat al

¹ p pinched, A. reads, "a-þenched to-gedre aboue a hole, as a rose."

² leaf 40.

bake to-gederys tyl it be y-now; þanne [take] yt owt, and serue hem forth.

.xvij. Crustade lumbard.—Take gode Creme, & leuys of Percely, & Eyroun, þe ʒolkys & þe whyte, & breke hem þer-to, & strayne þorwe a straynoure, tyl it be so styf þat it wol bere hym-self; þan take fayre Marwe, & Datys y-cutte in .ij. or .iiij. & Pruneʒ; & putte þe Datys an¹ þe Pruneʒ & Marwe on a fayre cofynne, y-mad of fayre past, & put þe cofyn on þe ovyn tyl it be a lytel hard; þanne draw hem out of þe ouyn; take þe lycour & putte þer-on, & fylle it vppe, & caste Sugre y-now on, & Salt; þan lat bake to-gederys tyl it be y-now; & ʒif it be in lente, lef þe Eyroun & þe Marwe out,² & þanne serue it forth.

.xviij. Flathons.—Take Milke an ʒolkys of Eyroun, & draw it þorw a straynoure *with* whyte Sugre, oþer blake Sugre, & mylt fayre botter, & putte þer-to, & Salt; & make fayre cofyns, & sette hem on þe ouen tyl þey ben hard; þan take a pele *with* a dyssche on þe ende, & fylle þe dyssche *with* þin comade, & pore in-to þe cofyns, & lat bake a lytel whyle; þan take hem out in-to a fayre dyssch, & cast whyte sugre þer-on, & serue forth.

.xix. Venyson y-bake.—Take hoghes of Venyson, & parboyle hem in fayre Water an Salt; & whan þe Fleyssche is fayre y-boylid, make fayre past, & cast þin Venyson þer-on; & caste a-boue an be-neþe, poudere Pepir, Gyngere, & Salt, & þan sette it on þe ouyn, & lat bake, & serue forth.

.xx. Pety Pernautes.—Take fayre Flowre, Sugre, Safroun, an Salt, & make þer-offe fayre past & fayre cofynʒes; þan take fayre y-tryid ʒolkys Raw, & Sugre, an poudere Gyngere, & Raysounys of Coraunce, & myncyd Datys, but not to smal; þan caste al þis on a fayre bolle, & melle al to-gederys, & put in þin cofyn, & lat bake oþer Frye in Freyssche grece.

.xxj. Quynceis or Wardouns in past.—Take & make fayre Rounde cofyns of fayre past; þan take fayre Raw Quynceis, & pare hem *with* a knyf, & take fayre out þe core þer-of; þan take Sugre y-now, & a lytel poudere Gyngere, & stoppe þe hole fulle; & cowche .ij. or .iiij. wardounys or quynceʒ in a cofyn, & keuere hem, & lat hem bake; & for defaut of Sugre, take hony; but þen putte poudere Pepir þer-on, & Gyngere, in þe maner be-for sayd.

.xxij. Lamprounys y-bake.—Take lamprounys & skald hem *with* [*blank in MS.*], & make fayre paste, & couche .ij. or .iiij. lamprounys *with* poudere of Gyngere, Salt, Pepir, & lat hem bake; & leche³ Samoun in fayre brode peccys, & bake hem in þe maner be-forsayd, & þanne serue forth.

¹ MS. in.² leaf 40, back.³ leaf 41.

.xxiiij. Lamprays bake.—Take & make fayre round cofyns of fyne past, & take Freyssche lampreys, & late hem blode .iij. fyngerys *with*-in þe tayle, & lat hem blede in a vesselle, & late hym deye in þe same vesselle in þe same blode; þan take broun Brede, & kyt it, & stepe it in þe Venegre, & draw þorw a straynoure; þan take þe same blode, & pouder of Canel, & cast þer-to tyl it be broun; þan caste þer-to pouder Pepir, Salt, & Wyne a lytelle, þat it be noȝt to strong of venegre. An skald þe Lampray, & pare hem clene, & couche hym round on þe cofyn, tyl he be helyd;¹ þan kyuere hym fayre *with* a lede, saue a lytel hole in þe myddelle, & at² þat hool, blow in þe cofynne *with* þin mowþe a gode blast of Wynde. And sodenly stoppe þe hole, þat þe wynd a-byde *with*-ynne, to reyse vppe þe cofynne, þat he falle nowt a-dowune; & whan he is a lytel y-hardid in þe ouen, pryke þe cofyn *with* a pynne y-stekyd on a roddys ende, for brekyng of þe cofynne, & þan lat bake, & serue forth colde. And when þe lamprey is take owt of þe cofynne & etyn, take þe Syrippe in þe cofynne, & put on a chargere, & caste Wyne þer-to, an pouder Gyngere, & lat boyle in þe fyre. Than take fayre Paynemayn y-wette in Wyne, & ley þe soppis in þe cofynne of þe lamprey, & ley þe Syrippe a-boue, & ete it so hot; for it is gode lordys mete.

.xxiiij. Tartes de chare.—Take Freyssche Porke, & hew it; & grynd it in a mortere, & take it vppe in-to a fayre vesselle; & take þe whyte of Eyroun & þe ȝolke, y-tryid þorw a straynoure; & temper þin porke þer-*with*; & þan take Pynez, & Raysonys of Coraunce, & frye hem in Freyssche grece, & caste þer-to³ pouder Pepir & Gyngere, Canel, Sugre, Safroun, Salt, & caste þer-to; & do it on a cofynne, & plante þe cofynne a-boue *with* Pruneȝ, & *with* Datys, & gret Roysonys of Coraunce, & smal Byrdys, or ellys harde ȝolkys of Eyroun; & yf þow tage⁴ Byrdys, frye hem in grece or þou putte hem in þe cofyn; & þan keuere þin cofynne; & þan endore it *with* ȝolkys of Eyroun, & *with* Safroune, & late yt bake tyll it be y-now; & þan serue forth.

.xxv. Rastons.—Take fayre Flowre, & þe whyte of Eyroun, & þe ȝolke, a lytel; þan take Warme Berme, & putte al þes to-gederys, & bete hem to-gederys *with* þin hond tyl it be schort & þikke y-now, & caste Sugre y-now þer-to, & þenne lat reste a whyle; þan kaste in a fayre place in þe oven, & late bake y-now; & þen *with* a knyf cutte yt round a-boue in maner of a crowne, & kepe þe cruste þat þou kyttyst; & þan pyke al þe cromys *with*-ynne to-gederys, an pike hem smal *with* þin knyf, & saue þe sydys & al þe

¹ covered.² Harl. ellys. A. eH, altered to at.³ If. 41, bk.⁴ take.

cruste hole *with*-owte; & þan caste þer-in clarifyd Boter, & Mille¹ þe crome; & þe² botere to-gedere, & keuere it a-zen *with* þe cruste, þat þou kytttest a-way; þan putte it in þe ovyn azen a lytil tyme; & þan take it out, & serue it forth.

.xxvj. **Darioles.**—Take Wyne, an Freyssche broþe, & Clowes, & Macces, & Marwe, poudere Gyngere, Safroun, & lat al boyle to-gederys, & Creme, (þif it be clowty, draw it þorw a straynoure,) & þolkys of Eyroun, & melle hem to-gederys, & pore þe lycoure þat þe marwe was sothe in, þer-to; þen make fayre cofyns, & put þe Marwe þer-in, & mence Datis, & Strawberys in tyme of zere, & sette þe cofyns³ in þe ovenne, & lat hem hard a lytelle, & take hem out, & put þe lycoure þer-to, & lat bake; & serue forth.

.xxvij. **Pye; de pare.**—Take & smyte fayre buttys of Porke, & buttys of Vele, to-gederys, & put it on a fayre potte, & do þer-to Freyssche⁴ broþe, & a quantyte of wyne, & lat boyle alle to-gederys tyl yt be y-now; þan take it fro þe fyre, & lat kele a lytelle; þan caste þer-to þolkys of Eyroun, & poudere of Gyngere, Sugre, & Salt, & mynced Datys, & Roysouns of Coraunce; þen make fayre past, and cofynnys, & do þer-on; kyuer it, & let bake, & serue f[orth].

.xxviii. **Potrous.**—Take a schouyl of yron, & hete it brennyng hote; & þan take it owt of þe fyre, & fille it fulle of Salt; þan make a pitte in þe Salt al holow, þe schap of a treen dyssche; & sette þe panne & þe Salt ouer þe fyre a-zen, tyl þe Salt be brennyng hote; & þan caste þin whyte & þe þolkys of Eyroun in-to þe hole of þe Salte, & lat seþe ouer þe fyre tyl it be half harde; & þan put a dyssche half fulle of Salt; & þan take a dressoure knyf, & put vnderneþe þe Salt in þe panne, & hef⁵ it vpe so fayre, þat þe cofyn *with* þe Eyroun breke noȝt; þan sette it on þe dyssche wyth þe Salt, & þan serue it forth.

.xxix. **Flampoyntes bake.**—Take fayre Buttys of Porke, & seþe hem in fayre Watere, & clene pyke a-way þe bonys & þe Synewes, & hew hem & grynd hem in a mortere, & temper *with* þe Whyte of Eyroun, & Sugre, & poudere of Pepir, & Gyngere, & Salt; þan take neyssche Cruddis, grynd hem, & draw þorw a straynoure; & caste þer-to Aneys, Salt, poudere Gyngere, Sugre; & þan take þe Stufe of þe Porke, & putte it on euelong cofyn of fayre past; & take a feþer, & endore þe Stufe in þe cofyn *with* þe cruddys; & whan it is bake, take Pynez, & clowys, & plante þe cofyn a-boue, a rew of on, & rew of a-noþer; & þan serue f[orth].

¹ melle A. (mix). ² MS. þe þe. ³ Cofyns A., fyre Harl. ⁴ leaf 42. ⁵ Heave; lift.

.xxx. Sew trappe.—Take .ij. lytel erþen pannys, & sette on þe colys¹ tyl þey ben hote; make a dysseche-fulle of þikke bature of Floure & Watere; take & grece a lytel þat oþer panne, & do þe bater þer-on; & lat renne al a-bowte þe panne, so þat þe pan be al ²y-helyd; take & sette þe panne a-þen ouer þe fyre of colys; do þat oþer panne a-boue þat oþer panne, tyl it be y-baken y-now; whan it is y-bake, þat it wol a-ryse fro þe eggys of þe panne, take kydes Fleysseche & þong porke, & hew it; take Percely, ysope, & Sauerey [and hew hit]³ smal y-now; & þrow a-mong þe Fleysseche;⁴ & do it in a panne, & þe cofynne, do it to þe colys; hele it with þat oþer panne, & do colys a-bouyn, & lat baken wyl; whan it is y-now, take Eyroun, & breke hem; take þe þolkys, & draw þorw a straynoure: caste to þe þolkys HwYTE Sugre, Gyngere, Canelle, Galyngale; sture it wyl to-gederys; take al þis, & sette a-down þe panne, & cast in a-bouyn þe cofynne in þe panne: sture it to-gederys; hele it aþenward with þat oþer panne, & lay colys a-boue, & lat bake wyl tyl it be y-now; take yt owt of þe panne, & do it out y-hole, or as moche as þow wolt, & þanne serue it forth.

.xxxj. Herbelade.—Take Buttés of Porke, & smyte hem in pecys, & sette it ouer þe fyre; & seþe hem in fayre Watere; & whan it is y-soþe y-now, ley it on a fayre bord, & pyke owt alle þe bonys, & hew it smal, & put it in a fayre bolle; þan take ysope, Sawge, Percely a gode quantite, & hew it smal, & putte it on a fayre vesselle; þan take a lytel of þe broþe, þat þe porke was soþin in, & draw þorw a straynoure, & caste to þe Erbys, & þif it a boyle; þenne take owt þe Erbys with a Skymoure fro þe broþe, & caste hem to þe Porke in þe bolle; þan mynce Datys smal, & caste hem þer-to, & Roysonys of Coraunce, & Pynez, & drawe þorw a straynoure þolkys of Eyroun þer-to, & Sugre, & poudre Gyngere, & Salt, & coloure it a lytel with Safroune; & toyle yt with þin hond al þes to-gederys; þan make fayre round cofyns, & harde hem a lytel in þe ovyn; þan take hem owt, & wyth a ⁵dysseche in þin hond, fylle hem fulle of þe Stufe; þan sette hem þer-in a-þen; & lat hem bake y-now, & serue forth.

.xxxij. A bake Mete.—Take an make fayre lytel cofyns; þan take Perys, & þif þey ben lytelle, put .iiij. in a cofynne, & pare clene, & be-twyn euery pere, ley a gobet of Marow; & yf þou haue no lytel Perys, take grete, & gobet ham, & so put hem in þe ovyn a whyle; þan take þin commade lyke as þou

¹ A. on þe colys, Harl. vp colde.

² leaf 42 back.

³ Added from A.

⁴ A. adds "[take salt and do þer-to, take the fleyssehe] and do hit on þe panne."

⁵ leaf 43.

takyst to Dowcetyys, & pore þer-on; but lat þe Marow & þe Pecy;¹ þen sene; & whan it is y-now, *serue f[orth]*.

.xxxiiij. A bake Mete Ryalle.—Take & make litel cofyns, & take Chykonys y-soþe; oþer Porke y-soþe, & smale y-hackyd; oþer of hem boþe: take Clowys, Maces, Quybibes, & hakke *with*-alle, & melle yt *with* cromyd Marow, & lay on Sugre y-now; þan ley it on þe cofynne, & in þe myddel lay a gobet of marow, & Sugre round a-bowte y-now, & lat bake; & þis is for soperys.

.xxxiiij. Crustade Ryal.—Take & pyke owt þe marow of bonys as hool as þou may; þen take þe bonys, an seþe hem in Watere, or² that þe broþe be fat y-now; þen take Almaundys, & wayssche hem clene, & bray hem, & temper hem vppe *with* þe fat broþe; þan wyl þe mylke be broun; þen take pouder Canelle, Gyngere, & Sugre, & caste þer-on; þan take & make fayre cofyns, & lat hem hard in þe ovyn; þan take Roysounys of coraunce, & ley in þe cofynne, & taylid Datys y-kyt a-long; þen take Eyroun a fewe, y-straynid, & swenge a-mong þe Milke þe ʒolke; þen take the botmon of þe cofynne þer þe Marow schal stonde, & steke þer gret an long gobettys þer-on vpper-ryt, & lat bake a whyle; þen pore þin comade þer-on halful, & lat bake; & whan yt A-rysith, it is y-now; þen *serue forth*.

.xxxv. Crustade.—Take a cofyn, & bake hym drye; þen take Marw-³bonys & do þer-in; þenne nym hard ʒolkys of Eyroun, & grynde hem smal, & lye hem vppe *with* Milke; þan nym raw ʒolkys of Eyroun, & melle hem a-mong chikonys y-smete, & do þer-inne; & yf þou luste, Smal birdys; & a-force wyl þin comade *with* Sugre or hony; þan take clowys, Mace, Pepir, & Safron, & put þer-to, & salt yt; & þan bake, & *serue forth*.

.xxxvj. Crustade gentyle.—Take a Cofyn y-bake; þan grynd Porke or Vele smal *with* harde ʒolkys⁴ of Eyroun; þan lye it *with* Almaunde Milke, & make hem stonyng; take Marow of bonys, & ley on þe cofynne, & fylle hem fulle *with* þin comade, & *serue f[orth]*.

.xxxvij. Doucettes.—Take Porke, & hakke it smal, & Eyroun y-mellyd to-gederys, & a lytel Milke, & melle hem to-gederys *with* Hony & Pepir, & bake hem in a cofyn, & *serue forth*.

.xxxviii. Doucettes a-forceyd.—Take Almaunde Milke, & ʒolkys of Eyroun y-melled to-gederys, Safroun, Salt, & hony; dry þin cofyn, & ley þin Mari-bonys þer-on, & caste þin comade þer-on, & *serue f[orth]*.

.xxxix. Daryoles.—Take Milke an Eyroun, & þe fatte of þe Freyssche

¹ A. perys.

² A. til that.

³ leaf 43 back.

⁴ A. adds *and rawe ʒolkes*.

broþe, Pepir, & Safroun, & Hony; dry þin cofyn, & caste þin comade þer-on, & serue forth.

.xl. **Daryoles.**—Take croddys of þe deye, & wryng owt þe whey; & take 3olkys of Eyroun nowt to fewe, ne noȝt to many, and strayne hem boþe togederys þorw a straynour, & þan hard þin cofynne, & ley þin marew þer-in; & pore þin comade þer-on, an bake hem, & serue hem forth.

.xlj. **Flathouns in lente.**—Take & draw a þrifty Milke of Almandes; temper with Sugre Water; þan take hardid cofyns, & pore þin comad þer-on; blaunche Almaundis hol, & caste ther-on Poudre Gyngere, Canelle, Sugre, Salt, & Safroun; bake hem, & serue f[orth].

Amen.

[¹ CONUIUIA

Quædam Antiqua, viz.

Conuiuium

1. Regis H. 4. in coronatione suâ A° Dⁿⁱ. 1399. apud Westmonasterium.
2. Conuiuium Regis supradicti in nuptiis A° Dⁿⁱ. apud Wyntoniam.
3. Conuiuium Domini de La Grey, incerti temporis.
4. Conuiuium Ricardi Flemming Episcopi Lincolnensis, incerti temporis : ille tamen ibidem Episcopus institutus a Papa A° D° 1420, circa annum nonum Regis H. 5.
5. Conuiuium ad funeralia Nicholai Bubbewith, Episcopi Bathonensis et Wellensis, die 4° Dec. A° D° 1424, a° 3° H. 6.
6. Conuiuium Johannis Stafford, qui successit Nicholao Bubbewith præfato, in inductu suo ad Episcopatum Bathonensis et Wellensis, die 16 Sept. A° D° 1425.
7. Conuiuium in nuptijs Comitis Devonix, incerti temporis.]

[Harl. 279, leaf 45.]

Conuiuium domini Henrici Regis quarti, In coronacione sua apud Westmonasterium.²

Le primer cours.

Braun en peuerarde.
 Viaund Ryal.
 Teste de senglere enarmeꝝ.
 Graund chare.
 Syngnettys.
 Capoun de haut grece.
 Fesaunte.

Heroun.
 Crustade Lumbarde.
 Storieoun, graunt luces.
 A Sotelte.

Le .ij. cours.

Venyson en furmenty.³
 Gely.

¹ Leaf 57. This *Contents* (between square brackets) is in a much later hand, probably 18th century.

² Did Chaucer get any of it, in return for his humorous *Purse* appeal?

³ A. *en formede*.

Porcelle farce enforce.

Pokokkys.

Cranys.

Venyson Roste.

Conyng.

Byttore.

Pulle endore.

Graunt tartez.

Braun fryez.

Leche lumbarde.

A Sotelte.

Le .iiij. cours.

Blaundesorye.

Quyneys in comfyte.

Egretez.

Curlewys.

Pertryche.

Pyionys.

Quaylys.

Snytys.

Smal byrdys.

Rabettys.

Pome dorreng.

Braun blanke leche.

Eyroun engele.¹

Frytourys.

Doucettys.

Pety perneux.

Egle.

Pottys of lyllye.

A Sotelte.

Conuiuium Regis supradicti in nupcijs apud Wyntoniam.

Le .j. cours.

Fylettys in galentyne.

Vyaund Ryalle.

Grosse chare.

Signettys.

Capoun of haut grece.

Fesauntys. [*leaf 45, back.*]

Chewetys.

A Sotelte.

Le .ij. cours.

Venyson *with* furmente. Potage.

Gelye.

Porcellys.

Conyng.

Bittore.

Pulcynges farceꝝ.

Pertryche.

Leche fryez.

Braun bruse.

A Sotelte.

Le .iiij. cours

Creme de Almaundys.

Perys in Syryppe.

Venyson Rostyd.

Kyde.

Wodecokke.

Plouere.

Rabettys.

Quaylys.

Snytys.

Feldefare.

Smale byrdys.

Crustade.

Sturgeoun.

Fretoure.

A Sotelte.

Ibidem conuiuium de pissibus.

Le .j. cours.

Vyaund Ryal.

Sew lumbarde.

¹ *i.e.* iced eggs.

Salt Fysshe.
 Laumpreys pouderyd.
 Pyke.
 Breme.
 Samoun Rostyd.
 Crustade Lumbarde.
 A sotelte.

Le .ij. cours.

Purpays en furmente.
 Gely.
 Breme.
 Samoun.
 Congre.
 Gurnarde.
 Plays.
 Lampreys in past.
 Leche fryez.
 Panteryse.
 Coronys for a sotelte.

Le .iiij. cours.

Creme of Almaunde.
 Perys in syrippe.
 Tenche embrace.
 Troutez.
 Floundrys fryid. [leaf 46.]
 Perchys.
 Lamprey Rostyd.
 Elys Rostyd.
 Lochys & colys.

Sturioun.
 Crabbe au Creueys.
 Graspeys.
 Egle coronys in sotelte.

In Festo Sancte Trinitatis in cena.

Le .j. cours.

Brewys.
 Chykonys y-boylid.
 Pygge en Sage.
 Spaulde de Motoun.
 Capoun Rostyd.
 Pastelade.

Le .ij. cours.

Venysoun en brope.
 Kyde Rostyd.
 Heronsewys.
 Peioun.
 Venysoun Rostyd.
 Rabettys.
 Pety perneux.

Le .iiij. cours.

Gely.
 Quaylys.
 Samaca.
 Pescodde.
 Blaunderellys.
 Strawberys.

Conuiuuium domini de la Grey.

Le .j. cours.

Rys Moleyn.
 Vyaunde bruyse.
 Bakunde Heryng.
 Gros Salt fysshe.
 Salt Samoun.
 Salt Elys.

Fryid Marlyng.
 Grete Pyke.
 Bakyn Elys.

Le .ij. cours.

Compost
 Brode canelle. } Potage.
 Codlyng.

Ruchet.
 Rochys.
 Cheueyne.
 Flampoyne.
 Halybutte.
 Plays fryid.
 Trayne Roste.
 Vn Lechemete.

Le .ijj. cours.

Gelye. [*leaf 46, b^{ack}.*]
 Creme of Almaundys.

Trowtys.
 Storione.
 Purpays.
 Wylkys.
 Elys & Lamprouns Rostyd.
 Tenche.
 Perche.
 Breme de Mere.
 Pyuenade in paste.
 Leche lumbarde.
 Chesmeyne.

Conuiuium Flemmynge, *Lincolniensis Episcopi*.

Le .j. cours.

Perrey fyn. }
 Rapeye. } potage.
 Grete taylys of Milwelle,
 An lenge.¹
 Samoun pollys.
 Salt Elys with galentyne.
 Gode Pyke an fat.
 Grosse tarteꝝ.

Le .ij. cours.

Lampreys in galentyne.
 Vyand Ryal.
 Haddok.
 Gurnard.
 Plays.
 Halybutte.

Elys an Lampronys Rostyd.
 Flampayn.

Le .ijj. cours.

Mammenye.
 Creme de .ij. colourys.
 Troutys.
 Storioun.
 Samon freysshe.
 Perche.
 Walkys.
 Breme de Mere.
 Crabbe.
 Purpeys Rostyd.
 Goions fryid.
 Doucety.

Conuiuium Johannis Chaundelere, *Episcopi Sarum*, in introitu episcopatus sui: in carnibus.

Le .j. cours.

Furmenty en Venyson.
 Vyaund cyprys.
 Capoun boilys.
 Swan.
 Fesaunt.
 Pecokke.

Pomys en gele. [*leaf 47.*]
 Vn lechemete.
 Tart Ryal.
 Vn sotelte. *Agnus dei*.

Le .ij. cours.

Vyaund Ryal. }
 Blandyssorye. } Potage.

¹ i.e. "Great tails of Milwell and Ling:" see next page, col. 2, near foot.

Porcellys	Bittore.
Kyde.	Curlewe.
Crane.	Pyioun.
Venysoun Rostyd.	Rabettyys.
Heronsewes.	Doderellys.
Pulsous farce.	Quaylys.
Pertryge.	Larkys.
Vn leche.	Vyaunt Ardant.
Crustade Ryal.	Vn lechemete.
Vn sotelte : a Lebarde.	Frytourys Lumbard.
Le .iij. cours.	Payn Puffe.
Mammenye Ryal.	Gele.
Vyand.	Vn Sotelte : Aquila.

Conuiuuium domini Nicholai Bubbewyth, nuper episcopi Bathonensis & Wellensis ad funeralia ; videlicet, quarto die decembris, anno domini Millesimo. CCCC^{mo} vicesimo quarto : in carnibus :—

Le .j. cours.	Snytys Roste.
Nomblys de Roo.	Grete byrdes Rosted.
Blamangere.	Larkys Rostyd
Braun, cum Mustard.	Vennysoun de Ro Rostyd.
Chynes de porke.	Yrchouns.
Capoun Roste de haut grece.	Vn leche.
Swan Roste.	Payn puffe.
Heroun Rostyd.	Colde bakemete.
Aloes de Roo.	
Puddyng de Swan necke.	Conuiuuium de piscibus pro viris
Vn Lechemete.	Religiosis ad funeralia predicta.
Vn bake, <i>videlicet</i> Crustade.	Le .j. cours.
Le .ij. cours.	Elys in sorry.
Ro Styuyd.	Blamanger.
Mammenye.	Bakoun heryng.
Connyng Rostyd.	Mulwyl taylys.
Curlew.	Lenge taylys.
Fesaunt Rostyd.	Jollys of Samoun.
Wodecokke Roste. [leaf 47, back.]	Merlyng sope.
Pertryche Roste.	Pyke.
Plouer Roste.	Grete Plays.

Leche Barry.
Crustade Ryal.

Le .ij. cours.

Mammenye.
Crem of Almaundys.
Codelyng.
Haddock.
Freyse hake.
Solys y-soþe.

Gurnyd broyld *with* a syrype.
Brem de Mere.
Roche.
Perche.
Menus fryid.
Yrchouns.
Elys y-rostyd.
Leche lumbard.
Grete Crabbys.
A cold bakemet.

Conuiuim Johannis Stafforde, *Episcopi Wellensis* in inductu *Episcopatus* sui, videlicet .xvj.^o die Septembris, Anno domini millesimo CCCC^{mo} vicessimo quinto [1425].

Le .j. cours.

Furmenty *with* venysoun.
Mammenye.
Brawnne.
Kede Roste.
Capoun de haut Grece.
Swan.
Heyroun.
Crane.
A leche. [*leaf* 48.]
Crustade Ryal.
Frutoure Samata.
A soltelte, a docter of lawe.

Le .ij. cours.

Blaunche Mortrewys.
Vyand Ryal.
Pecoke.
Conyng.
Fesaunte.
Tele.
Chykonys doryd.
Pyions.
Veysoun Rostyd.
Gullys.
Curlew.

Cokyntryche.
A leche.
Pystelade chaud.
Pystelade fryid.
Frytoure damaske.
A soltelte, Egle.

Le .iiij. cours.

Gely.
Creme Moundy.
Pety Curlewe.
Egret.
Pertryche.
Venysoun Roste.
Plovere.
Oxyn kyñ.
Quaylys.
Snytys.
Herte de Alouse.
Smale byrdys.
Dowcet Ryal.
Petelade Fryid.
Hyrehouns.
Eggys Ryal.
Pomys.
Brawn fryid.

A sotelte, Sent Andrewe.
Frute.
Waffrys.
Vyn dowce.

Pro inferiori parte Aule, & in alijs
locis.

Le .j. cours.

Furmenty with venysoun.
Mammenye.
Brawn.
Kede Roste.
Capoun.

Leche.

A bakemete.

Le .ij. cours.

Mortrewys.
Pygge.
¹ Conynge.
Peionys.
Ckykons.
Venysoun Rosted.
Leche.
Frutoure.
Bakemete chaud.
Bakemete fryid.

A Ryal Fest in þe Feste at þe weddyng of þe Erle of Deuynchire.

Le .j. cours.

Furmenty with Venysoun.
Vyand Goderygge.
Vele Roste.
Swan with chawderoun.²
Pecokke.
Crane.
Vn leche.
Vn Fryid mete.
Vn pasty, cooperta.
A sotelte: Ceruus.

Le .ij. cours.

Mammenye.
Vyand Motlegħ.
Kede.
Conyng.
Herons.
Chykonys endoryd.
Venyson Rosted.
I. leche.
Vn Fryid mete.
I. paste Crustade.

¹ leaf 48 back.

A colde Bakemete.
A sotelte: Homo.

Le .iij. cours.

Gely.
Datys in comfyte.
Fesaunt.
Gullys.
Poper.
Mawlard de la Ryuer.
Peionys
Pertryche.
Curlew.
Pomez endoryd.
I. Leche.
Payn Puffe.
A sotelte: Arbor.

Pro inferiori parte Auli.

Le .j. cours.

Venyson en Broþe.
Spawdys³ de Motoun.
Kyde.

² A. chaudewyne.

³ Spaut or Spaud, Shoulder.

Doke.

Chykonys Roste.

Pygge in Sawge.

Venysoun bake.¹

Le. ij. cours.

Caudel Ferry.

Pyionys.

Gullys.

Rabettys.

Venysoun Roste.²

Doucetys.

Vn Leche.³

¹ A. *venysoune rostid.*

² A. adds *in syrup.*

³ A. adds 'mete,' and also adds *Vn fryide mete* after.

[End of Harl. MS. 279.]

COOKERY BOOK II.

HARLEIAN MS. 4016, ab. 1450 A.D.

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COOKERY BOOK II.

HARLEIAN MS. 4016, ab. 1450 A.D.

¹ [T]his is the purviaunce made for Kinge Richard, beinge with þe Duc of lancastrē at the Bisshoppes place of Durham at Londonē, the xxiii day of Septembꝛ, the yere of the kinge forsaid .xij./ [A.D. 1387.]

First begynnyng for a-chatry.

Xiiij. oxen lying in salte.
 IJ. oxen ffreyssh.
 Vi^{xx.} hedes of shepe fressh.
 Vi^{xx.} carcass of shepe fressh.
 Xij. Bores.
 Xiiij. Calvys.
 Cxl. pigges.
 CCC. maribones.
 Of larde and grece, ynogh.
 IIJ. toñ of salt venesoñ.
 IIJ. does of ffressh venesoñ.

The pultry.

L. Swannes.
 CCx. Gees.
 L. capons of hie grece.
 Viii. dusseñ oþer capons.
 Lx. dd³ Hennes.
 CC. copuñ Conyngges.
 IIIJ. Fesautes.
 V. Herons and Bitores.
 Vi. kiddes.

¹ fol. 1.

V. dissoñ pullayñ for Gely.

Xij. dd.³ to roste.
 C. dd. peions.
 Xij. dd. partrych.
 Viiij. dd. Rabettes.
 X. doseñ Curlewes.
 Xij. doseñ Brewes.
 Xij. Cranes.
 Wilde fowle ynogh.
 VJ^{xx.} galons melke.
 Xij. galons Creme.
 XI. galons of Cruddes.
 IIj. bushelz of Appelles.
 Xj. thousand egges.

¶ The first course.

Venesoñ with Furmenty.
 A potage called viaundbruse.
 Hedes of Bores.
 Grete Flessh.
 Swannes rosted.
 Pigges rosted.
 Crustade lumbard in paste.
 And a Sotelte.

² six score.

³ dozens.

¶ The seconde course.

A potage called Gele.
 A potage de Blandesore.
 Pigges roasted.
 Cranes roasted.
 Fesauntes roasted.
 Herons roasted.
 Chekens endored.
 Breme.
¹ Tartes.
 Broke braune.
 Conyngges roasted.
 And a sotellte.

¶ The thirde course.

Potage. bruede of Almondes.
 Stwde lumbarde.
 Venyson roasted.
 Chekenes roasted.
 Rabettes roasted.
 Partrich roasted.
 Peions roasted.
 Quailes roasted.
 Larkes roasted.
 Payne puff/.
 A Dissh of Gely.
 Longe Frutours.
 And a Sotelte.

¶ Atte the stalling of Joĥn Stafford, Archibisshoppe of Caunterbury, the xxj yere of king Harry the vj. [A.D. 1443.]

Brawne with Mustard.
 Furmenty with Venesoñ.
 Mawmeny.
 Fesaunte.
 Swañ.
 Capoñ.
 Carpeis of Venesoñ.
 Heroñ sewe.
 Grete breme.
 Leche cremy ryah.
 Custard ryoh.

A sotelte. Seint Andrew, sitting oñ añ hie Auter of a-state, with bemes of golde; afore him knelyng, þe Bisshoppe in pontificalibus; his Croser kneling behinde him, coped.

¶ The second course.

Bruet Moñ amy.
 Viaund cypre.

Crane roasted.
 Venesoñ roasted.
 Conyng.
 Betore.
 Partrich.
 Curlewe.
 Graunte carpe.
 Leche Frutour.
 Tard riah.

A sotelte: þe Trinite sitting in a soñ of gold, with a crucyfix in his honde. Seint Thomas in þat one side, Seint Austin in that oþer, my lorde kneling in pontificalibus afor him. behinde him, his croser coped with the armes of Rouchestre. behinde him, in þat o side, a blak Monke, prior² of Cristes chireh; in þat other side, the Abbot of Seint Austyns.

¹ fol. 18.² fol. 2.

¶ The thirde course.

Creme Vine.
 Gely departed.
 Browes.
 Chekenos boiled.
 Melons ꝑꝑuH.
 Plouer rosted.
 Rabettes.
 Votrelleꝝ.
 Rales.
 Quayles.
 Dew doues.

Blanke singuler leche.

Frutoure Rasyñ.

Quynes bakyñ.

A sotelte. A godhede in a soñ of
 gold glorified aboue; in the soñ
 the holy giste voluptable. Seint
 Thomas kneling a-for him, with þe
 poynt of a swerd in his hede,¹ & a
 Mitre there-vppoñ, crownyng S. T.
 in dextera parte, maria tenens
 mitram; in sinistra parte, Johannes
 Baptista; et in iiij. partibus, iiij.
 Angeli incensantes.

Here Beginneth A Boke of Kokery.

Hare in Wortes.—Take Colys, and stripe hem faire fro the stalkes. Take
 Betus and Borage, auens,² Violette, Malvis, parsle,
 betayñ, pacience, þe white of the lekes, and þe croppe of þe netle; parboile,
 presse out the water, hew hem smaH, And do there-to mele. Take goode
 broth̄ of fressh̄ beef, or other goode fless̄h̄ and mary bones; do it in a potte,
 set on þe fire; choppe the hare in peces, And, if þou wil, wassh̄ hir in þe same
 broth̄, and then drawe it thorgh̄ A streynour with the blode, And þeñ put
 aH on the fire. And if she be añ olde hare, lete hire boile weH, or þou cast
 in thi wortes; if she be yonge, cast in aH togidre at ones; And lete hem
 boyle til þei be ynogh̄, and ceson hem with salt. And serue hem forth. The
 same wise thou may make wortes of A Gose of a niȝt,³ powdryng of beef,
 or eny other fressh̄ fless̄h̄.

Buttered Wortes. ¶ Take al maner of good herbes that thou may gete,
 and do bi ham as is forsaid; putte hem on þe fire with faire water; put
 þere-to clarefied buttur a grete quantite. Whañ thei beñ boyled ynogh̄,
 salt hem; late none otemele come there-in. Dise brede smaH in disshes, and
 powre on þe wortes, and serue hem forth.

Cabochis. ¶ Take faire Cabochis, pike hem and wassh̄ hem, and parboyle

¹ 'honde' crost through, and 'hede' written after. ² MS. anens. ³ night. ⁴ fol. 2b.

hem; theñ presse oute the water oñ a faire borde, choppē hem, and cast hem in a faire potte with goode fressh broth and with Mary-bones, And lette hem boyle; theñ take faire grate brede, and cast there-to, saferoñ,¹ salt, and lete boyle ynogh, And theñ serue hit forth.

Growelle fforce. ¶ Take Groweñ y-made of fressh beef; And whañ it is y-sodden ynogh, drawe it thorgh a Streynour into a fair potte; theñ take lene porke, and seth it; grynde it smañ in a mortar, and tempør it with the seid broth, and cast togidre, And lete it boyle til hit be ynogh, And cast thereto Sapheroñ and salt, and serue it forth.

Nombles of Veneson. ¶ Take Nombles and kut hem smañ, whañ they beñ rawe; þeñ take fressh broth, water, and wyne, of eche of hem y-lyche moche, powder of peper, Caneñ, and boyle hem till it be almost ynogh, And theñ cast powder ginger there-to, And a lituñ vynegre; salt and cesoñ it vppe, and serue it forth for a gode potage.

Venysoñ in broth. ¶ Take rybbes of venysoñ, and wassh hem faire in Water, And streyn the Water thorgh a Streynour into a faire potte, and cast þe Venysoñ thereto, *parcely*, Sauge, powder of peper, clouez, Maces, Vinegre, salt, And late hem boile til þe be ynow, & serue it forth.

²**Furmenty with venysoñ.** ¶ Take faire whete, and kerve it in a mortar, And vanne a-wey clene the duste, and wassh it in faire water and lete it boile til hit breke; theñ do away the water clene, and caste there-to swete mylke, and sette it ouer the fire, And lete boile til it be thik ynogh, And caste there-to a goode quantite of tryed rawe yolkes of egges, and caste thereto Sapheroñ, sugur, and salt; but late it boile no more theñ, but sette it oñ fewe coles, lest the licoure wax colde. And þeñ take fressh venysoñ, and water hit; seth hit and bawde hit; And if hit be salt, water hit, sethe hit, and leche hit as hit shañ be serued forth, and put hit [in a vesseñ with feyre water, and buille it]³ ayeñ; and as hit boyleth, blowe a-wey the grece, and serue it forth with furmenty, And a litul of þe broth in the Dissñ añ hote with the flessñ.

Bourreys. ¶ Take pipes, hertes, neres, myltes, and of the rybbes of þe Swyne, or elles take (if thou wilt) Mallard or Goos, and choppe hem smañ, And theñ parboile it in faire water, And take it vp, and pike it clene, And putte into a potte, And cast there-to Ale ynogh, Sauge, Salt, And lete boile right ynowe, & þeñ serue it forth.

Mortreus de Chare. ¶ Take porke, and seth it ynow; and take it vppe, and bawde hit, and hewe it and grinde it, and in a mortar; And cast thereto

¹ *The MS. has here* and brede *crossed out.*

² fol. 3.

³ Added from D.

grated brede, and theñ drawe the same broth thorgh a streynour, And temper hit with ale, and do al into a potte, and lete boile, and aley hit with yolkes of egges, And theñ lete it boile no more, And caste thereto powder of ginger, Salt, And put hit in disshes in maner of Mortrewes, And cast thereto powder of ginger, & serue it forth.

Brawne in confite. ¶ Take fressh brawne, and myce¹ it smaß, and take Almondes, and blanche hem, and grinde hem, and drawe hem thorgh a straynour.

² **Brawne in confite.** ¶ Take fressh brawne, and seth it ynowe; parè hit, and grinde hit in a mortar, and temper it with almond mylke, and draw it thorgh a Streynour into a potte, and cast thereto Sugour ynowe, and poudere of Clowes, and lete boyle; and take floure of Canèß, or powder, a goode quantite, and caste there-to. And lete boyle, and caste there-to powder of ginger; And theñ take it vp oute of the potte, And put in a lynnene clothe and presse it; lete hem boile so long in þe potte that it be thik, And theñ take hit vppè, and presse it in the clothe; And theñ leche hit faire, but not to thyñ; And theñ take the ribbes of þe boor, and al bare, and set hem enlonge the leches, And serue it forthe .ij. or iij. leches in a dissh.

Blaunche brawne. ¶ Take fressh Brawne, and myce it smaß; And take Almondes, and blanche hem, and grynde hem thorgh a Streynour into stuffe mylke, And put al into a potte, and sugur, And boyle al togidre til hit be right stuff; And theñ take it vp, And cast hit in-to a faire basyn, And lete it stonde there til hit be aß colde; And þen take a knyfe And leche it faire, but not to thyñ, And þen serue hit forthe, a leche. or ij. in a dissh.

Browne in egurdouce.³ ¶ Take mighñti broth of beef or of Capon, or take faire fressh brawne, and seth hit, but not ynow, And theñ leche hit, And cast hit into the broth; theñ take hole oynones, pike hem,⁴ And cast hem al hole there-to; theñ take Vynegre and Canèß, and sette oñ þe fire, and hete hem, and drawe hem þorgh a Streynoure, and cast hit there-to. Theñ take clowes, Maces, powder of peper, and cast thereto, and a lituß Sawndres, And sette hit ouer þe fyre and lete boyle til þe oynones and the brawne beñ even sodde, and not to moche; theñ take licour made of brede, vynegre,⁵ and wyñ, and seson it vppè, and caste thereto a litul saferon to coloure hit, and salt, And serve it forth.

Brawne in peuard.⁶ ¶ Take wyñ, poudere of Canèß, drawe hit thorgh a

¹ *micer, michier, dépecer, mettre en pièces.*—Hippeau. Gloss.

² fol. 3b.

³ D. calls this "Braune en peueruade," it is recipe 56 there.

⁴ D. pile, i.e. peel.

⁵ fol. 4.

⁶ Braune en peueruade, D.

Streynour, set hit ouer the fire, lete hit boile, caste there-to Maces, cloues, powder of Peper; take smale onyons hole, *parboyle* hem, caste there-to; lete hem boile togider; theñ take Brawne, leche hit, but not to thin; And if hit be saused, let stepe hit in Hote water til hit be tender, theñ cast hit into þe siripe; take Saundres, Vynegre, and caste there-to, And lete boile al togidre til hit be ynowe; theñ take powder of ginger, caste thereto; lete hit not be thik ne to thyñ, butte as potage shulde be; And serve hit forthe.

Garbage. ¶ Take faire Garbage, chikenes hedes, ffete, lyvers, And gysers, and wassh hem clene; caste hem into a faire potte, And caste fressh broth of Beef, powder of Peper, CaneH, Clowes, Maces, *Parcely* and Sauge myced smaH; theñ take brede, stepe hit in þe same brothe, Drawe hit thorgh a streynour, east thereto, And lete boyle ynowe; caste there-to pouder ginger, vergeous, salt, And a lituH Safferoñ, And serve hit forthe.

Pigge or chiken in Sauge. ¶ Take a pigge, Draw him, smyte of his hede, kutte him in .iiij. quarters, boyle him til he be ynow, take him vppe, and lete cole, smyte him in peces; take añ hondetuH. or .ij. of Sauge, wassh hit, grynde it in a mortar with hard yolkes of egges; theñ drawe hit vppe with goode vinegre, but make hit not to thyñ; theñ sesoñ hit with powder of Peper, ginger, and salt; theñ cowche thi pigge in disshes, and caste þe sirippe *þer-vppoñ*, and *serue* it forthe.

Stwed Beeff. ¶ Take faire Ribbes of ffresh beef, And (if thou wilt) roste hit ¹til hit be nygh ynowe; theñ put hit in a faire possenet; caste *þer-to* *parcely* and oynons mynced, reysons of corauns, powder peper, canel, clowes, saundres, safferoñ, and salt; theñ caste there-to wyñ and a lituH vynegre; sette a lyd oñ þe potte, and lete hit boile sokingly on a faire charcole til hit be ynogh; þeñ lay the fflessh, in disshes, and the sirippe there-vppoñ, And serve it forth.

Stwed Mutton. ¶ Take faire Mutton that hath beñ roste, or elles Capons, or suche oþer flesssh, and mynce it faire; put hit into a possenet, or elles bitweñ ij. siluer disshes; caste thereto faire *parcely*, And oynons smaH mynced; theñ caste there-to wyñ, and a lituH vynegre or vergeous, pouder of peper, Canel, salt and saffroñ, and lete it stue on þe faire coles, And þeñ *serue* hit forthe; if he have no wyñ ne vynegre, take Ale, Mustard, and A quantite of vergeous, and do þis in þe stede of vyne or vinegre.

Capons Stwed. ¶ Take *parcelly*, Sauge, Isoppe, Rose Mary, and tyme, and breke hit bitweñ thi hondes, and stoppe the Capoñ there-with; colour hym

¹ fol. 4b.

with Safferoñ, and couche him in a ertheñ potte, or of brasse, and ley splentes vnderneath and al abouȝt the sides, that the Capoñ touche no thinge of the potte; strawe good herbes in þe potte, and put there-to a pottel of the best wyñ that thou may gete, and none other licour; hele¹ the potte with a close led, and stoppe hit abouȝt with dogh or bater, that no eier come oute; And set hit oñ þe faire charcole, and lete it seeth easly and longe til hit be ynowe. And if hit be añ ertheñ potte, þeñ set hit oñ þe fire whañ þou takest hit downe, and lete hit not touche þe grounde for breking; And whañ þe hete is ouer past, take oute the Capoñ with a prik; theñ make a sirippe of wyne, Reysons of corance, sugur and safferoñ, And boile hit a lituH; ²medel powder of Ginger with a litul of the same wyñ, and do þereto; theñ do away the fatte of the sewe of the Capoñ, And do the Siryppæ to þe sewe, and powræ hit oñ þe capoñ, and serue it forth.

Flathonys. ¶ Take mylke, and yolkes of egges, and ale, and drawe hem thorgh a straynour, with white sugur or blak; And melt faire butter, and put thereto salt, and make faire coffyns, and put hem into a Nowne³ til þei be a lituH hard; þeñ take a pile, and a dissh fastned there-oñ, and fill þe coffyns therewith of the seid stuffe and late hem bake a while. And þeñ take hem oute, and serue hem forthe, and caste Sugur ynogh oñ hem.

Venysoñ ybake. ¶ Take hanches of Venysoñ, parboile it in faire water and salt; þeñ take faire paast, and ley there-oñ þe Venysoñ y-cutte; ⁴as þou wolt have it, and cast vnder hit, and aboue hit, powder of gilliflowr with-out and salt medylde togidre, And sette hem in Añ oveñ, and lete serue it forth. þey be ynogh. .t be as thikke

Frutours. ¶ Take yolkes of egges, drawe hem thorgh a there-to faire floure, berme and ale; stere it togidre til .ij. Mary, powder of pared apples, cut hem thyn like obleies,⁴ ley hem in ike Creme, (and if hit be into a ffrying pañ, and fry hem in faire grece or by of egges, and medle hem yelowe; theñ put hem in disshes, and strawe Ssoden in, thereto; And theñ serue hem forthe. .mary there-in, and myced dates

Longe Frutours. ¶ Take Mylke And makesette þe Coffyns in þe oveñ, And of chese al tendur, and take oute þe way cl, and putte the licour thereto, And And take yolkes of egges, and white, and good quantite, and drawe hit þorgh a aire buttes of porke and buttes of vele put hit in a faire pañ, and fry hit⁵ a lit And putte thereto faire broth, And a theñ take it oute, and ley oñ a faire be togidre til hit be ynogh; And þeñ take

¹ cover.² fol. 5.³ an oven. cl, and cast ther-to raw yolkes of eyren,⁴ fol. 66.⁵ If.

as thou list, And putte hem ayeñ into the panne til thei be browne; And then caste Sugur on hem, and serue hem forth.

Pety pernantes. ¶ Take faire floure, Sugur, Saffron, and salt, and make paast þer-of; then make small Coffyns, then cast in eche a coffyn .iiij. or iiij. rawe yolkes of egges hole, and ij. gobettes or iij. of Mary couche þerin; þe take powder of ginger, Sugur, Reysons of Corans, and cast above; þeñ cover the coffyn with a lyd of þe same paste; then bake hem in a oven, or elle fry hem in faire grece fressh, And then serve hit forthe.

Auter peti pernantes. ¶ Take and make thi Coffyns as hit is a-for said then take rawe yolkes of egges, tryude in sugur, powder of Gynger, and reysons of Corans, and mysed mary, but not to smaH, And caste all this into: faire boH, and medel all to-gidre, and put hit in coffyns, and bake hem, or fry hem as þou diddest be þe toþer.

Custarde. ¶ Take Vele, and smyte hit in lituH peces, and wassh it clene put hit into a faire potte with faire water, and lete hit boyle togidre; þeñ take parcelly, Sauge, Isoppe, Sauerey, wassh hem, hewe hem, And cast hem into flessH whan hit boileth; then take powder of peper, canel, Clowes, Maces, Saffron, salt, and lete hem boyle togidre, and a goode dele of wyne with all, And whan the flessH is boyled, take it vppæ fro þe broth, And lete the broth kele. Whan hit is colde, streyne yolkes and white of egges thorgh a streynour, and put hem to the broth, so many that the broth be styff ynowe, hit ¹til hit ²be faire cofyns, and couche iij. or iiij. peces of the flessH in þe Coffyns; parcelly and oycates, prunes, and kutte hem; cast thereto powder of Gynger and saunders, safferous, and put to the broth, and salt; then lete the coffyn and a lyd on þe potte, a lituH; And þeñ put the broth in the coffyns, And lete ynogh; þeñ lay the fl¹be ynogh. it forth. ¶ Take good creme,² and yolkes And white of egges, and

Stwed Mutton. ¶ Take streyne hem all þorgh a straynour til hit be so thik suche oper flessH, and mynce And take faire Mary, And Dates, cutte in ij. or iij ij. siluer disshes; caste thereto faire coffyns of paast; And then put þe coffyn in caste there-to wyñ, and a lituH ¹thei be hard, And then drawe hem oute, and salt and saffron, and lete it stue or. And put hem into þe oven ayeñ, And lete if he have no wyñ ne vynegre, take ²cast sugur and salt in þi licour whan ye and do þis in þe stede of wyne or vine³ be in lenton, take creme of Almondes,

Capons Stwed. ¶ Take parcelly, Saubreke hit bitweñ thi hondes, and stopp^e, hew it smaH, grynde it in a mortar,

¹ fol. 4b and foiles of parcelly crossed through.

and take it vpp̄ into a faire vesseH; And take yolkes and white of egges, sreyñ hem þorgh̄ a streynour, and temper þe porke there-with; theñ take pynys, reysons of coraunce, and fry hem in fressh̄ grece, and cast thereto poulder of peper, Gingere, CaneH, Sugur, Safferoñ and salt, and do hit in a coffyñ, and plante the coffyñ above with prunes, and kutte dates, and grete reysynges, and smale birdes, and or elle; hard Yolkes of egges; and if þou take birdes, fry hem a lituH in fressh̄ grece, or thou putte hem into þe Coffyñ; theñ endore hit with yolkes of egges and with saffroñ, and lete bake hit til hit be ynogh̄, and so serue hit forth.

Lese fryes.¹ ¶ Take nessh̄ chese, and pare it clene, and grinde hit in a morter smaH, and drawe yolkes and white of egges thorgh̄ a streynour, and cast there-to, and grinde hem togidre; theñ cast thereto Sugur, ²butter and salt, and put al togidre in a coffyñ of faire paast, And lete bake ynowe, and theñ serue it forthe.

Auter Tartus. ¶ Take faire nessh̄ chese that is buttry, and par hit, grynde hit in a morter; caste therto faire creme and grinde hit togidre; temper hit with goode mylke, that hit be no thikker þeñ rawe creme, and cast thereto a litul salt if nede be; And ³thi chese be salte, caste thereto neuer a dele; colour hit with saffroñ; theñ make a large coffyñ of faire paste, & lete the brinkes be rered more þeñ an enche of hegh̄; lete þe coffyñ harden in þe oven; þeñ take it oute, put gobettes of butter in the bothom̄ thereof, And caste the stuffe there-to, and caste peces of buttur there-vpon, and sette in þe oven with-oute lydde, and lete bake ynowe, and theñ cast sugur thereoñ, and serue it forth. And if þou wilt, lete him haue a lydde; but þeñ thi stuff most be as thikke as Mortrewes.

Dariolles. ¶ Take wyne and fressh̄ broth, Clowes, Maces, Mary, powder of Gynger, and Saffroñ, And lete al boyle togidre; And take Creme, (and if hit be cloutes, drawe hem thorgh̄ a streynour,) And yolkes of egges, and medle hem togidre, and powre the licoure that þe mary was sodeñ in, thereto; And theñ make faire cofyns of fyne paast, and putte the mary there-in, and myced dates And streberies, if hit be in time of yere, and sette þe Coffyns in þe oven, And lete bake a lituH while, And take hem oute, and putte the licour thereto, And lete hem bake ynouh

Pies of Parys. ¶ Take and smyte faire buttes of porke and buttes of vele togidre, and put hit in a faire potte, And putte thereto faire broth, And a quantite of Wyne, And lete aH boyle togidre til hit be ynogh̄; And þeñ take hit fro the fire, and lete kele [a litel, and cast ther-to raw yolkes of eyren),

¹ D. Leche fryes.² fol. 66.³ If.

and poundre of gyngueure, sugre and salt, and mynced dates, reysyns of corence: make then coffyns of feyre past, and do it ther-ynne, and keure it & lete bake y-nogh.]¹

2Grete pyes. ¶ Take faire yonge beef, And suet of a fatte beste, or of Motten, and hak aH this oñ a borde smaH; And caste thereto poudre of peper and salt; And whaH it is smaH heweH, put hit in a bolle, And medle hem well; theH make a faire large CofyH, and couche soH of this stuffur in// TheH take Capons, Hennes, Mallardes, Connynges, and parboile hem clene; take wodekokkes, teles, grete briddes, and ploH hem in a boiling potte; And theH couche al þis fowle in þe CoffyH, And put in euerych of hem a quantie of poudre of peper and salt// TheH take mary, harde yolkes of egges, Dates cutte in ij. peces, reisons of coraunce, prunes, hole clowes, hole maces, CaneH, and saffroH. But first, whan thou hast cowched aH thi foule, ley the remenant of thyne other stuffur of beef a-bought hem, as þou thenkest gooder and theH strawe on hem this: dates, mary, and reysons, &c., And theH clocke thi CoffyH with a lydde of the same paast, And putte hit in þe oveH, And late hit bake ynogh; but be ware, or thou close hit, that there come no saffros, nygh the brinckes there-of, for theH hit wol neuer close. H,

Herbe-blade. ¶ Take buttes of Porke, and smyte hem in peces, and seth hit oñ the fire, and seth it in faire water; And whaH hit is sodeH y-nogh, tak a it oute, and baude hit, and pike oute þe bones, and hewe it smaH, and putte hit in a faire boH. And take Isop, Sauge, and parcelly a goode quantites; pike hit, and hewe hit smaH, And put hit in faire vessellez; And take a litul of þe broth þat þe porke was sodeH yH, and drawe hit þorgh a streynour, and caste to the erbeblade, and yef hit a boyle; theH take oute þe herbes with æ Skymour fro the broth, And cast hem into þe porke in þe bolle; And theH myce faire dates smaH, And caste hem there-to, And reysons of coraunce, and pynes; And draw rawe yolkes of egges thorgh a straynour, and caste thereto Sugur, powder of Ginger, salt; colour hit with a lituH saffroH; And truH hit with ³thi honde, al this togidur in þe bolle; And þeH make faire rownde cofyns, and put hem in the oveH, and hard hem a lituH, and take hem oute ayeH, and with a dissh in thi honde, fil hem full of the stuffe, and sette hem ayeH in the oveH al open, And let hem bake ynowe. And thenne serue hit forth.

ChawdwyH. ¶ Take Gysers, lyuers, and hertes of Swannes, or of wilde gese; And if þe guttes be fatte, slytte hem, and cast hem there-to, And boile hem in faire water; And theH take hem vppe, And hew hem smale, and caste

¹ Added from D.² fol. 7.³ fol. 7b.

into þe same broth ayene, but streyne hit þorgh a streynour firste; And caste thereto powder of peper and of caneH, and salt, and vinegre, And lete boile; And þen take þe blode of þe swaī, and fressh broth, and brede, and drawe hem þorgh a streynour and cast thereto, And lete al boyle togidre; And þen take powder of Gynger, whaī hit is al-moost ynough, And caste¹ there-to, And serue it forthe.

PikkyH pour le Mallard. ¶ Take oynons, and hewe hem smaH, and fry hem in fressh grece, and caste hem into a potte, And fressh broth of beef, Wyne, & powder of peper, canel, and dropping of the mallard/ And lete hem boile togidur awhile; And take hit fro þe fyre, and caste thereto mustard a litul, And powder of ginger, And lete hit boile no more, and salt hit, And serue it forthe with þe Mallard.

Sauce gamelyne. ¶ Take faire brede, and kutte it, and take vinegre and wyne, & stepe þe brede therein, and drawe hit thorgh a streynour with powder of canel, and drawe hit twies or thries til hit be smoth; and þen take powder of ginger, Sugur, and powder of cloues, and cast þerto a litul saffron and lete hit be thik ynogh,² and thenne serue hit forthe.

Sauce sermstele.³ ¶ Take Milke and a litul floure, And caste hit in a potte, And lete boile al togidur al thyñ; and whaī hit is wel boyled, take and stampe garlek small, and caste there-to powder of peper, and salt, And then serue hit forthe.

Sauce oylepeuer.⁴ ¶ Take faire browne brede, and tost hit, and stepe hit in vinegre, and drawe it thorgh a streynour, and caste there-to garlek (butte stampe it smaH first); And caste there-to powder of peper, And salte, And serue hit forth.

Sauce Verte. ¶ Take *parcely*, Mintes, Betany, Peleter, and grinde hem smale; And take faire brede, and stepe hit in vinegre, and drawe it thorgh a streynour, and cast thereto powder of peper, salt, and serue it forth.

Sauce Gynger. ¶ Take faire white brede, and stepe it in vinegre, and drawe hit thorgh a streynour twies or thries, and caste there-to powder of ginger and salte; but lete it not be to thyñ, but soī what stiff, And then serue hit forthe.

Sauce SoreH. ¶ Take SoreH, grynde hem smaH, And drawe hem thorgh a Streynoure, and caste there-to Salt, and serue hit forth.

Sauce galentyne. ¶ Take faire crustes of browne brede stept in vinegre, And cast thereto powder of caneH, and lete hit stepe therewith, til hit be

¹ caste repeated in MS. ² fol. 8. ³ D. Sauce gauncelle. ⁴ D. Sauce alpeuere.

browne; þeñ drawe hit thorgh a streynour ones or twyes, And caste there-to powder of peper, And lete hit be soñ-whatte standing, And þeñ serue hit forthe.

Swañ rosted. ¶ Kutte a Swañ in the rove² of the mouthe toward the brayne enlonge, and lete him blede, and kepe the blode for chawdewyñ; or elles knytte a knot oñ his nek, And so late his nekke breke; theñ skald him. Drawe him and rost him even as thou doest goce in añ poyntes, and serue him forth with chawd-wyne.

Crane rosted. ¶ Lete a Crane blode in the mouthe as thou diddist a Swañ; fold vp his legges, kutte of his winges at þe ioynthe next þe body, drawe him, Wynde the nekke abought the spit; putte the biñ in his brest: his sauce is to be mynced with powder of ginger, vynegre, & Mustard.

ffesaunte rosted. ¶ Lete a ffesaunte blode in þe mouthe as a crane, And lete him blede to dethe; puñ him dry, kutte away his hede and the nekke by þe body, and the legges by the kne, and putte þe knees in at the vente, and roste him: his sauce is Sugur and mustard.

Partrich rosted. ¶ Take a partrich, and sle him in þe nape of the hede with a fethur;³ dight him, larde him, and roste him as þou doest a ffesaunte in the same wise, And serue him forth; theñ sauce him with wyne, powder of ginger and salt, And sette hit in a dissh oñ the fuyre til hit boyle; theñ cast powder ginger, Caneñ, thereoñ, And kutte him so; or elles ete him with sugur and Mustard.

Partrich stwed. ¶ Take faire mighti broth of beef or of Mutton when hit is boyled ynow, and streyn hit thorgh a streynour, and put hit into añ ertheñ potte, And take a good quantite of wyne, as hit were half a pynte, And take partrich, cloues, Maces, and hole peper, and cast in-to þe potte, and lete boile wel togidre; And whañ the partrich beñ ynogh, take the potte from the fuyre, and then take faire brede kutte in thyñ⁴ browes, and couche hem in a faire chargour, and ley the partrich oñ loft; And take powder of Ginger, salt, and hard yolkes of egges mynced, and caste into the broth, and powre the broth vpon the partrich into the chargour, and serue it forth, but late hit be colored with saffroñ.

Heron rosted. ¶ Take a Heron; lete him blode as a crane, And serue him in al poyntes as a crane, in scalding, drawing, and kutting the bone of the nekke a-vey, And lete the skyn be oñ, &c.; roste him and sause him as þe Crane; breke away the bone fro the kne to þe fote, And lete the skyn be oñ.

¹ fol. 8b.² roof.³ D. settles this stop.⁴ fol. 9.

Bytor rosted. ¶ Take a Bitour, sle him in the mouthe, skalde him, *serue* him in aH poyntes as þou doest a Crane, but lete him haue oñ his winges when he is rosted, And *serue* him forthe.

Curlewe rosted. ¶ Take a Curlewe, sle him as a Crane, pul him dry, kutte of the winges by the body, drawe him, dight him as a Henne, And folde vp his legges as a crane; lete his necke and his hede be oñ; take away the nether lippe and throte boH, and put his hede in at his shuldur, and roste him as a Crane, and no sauce but salte.

Egrete rosted. ¶ Take añ Egrete, sle him as a Crane, skalde him and drawe him, and kutte his winges, and folde his legges as a crane, and roste him, And *serue* him forth; and no sauce but salte.

Brewe rosted. ¶ Take a Brewe, sle him as þe Curlewe, skalde him, drawe him as a heñ, breke his legges at þe kne, and take away the bone fro the kne to þe fote, as a heroñ; And kutte the winges by the body, and his hede by the body, and put him oñ a spitte, And bynde his legges as a heroñ; roste him, reyse his legges and his winges as a heroñ, And take no maner sauce butte salte.

¹**Quayle rosted.** ¶ Take a Quayle, and sle him, And *serue* him as thou doest a partrich in aH Degre. His Sauce is sauce gamelyne.

Pecok rosted. ¶ Take a Pecok, breke his necke, and kutte his throte, And fle him, þe skyñ and the ffethurs togidre, and the hede stiH to the skyñ of the nekke, And kepe the skyñ and the ffethurs hole togiders; drawe him as an heñ, And kepe þe bone to þe necke hole, and roste him, And set the bone of the necke aboue the broche, as he was wonte to sitte a-lyve, And abowe the legges to þe body, as he was wonte to sitte a-lyve; And whañ he is rosted ynowe, take him of, And lete him kele; And þeñ wynde the skyñ with the fethurs and the taile abought the body, And *serue* him forthe as he were a-live; or elle; puH him dry, And roste him, and *serue* him as þou doest a henne.

SorceH rosted. ¶ Take a SorceH or a tele, and breke his necke, and pul him dry, And draw him as a chekoñ, and kutte off his fete and winges by the body and þe nekke, and roste him, and reise his winges and his legges as a heroñ, if he be a SorceH; And no sauce but salt.

Plouer. ¶ Take a plouer, and breke his skoH, and pull him dry, And drawe him as a chekoñ, And kutte þe legges and the winges as a henne; And no sauce but salt.

Wodekok. ¶ Take a wodekok, and sle him as þe plouer; pul him dry, or elles breke his bakke, And lete the sculle be hole; drawe him, And kutte of his winges by the body, and turne vp the legges as þou doest of a crane; put his biH thorgh bothe his thighes; roste him, And reise his legges And his winges, as thou doest of aH maner of other clouen fote fowle.

¹ **Snyte.**—Take a Snyte, and sle him as thou doste a wodekok; pulle him, late his necke be hole, save the wesing; put the biH in the shulder, and folde þe legges as a Crane; roste him, And dight him as the Wodekok.

Conyng. ¶ Take a Conyng, fle him, And draw him aboue and byneth, And parboile him, And larde him, and roste him, And late the hede be oñ; And vndo him, and sauce him with sauce, ginger, And vergeous, and powder of ginger, And thenne serue hit forth.

Conyng in Gravey. ¶ Take blanched Almondes, grinde hem with wyñ And gode broth of befe and Muttoñ, and draw hit thorgh a Streynour, and cast hit into a potte, and lete boile; and caste there-to powder of ginger, clowes, Maces, and suger// And theñ take a Conyng, and seth him ynogh in goode fressh broth, and choppe him, And take of the skyñ clene, and pike hem clene And cast hit to the Sirippe, And lete boyle ones, And serue forth.

Conyng or heñ in clene² broth. ¶ Take a Conyng or a heñ, and seth him ynowe in good fressh broth, and drawe þe same broth thr[o]gh a Streynour; And take half a pynte of white wyñ, and caste there-to; And then sette it ouer the fire, and theñ choppe the Conyng or the heñ, and take of the Skyñ, and pike hem clene, and caste thereto, And lete boile togidre; And whañ hit is boiled ynogh, caste there-to powder of ginger, vergeous, and salt also; And theñ thou shaH serue it forth.

Conyng, heñ, or Mallard.³ ¶ Take Conyng, Heñ, or Mallard, and roste him al-moste ynowe; or elles choppe hem, and fry hem in fressh grece; and fry oynons myced, and cast al togidre into a potte, and caste there-to fressh broth and half wyne; caste thereto Cloues, Maces, powder of Peper, CaneH; theñ stepe faire brede with the same broth and drawe hit thorgh ⁴a streynour with vinegre. And whañ hit hath wel boiled, caste the licour thereto, and powder ginger, and vinegre, and cesoñ hit vppe, And theñ thou shaH serue hit forth.

Gelyne endobat. ¶ Take a heñ, and roste hir al-moost ynogh, and chop hir smaH in faire peces, and caste hem into a potte; and take fressh broth and halff wyne, and caste there-to Maces, Peper, Clowes, and caneH; and stepe

¹ fol. 10. Snipe.² Douce MS. clere.³ D. adds *en oyle*.⁴ fol. 10b.

faire brede with the same broth and with vinegre, and drawe hit thorgh a streynour; and whān it hath wel boyled, caste thereto pouder of ginger and vinegre, and sesōn hit vppe and *serue* it forth.

Gelyne in brothe. ¶ Take rawe hennes, chop hem, caste hem into a potte; cast to fressh broth Wyne, parcelly, oynons myced, powder of peper, clowes, Maces, saffroun, and salt; theñ stepe brede with vinegre and þe same broth, and draw hit thorgh a streynour, and cast it thereto, and lete boyle ynogh; And caste thereto pouder ginger, and sesone hit vp, & *serue* forth.

Rabette rosted. ¶ Take a Rabette, and sle him, And drawe him, And lete his hede be on, as a Conyng; roste him as a Conyng, And *serue* him forth.

Kede rosted. ¶ Take a kydde, and slytte the skyñ in þe throte, And seke the veyne, and kut him, and lete him blede to deth; and fle him, And larde him, And trusse his legges in þe sides, and roste him, And reyse the shuldres and legges, and sauce hit with vinegre and salte.

Venysoun rosted. ¶ Take faire ffelettes of venesoun, and pike away the skyñ and þe bone, and parboile hem, and roste hem oñ a spitte; And sauce there-to, And *serue* hit forth.

Vele rosted. ¶ Take faire brestes of vele, And parboyle hem, And larde hem, And ¹roste hem, And theñ *serue* hem forth.

Chik farsed. ¶ Take a faire chek, and skald him, and breke the skyñ (as sone as he is scalded) in the necke behinde, and blowe him, And cast him in faire water, and wassh him; and þeñ kutte of þe hede and nek, and lete þe ffete be oñ al hole, and draw him clene; and þeñ pike faire parcelly, and parboile hit; And þeñ take hard yolkes of eyroñ, and hewe hem and þe parcelly togidre, and fressh grece, and caste there-to pouder of ginger, peper, a litel saffroñ and salt, And put al in-to þe Chike, and put hit oñ a Spitte; And thenne late him roste, and *serue* forth.

Chike endored. ¶ Take a chike, and drawe him, and roste him, And lete the fete be oñ, and take away the hede; theñ make batur of yolkes of eyroñ and floure, and caste there-to pouder of ginger, and peper, saffroñ and salt, and pouder hit faire til hit be rosted ynogh.

Goce or Capoñ farced. ¶ Take *parciH*, Swynes grece, or suet of shepe, and parboyle hem in faire water and fressh boyling broth; And þeñ take yolkes of eyeroñ hard y-sodde, and hew hem smale, with the herbes and the salte; and caste thereto pouder of Ginger, Peper, CaneH, and salte, and Grapes in tyme of yere; And in oþer tyme, take oynons, and boile hem; and whān they

¹ fol. 11.

beñ yboiled ynowe with þe herbes and with þe suet, al þes togidre, þcñ put aH in þe goos, or in þe Capoñ; And theñ late him roste ynogh.

Pigge ffarced. ¶ Take rawe egges, and drawe hem þorgh a streynour, And þeñ grate faire brede; And take saffroñ, salt, pouder ginger, And suet of Shepe, And do medle al togidre into a faire vesseH, and put hit in þe pigge wombe Whañ he is oñ þe brocche, And þeñ sowe the hole togidre; or take a prik, and prik him togidur, And lete him roste.

¹ **ffelettes of Porke endored.** ¶ Take ffelettes of porke, and roste hem faire, And endore hem with þe same batur as þou doest a cheke as he turneth aboute the spitte, And *serue* him forth.

ffelettes in galentyne. ¶ Take faire porke of þe fore quarter, and take of the skyñ, and put þe pork on a faire spitte, and roste it half ynogh; and take hit of, and smyte hit in peces, and cast hit in a faire potte; and þeñ take oynons, and shred and pul hem, not to smaH, and fry hem in a pañ with faire grece, And theñ caste hem to þe porke into þe potte; And theñ take good broth of beef or Mottoñ, and cast thereto, and set hit oñ þe fire, and caste to pouder of Peper, Canel, Cloues & Maces, and lete boile wel togidur; and þeñ take faire brede and vinegre, and stepe the brede with a lituH of þe same broth, and streyne hit thorgh a streynour, and blode with aH; or elles take Saundres and colour hit therewith, and late hem boile togidur, and cast thereto Saffroñ and salt, and *serue* hit forth.

Losinges de chare. ¶ Take faire buttes of porke, and hewe hem, and grynde hem, and caste there-to yolkes of eyreñ rawe, and take it vppø into a faire vesseH; and take reysons of Corance, and myced dates, and pouder ginger, peper, saffroñ, and sugur, and medle al this to-gidre; and make faire paast of sugur, saffroñ, and salte, and temper therein; And make thereof ij. faire cakes, and ley the stuff therein al abroado oñ þe cakes aH flatte. And þeñ take anoþer Cake, and ley him al abroado thereoñ, and þeñ kutte þe Cakes thorgh with a knyfe, in maner of losinges; And theñ make faire bater of rawe yolkes of eroñ, sugur and salt, and close þe sides of þe losinges therewith, and theñ fry hem in fressH grece ynow, And so *serue* hem forthe.

Tripe de Muttoñ. ¶ Take a pauche of a shepe, and make it clene, and caste hit in a potte ¹ of boyling water, and skyme hit clene, and gader al away the grece, and lete hem boile til þei be al tendur; theñ take hem vppø oñ a faire borde, and kutte hem in smale peces of ij peny brede, and caste hem yñ añ ertheñ potte with strongø broth of bef or Muttoñ; take ffoyles of parcelly,

¹ fol. 11b.¹ fol. 12.

and hewe hem smaH, and cast hem to, And lete boyle togidre til they beñ tendur/ And þeñ take pouder of ginger, and a quantite of vergeous, and take saffron and salt and caste there-to, and lete hem boile togidre til þey be ynogh.

Allowes de Mutton. ¶ Take faire Mutton of the Buttes, and kutte hit in þe maner of stekes; And þeñ take faire rawe parcelly, and oynons shred smale, yolkes of eroñ soddeñ hard, and mary or suet; hewe all þes smale togidre, and theñ caste thereto pouder of ginger, and saffron, and stere hem togidre with thi honde, and ley hem vppe-oñ þe stekes al abrode; and cast there-to salt, and rolle hem togidre, and put hem oñ a spitte, and roste hem till þei be ynogh.

Browne fryes.¹ ¶ Take browne brede, and kut hit thyñ; And theñ take yolkes of eyreñ, and soñ with² of the white; and take meyned floure, and drawe the eireñ and the floure thorgh a streynour; and take sugur a gode quantite, and a litul saffron and salt, And cast thereto: and take a faire panne with fressh grece; And whañ þe grece is hote, take downe and putte it in þe batur, and turne hit wel therein, and þeñ put hit in þe pañ with the grece, And lete hem fry togidre a lituH while; And theñ take hem vpp, and caste sugur thereoñ, and so serue hit hote.

Payñ purdeuz. ¶ Take faire yolkes of eyreñ, and try hem fro the white, and drawe hem þorgh a streynour; and then take salte, and caste thereto; And then take manged brede³ or payñmañ, and kutte hit in leches; and þeñ take faire buttur, and clarefy hit, or elles take fressh grece and put hit yn⁴ a faire pañ, and make hit hote; And theñ wete þe brede weH there in þe yolkes of eyreñ, and then ley hit oñ the batur in þe pañ, whañ þe buttur is al hote; And theñ whañ hit is fried ynowe, take sugur ynowe, and caste there-to whañ hit is in þe dissh, And so serue hit forth.

Perre. ¶ Take grene pesyñ, and boile hem in a potte; And whañ they beñ y-broke, drawe the broth a good quantite þorgh a streynour into a potte, And sitte hit oñ the fire; and take oynons and parcelly, and hewe hem smaH togidre, And caste hem thereto; And take pouder of CaneH and peper, and caste thereto, and lete boile; And take vynegur and pouder of ginger, and caste thereto; And theñ take Saffron and salte, a lituH quantite, and caste thereto; And take faire peces of paynmain, or elles of such tendur brede, and kutte hit yn fere mosselles, and caste there-to; And þeñ serue hit so forth.

Malasade.⁵ ¶ Take yolkes and white [of] eireñ togidre, And drawe hem

¹ The recipe on p. 43 makes *Brawn* of this dish.

² Some of the white therewith. See p. 43, Recipe xlv.

³ Douce MS. maynche brede. Manchet.

⁴ fol. 12b.

⁵ So in Douce MS.; *Malafade* in Harl.

thorgh a streynoure; and þeñ take a litul butter, and caste hit in a faire frying panne; And whañ the butter is hote, take þe eireñ that beñ y-drawe, and caste there-to. And þeñ take a Saucer, and gadur the eyreñ togidre in the panne, in the brede of a pewtre dissh; And theñ couche faire [pecys]¹ of brede downward in þe pañ; and take it vp oute of the pañ, And caste faire white Sugur thereto, and serue it forth. And to² euery malesade, take the mowntayne³ of xij. eyreñ And mo.

Blaunde sorre. ¶ Take almondes, and blanche hem, and stampe hem in a mortar, and temper hem with fressh lene broth of a Capon, or beef, and wyne; And if hit be in lenton or in a fissh day, take faire broth of fressh fissh and wyne, And boyle hem to-gidre a good while, and take hit vppē in a faire lynneñ cloth that is clene wasshen, and þe water y-Wronge oute there-of; And drawe vnder the cloth, with a ladeH, al the water that ye may, even as ye⁴ make colde creme; and theñ take it oute of the clothe, and cast hit in a faire potte, and lete boile; and theñ take brawne of a capon and tese hit smaH, and bray hit in a mortar/ (or elles in a fissh day, take a codlyng or a haddock), and temper hit with almond melke, and cast sugur ynogh thereto; and theñ caste hit in the potte, And lete hit boile togidur a goode while; and þen take hit oute of the potte al hote, and dresse hit into a dissh as ye doeth a colde creme; And sette ther-on rede Anneys in confite, and serue hit forth; or elles take faire almondes yblanched, & set þeron/

Hagas de almondes. ¶ Take faire yolkes of eyreñ, and the White, and drawe hem thorgh a Streynour, and take faire parcelly, and parboyle hit in a potte, & parboylingge broþe; And theñ take yolkes of yreñ, sodde hard, and hewe the yolkes and the parcelly small togidre; And [take]⁵ sugur, powder of Gynger, and salte, & cast to yolkes and parcelly; And take mary, and put hit in a streynour, And lete hong⁶ yñ to þe boyling potte, and parboile; and take hit vppē, and lette hit kele, And kutte hit theñ in smale peces; And theñ take the draweñ eyreñ, and putte hem in a pañ al a-brode, (And vnneth eny grece in þe pañ,) and couche the yolkes and the parcelly there-on in þe pañ. And theñ couche the peces of þe mary thereon; And theñ folde vp þe kake byneth euery corner, to eche corner foure square al flatte, And turne hit on the pañ; And lete hit lye awhile, And theñ take it vp, and serue hit forth.

Hanoney. ¶ Take eyreñ, and drawe the yolkes and white thorgh a

¹ Added from Douce MS. : Harl. MS. reads *faire of a brede*.

² MS. do. MS. has *malesade* here, but *Malafade* in the heading. ³ amount, number.

⁴ fol. 13.

⁵ Added from Douce MS.

⁶ Douce MS. : Harl. MS. *hold*.

streynour; And take oynons, And Shrede hem smaH; And take faire butter or grece, and vnneth ouere-couer the pañ therewith; And fry the oynons togidre; theñ late hem fry to-gidre a lite while; And take hem vppe, And serue hem forthe so, al to-broke yñ a dissh.

Blamanger. ¶ Take faire Almondes, and blanche hem, And grynde hem with sugour ¹ water into faire mylke; and take ryse, and seth. And whañ they beth wel y-sodde, take hem vppe, and caste hem to the almondes mylke, and lete hem boile togidre til thei be thikk; And theñ take the brawne of a Capoñ, and tese hit smaH, And caste thereto; and theñ take Sugur and salt, and caste thereto, and serue hit forth in maner of mortrewes.

Buknade. ¶ Take veel, keed, or heñ, and boyle hem in faire water or elles in good fressh broth, and smyte hem in peces, and pike hem clene; And drawe the same broth thorgh a streynour, And cast there-to parcelly, Isoppe, Sauge, Maces and clowes, And lete boyle til þe flessh be ynogh; and þeñ set hit fro the fire, and aley hit vp with rawe yolkes of eyreñ, and caste thereto powder ginger, and vergeous, & a litel saffroñ and salte, and cesoñ hit vppe and serue it forth.

Auter maner buknade. ¶ Take rawe Almondes, and blanche hem, and grynde hem, and draw hem thorgh a streynour with fressh broth and wyne into good stiff mylke; And theñ take veel, kede, or heñ, and parboile hem in fressh broth, and pike hem clene, and cast him thereto; take Clowes, maces, and herbes, and lete hem boile ynowe; And theñ caste a lituH Sugur, powder ginger, and salt, and serue him forth.

Brest de mottoñ in sauce. ¶ Take faire brestes of Muttoñ roasted, and chopp hem; And theñ take Vergeous, and chaaf hit in a VesseH ouer the fire, and caste there-to powder ginger; and theñ caste the chopped brest in a dissh, And caste the sauce al hote there-oñ, And serue hit forth.

Rissshewes de Mary. ¶ Take faire floure, and rawe yolkes of eyreñ, sugur, salt, powder ginger, and saffroñ, and make faire Cakes. And theñ take Mary, Sugur, powder ginger, and ley hit oñ the kake, and folde him togidre; And theñ kutte hit in maner of rissshewes, And fry hit in fressh grece, And theñ serue hit forth.

Lethe³ lory. ¶ Take mylke, and caste it in a potte, And caste there-to salt and saffroñ; and þeñ take and hewe faire buttes of Calvis or porke al smalle and caste thereto. And take the white and yolkes of eyreñ, And drawe hem thorgh a streynour; And whañ the licour is at þe boyling, caste there-to the

¹ fol. 135.² fol. 14.³ Lait.

eyreñ, And a lituH Ale, And styrrre till hit crudde; And if thou wilt haue hit farced, take mylke, and make hit scalding hote, And cast there-to rawe yolkes of eyreñ, sugur, powder ginger, Peper, clowes, and maces, And lete hit not fully boyle; And theñ take a faire lynneñ clothe, and presse the cruddes there-oñ, and theñ leche it; And ley þe leches .ij. or iij. in a dissh, And cast saffroñ there-oñ in the dissh, And so *serue* hit forth al hote.

Tansey. ¶ Take faire Tansey, and grinde it in a mortar; And take eyreñ, yolkes and white, And drawe hem thorgh a streynour, and streyne also þe Iuse of þe Tansey thorgh a streynour; and medle the egges and the Iuse togidre; And take faire grece, and cast hit in a pañ, and sette ouer þe fyre til hit mylte; and caste þe stufte thereoñ, and gader hit togidre with a sawcer or a dissh, as þou wilt haue hit more or lasse; And turne hit in þe panne onys or twies, And so *serue* it forth hote, yleched.

Froyse. ¶ Take egges, and drawe the yolkes and the white thorgh a Streynour; And theñ take faire beef or veel, and seth hit til hit be ynogh; and þeñ hewe hit colde or hote, al smaH, And medle the rawe beef or veel and the egges togidre, and caste there-to saffroñ, salt, And powder of peper, And medle al togidre. And theñ take a fryng pañ, and sette ouer the fire, and caste there-in fressh grece, and make hit hote; And theñ cast the stuff there-oñ and stirre hit weH in the pañ till hit come togidre; And whañ hit is com weH togidre, caste there-oñ in þe pañ a ¹ dissh, and presse hit togidre, And turne hit, if hit be nede, fore clevyng in the turnyng, caste into þe pañ more grece, but turne hit ones or ij;² And take hit vppe fro the fire, And leche it in faire peeces, & *serue* forth.

Gely. ¶ Take Calues fete, and scalde hem faire, and ley hem in faire water, and late hem wex white; Also take hoços of fele,³ and ley hem in faire water fore to soke oute þe blode; And þeñ take hem oute of þe water, and ley hem in a faire lynneñ clothe, and lete the water reñ oute; And þeñ take a faire scoured potte, and put al thes hoços and calues fete þerin; And þeñ take good white wyñ, that woH hold colloure, or elles fyne claret wyne, and caste there-to a porcion, and none oþer licoure, that the flessH be ouer-wose⁴ with al; and sette hit ouer the fire, and boile hit, and skem hit clene. Whañ hit is boyled tender ynowe, take vppe the flessH in a faire bolle, And save wel þe licoure; and loke that þou have faire sides of pigges, And faire smale chekynes scalded, and drawe hem, ([and the] legges and [the fete] on),⁵ and wassh

¹ fol. 14b.

² twies, twice.

³ Douce MS.; *houghys of veel*.

⁴ Douce MS. reads, *nerre wese with-alle*.

⁵ Thus Douce MS.: Harl. MS. *hem legges and sette on*.

faire, and caste hem in þe same first broth, And set hit ayeñ ouer the fire, and skym hit elene, and letē a mañ euere-more kepe hit, and blow of þe grauey; And in case that þe licour waste away, cast more of the same wyne þere-to; And put þi honde there-to, And, if thi honde be clammy, Hit is a signe þat it is gode; and lete not þe flessħ be so moche ysod that hit may bere no kuttyng; And theñ take hit vppe, and ley hit oñ a faire clothe, and set oute the licoure fro the fire; And put a fewe coles vnder þe vesseħ þat þe lycoure is yñ; and take salt, poudere of peper, and good quantite of saffroñ, (that hit haue faire Ambur colour,) and a good quantite of vinegre; And loke that hit be sauery of the salt and of the vinegre, & faire of colour of saffroñ; And put hit in a faire lynclothe, And sette vnder-neth a faire dissh, and late hit reñ thorgh the cloth so oft þat hit reñ elene¹; And if þou seest that hit hath to lituħ of the ²vinegre, or salt, or saffroñ, caste thereto more, after thi discrecion; And theñ kut faire sidde ribbes of þe sides of pigges, and ley hem oñ a chargeour or oñ a dissh,² And set hit faire oñ a colde place, and powre þe gely þeroñ; And theñ take faire blanchēd almondes, and caste anone thereoñ er hit kēle, and foilles of tried pared ginger; and lete stonde to kele.

[Guisseħ³]. ⁴ ¶ Take faire capoñ broth, or of beef, And sette hit ouer the fire, and caste þerto myced sauge, parcelly and saffroñ, And lete boile; And streyn the white and þe yolke of egges thorgh a streynour, and caste there-to faire grated brede, and medle hit togidre with thi honde, And caste the stuff to the broth into þe pañ; And stirre it faire and softe til hit come togidre, and crudded; And þeñ serue it forth hote.

Peris in Syrippe. ¶ Take Wardons, and cast hem in a faire potte, And boile hem til þei beñ tendre; and take hem vppe, and pare hem in ij. or in iij. And take powder of Caneħ, a good quantite, and cast hit in good red wyne, And cast sugur thereto, and put hit in añ ertheñ potte, And lete boile; And theñ cast the peris thereto, And late hem boile togidre awhile; take powder of ginger, And a liteħ saffroñ to colloure hit with, And loke that hit be poynante/ And also Doucet/

Peris in compost. ¶ Take Wyne, caneħ, And a grete dele of white Sugur, And sette hit ouer the fire, And hete hit but a lituħ, and noȝt boyle; And

¹ Douce MS. *clere*.

² Douce MS. adds [& pull the loynes of the chekyne iche from othere, and take away the skyn, and pulle hem [in] quartres, and ley a quarter of a chikyne and a ribbe of the pygge to-gedrys on a dissh.]

³ Taken from Douce MS.

⁴ fol. 15.

drawe hit thorgh a streynour; And then take¹ faire dates, and y-take oute the stones, and leche hem in faire gobettes al thyñ, and cast there-to; And then take pere Wardones, and pare hem, And seth hem, And leche hem in faire gobettes, and pike oute the core, and cast hem to the Syryppe; And take a lituH Saundres, and caste there-to in the boylng, And loke that hit stonde weH, with Gynger, Sugur, And weH aley hit with caneH, and cast [salt]² thereto, and lete boyle; And then caste it oute in a treyn³ vesseH, And lete kele; And then pare clene rasinges⁴ of ginger, & temper hem ij. or iij. daies, in wyne, And after, ley hem in clarefied hony colde, aH a day or a night; And þen take the rasons⁴ oute of the hony, And caste hem to the peres in composte; And then serue hit forth with sirippe, aH colde, And nought hote.

Chare de Wardone. ¶ Take peer Wardons, and seth hem in wine or water; And then take hem vppe, and grinde hem in a mortar, and drawe hem thorgh a streynoure with the licour;⁵ And put hem in a potte with Sugur, or elle; with clarefiede hony and caneH ynowe, And lete hem boile; And then take hit from the fire, And lete kele, and caste there-to rawe yolkes of eyreñ, til hit be thik, and caste thereto powder of ginger ynowe; And serue hit forth in maner of Ryse. And if hit be in lentoñ tyme, leve the yolkes of eyreñ, And lete the remnaunt boyle so longe, til it be so thikk as though hit were y-tempered with yolkes of eyreñ, in maner as A mañ setheþ charge de quyns; And then serue hit forth in maner of Rys.

Mawmene. ¶ Take vernage, or oþer strengere wyne of the best that a mañ may finde, and put hit in a potte, and cast there-to a gode quantite of powder CaneH, And sette hit ouer the fire, And yif hit a hete; And then wring oute softe thorgh a streynour, that þe draff go not oute, And put in a faire potte; take and pike newe faire pynes, And wassh hem clene in wyne, And caste of hem a grete quantite þere-to; And take white sugur ynowe, as moche as thi licour is, And cast there-to; and take confections or charge⁶ de quyns, a goode quantite, and cast thereto; and drawe a few saundres with stronge wyne thorgh a Streynour, and cast there to; And put al in a potte; And cast there-to a good quantite of Clowes, and sette hit ouer the fire, & gif hit a boylng; And take Almondes,⁷ and drawe hem with mighti wyne thorgh a streynour; And at the first boiling,⁸ a-ley hit vp, & yeve⁸ hit a boyle; and⁹ ley hit vp with ale, and gif hit a boyle, and sette hit fro the fire; and caste

¹ Douce MS. ² Douce MS. ³ fol. 15b. MS. repeats 'vesselle,' treyne is treen, wooden.

⁴ shavings, parings.

⁵ Douce MS. *with-out eny licour.*

⁶ ? MS.; for chare.

⁷ D. *amydons.* ⁸ fol. 16. ⁹⁻⁹ D. omits from *a-ley . . . and.*

thereto tesid brawne of Fesaunte, partrich, or capon, a good quantite, and ceson hit vppe with pouder of ginger ynogh, and a lituH saffron and salt; And if hit be stronge,¹ aley hit with vinegre of² swete wyne, and dresse hit flatte with the bak of a Saucer or A ladeH; And as thou dressest hit with the saucer in vinegre³ or mighty wyne, wete the saucer or ladeH fore cleving, [and loke]⁴ that hit haue sugur right ynogh, And serve hit forth.

Longe Wortes de Pesone. ¶ Take grene pesyn, and wassh hem clene, And cast hem in a potte, and boyle hem til they breke; and then take hem vppe fro the fire, and putte hem in the broth in an other vesseH; And lete hem kele; And drawe hem thorgh a Streynour into a faire potte. And then take oynones in ij. or iij. peces; And take hole wortes, and boyle hem in fayre water; And then take hem vppe, And ley hem on the faire borde, And kutte hem in .iij. or in .iiij. peces; And caste hem and the oynons into þat potte with the drawen peseñ, and late hem boile togidre til they be aH tendur, And then take faire oile and fray, or elle; fressh broth of some maner fissH, (if þou maist, oyle a quantite),⁵ And caste thereto saffron, and salt a quantite. And lete hem boyle wel togidre til they beñ ynogh; and stere hem wel euermore, And serue hem forthe.

Elys in Sorre. ¶ Take eles, and fle hem, and choppe hem in faire colpons, And wassh hem clene, and putte hem in a faire potte; and then take parcelly, oynons, and shrede togidre to the eles; And then take pouder of peper, &⁶ broth of fissH, and set hit ouer the fire, and lete hem boyle togidre; And þen take a lofe of brede, and alay the brede in the þe same broth, And drawe hit thorgh a streynour; And whan the eles beñ almost y-sodde ynowe, caste there-to;⁷ And lete hem boile togidre; and take hem vp fro þe fire, and cast þer-to salte, vinegre, And serue hit forth.

Ballok broth. ¶ Take elys, and fle hem, and kutte hem in colpons, and caste hem into a potte with faire water/ and then take parcelly, and oynons, and shrede hem, not to smale; And take Clowes, Maces, pouder of Peper, pouder of CaneH, And a gode porcion of wyne, and cast thereto, And lete hem boyle; And whan þe eles betH wel y-boiled, take faire stokfissH, and do

¹ Douce MS. *to stondyng.*

² Douce MS. *vernage or.*

³ Douce MS. *vernage.*

⁴ Added from Douce MS.

⁵ Douce MS. *reads here:* other elles fressh broth of some maner of fressh fische (yffe thou haue none oile) a quantite.

⁶ Douce MS. *adds:* canelle, & clowes and maces, & cast ther-to, and take fressh, *between & and* broth.

⁷ Douce MS. *adds:* and alay hit ther-with, & cast wyne ther-to and lete hem buille to-gederys: & then take hem vppe fro the fyre and cast ther-to wyne, &c. ⁸ fol. 16b.

a-wey þe skyñ, and caste thereto, And lete boyle. And whañ the eles beñ weñ y-boyled, take faire berme, and put þerto, And lete boyle awhile; and þeñ take Saffroñ and salt, and a litel vinegre, and cast thereto; And lete serue hit forthe fore gode potage.

Soppes Dorre. ¶ Take rawe Almondes, And grynde hem in A mortar, And temper hem with wyñ and drawe hem thorgh a streynour; And lete hem boyle, And cast there-to Saffroñ, Sugur, and salt; And theñ take a paynmain, And kut him and tost him, And wete him in wyne, And ley hem in a dissh, and caste the siryppe thereoñ, and make a dregge¹ of poudre ginger, sugur, Caneñ, Clowes, and maces, And cast thereoñ; And whañ hit is I-Dressed, serue it forth fore a good potage.

Soppes pour Chamberleyne. ¶ Take wyne, Caneñ, powder ginger, sugur/ of eche a porcioñ; And cast aH in a Streynour, And honge hit oñ a pyñ, And late hit reñ thorgh a streynour twies or thries, til hit reñ clere; And theñ take paynmain, And kutte hit in a maner of Browes, And tost hit, And ley hit in a dissh, and caste blanche poudre there-oñ ynogh; And theñ cast the same licour vppoñ þe Soppes, and serue hit forthe fore a good potage.

Muscules in broth. ¶ Take Muscules, And sith² hem, And pike hem oute of the sheñ; And drawe the broth thorgh a streynour into a faire vesseñ, And sette hit oñ the fire; And theñ take faire brede, and stepe hit with þe same³ broth, and draw hit thorgh a streynour, And cast in-to a potte with þe sewe; and menge⁴ oynons, wyñ, and poudre peper, and lete boyle; & cast there-to the Musculis and poudre ginger, and saffroñ, and salte; And theñ serue ye hit forthe.

Muscules in Shelle. ¶ Take and pike faire musculis, And cast hem in a potte; and caste hem to, myced oynons, And a good quantite of peper and wyne, And a lite vynegre; And assone as thei bigynnetñ to gape, take hem from þe fire, and serue hit forthe with the same broth in a dissh al hote.

Mortrewes of Pesyñ. ¶ Take a Gurnard, or elles a Codling, (the lyuer And þe Spawne with-in him), And seth him ynowe in faire water; and pike oute the bones, and grinde the fissh in a mortar, and temper hit with almond mylke, and caste-to grated brede; and þeñ take hit vppe, and put hit in a faire potte, and lete boyle; And caste thereto sugur, Safferoñ, and salte; and serue hit in a dissh in maner of mortrewes of flessñ, And caste powder of Ginger there-oñ.

Blanche porrey. ¶ Take blanche almondes, And grinde hem, and drawe

¹ dredge. Douce MS. dragge.

² seethe, boil.

³ fol. 17.

⁴ Douce MS. mynced; see next recipe.

hem with sugur water thorgh a streynour into a good stuff mylke into a potte; and þeñ take þe white of lekes, and hew hem smaht, and grynde hem in a mortar with brede; and þeñ cast al to þe mylke into þe potte, and caste þerto sugur and salt, and lete boyle; And seth feyre poudrid eles in faire water ynowe, and broile hem oñ a gredreñ; and kut hem in faire longe peces, and ley two or thre in a dissh togidre as ye do venesoñ with ffurmenty, And *serue* it forthe.

Caudeñ ffery. ¶ Take rawe yolkes of eyreñ and trie hem, and bake hem; and take good wyne, and warme hit ouer the fire in a potte, And cast thereto the yolkes, and stere hit weht, butte lete hit not boyle til hit thikke; ¹ and then caste there-to sugur and salt, and *serue* hit forth as mortrewes.

Prenade.²—Take wyñ. and put hit in a potte, and clarefied honey, sawndres, powder of peper, Canel, Clowes, Maces, Saffroñ, pynes, myced dates, & reysons, And cast thereto a litul vinegre, and sette hit ouer the fire, and lete hit boyle; and seth figges in wyñ and grynde hem, and draw hem thorgh a streynour, and cast thereto, and let boile al togidre. And þeñ take floure, saffroñ, sugur, and faire water, and make faire cakes, and late hem be thyñ ynogh; And þeñ kutte hem like losinges; And þeñ caste hem in faire oyle, and fry hem a litul while; And then take hem vp oute of the pañ, and caste hem to þe wesseht with the sirippe, altogidre, in a dissh; And therefore thi sirripe most be rennyng ynow, and nojt to stiff; and so *serue* it forth fore a good potage, in faire disshes all hote.

Froyte de almondes.³ ¶ Take blak sugur and colde water, and caste the sugur and þe water in a potte; and lete hem boile togidre, and salt, and skeme hem clene, and let hit kele; And þeñ take Almondes, and blanche hem clene, and stampe hem in a mortar al smal, and drawe hem thik ynowe thorgh a streynour with sugur water, into a faire vesseht. And if hit so be þat the mylke be not swete, take white sugur and cast thereto; And *serue* hit forth in maner of potage, And namly in lenton tyme.

Fried creme de almondes. ¶ Take Almondes, and blanche hem, and wassh hem in faire water, and bray hem smaht in a mortar with faire water; And then take hem and þe water togidre soñ-what thik, and drawe hem þorgh a streynour into a faire potte, And set hem ouer the fire, and lete hem boyle ones; And þeñ take hem downe, and cast thereto Salte, and lete stonde a forlonge wey or .ij. And cast a lituht vinegre þerto; And þeñ cast hit oñ a faire lynnen cloth that ⁴ is faire wassh, and þe water y-wronge oute there-of;

¹ fol. 17b. ² Called *Brewes* in D. ³ Douce MS. *Froydelet dalmandes*. ⁴ fol. 18.

and cast hit aH abrode with the laduH, and lete meñ hold the cloth al abrode; and þeñ take a ladiH, and draw vndur þe cloth, and draw away þe water aH that a mañ may. And þeñ gadur al þe creme togidur in þe clothe; And þeñ take þe cloth with the creme, and hange hit vppoñ a pyñ, and lete þe water droppe oute two or thre houres or more; And theñ take hit of þe cloth, and putte hit in a boH of tre, And caste Sugur ynogh þereto and a litul salt. And if hit wex to thik, take swete wyne, and temper hit with ale; And þeñ take reysons of coraunce, elene y-wassh, and put hem there-in, that þey be not seyn; And whañ hit is dressed in maner of mortrewes, take rede anneys in confite, or elles levis of Buraġe,¹ and set þere-oñ in a dissh.

Creme boiled. ¶ Take mylke, and boile hit; And þeñ take yolkes of eyreñ, and try hem fro the white, and drawe hem thorgh a streynour, and cast hem into þe mylke; and theñ sette hit oñ þe fire, and hete hit hote, and lete not boyle; and stirre it wel til hit be soñ-what thik; And caste thereto sugur and salte; and kut þeñ faire paynmain soppes, and caste the soppes there-oñ, And serue it in maner of potage.

Letlardes. ¶ Take mylke scalding hote; And take eyreñ, the yolkes and the white, and drawe hem thorgh a streynour, and caste to þe mylke; And þeñ drawe þe iuce of herbes, which that þou wilt, so þat þey beñ goode, and drawe hem thorgh a streynour. And whañ the mylke bigynneth to crudde, caste þe Iuce thereto, if þou wilt haue it grene; And if þou wilt haue it rede, take Saundres, and cast to þe mylke whañ it croddeth, and leue þe herbes; And if þou wilt haue hit yelowe, take Saffron, and caste to þe mylke whañ hit cruddeth, and leue þe Saundres; And if þou wilt haue it of al þes colours, take a potte with mylke & Iuse of herbes, and anoþer potte with mylke and saffron; And anoþer² potte with mylke and saundres, and put hem al in a lynneñ cloþe, and presse hem al togidur; And if þou wilt haue it of one colour, take but one cloth,³ and streyne it in a cloth in þe same maner, and bete oñ þe clothe with a ladeH or a Skymour, to make sad or⁴ flatte; and leche it faire with a knyfe, and fry the leches in a pañ with a lituH fresh grece; And take a lituH, and put hit in a dissh, and serue it forth.

Leche lumbarde. ¶ Take Dates, and do away þe stones; and seth hem in swete wyne; and take hem vppe, and grinde hem in a mortar, and drawe hem þorgh a streynour with a lituH swete wyne and sugur; and caste hem in a potte, and lete boyle til it be stiff; and þeñ take hem vppe, and ley hem vp apoñ a borde; and theñ take poudur ginger, CaneH, and wyñ, and melle al

¹ D. adds *flowres.*² fol. 18b.³ Douce MS. of *these.*⁴ Douce MS. *and.*

togidre in thi honde, and make it so stiff that hit woſt be leched; And if hit be not stiff ynowe, take hard yolkes of eyreñ and creme thereoñ, or elles grated brede, and make it thik ynogh; take Clarey, and caste thereto in maner of sirippe, whañ þou shaft serue hit forthe.

Auter leche lumbard. ¶ Take faire hony, and clarefy it in þe fire til hit¹ be stiff ynowe; and theñ take hit vpp̄e and ley hit oñ a borde; and take faire grated brede and pouder of peper, and meſt al togidre wiþ thi honde, til hit be so stiff that hit wol be leched; and leche hit. And theñ take wyne, pouder of Gynger, Caneſt, and a litel clarefyed hony, and lete reñ thorgh a streynour, and cast þe sirip thereoñ, whañ that thou shaft serue hit in stede of Clarre.

Cryspes. ¶ Take white of eyreñ, Milke, and fyne floure, and bete hit togidre, and drawe hit thorgh a streynour, so that hit be rennyng, and nocht to stiff; and caste there-to sugur and salt. And theñ take a chaffur ful of fressh grece boyling; and þeñ put thi honde in the batur² and lete the bater reñ thorgh thi fingers into þe chaffur; And whan it is reñ togidre in the chaffe, and is ynowe, take a Skymour, and take hit oute of the chaffur, and putte oute al the grece, And lete reñ; And putte hit in a faire dissh, and cast sugur thereoñ ynow, and serue it forth.

Poterous.³ ¶ Take a shouel of yreñ, and hete him brennyng hote in þe fire; and þeñ take him oute of the fire, and fil him full of salt; And then make a coffyn, and putte in the salt al holowe, þe shappe of a treyn dissh; and sette þe pañ and þe salt ouer the fire ayeñ, til þe salt be brennyng hote; and theñ cast the white and þe yolkes of rawe eyreñ in-to þe hole of salt, and lete stonde in þe fire til hit be half hard; And theñ put a dissh half of salt; And þeñ take a dressing knyfe, and put vnder þe salt⁴ and þe pañ, and heve hit vpp̄e fro the fire, that þe coffyn wiþ the eyreñ breke not; And þeñ sette hit in þe dissh with the salt, and serue it forth.

Risshewes. ¶ Take figges, and grinde hem aH rawe in a mortar, and cast a lituH fraied oyle there-to; And þeñ take hem vpp̄e yñ a vesseH, and caste there-to pyne, reysyns of corañce, myced dates, sugur, Saffroñ, pouder gynger, and salt: And þeñ make Cakes of floure, Sugur, salt, and rolle þe stuff in thi honde, and couche it in þe Cakes, and folde hem togidur as risshewes, And fry hem in oyle, and serue hem forth.

¹ Douce MS. adds after hit: 'wex hard: & take hard yolkes of eyrene & cryme hem a grett quantite ther-to, till it,' &c. ² fol. 19. ³ Harl. MS. Poterous.

⁴ MS. repeats 'And then take a dressing knyfe, and putte vnder the salt.'

Potage de egges.¹ ¶ Take faire water and cast in a faire frying pañ, or elle; in an oþer vesseH, til hit boyle, and skeme it weH; And theñ breke faire rawe egges, and caste hem in þe water, And lete þe water stonde stil ouer þe fire, and lete the egges boyle harder or nessher as þou wilt.

Taylours. ¶ Take almondes, and grynde hem raw in a mortar, and temper hit ²with wyne and a litul water; And drawe hit þorgh a streynour into a goode stiff mylke into a potte; and caste thereto reysons of coraunce, and grete reysons, myced Dates, Clowes, Maces, Pouder of Peper, Canel, saffron a good quantite, and salt; and sette hem ouer the fire, And lete al boyle togidre awhile; And alay hit vp with floure of Ryse, or elles grated brede, and cast there-to sugur and salt, And serue hit forth in maner of mortrewes, and caste there-on pouder ginger in þe dissh.

Malmens bastard. ¶ Take a poteH of clarefied hony, and a pounce of pynes,³ and I. pounce of Reysons of coraunce, Saundres, pouder caneH, And ij. galons of wyne or ale, and pouder peper, and cast al in a potte, And skeme hit clene; And þeñ take iij. ii. pounce⁴ Almondes,⁵ and stepe to-gidre, And drawe hem þorgh a streynour; And whañ the potte boyleth, cast þe licour to, & aley hit vp al standing; And þeñ take pouder ginger, salt in⁶ saffron, and ceson hit vppe, and serue hit forth in a dissh al hote, and salt; And cast pouder ginger thereon in þe dissh, and serue it forth.

Gyngautrey.⁷ ¶ Take paunches and lyuers of a codlyng, or haddock, or elles kelyng, and seth hem in faire water; And take hem vppe on a faire borde, & myce the panches smaH; And þeñ take fressh broth of fressh Salmoñ, or of eles, or of turbut, and cast þe myced paunches there-to, And pouder of peper, and lete boyle; And theñ take the broth that þe paunches and lyuers were y-sodde in, And stepe there-in faire brede, and drawe hit thorgh a streynour; And þeñ myce þe lyuers in faire peces; And whañ the paunche hath wel y-boyled in þe licour,⁸ caste þe lyuers thereto, and lete boyle a while; And serue hit forth hote for gode potage; and late hit be soñ-dele rennyng.

ffygey. ¶ Take figges, and caste hem in a potte, And cast there-to wyne or Ale,⁹ and lete hem boile, And take hem vppe, and bray hem in a mortar; And þeñ take brede, and stepe in þe same licour, and cast thereto, And drawe hem þorgh a streynour, and caste hit in a faire potte with wyne or ale; and

¹ D. *Pocched egges.*

² fol. 19b.

³ D. *pepyr pynes.*

⁴ 3 pounds of pounded.

⁵ Amydones, Douce MS. *which adds*, a galone of wyne, & a gode quantite of vynegre & lete.

⁶ Douce MS. *and.*

⁷ Harl. MS. *Gyngantrey.*

⁸ Douce MS. *adds*: cast the liour ther-to and lete buille awhile, & then; *the liour being the brede and broth.*

⁹ fol. 20.

þeñ take figes, and kutte hem smale, pynes, saundres, pouder of peper, a lituH saffroñ and salt, and cast þer-to, and serue hit standing.

Chaudewyne. ¶ Take þe Guttēs of fressh Samon, and do awaye the gall; and slytte hem, and caste hem in a potte, and boyle hem in water right weH; And ley hem vpon a borde, and hewe hem; And þen stepe brede in þe same licour, And cast soñ of the samon broth thereto, And drawe aH thorgh a streynour; and theñ caste the heweñ guttes and þe draweñ brede in a potte, and a lituH wyñ, pouder of CaneH, or saffroñ, And lete boyle togidre; And cast there-to pouder of peper, Vinegre, and salt; And lete hit be rennyng.

Rapes. ¶ Take half figges and half reysons, and boile hem in wyñ, and take hem vp, and bray hem in a mortar, And drawe hem with þe same licour thorgh a streynour, so thik that hit be standing; And theñ take resons of corance, Pynes, Clowes, Maces, sugur of Cipris, and cast þereto, and put hit in a faire potte; And theñ take a fewe Saundres, pouder peper, CaneH, and a lituH Saffroñ; And if hit be not standing ynogh, take a lituH floure of Amidons, And drawe hit with wyñ thorgh a streynour, And cast there-to salt, and serue it forth stonyng.

IusseH. ¶ Take the ffry of a pyke, and cast hit rawe in a mortar, and cast there-to myced¹ brede grated, and bray hem asmaH as þou maist; And if hit be to standing, caste there-to a lituH mylke of Almondes, And bray hit togidre, and strek² hit togidre with thi honde; And cast there-to a lituH saffroñ with Sugur and salt, And put aH in a treeñ boH, and truH³ hit to-gidre with thi honde; And loke þat hit be noyt to thik, but as⁴ a mañ may powre it oute of þe boH; And þeñ take a pañ, and caste thereto faire grauey of a pike, or of a fressh samon, and drawe hit thorgh a streynour, and sette it ouer the fire; and take faire parcely and Sauge, and caste there-to, and lete hit boile, and caste there-to a lituH saffroñ and salt; And whañ hit hath boyled a while, sterre hit fast, and caste the stuff thereto, and ster hit euermore. And whañ hit is al oute of the bolle, [cast it]⁵ a liteH and a liteH into þe pañ, stere it softer and softer til hit be roñ to-gidre; And þeñ take a ladeH or a skymour, and drawe hit togidre soft til hit come to-gidre, And take hit fro þe fire, and sette þe vesseH oñ a fewe colys, and lete hit wax stiff be his owne accorde, and theñ serue it forth with a skymour, like as þou wolt serue IusseH, aH hote.

Gele of peson. ¶ Take a pike newe right y-drawe,⁶ and smyte him in faire

¹ MS. myced myced. D. *maynchete*.

² Douce MS. *strike*.

³ ? twille, as Douce MS.

⁴ fol. 20b.

⁵ Added from Douce MS.

⁶ Douce MS.: Draw new pikes and new righ, and smyte hem.

pees, and sethe him in same licour as þou doest Gele of flessĥ/ And whān hit is ynogh, take hit vppe; And þēn take perches, tenches, elys, & kutte hem in faire pees, and wassĥ hem, and put hem in the same licour; and loke that thou haue fissĥ ynogh, that the licoure may be stiff ynowe; And in caas þat þou faile fissĥ, that þou hast not ynogh to make gely, take faire soundes of watered stokfissĥ, or elles of fressĥ Milleweĥ, or elles of kelyng,¹ and cast thereto; and sette ouer þe fire, and lete it boyle; and þat woĥ help hit to gele; and skeĥ clene þe grave; And whān hit is ynogh, lete noȝt the fissĥ breke, but take vppe the fissĥ hole, and set the licour fro the fire, and put coles vnderneĥ the vesseĥ as þou doest afore to the oþer gele of flessĥ, with vinegre, pouder of peper, saffroĥ & salt; And þēn take a pike, perche, and tenche, and pul of the skyĥ, And put a pece of one and a pece of anoþer in a faire disĥ, as þou dost oþer gele of flessĥ, And poure the licour there-oĥ, as þou doest oþer gele of flessĥ; and cast there-oĥ almondes blanchēd, and foyles of tried ²ginger pared, and set hit in a colde place, and lete hit gele.

Caudeĥ. ¶ Take faire tryed yolkes of eyreĥ, and cast in a potte; and take good ale, or elles good wyĥ, a quantite, and sette it ouer þe fire/ And whān hit is at boyling, take it fro the fire, and caste þere-to saffroĥ, salt, Sugur; and cesoĥ hit vppe, and serue hit forth hote.

Oyle soppes. ¶ Take a good quantite of oynons, and myce hem, noȝt to smale, & seth hem in faire water, And take hem vppe; and theĥ take a good quantite of stale ale, as .iij. galons, And there-to take a pynte of goode oyle that is fraied, and cast the oynons there-to, And lete al boyle togidre a grete [while];³ and caste there-to Saffroĥ and salt, And þen put brede, in maner of brewes, and cast the licour there-oĥ, and serue hit forth hote.

Caudeĥ de Almondes. ¶ Take rawe almondes, and grinde hem, And temper hem with goode ale and a litul water; and drawe hem thorgh a streynour into a faire potte, and lete hit boyle awhile; And cast there-to saffroĥ, Sugur and salt, and serue hit forth hote.

Cheaut de Almondes. ¶ Take almondes, and blanche hem, and grynde hem with faire water, and drawe hem thorgh a streynour, and sette hem oĥ the fire, and lete hem boyle ones; and cast there-to sugur and salt, And serue it forth hote.

Lente ffrutours. ¶ Take goode floure, Ale yeest,⁴ saffroĥ, and salt, and bete al to-gidre as thik as oþer maner frutours of flesĥ; and þēn take Appels, and

¹ D. kodelyng.² fol. 21.³ Douce MS. *wile*.⁴ *Chaudlet* Douce MS.⁵ D. however reads *Ale and yeest*.

pare hem, and kut hem in maner of ffrutours, and wete hem in þe batur vp and downe, and fry hem in oyle, and cast hem in a dissh, and cast sugur þeroñ ynowe, and serue hem forth hote.

[**Lesenges Fries.**¹] ¶ Take floure, water, saffroñ, sugur, and salt, and make fyne paast þer-of, ²and faire thyn kakes; and kutte hem like losenges, and fry hem in fyne oyle, and serue hem forthe hote in a dissh in lenteñ tyme.

[**Risschewes de frute.**³] ¶ Take figges, and grinde hem in a mortar al smal with a liteñ oyle, and grynde with hem, clowes, and maces; and theñ take hem vppē in-to a dissh, and caste thereto pynes, saunders, reisons of coraunce, myced dates, poudere of Peper, Caneñ, Saffroñ, and salt; And theñ make fyne paast of floure, water, sugur, saffroñ, and salt, And make there-of faire kakes; and theñ rolle the stuff in thi honde, and couche hit in þe kakes; kutte hem, and so folde hem [togedrys]⁴ as risschewes, And fry hem in goode Oyle, And serue hem forthe hote.

[**Trayne roste.**⁵] ¶ Take Dates and figges, and kutte hem in a peny brede; And þeñ take grete reysons and blanched almondes, and prik hem thorgh with a nedel into a threde of a mannys length, and one of one frute and a-noþer of a-noþer frute; and þeñ bynde the threde with the frute A-bought a rownde spete, endelonge þe spete, in maner of an hasselet; And theñ take a quarte of wyne or Ale, and fyne floure,⁶ And make batur thereof, and cast thereto poudere ginger, sugur, & saffroñ,⁷ poudere of Clowes, salt; And make þe batur not fully rennyng, and noþer standing, but in þe mene, that hit may cleue, and ⁸than rost the ⁸treyne abough[t] the fire in þe spete; And þeñ cast the batur oñ the treyne as he turneth abough[t] the fire, so longe til þe frute be hidde in the batur; as þou eastest þe batur there-on, hold a vesseñ vnderē-nethe, for⁹ spilling of þe batur/ And whan hit is y-rosted weñ, hit wol seme a hasselet; And theñ take hit vppē fro þe spit al hole, And kut hit in faire peces of a Spañ length, And [serue]¹⁰ of hit a pece or two in a dissh al hote.

Quynces or Wardones in paast. ¶ Take and make rounde coffyns of paast; and take rawe quynces, and [pare]¹¹ ¹²hem with a knyfe, and take oute clene the core; And take Sugur ynogh, and a lituñ poudere ginger and stoppe the hole fuñ. And þeñ couche ij. or iij. quynces or wardons in a Coffyn, and keuer hem, And lete hem bake; or elles take claredif hony in- stede of sugur, if thou maist none sugur; And if þou takest [hony],¹³ put

¹ Douce MS.² fol. 21b.³ Douce MS.⁴ Douce MS.⁵ Douce MS.⁶ D. MS.; *sugur*, Harl.⁷ Douce MS.^{8,9} D. MS.; *that rost*, Harl.⁹ against, to stop.¹⁰ Douce MS.¹¹ added from D. MS.¹² fol. 22.¹³ Douce MS.

thereto a lituH poudere peper, and ginger, and put hit in þe same maner in the quynces or wardons, and lete hem bake ynogh.

¹**Rastons.** ¶ Take fyne floure, and white of eyreñ, and a litul of the yolkes; And theñ take warme berm, and put al thes togidre, and bete hem togidre with thi honde so longe til hit be² short and thik ynogh. And caste sugur ynowe thereto; And þeñ lete rest a while; And theñ cast hit in a faire place in an oven, and lete bake ynogh; And þeñ kut hit with a knyfe rownde aboue in maner of a crowne, and kepe þe crust þat þou kutttest, and pile³ all þe cremes⁴ within togidre; and pike hem smaH with thi knyfe, and saue the sides and al þe cruste hole withoute; And þeñ cast thi clarefied butter, and medle þe creme⁵ and þe buttur togidre, And couer hit ayeñ with þe cruste that þou kutttest away; and theñ put hit in the oveñ ayeñ a lituH tyme, and take it oute, and serue hit forthe aH hote.

Tart de ffryute. ¶ Take figges, and seth hem in wyne, and grinde hem smale, And take hem vppe into a vesseH; And take poudere peper, CaneH, Clowes, Maces, poudere ginger, pynes,⁶ grete reysons of coraunce, saffron, and salte, and cast thereto; and þeñ make faire lowe coffyns, and couche þis stuff there-in, And plante pynes aboue; and kut dates and fressh salmoñ in faire peces, or elles fressh eles, and parboyle hem a lituH in wyne, and couche thereon; And couche⁷ the coffyns faire with þe same paaste, and endore the coffyn withoute with saffron & almond mylke; and set hem in þe oveñ and lete bake.

[**Chewettes**]. ¶⁸ Take and make faire paste of floure, water, saffron, and salt; And make rownde cofyns þere-of; and þeñ make stuff as þou doest for rissfishewes, and put þe stuff in þe Coffyns, and couer the coffyns with þe same paaste, and fry hem in goode oyle as þou doest rissfishewes, and serue hem forthe hote in the same maner.

Lamprey I-bake. ¶ Take and make a faire rounde coffyn of paast; and þeñ take a fressh lamprey, and lete him blode .ij. fingers within þe nauel, And lete him blode in a vesseH, and lete him dy in þe same blode; And theñ take browne brede, and kut hit, and stepe hit in vinegre, and drawe hit þorgh a streynour; and þeñ take þe same blode, and poudere of CaneH, And cast there-to, til hit be browne; And theñ cast thereto a litul poudere of peper and salt, and a lituH wyne, that hit be not to stronge with vinegre; And theñ skald the lamprey, and pare him clene, and couche him rounde in

¹ Douce MS.; *Bastons*, Harl.

² Douce MS.

³ Douce MS.; *pike* Harl.

⁴ Douce MS. *chromes*.

⁵ Douce MS. *chrommes*.

⁶ D. *adds*: reysyns fried in oyle.

⁷ Douce MS. *keuere*.

⁸ fol. 22b.

a coffyn; and þen caste al þe sewe rownde abought vppoñ him in the coffyn til hit be couered; And then couer þe coffyn, and hele hit with a lydde aboue, save a litul hole; and at the hole blowe in the coffyn with thi mouthe a good blast of wynde; and sodenly stoppe the hole, that the wynde abide within þe coffyn, to ryse up þe cofyn that he fall not a-downe. And whañ hit is a litul y-harded in þe oven, prik the coffyn with a pyñ, for¹ brestyng² of þe coffyn; And lete bake ynowe, And serue it forthe colde. And whañ the lamprey is ytake oute of þe coffyn, and I-ete,³ take the sirippe oute of þe coffyn, and put hit in a chargeour, and caste wyne there-to, And pouder of ginger, And lete boyle ouer þe fire; And take paynmain, and kutte hit and wete hit yñ, And ley þe soppes yñ the coffyn of þe lamprey, And cast the sirippe aboue, and ete it so/

Sauce pour lamprey. ¶ Take a quyk lamprey, And lete him blode at þe nauelh, And lete him blode in añ ertheñ potte; And scalde him with hey, and wassh him⁴ clene, and put him [on a spitte;]⁵ and sette the vesseh with þe blode vnder þe lamprey while he rosteth, And kepe the licoure þat droppetñ oute of him; And then take oynons, and myce hem smaH, And put hem yñ a vesseh with wyne or water, And let hem parboyle right well; And then take away the water, and put hem in a faire vesseh; And þen take pouder of CaneH and wyne, And drawe hem thorgh a streynour, and cast [hit to]⁶ the oynons, and set ouer the fire, and lete hem boyle; And cast a lituH vinegre and parcely there-to, and a litul peper; And þen take þe blode and þe dropping of þe lamprey, and cast thereto [& lete buille to-gedrys tiH it be a liteH thykke, & cast therto]⁷ pouder ginger, vynegre, salt, and a lituH saffron; And whañ þe lamprey is⁸ rosted ynowe, ley him in a faire chargeour, And caste aH the sauce apoñ him, And so serue him forth.

Lamprey poudred. ¶ Take a lamprey poudred, and stryke away the salt with thi honde; take away the bone fro þe prote into þe tayle by the bely side, And ley him in water a day and a nyght, and scald him in water with strawe or hey, to stripe him with-aH; And then wassh him clene, and cast him in faire water colde, and seth him, and cast x. or xij. oynons hole vñ-pullud, and lete hem seth togidre, and skeñ it; And þen take vp the lamprey and þe oynons fro þe water, and ley hem in a dissh tiH they beñ colde aH; and serue hem forthe colde with sauce Galentyne; and myce the oynons in⁹ the sauce, & ete hem so.

¹ against, to stop. ² Douce MS.; *brennyng*, Harl.

³ eaten. ⁴ fol. 23.

⁵ Douce MS.; Harl. MS. *in a faire brothe*.

⁶ added from Douce MS.

⁷ added from Douce MS.

⁸ Harl. MS. *is ro*.

⁹ Douce MS.; *and* Harl.

Stokfiss̄ in sauce. ¶ Take faire broth of elys, or pike, or elles of fressh samond, And streyn hit thorgh̄ a streynour; and take faire parcelly, And hewe hem smaḥ, And putte the broth and þe parcelly into aṅ ertheṅ potte, And cast þerto pouder ginger, and a litul vergeous, And lete hem boyle to-gidre; and þeṅ take faire sodden stokfiss̄, and ley hit in hote water; and whāṅ þou wilt serue it forth, take þe fiss̄ fro þe water, and ley hit in a dissh̄, And caste the sauce al hote there-oṅ, and serue it forth̄.

Lamprons in Galentyne. ¶ Take brede, and stepe it in wyne and vynegre, and cast there-to Caneḥ, ¹and drawe it thorgh̄ a streynour; and do it in a potte, and cast pouder of peper thereto; And take smale oynons, and myce hem, and fry hem in oyle, & cast there-to a fewe saundes, and lete hem boyle a litul; And theṅ take lamprons, and scalde hem with hey in hote water, and seth̄ hem; and þeṅ h[r]oyle ² hem oṅ a faire gredreṅ, and þeṅ couche hem in a dissh̄ and cast the sauce oṅ hem, And theṅ serue it forth̄.

Lamprons ybake. ¶ Take lamprons, and scalde hem with hey; and make faire paaste, and couche ij. or iij. lamprons thereoṅ, with pouder ginger, salt and peper, and lete bake; And leche samoṅ in faire brode peces, and bake hem in þe same maner.

Oystres in grauey. ¶ Take almondes, and blanche hem, and grinde hem, and drawe hem þorgh̄ a streynour with wyne, and with goode fressh broth into gode mylke, and sette hit oṅ þe fire and lete boyle; and cast þereto Maces, clowes, Sugur, pouder of Ginger, and faire parboyled oynons myced; And þeṅ take faire oystres, and parboile hem togidre in faire water; And then caste hem there-to, And lete hem boyle togidre til þey beṅ ynowe; and serue hem forth for gode potage.

Oystres in cevey. ¶ Take oystres and sheff̄ hem and put hem in a vesseḥ, (and þe water that is within þe oystres with-aḥ;) And cast þerto a litul wyne, And sette hem over the fire, and parboyle hem; And þeṅ take faire þe oystres vppe of the broth̄, and put hem in a faire potte; And take þe same broth̄, and drawe hit thorgh̄ a streynour, and cast hit in-to þe oystres, And sette hit ouer the fire; And take a litul Of þe same broth̄ ayeṅ; and a litul wyne, and put hit yṅ a faire vesseḥ, and put þere-to browne crustes and pouder caneḥ, and draw hit thorgh̄ a streynour; and myce oynons smaḥ, and fry hem in oyle or in butter, and caste hem there-to, and sette ouer the fire. And whāṅ þe oystres boyleth, caste the licoure ³there-to, and cesoṅ hit vppe with pouder of peper, salt, and a litel saffron, and cast there-to a litul vinegre, þat hit be

¹ fol. 23b.² Douce MS. *bouille*.³ fol. 24.

poynant there-of in þe sesenyng and browne also; And *serue* hit forth for a gode potage.

Pike in galentyne. ¶ Take a pike and seth him ynowe in gode sauce; And þen couche him in a vesseH, that he may be y-caried yñ, if þou wilt// And what tyme he is colde, take brede, and stepe hit in wyne and vinegre, and cast there-to caneH, and drawe hit þorgh a streynour, And do hit in a potte, And caste there-to powder peper; And take smale oynons, and myce hem, And fry hem in oyle, and cast there-to a fewe saundres, and lete boyle awhile; And cast aH this hote vppon þe pike, and cary him forth.

Pike boyled. ¶ Take and make sauce of faire water, salt, and a lituH Ale and *parcelly*; and þen take a pike, and nape him, and drawe him in þe bely, And slytte him thorgh the bely, bak, and hede and taile, with a knyfe in to ¹ peces; and smyte þe sides in quarters, and wassh hem clene; And if thou wilt have him rownde, schoche him by þe hede in þe backe, And drawe him there,² And skoche him in two or iij. peces³ in þe bak, but noyt thorgh; And slyt the pouuche,⁴ And kepe the fey or the lyuer, and kutte away the gaff. And whan þe sauce biginneth to boyle, skeñ hit, And wassh þe pike, and cast him þere-in, And caste þe pouche and fey there-to, And lete hem boyle togidre; And þen make the sauce thus: myce the pouche and fey, [in]⁵ a litul gravey of þe pike, And cast þere-to powder of ginger, vergeous, mustards, and salt, And *serue* him forth hote.

Pike in brase. ¶ Take CaneH, a quarte of wyne, and a lituH vinegre, And stepe there-yñ tendur brede; and thrawe it þorgh a streynour, And lete boyle with powder of peper; And take the pike, and roste him splat oñ a gredire ynogh; And cast to þe sauce þen, [with] powder of ginger and sugur; And ley the pike in A⁶ charger, the wombe side vppward; and then caste the sauce there-oñ al hote, and so *serue* him forth.

Auter pike in Galentyne. ¶ Take browne brede, and stepe it in a quarte of vinegre, and a pece⁷ of wyne for a pike, and quarteren of powder caneH, and drawe it thorgh a streynour skilfully thik, and cast it in a potte, and lete boyle; and cast there-to powder peper, or ginger, or of clowes, and lete kele. And þen take a pike, and seth him in good sauce, and take him vp, and lete him kele a litul; and ley him in a boH for to cary him yñ; and cast þe sauce vnder him and aboue him, that he be al y-hidde in þe sauce; and cary him wheþer euer þou wolt.

¹ i.e. two. ² MS. there &. ³ Douce MS. *placys*. ⁴ i.e. *poche* of a fish, see below.

⁵ Douce MS., and Harl.

⁶ fol. 24b.

⁷ Douce MS. *pynt*.

Salmon fressh boiled. ¶ Take a fressh Salmon, and drawe him in þe bely; and chyne him as a swyne, and leche him flatte with a knyfe; and kutte the chyne in ij. or in .iiij. peces, and roste him oñ a faire gredryñ; & make faire sauce of water, *parcellly*, and salt. And whañ hit begynneth to boyle, skem it clene, and cast þe peces of salmon þere-to, and lete hem sethe; and þen take hem vppe, and lete hem kele, and ley a pece or ij. in a dissh; and wete faire foiles of *parcely* in vinegre, and caste hem vppoñ þe salmon in the dissh; And þen ye shañ serue hit forthe colde.

Samon roste in Sauce. ¶ Take a Salmond, and cut him rounde, chyne and añ, and roste the peces oñ a gredire; And take wyne, and poudere of Caneñ, and drawe it þorgh a streynour; And take smale myced oynons, and caste þere-to, and lete hem boyle; And þen take vynegre, or *vergeous*, and poudere ginger, and cast there-to; And þen ley the samon in a dissh, and cast þe sirip þeroñ al hote, & serue it forth.

Troute boyled. ¶ Take a troute, and nape him; And make faire sauce of water, *parcely*,¹ and salt, and whañ hit bigynneth to boyle, skeme hit clene; and drawe him in þe bely; and if þou wilt haue him rounde, kut him in þe bakke in two or þre places, but noyt þorgh, And drawe him in þe sket² next the hede, as thou doest a rounde pike; and þe sauce is verge sauce; or elles seth þe pouche as þe dost þe pouche of a pike, and myce hem with þe grauey, and poudere of ginger; and serue him forth colde, and cast þe foiles of *parcellly*, y-wet in vinegre, oñ him in a dissh.

Crabbe or Lopster boiled. ¶ Take a crabbe or a lopster, and stop him in þe vente with oñ of hire clees, and seth him in water, and no salt; or elles stoppe him in þe same maner, and cast him in añ oven, and bake him, and serue him forth colde. And his sauce is vinegre.

Perche boiled. ¶ Take a perche, and drawe him in þe throte, and make to him sauce of water and salt; And whañ hit bigynneth to boyle, skeme hit and caste þe perche there-in, and seth him; and take him vppe, and pul him, and serue him forth colde, and cast vppoñ him foiles of *parcellly*. and þe sau[c]e is vinegre or *vergeous*.³

floundres boiled. ¶ Take floundres, and drawe hem in the side by the hede, and seth⁴ hem, & make sauce of water and salt, and a good quantite of ale; And whañ hit biginneth to boyle, skeme it, and caste hem there-to; And late hem sethe, and serue hem forth hote; and no sauce but salt, or as a mañ luste.

¹ fol. 25.² Douce MS. *skoch*.³ Douce MS. *vert sauce*.⁴ Douce MS. *scocch*.

Shrympes. ¶ Take Shrympes, and seth hem in water and a lituH salt, and lete hem boile ones or a lituH more. And serue hem forthe colde; And no maner sauce but vinegre.

✓ **Breme or Roche boiled.** ¶ Take a Breme or a roche, and scalde him in water, and drawe him þe side by þe hede, and scocche¹ him [in] þe side in two or thre places, but not ²thorgh, and seth him in water, ale, and salt, and serue him forth hote; the sauce is vergyussauce or sauce ginger.

✓ **Breme rost ensauce.** ¶ Take a breme, and scald him, (but noȝt to moche,) and drawe him in þe bely, and pryk him þorgh þe chyne bōn ij. or iij.³ with a knyfe, and roste him oñ a gredire. And take wyne, and boile hit, and cast there-to poudre ginger, vergeous, and salt, and cast oñ þe breme in a dissh, and serue him forth hote.

Plaise boiled. ¶ Take a playse, and drawe him in the side by the hede; And make sauce of water, parcelly, salt, And a litul ale; And whañ hit bigynneth to boyle, skeme hit clene, and caste hit there-to, and lete seth/ And sauce to him is mustard and ale and salt; And serue it forthe hote/ or elles take a plays, and drawe him, prike him with a knyfe for breking, as he frieth; And fry him in hote oile, or elles in claredifed buttur.

Ray boiled. ¶ Take a Ray, and draw him in þe bely, and kuttē him in peces, and seth him in water, and no salt, and serue him forth colde. And his sauce is vergeous, or lyuer with mustarde; And boyle þe lyuer with him, And serue him forthe.

Sole, boiled, rost, or fryed. ¶ Take a sole, and do away þe hede, and drawe him as a plais, and fle him; And make sauce of water, parcelly and salt; And whañ hit bygynneth to boile, skeme it clene, and lete boyle ynogh. And if þou wilt haue him in sauce, take him whañ he is y-sodde; or elles take him rawe and drawe him, and scale him with a knyfe, And ley him vpon a gredryñ, and broile him. And take wyne and poudre of Caneth, and lete boyle a while, And caste there-to poudre ginger, And vergeous; and caste þe sauce oñ þe sole in þe dissh, And serue him forthe hote. Or elles take a sole, and do a-vey þe hede; drawe him, and scalde him, and pryk him with a knyfe in diuerse places for ⁴brekyng of þe skyn; And fry it in oyle, or elles in pured buttur.

Gurnard rosted or boyled. ¶ Take a Gurnard, and drawe him in þe bely and saue⁵ the powche with-yñ hole; and make sauce of water and salt; And whan hit bigynneth to boile, skeme it clene, And cast the Gurnard thereto,

¹ Harl. *scarche*; Douce MS. *scocche*.

² fol. 25b.

³ twies or thries.

⁴ fol. 26.

⁵ Douce MS.: Harl. *sauce*.

And seth him, and¹ sauce/ to him is sauce of ginger, or vergyussauce, and serue him colde.

Anoþer. ¶ Take a gurnard rawe, and slytte him endelonge the bak, þorgh þe hede and tayle, and splatte him, and kepe the lyuer; And take þe rawe lyuer, and brede, and fssh broth, Wyne, and vinegre, And drawe hem thorgh a streynour, and lete boyle; and þeñ cast there-to pouder ginger, saffron, and salt. And þeñ roste the gurnard, and splatte him oñ a gredire, and ²ley hym in a dissh.² And þeñ cast þe sauce oñ hym in þe dissh, and serue him forthe hote.

Menese or loche boiled. ¶ Take Menyse or loche, and pike hem faire; And make sauce of a gode quantite of ale and parcelly. And whañ hit biginneth nye to boyle, skeme it clene, and cast þe fssh thereto; and lete seth. And if a mañ wol, cast a litul saffron thereto: and sauce is vergesauce³; And theñ ye shaH serue him forth hote.

Haddock or codlyng. ¶ Take añ haddock or codlyng, and drawe him in þe bely. And make sauce of water and salt; And whañ hit bigynneth to boyle, skeme hit clene, and caste the fssh thereto, And seth hit in his sauce. His sauce is garlek or verge-sauce; and serue him hote.

BarbeH boyled. ¶ Take a barbeH, and kutte him, and ⁴draw him rounde; And pike⁴ in þe nape of the hede and seth him in water and salt, Ale, and parcelly. And whañ hit bygynneth to boile, skeme hit clene, and caste the barbel there-to, And seth him. And his sauce is garlek or vergesauce, ⁵And þeñ serue him forth.

Millet boyled. ¶ Take a Millet, and scale him, and drawe him in þe bely, and wassh him clene; and þeñ take a pynte of wyne, and pouder caneh, And boile hem ouer the fire. And whañ hit is yboiled ynowe, caste there-to pouder ginger and a litel vergeous; and caste the same licour vppoñ him in the dissh, and serue him forth hote; other elles scale him and drawe him, and fry him in good oyle.

Sturgeon boyled. ¶ Take a Sturgeon, and kut of the vyñ fro the tayle to þe hede, oñ þe bakke; and chyne him and boyle him. And whañ hit boileth, skeme it, and caste parcelly there-to, And lete hem boyle ynowe, And then take him vppe, And serue him forth colde with leues of parcelly wet in vinegre, and caste there-oñ in þe dissh; And sauce þer-to is vinegre.

Sturgeon in broth. ¶ Take fressh sturgeon, and chop it, and parboile it in

¹ MS. *in*.

²⁻² Douce MS.; Harl. *reste him*.

³ Douce MS. *vert sauce*.

⁴⁻⁴ Douce MS. *draw hym as a rounde pike*.

⁵ fol. 26b.

water; and take hit fro the fire, and streyne it¹ þorgh a streynour into a potte; and pike clene the fissh thereto; and cast there-to poudre peper, clowes, Maces, and caneH, and faire brede, and stepe hit with the same licour, and streyne hit thorgh a streynour, and caste there-to; And lete boyle togidre; And caste thereto Saffron, poudre ginger, salt, And vinegre; And theñ ye shall serue it forth.

Sturgeon pour porpeys. ¶ Take a Sturgeon, Turbut, or porpeys, and kut hit in faire peces to bake; And theñ make faire kakes of faire paast, And take poudre of peper, poudre of Ginger, CaneH, and salt, And medle þes poudres and salt togiders; And take and ley a pece of the fissh on a kake/ and ley þe poudres vnderneath þe fissh, and aboue ynowe; And þeñ wete the sides of þe paast with faire colde water, and close the sides to-gidre, and sette hem in an oven, and bake hem ynowe.

²**firmenty with porpeys.** ¶ Take faire almondes, and wassh hem clene, and bray hem in a mortar, and drawe hem with water thorgh a streynour into mylke, and caste hit in a vesseH. And theñ take wete, and bray it in a mortar, that al þe hole hoH be away, and boyle hit in faire water til hit be wel ybroke and boyled ynowe. And þeñ take hit fro the fire, and caste thereto þe mylke and lete boyle. And whan hit is yboyled ynowe, and thik, caste there-to Sugur, Saffron, and salt; and þeñ take a porpeys, and chyne him as a Samon, And seth him in faire water. And whan hit is ynowe, baude hit, and leche hit in faire peces, and serue hit forth with firmanty, and cast there-on hote water³ in þe dissh.

Tenche in brase. ¶ Take a tenche, and nape him, and slyt him in þe bak thorgh the hede and taile, And drawe him; and þeñ make sauce of water and salt. And whan hit bigynneth to boyle, skeme it clene, and cast þe tenche therein, and seth him; And take him vppe, and pul of the skyn, And ley him flatte, and þe bely vppwardes in a dissh. And þen take percelly and oynons And hewe hem smaH to-giders; And cast pere-to poudre of Ginger, and cast hit in vinegre; And caste aH on þe tenche in þe dissh, and serue him forthe colde.

Another diting of a tenche. ¶ Take a quarte of wyne and a litul vinegre, And tendure brede, And stepe aH togidre, and drawe hit thorgh a streynour; and lete hit boyle; And caste there-to poudre peper; And take a tenche, and splat him, and reste him on a gredire, and cast his sauce vppon him in the dissh; And þeñ serue hit forthe hote.

Turbut boyled. ¶ Take a Turbut, and drawe him in the side as a plays by

¹ i.e. *the broth*, as Douce MS reads.

² fol. 27.

³ Douce MS. *broth*.

the hede; and þeñ chyne him, and kut him in brode peces; And þeñ make Sauce of the water and salt; And when hit bigynneth to boyle, skeme hit clene and 'wassh the peces clene, and caste hem thereto, and lete hem boyle ynowe. And þeñ take hem vppē, and let hem kele, And ley a pece or two in A dissh, and caste the levys of *parcellly wette* in vinegre there-oñ, And serue forth; And his sauce is verge-sauce.

Turbut roste ensauce. ¶ Take a Turbut, and kut of þe vynes in maner of a hastelette, and broche him oñ a rounde broche, and roste him; And whañ hit is half y-rosted, cast thereoñ smale salt as he rosteth. And take also as he rosteth, *vergeous*, or vinegre, wyne, powder of Gynger, and a lituH caneH, and cast thereoñ as he rosteth, And holde a dissh vnderneath, fore spilling of the licour; And whañ hit is roasted ynowe, hete þe same sauce ouer the fire, And caste hit in a dissh to þe fissh aH hote, And serue it forth.

Tripe de Turbut. ¶ Take the mawes of a Turbot, Haddock, or codlynge, and pike hem clene, and skrape hem, and wassh hem clene, and *parboyle* hem in good fressh broth of Turbot, haddock, Salmoñ, or pyk; and take *parcellly*, and kut hit smale, and caste þere-to; and kut þe mawes in maner of Tripes of peny brede, and cast al togidre in a potte, And lete boyle. And whañ hit is y-boyled ynowe, that þey be al tendre, caste þere-to saffroñ, Salt, And a litel *vergeous*, powder of Gynger, And serue hit forth fore a good potage.

Welkes boyled. ¶ Take welkes, and caste hem in colde water, And lete hem boyle but a lituH; And caste hem oute of the vesseH, And pike hem oute of the sheH, and pike away the horn of hem, and wassh hem and rubbe hem weH in colde water and salt, in two or thre waters; And serue hem colde, And caste vppoñ hem leves of *parcellly ywet* in vinegre, And sauce to hem is vynegre.

Milkemete. ¶² Take faire mylke and floure, and draue hem þorgh a streynour, and sette hem ouer the fire, and lete hem boyle awhile; And then take hem vppē, and lete hem kele awhile/ And þeñ take rawe yolkes of eyreñ and drawe hem thorgh a streynour, and caste thereto a lituH salt, And set it ouer the fire til hit be soñ-what thik, And lete hit noȝt fully boyle, and stere it right well euermore. And put it in a dissh al abrode, And serue it forth fore a gode potage in one maner; And then take Sugur a good quantite, And caste there-to, and serue it forth.

Chared coney³, or chardwardoñ. ¶ Take a quarter of clared hony, iij. vnces of powder peper, and putte bothe to-gidre; then toke 30 coynes & x wardones, and pare hem, and drawe oute þe cokes⁴ at eyther ende, and

¹ fol. 27b.² fol. 28.³ Char de coynes, quince marmalade?⁴ ? cokes, or cores.

seth hem in goode wort til þey be soft. theñ bray hem in a mortar; if they beñ thik, putte a lituH wyne to hem, and drawe hem thorgh a streynour; And þeñ put þe hony and þat to-gidre, theñ sette al oñ the fire, and lete seth awhile til hit wex thikke, but sterre it weH with ij. sturrers for sitting to; And þeñ take it downe, and put þere-to a quarter of añ vnce of powder ginger, And so moche of galingale, And so moche of powder CaneH, And lete it cole; theñ put hit in a box, And strawe powder ginger and caneH there-oñ: And hit is comfortable for a mannys body, And namely¹ fore the Stomak. And if thou lust to make it white, leue the hony, And take so moch sugur, or take part of þe one and part of þe oþer/ Also in this forme thou may make chard wardoñ.

¹ specially.

ASHMOLE MS. 1439. SAUCES.

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¹ **Sauces pur diuerse viaundes. Chaudoun.**—Take gysers, and lyuers, and hert^t of Swanne; and if þe guttys ben fat^t, slyt^t them,² and caste þem þer-to, and boile þem in faire watre: and þanne take þem up, and hew þem smal, and thanne caste þem in-to þe same broþe, (but strayne hit þurgh a straynour firste); and caste þer-to poudre peper, canel, and vynegre, and salt, and lete boile. And þanne take the blode of the Swanne, and freysshe broþ, and brede, and draw þem þurwe a straynour, and cast^t þer-to; and lete boile to-gedre. And þenne take poudre of^t gyngere, whanne hit^t is al-moste y-now, & put^t þer-to, and serue forth.³

Sauce alepeuere.—Take fayre broun brede, toste hit, and stepe it^t in vinegre, and drawe it^t þurwe a straynour; and put^t þer-to garleke smal y-stampyd, poudre piper, salt, & serue forth.

Sauce galentyne.—Take faire cruste; of^t broun brede, stepe þem in vinegre, and put^t þer-to poudre canel, and lete it^t stepe þer-wyþ til it be broun; and þanne drawe it þurwe a straynour .ij. tymes or .iiij., and þanne

¹ If. 36.

² *clence thaym*, added after *them* in different ink.

³ *with the swan*, added in different ink.

put *per*[to] poudre piper and salte: & lete it be sumwhat stondynge, and not to þynne, & *serue forth*.

Sauce gingyuer.—Take white brede, stepe it wif vynegre, and draw it .ij. or .iij. tymes þur; a straynour; and thanne put *per*-to¹ poudre gingere, and *serue forþe*.

Sauce for a gos.—Take *percelye*, grapis, clowes of garleke, and salte, and put it in þe goos, and lete roste. And whanne þe goos is y-now, schake out þat is wif-in, and put al in a mortre, and do *per*-to .iij. harde þolkes of egges; and grynd al to-gedre, and tempre it vp wif verious, and caste it upon the goos in a faire chargeour, & so *serue it forth*.

Sauce camelyne.—²Take faire brede, and cut it, and toste it; and take vynegre and wyne, and stepe hit *per*-in, and draw it þurwe a straynour wif poudre canel, and draw it .ij. or .iij. tymes, til it be smothe. And þanne take poudre ginger, sugre, and poudre of clowes, and cast *per*-to. And loke þat it stonde wil by clowes, & by sugre; and þanne put *per*-to a litil safroune, and salt, and *serue hit forþ þicke y-nowe*.

Sauce rous.—Take brede, and broyl it vpon þe colous, and make it broune, and ley hit in vynegre, and lete it stepe; and þanne take piper, canel and notemygge, and a fewe of clowes, and cast it to-gedre in-to a mortre; and take þe brede out of þe vynegre, and bray *per*-wyþ. And whanne it is y-brayd y-now, tempre it wyth wyne and vinegre, and draw it þurgh a straynour as þou woldiste galyntyne.

Sauce for stokefysse.—Take faire broþe of elys, oþer of pyke, or els of freysshe Samon, and strayne it þurwe a straynour: and take faire *percelye*, and hewe it smal, and put þe broþe and þe *percele* in-to a faire erþyn vessel; and put *per*-to poudre gingere, and a litil verious, & lete boile to-gedre. And þanne take faire sode stockefysche, and ley it in faire hote watre: and whanne þou wilt *serue* it forþe, take þe fysshe fro þe watre, and ley it in a clene disshe; & cast þe sauce al hote *per*-on, and *serue* it forth.

Sauce for stokfysse in an-other maner.—Take curnylles of walnotys, and clouys of garleke, and piper, brede, and salt, and caste al in a mortar; and grynde it smal, & tempre it up wif þe same broþe þat þe fysshe was sode in, and *serue* it forþe.

³**Sauce for peiouns.**—Take *percelye*, oynouns, garleke, and salt, and mynce smal the *percelye* and þe oynouns, and grynde þe garleke, and temper it wif vynegre y-now: and mynce þe rosted peiouns and cast the sauce *per*-on a-boute, and *serue* it forth.

¹ salt, added in different ink.

² lf. 36 bk.

³ lf. 37. Heading in margin.

Sauce for shulder of moton.—Take *percely*, and oynons, and mynce þem and þe rostyde shulder of Moton; and take *vynegre*, and *poudre gingere*, salt, and cast a-pon þe mynced shulder, and ete hym so.

Sauce vert.—Take *percely*, myntes, diteyne, peletre, a foil or .ij. of cost-marye, a cloue of garleke. And take faire brede, and stepe it with *vynegre* and *piper*, and salt; and grynde al this to-gedre, and tempre it vp wif *vynegre*, or wif eisel, and serue it forþe.

Surelle.—Take Surel, wasche hit, grynde it, put a lital salt, þer-to, and strayne hit, and serue forth.

Sauce percely.—Take *percely*, and grynde hit wif *vynegre* & a lital brede and salt, and strayne it þurgh a straynour, and serue it forþe.

Sauce gauncile.—Take floure and cowe mylke, safroune wel y-grounde, garleke,¹ and put in-to a faire lital pot; and seþe it ouer þe fire, and serue it forthe.²

Piper for feel and for venysoun.—Take brede, and frye it in grece, draw it vp wif broþe and vinegre: caste þer-to *poudre piper*, and salt, sette on þe fire, boile it, and melle it forþe.

White sauce for capons y-sode.—Take aloundis y-blaunchid, and grynde þem al to douste; tempre it up wif verious and *poudre of gingere*, and melle it forþe.

Black sauce for capouns y-rostyde.—Take þe Lyuer of capouns, and roste hit wel; take anyse, and grynde parysgingere, and canel, and a lital³ cruste of brede, and grynde hit well all to-gedre; tempre hit up wif verious, and þe grece of the capon, þanne boile it and serue forþe.

Sauce newe for malardis.—Take brede, and blode y-boilid, and grynde it to-gedere, and draw þurw a cloþ wif *vynegre*; do þer-to *poudre gyngere*, and *piper*, and þe grece of the malarde; salt it and boile, and melle it forthe.

¹ *peper, salt*, added in different ink.

² with *the goos*, added.

³ lf. 37 bk.

LAUD MS. 553 (BODLEIAN LIBRARY).

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LAUD MS. 553 (BODLEIAN LIBRARY).

¹**Peynreguson**—Nym resons & do out ye stones, and bray it in a mortar *with* pepir & gingiuer, & salt and wastel bred; tempre hit *with* wyn, boille hit, dresse hit forth.

Amendment of salt mete.—Tak a fare lynne clout / & do therynne a disshful of ote-mele, byne hit, & hange it in thy pot doun to ye boteme. Set it *from* ye fuyr & let hit kele / suththe set hit aȝen to ye fuyr / & drawe out thy clout & that is goude.

For to make amydon.—Nym whete at midsomer / & salt, & do it in a faire vessel / do water therto, that thy whete be yheled / let it stonde ix days & ix nyȝt, & eueryeday whess wel thy whete / & at ye ix days ende bray hit wel in a mortar / & drie hit toȝenst ye sonne / do it in a faire vessel / & kouere hit fort, thou wil it note.

Teste de cure.—Nym rys, whas hem / drie hem / & bray hem al to doust in a mortar, & amydon therwith: tempre it vp with almand mylk / cast therto poudur and safron / & sugur / nym luys, turbot, and elys / & gobete hem in mosselys, & sauge & percelli / mak coffyns of thi past / do thy fissh therynne; cast aboue goud poudur & sugur; kerue it, bake it, and ȝif hit forth.

Sweteblanche.—Nym chikons or hennes, skald hem, drawe hem in morselys, & seth hem *with* good beofe. nym yolkes of eyren ysoden hard / & almande mylk, and grind to-gedere / nym ye floures of ye rede vyne, & salt, & bray al in a mortar: boille hit / nym thy chikons or thy heñ, ondo hem in disshes, do thy sewe aboue / & also myȝt thou do fissh days *with* lyuere of turbut or of other manere fissh with almand mylke.

²[**Ryschewys close?**].—Nym flour and eyren, & kned to-gedere / nym figus, resons, & dates, & do out ye stonys, & blanchid almandis, & goud poudur,

¹ lf. 5.² lf. 5b.: see p. 55.

& bray to-gedere / make coffyns of ye lengthe of a spanne / do thy farsour therynne, in euerych cake his porcion) / plie hem & boille hem in water / & suththe roste hem on a gridel & zif forth.

Bukenade.¹—Nym fressh flessch, what it euere be. Seth hit with goud beof, cast therto mynsed oynons & good spicerie, & lie hit with eyren, & zif hit forth.

Cyuele.—Nym almandes, Sugur & salt, & payn de mayn, & bray hem in a mortar / do therto eyren, frie hit in oylle or in grese, cast theron sugur, & zif hit forth.

Caudele.—Nym eyren, & sweng wel to-gedere / chauf ale & do therto / lie it with amydon, do therto a porcion) of sugur, or a perty of hony, & a perti of safron) ; boille hit, & zif hit forth.

Saug saraser.²—Tak Almandes, frye hem in oille, & bray hem, tempre hem with almand mylke & red wyn, & ye thrudde perty shal be sugur / & if hit be noȝt thikke ynow, lie it with amydon) or with flour de rys; colour hit with alkinet, boille hit, dresse it, florissĥ hit aboue with pomme-garnet, and zif forth.

Rape.—Nym luyss or tenge, or other manere fissh / frye hit in oille de olyue; nym crostes of whyt bred, resons, & canele, bray hit, tempre it vp with good wyn, drawe it thorw a colonur / let hit be al ycoloured with canele, boille hit, cast therto clous, maces, and quibibes, do thi fissh in thi disshes, & thi rape aboue, messe hit, & zif forth.

Egredoucetes.—Tak luyȝs or tenges, kerf hem in mosselis, fri hem in oille: nym vynegre / & ye thrudde perty sugur, mynce oynons, & boille smal, & clous, maces, & qibus, & dresse hit forth.

Figee.—Nym figes, & boille hem in wyn, & bray hem in a mortar with lied bred; tempre hit vp with goud wyn / boille it / do therto good spicere, & hole resons / dresse hit / florisshe it a-boue with pomme-garnetes.

Pomesmoille.—Nym rys & bray hem in a mortar, tempre hem vp with almande milke, boille hem: nym appellis & kerue hem as small as douste, cast hem yn after ye boillyng, & sugur: colour hit with safron, cast therto goud poudre, & zif hit forth.

Rys moilles.—Nym rys, bray hem, tempre vp with almand mylke: boiĥ hem, cast therto sugur / & salt hit, & dresse hit forth.

Apple moys.—Nym appeles, seth hem, let hem kele, frete hem thorwe an her syue: cast it on a pot / & on a fless day cast therto goud fat broth of bef,

¹ MS. *Dukenade*.² *i.e.* Sauce Sarrasine.³ *l.f.* 6.

& white grese, sugur & safron), & on fissh days almand mylke, & oille de oliue, & sugur, & safron: boille hit, messe hit, cast aboue good poudre, & jif forth.

Soupes dorrees.—Nym oynons, mynce hem, frie hem in oille de olyue: nym oynons, boille hem with wyn, tost whit bred, & do it in dishes / and cast almand mylke theron), & ye wyn & ye oynons aboue, & gif hit forth.

¹**Peys de almayne.**—Nym white peson & boille hem / & thanne tak hem vp, & wash hem clene in cold water, fort that ye holys go of: do hem in a clene pot / do water therto that hit be a-wese / let hem sethe vppon colys / that ther be no lye / couere thi pot / that ther go no breth out / whenne hit beth ysode, do hem in a mortar & bray hem smal, tempre hem vp with almande milke, & with flour de rys, do therto safron & salt, & boille hit & dresse hit forth.

Tauorsay.—Nym ye hed of ye codlyng & ye liuere, & pike out ye bones / cast therto goud poudre of piper & gyngiuer, and gif forth.

Haddoke in Cyuee.—Shal be yopened & ywasshe clene / & ysode & yrosted on a gridel; grind peper & saffron), bred & ale / mynce oynons, fri hem in ale, & do therto, and salt: boille hit, do thyn haddock in plateres, & thi ciuey aboue, & jif forth.

Chaudon of fissh.—Nym ye liuere & ye poke. Seth hit, hakke hit smal / grind peper & safron, bred & ale, tempre hit with ye broth / boille hit, do salt therto, & messe hit forth.

Mortrowes of fissh.—Tak ye rowys of fissh / & ye liuere, seth hit, hakke hit, grind peper, bred & ale, tempre hit with ye broth: do salt therto, boille hit, & messe hit forth.

Blaumanger of fissh.—Nym a pond of ris, seth hem fort hit berste, let hem kele: cast therto mylk of two pond of almandes / nym ye perch other ye loppestere or drie haddock, tese therto, and boille hit / cast therto sugur, & jif forth.

Potage of ris.—Nym ye ris, whess hem clene, seth hem fort hit breke: let hem kele, do therto almand mylke, other of kyn,² colour it with safron), salt hit, & jif forth.

Numbles.—Shall be ywhess clene in water & salt, & ysode in water / nym [*Cetera desunt*].

¹ lf. 6b.

² i.e. kine: cow milk.

RECIPES FROM DOUCE MS. 55,

Ab. 1450 AD.

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¶ Oyle Soppes. *Capitulum* lxiiij.—Take and buille mylke, and take yolkes of eyren) tryed fro the white, and draw hem; then cast to the milke and hete it, butt lete it nat buille, & ¹styrre it weH tilH it be summe-whate thikke: then cast ther-to sugre and salte, and cutt feyre paynemayne in soppes, & cast the soppes there-on, & *serue* it forth in maner of potage.

¶ Capon en Counfyt. ¶ *Capitulum* cij.—Take fressh broth, and wyn, & *persely*, & *saveray*, and a liteH sauge, and lete buille to-gedrys: and crome ther-to herde ²yolkes of eyren) tyH it be weH thykke, and kest ther-to pouudre of gyngueure y-nogh, & *vertious*, and salt, and saffron); and take a good rosted capon, & ley hym in a chargeur, & ryse the legges and the wynges, butt [set] ham nott fro the body; and kest on the capon) the *licour* aH hotte, & *serue* it forth.

¶ Cokentrice. ¶ *Capitulum* ciiij.—Scalde a capon) clen, & smyte hem in-to the wast oueretwarde, and scaude a pygge, and draw hym, & smyte hym in the same maner; and then sewe the forthyr parte of the capon) and the hyndyr parte of the pygge to-gedrys, and the forther parte of the pygge ³and the hynder parte of the capon) to-gedyr: then draw the whyte & the yolkes of eyren), and cast ther-to, and svette of a schepe, and saffron, & salt, and pouudre of gyngueure, and grated brede; and medle aH to-gedre with thyn

¹ lf. 34b.² lf. 47b.³ lf. 48.

honde, and putt it in the cokentrice, and putt it on a spite, and roste hem ; and endore hem *with* yolkes of eyren, and poudre of gyngeuere, and saffron), & ioissn̄ of persely or malves, & draw hem, and endore hem aʒ abowte in euery perty of hym).

¶ **Crane roste.** *Capitulum c.vij.*—Take a crane, and cutt hym in the rofe of the mouth, and lete him blede to deth : and cast a-wey the blode, and schalde hym, & draw hym vnder the wynges or att the vent, & folde vpp hys legges att the kneys vnder the thye ; & cutt of the wyngys next iunte the body,¹ and lete hym haue hys heuede & hys necke on ; saue take away the wesyng,² and wynde the necke a-boute the spyte, and bynde hit, & putt the bille in the body and the golett ; and reyse the wynges and the legges as of a gosse ; and yiff þou schalt sauce hym, mynce hym fyrst, and sauce hym withe poudre of pepyr, and gyngeuere & mustarde, vynegre & salt, and serue hym forth.

¶ **Fesaunt rost.** *Capitulum cvij.*—Lete a fesaunt blode in the mouth, and lete hym blede to deth ; & pulle hym, and draw hym, & kutt a-wey the necke by the body, & the legges by the kne, & perbuille hym, & larde hym, and putt the knese in the vent : and rost hym, & reise hym vpp, hys legges & hys wynges,³ as off an henne ; & no sauce butt salt.

Heron) rost. ¶ *Capitulum c.x.*—Take an heron), & lete hym blode in the mouth as an crane, & scalde hym & draw hym att the vent as a crane ; and cutt away the boon) of the necke, & folde the necke a-boute the ⁴spite, and putt the hede ynne att the golet as a crane ; & breke away the boon) fro the kne to the fote, and lete the skyn be stille, and cutt the wyng att the Joynte next the body, and putt hem on a spite : and bynde hys legges to the spyte with the skynne of the legges, & lete rost, & reyse the legges and the wynges as of a crane, and sauce hym *with* vynegre, and mustard, and poudre of gyngeuere, & sett hym forth.

¶ **Bitore roste.** *Capitulum cxj.*—Slee a bytour in the mouth as an heron), & draw hym as an henne, and fold vppe hys legges as a crane ; & lete the wynges be on, & take the boon) of the ⁵necke aʒ away as of an heron) : & putt the hedde in the golet or in the shuldre, and rost hym ; and ryse the legges & the wynges as þou dost of an heron, & no sauce butt salt : & sett hym forth.

Egrett rost. *Capitulum cxij.*—Breke an egrettes nekke, or cut the rofe

¹ *i.e.* cut off the wings at the joint next to the body.)

² lf. 50.

³ lf. 50b.

⁴ lf. 51.

⁵ lf. 51b.

of hys mouth, as of a crane, & scalde hym, and draw hym as an henne; & cutt of hys wynges by the body, and the heued & the necke by the body, & folde hys legges as a bitore, & rost hym: & no sauce butt salt.

¶ **Plouer rost.** ¶ **Capitulum Cxix.**—Breke the skulle of a plouere, & pull hym drye, and draw hym as a chike, and cutte the legges and the wynges by the body, and the heued and necke aH-so, & roste hym, and reyse the legges and wynges as an henne: and no sauce butt salt.

¶ **Snyte rost.** ¶ **Capitulum Cxx.**—Slee a snyte as a plouere, & lete hys necke be hole saue the ¹wesyng; and lete hys heuede be on, and putt it in the schuldre, and folde vppe his legges as a crane, & cutt his wynges and roste hym, & reyse hys legges and wynges as an henne; & no sauce butt salt.

²¶ **Sturgeon buille ou turbutt.** ¶ **Capitulum Cxlvj.** Draw a turbutt or a sturgeon, and chyn hym, & cutt them in brode pecis; and buille hem in water and salt y-nogh, and serue hym forth colde, a pece or too in a dissh with vert sauce: and cast persely leues wette in vynegre on hym.

¶ **Charlete.** ¶ **Capitulum Clxxviiij.**—Seth melke yn a pott and cast ther-to salt and saffron; & hew feyre buttes of calues or of porke smath, and cast ther-to: and draw the white & yolkes of eyren, and cast to the licour when it builleth, and a liteH ale, and stirre it tilH it crudde. and yiffe þou wilt haue it forced, hete milke scaldyng hoote, and cast ther-to rawe yolkes of eyren and poudre of gyngeuere, and sugre & clowes & maces, & lete natt fully buille; and press the cruddes in feyre ³lenyn cloth, & lessH it, & ley too or thre lesshes in a dissh: & cast the farsyng ther-on, & serue it forth hote.

¹ lf. 53b.

² lf. 60b.

³ lf. 76.

GLOSSARY AND INDEX.

[The following works are referred to:—*Forme of Cury*; *Liber Cure Cocorum*; Ancient Cookeries in WARNER, *Antiquitates Culinariæ* (1791); NAPIER, *Noble Boke of Cookry* (1882); R. HOLME, *Academy of Armory* (1678); COTGRAVE, *French Dict.* (1611); GODEFROY, *Dict. de l' Anc. Langue Franc.*; MURRAY, *Eng. Dict.* (1885, etc.). The thick type shews Recipes that are in this volume; italics shew recipes in the Banquets, but if in inverted commas, the recipe is quoted from another Cookery. The spelling of the other Cookeries has been corrected, where needful.]

- A-boue, *adv.*, 14, 17; A-bouen, 29; A-bouyn, 14, 21, 35, 54; A-boue, *prep.*, 54; A-bouyn, 54. Above.
 Aboutte, *adv.*, 73; A-bowte, 21, 29, 31; Abought, *prep.*, 78; A-bowte, 31, 54. About; round.
 Aboue, *vb.t.*, 79. Bow; bend.
 A-brode, *adv.*, Caste al a-brode, holdyn a-brode, 7, 92. Abroad; about; stretched out.
 Abyndoun, *sb.*, 20. See *Amidoun*.
 A-chatry, 67. Acatery; provisions bought.
 Acord, *sb.*, Be hys owne acord, of itself, 17.
 A-cordant, *adj.*, 50. Accordant; in accordance.
 A-doun, *adv.*, 17, 54; Adown, 7. Down.
 A-force, *vb.t.*, with Sugre or hony, 55, with spices, 29; A-force, *pp.*, 3; A-force, 17. Afforce; season, make substantial. This is the Fr. *enforcer*, see *Porcelle farce enforce*, on page 58. The word *enforcer* is still used of a person growing fat: and *force* is applied in England for fattening animals; see HALLIWELL. Compare next word; pork and oatmeal being used to the Gruel.
 A-forceyd, *pp.* 1, Charlet a. ryally, 17; Doucettes a., 55; Chawettys a-forsed, 46; Kyde a-Forsyde, 41; Gruelle a-forsyde, 6.
 Aftyrward, 21, Afterward.
 Ale, *sb.*, 11, 13, 16, 86, Stale Ale, 12, 96, New ale, 10; Sethe Fygys in Ale, 43; Ale draft, 19, Ale dregs, or bottoms; Ale yeest, 96, Ale zest, 44, Ale yeast.
 Alegere, *sb.*, 28. Alegar; ale vinegar.
 Alkenade, *sb.*, 29, 30, 31, 48; Alkinet, 113. Alkanet.
 Al to-broke, 85, Alle to-broke, 44; Al to-choppe, 41, Alle to-choppe, 20, 34, Alle to-choppyd, 41; Alle to-falle, 32. Quite broken, chopped, etc.
 Allemaundys, *sb.*, 10; Alman, 18; Almande mylke, 30, 112; Almandys, 1; Caudell de Almondes, 96, Cawdelle de Almaunde, 16, see F. of C. 87, "*Cawdel of Almuund mylk*"; Almaunde mylke, 11, 14, 21, 26; Almaundis, 56; Almaundys, 9, 13, 15, 16, Fride Creme of A., 7, 91, see F. of C., No. 85, "*Creme of Almaundes*," WARNER, p. 69, "*Crem of almonde mylk*"; Almondes, 88, 90, 91, Froyte de almondes, 91, Froyde almuundys, 7, Cheaut de

- Almondes, 96, see NAPIER, p. 76, "Hoot milk of a.," and "Cold mylk of a.," also Douce MS. No. 160. "Chaud let dalmandes." Almonds.
- Almaunden, *adj.*, 17. Almond; of almonds: there should be no comma after it.
- Almayne, Hagas de, 44, Hagas de almondes 84; Bruet of Almayne, 19, Bruet of A. in lente, 19; Peys de Almayne, 114. These are possibly all German dishes, but *Allemagne* and *Almonds* got confounded, as in the first two recipes, which are the same dish, and have almonds in them.
- Almonds, see *Allemaundys*.
- Along, *adv.*, Datys y-taylid a-long, lengthwise, 27.
- Aloes de Roo*, 61; Allowes de Mutton, 83; Alows de Beef or de Motoun, 40; Alowys, 3. See WARNER, p. 74, "Alaunder of moton" and "of beef"; NAPIER, p. 29, "Alander de moton," p. 30, "Alander de beef." Cotgr., "Aloyau de beef. A short rib of beefe, or the fleshie end of the rib, diuided from the rest, and roasted." Compare a mutton-chop.
- A-lye, *vb.t.*, 13, 17, 19. Allay; mix: Fr. *Allayer*, Cotgr. See *Ly*.
- Amendement of salt mete, 112.
- Amidons, *sb.*, 16; For to make Amydon, 112; Amyndons, 22; Amyndoun, 28. Fr. *Amidon*, Wheat flour, steeped, strained, and dried in the sun: see L.C.C., p. 7, NAPIER, p. 101.
- A-morwe, 33, 37. Amorrow; next morning.
- An, *conj.*, passim. And.
- Aneward, *adv.*, 34. Onward; on it.
- Aneys, *sb.*, 53; in comfyte, 32; Anys in comfyte, 8, 10, 28. Anise.
- Apoñ, *prep.*, 92. Upon.
- Appeles, *sb.*, 113; Appelis, 113; Appelys, 16, 20; Appil, 38; Apple mose, 2, or Apple muse, 20; Apple moys, 113; see WARNER, II. 17, 35, *Prompt. Parv.*, p. 13, "Apulmos," "Appulmos," NAPIER, p. 121, "Appillmose"; compare "Mush, Any-thing mashed," HALLIWELL. Apple moyle, 30, Pomesmoille, 113, called "Appulmoy" in F. of C., No. 79, "Pommes moiled," or "molid" in NAPIER, p. 119, and "Pommys morles," in WARNER, p. 46, on which page there is also "Rys (Rice) moyle," (called "Resmolle" in F. of C., 96). The moyle, or morles, is the French *Mol*, *Molle*, soft. Applys, 29, 30, 39.
- Applade Ryalle, 30. So called from the apples in it: compare *Quynade*.
- Appraylere, 39. See Cotgr., "Appareillé; dressed, cooked, or seasoned, (as meat)." This dish is well spiced.
- Arbolettys, 20, Fr. *Herbelettes*, Small herbs; see F. of C., No. 172, "Erboletes." The dish is spelt *Arbelettys* in A. See *Herbelade*.
- Asmah, 95. As small.
- A-to, 5, 22, 40. In two.
- Auence, *sb.*, 5; Auens, 69. Avens; Bennet.
- A-wese, 114, A-wash. See Overwose, and note 4 on p. 86.
- Azen, *adv.*, 53, Again: Azenward, *adv.*, 54. Once more.
- Bacon, see *Bakon*.
- Bake Mete, 54; Bake Mete Ryalle, 55; Bake Metis, 47. Baked Meat.
- Baken, *vb.*, 54. Bake.
- Bakke, *sb.*, 41. Back.
- Bakon, *sb.*, 6; Bakoun, 32. Bacon.
- Bakyn mete, 33. Baked meat.
- Ballocke brothe, 10, 89. See F. of C., No. 109, WARNER, p. 68, NAPIER, p. 86. This broth is called "Balourgly broth" in WARNER, p. 49.
- Banquets, 57, 58, 59, 60, 61, 62, 63, 67, 68. See Forewords.
- Barbel, 104; Barbell boyled, 104.
- Barlyche, *sb.*, 37. Barley.
- Bastard, *sb.*, 37. A sweet Spanish Wine. See Ord. & Reg., p. 473.
- Bastard, *adj.*, 13, 21, 22.
- Basyn, *sb.*, 34. Basin.
- Bater, *sb.*, 54, 73; Batur, 73; Bature, 15, 38, 54; Baturys, 39. Batter.
- Baude, *vb.t.*, 76, 105; Bawde, 18, 70. Cut in thin slices; Fr. *barder*.
- Be, *prep.*, 18, 23, 26. By.

- Beef y-Stywyd, 6, Stwed Beef, 72 ;
 Bef, 34, Stekys of venson or bef, 40 ;
 Bef, 1, 5 ; Beofe, 112.
- Be-helyd, *pp.*, 37. Beheled ; covered.
- Be-hynde, *prep.*, 14. Behind.
- Ben, *vb.*, 19, 26, 27. Been ; be.
- Benecodile, *sb.*, 48 ; Bene koddys, 43.
 Bean-cod.
- Beof, *sb.*, 113 ; Beofe, 112. Beef.
- Berde, *sb.*, 39. Beard ; brim.
- Bere, *sb.*, 49. Bear.
- Berne, *sb.*, 44, 52, 73, 90. Barm ;
 yeast.
- Betayñ, *sb.*, 69. Betony.
- Bete, *sb.*, 5 ; Betus, 69. Beet : Beets.
- Bete, *vb.*, *t.* b. to-gedere (in cooking),
 39. Beat.
- Beterre, *adj.*, 33. Better.
- Be-twene, *prep.*, 39 ; Be-twyn, 39, 54.
 Between.
- Bey, *vb.*, 27. Be.
- Birdys, Smal, 1, 55 ; Bryddys, 9 ;
 Smal Byrdys, 52, Smale Byrdys
 y-stwyde, 9.
- Bitore roste, 116 ; Bytor rosted, 79.
 Bittern : Fr. *Butor*. See *Bytor*.
- Bittern, see *Bitore*.
- Bladys, *sb.*, of Percely, 35 ; Barlyche
 & Percely, 37. Blades.
- Blake, *adj.*, with Blode, 38 ; Blak
 sugur, 91, Blake sugre, 7, 28, 51.
 Black.
- Blamang, 21, (Flesh), Blamanger, 85,
 (Flesh), see Douce MS., No. 26.
 WARNER, II. No. 14 and No. 33, and
 p. 75, L.C.C. p. 9, F. of C., No. 36
 and No. 192, NAPIER, p. 102, "*B. of
 flesche*" ; Blamanger of Fyssh, 23,
 114, see L.C.C., p. 19, NAPIER, p.
 111, WARNER, p. 46 ; see also p. 55,
 "Blamanger to potage ;" Blaman-
 gere, 2. Blancmange ; Blancmanger.
- Blanche, *adj.*, B. almondes, 90.
 Blanched.
- Blanche, *vb.*, 20 ; Blaunche, 19 ;
 Blawnche, 7, 9. Blanch : whiten.
- Blanche Porrey, 90 ; made of the
 white of leeks ; see DUCANGE,
 "*Porreeta*, Jusculum ex poris con-
 fectum," (also *Porrata*.) See *Pereye*.
- Blandesore, 68 ; Blandissorye, 9 ;
 Blaunde Sorre, 84 ; Blaundysorye,
 21 ; Blaundysorye, 2. See WARNER,
 p. 55, "*Blaundesore to potage*," NA-
 PIER, p. 35, "*Bland sorre*," p. 105,
 "*Blank de Sirre*" ; F. of C., No. 37,
 "*Blank Dessorre*," 193, "*Blank De-
 sire*" ; WARNER, II. 29, "*Blank
 surry*," p. 47, "*Blank de Sure*, and
 p. 49, "*Blank de Syry*" ; L.C.C., p. 12,
 "*Blonk desore*." With regard to
Blaundesorre, see WARNER, p. 75.
 It is made with *Blaunche Mortrewe*,
 by setting leches of that dish in syrup
 made of wine and spices. The latter
 part of the word seems to indicate
 the saffron or sorrel colour. Fr.
 "*Soré*, Reeked, made red," COGR.
- Blank powder, 15 ; Blanke powder,
 15, 19 ; Blaunche powder, 27, 37 ;
 Blawnche powder, 11, 24. See COGR.,
 "*Pouldre blanche*, a powder com-
 pounded of Ginger, Cinnamon, and
 Nutmegs ; in use among Cookes."
- Blaunche perry, 33, Blaunche Per-
 reye, 32, Blawnche Perrye, 14 ;
 Blaunche de ferry, 27 ; Blaunche
 brawen, 34, Blaunche brawne, 71,
 See Douce MS., No. 49.
- Blaunchid, *adj.*, 10, 38 ; Blawnchyd,
 21. Blanched.
- Blaunderellys, 59.
- Blode, *sb.*, 8 ; late blode, let blood,
 52 ; lete blode, 78.
- Bokenade, Vele, kede, or henne in,
 13 ; Autre Vele in b., 13 ; see F. of
 C., N. 118, WARNER, No. 52, NAPIER,
 p. 25, (Veal) ; Bukenade, 113, and
 Buknade, 85, (two recipes,) see F.
 of C., No. 17, "*Bukkenade*," WARNER,
 II. No. 45, Douce MS., No. 76 and
 No. 77, (Various meats) ; L.C.C.,
 p. 12, and NAPIER, p. 105, (Fat
 Pork) ; see also WARNER, p. 54,
 "*Bukenade to potage*."
- Bolas, 24 ; Lorey de Boolas, 25 ;
 Bolasse, 24. Bullace.
- BoH, *sb.*, 74 ; Bolle of tre, 7, BoH of
 tre, 92, Bowl of wood ; Treen bolle,
 16, 95 ; Bolle, 20.
- Bonte, *sb.*, Crees bonte or bunte, 38,
 Linen sieve : compare Crescloth, in
 HALLIWELL.
- Bonys, *sb.*, 6, 55. Bones.
- Borage, 5, 8 ; Burage, 92.

- Bord, *sb.*, 7. Board.
- Bore, *sb.*, 49, Boar. The *bere* in line 3 of No. xij, p. 49, should be bore.
- Boteme, 112. Bottom.
- Boter, *sb.*, 8, 20, 42; Botere, 42, 53; Botter, 51. Butter.
- Botmon, *sb.*, 55; Botmond, 38. Bottom.
- Bottes of motoun, 40. See Buttes.
- Bourreys, 70, Bowres, 8; see L.C.C., p. 37, "*Bours*," NAPIER, p. 120. This dish is similar to "*Burseu*," F. of C., No. 11, and to "*Burseus*," No. 179, and is spelt "*Bousoun*" in Douce MS., No. 42 (*Bosoun* in the Text). This seems to be the Fr. *Bourse*, and (in two cases) the Italian diminutive *Borsella*, or the French *Bourseau*, see Cotgr.: Godefroy has the diminutive *Boursault*. The dish consists of small purse-like *rissoles* or *pommes*, in the last recipe in F. of C.: in the others there are gobbets. Compare *Potews*, F. of C., No. 177, made in Pots, and *Sachus*, No. 178, made in Bags.
- Box leves, 35.
- Boyle, *pp.*, 7; Boylede, 8. Boylid, 9. Boiled.
- Boyling, *sb.*, 17.
- Brasele, 20. See Cotgr., "*Brasille*: Rosted, broyled, or boyled with a quicke fire."
- Braunchys, 23. Branches.
- Brawn en Peuerade, 11, 12, Brawne in peuard, 71, see Douce MS., No. 47, WARNER, p. 79; Brawn in comfyte, 34, 71, see Douce MS., No. 48; Blaunche Brawen, 34, 71, see NAPIER, p. 99, Douce MS., No. 49; B. of Capoun, 10, 19; Brawune frye, 43, see Douce MS., No. 6; Browne in egurdouce, 71, see WARNER, p. 79, "*Boor in egredouce*," called *Braun en peuerade*, in Douce MS., No. 56. It is, however, to be noticed that the Recipe gives *Browne* here, as below, and changes the *and*, in first line in Douce MS., to *or*. *Broke braune*, 68; *Braune with Mustard*, 68.
- Bray, *vb.t.*, (in mortar), 16, 109.
- Bread, see *Bred*.
- Bred, *sb.*, 19; Brede, 8, 14, 18, 80, 84, Brown brede, 108, white brede, 109. Bread.
- Brede, *sb.*, they peny brede, *the penny's breadth*, 7. The Recipe on p. 82, and Douce MS., No. 4, read *two* (*ij*, and *too*), not *the*: A. reads *the*.
- Breke, *vb. tr. & intr.*, let sethe tyl it breke, 7; breke brede, 8. Break.
- Brekyn, *vb. intr.*, 23. Break.
- Brekyng, *sb.*, 52. Breaking.
- Breme or Roche boiled, 103, see Douce MS., No. 138; Breme rost en sauce, 103, in Table of Douce MS., as No. 139, but omitted in the text: see NAPIER, p. 70, "*Breme in Sauce*."
- Brennyd brede, 18. Burnt bread.
- Brennyng hote, 53. Burning hot.
- Brerde, *sb.*, 48. Rim.
- Brest de mottoñ in sauce, 85, see Douce MS., No. 86, NAPIER, p. 68. Breast of Mutton.
- Breste, *vb.int.*, 5. Burst.
- Brewe rosted, 79, see Douce MS., No. 114, NAPIER, p. 63. Mr. Swainson kindly notes that he imagines this bird to be the *Whimbrel*, which was called the *Brame* or *Brume* in East Anglia. See MURRAY.
- Brewes, 11, 32; Brewes in Lentyn, 29; Browes, 32, 90; Schyconys with þe bruesse, 32, see F. of C., 33; Brwes, 30, Brwes in lentyn, 33. Brewis.
- Brinkes, 75, 76, Rims.
- Brocche, *sb.*, 82; Broche, 39; *vb.t.*, 39, 40, 106. Broach; spit.
- Broth, Venyson in, 10, 70, see Douce MS., No. 38; Muscules in Broth, 90, see Douce MS., No. 78; Balloke Brothe, 10, 89, Douce MS., No. 34; Storion in b., 13, Sturgeoñ in b., 104, see Douce MS., No. 80; Mighty brothe of Beef or of Capoun, 12.
- Browne, *vb.int.*, 38. Brown; turn brown.
- Browne fryes, 83: this receipe makes brown bread of the Dish: Harleian MS. 279, and Douce MS., 55, have *Brawune frye* and *Brauñ Frye*, respectively, and omit *brede*: see above.

- Bruet of Almayne**, 19, see **WARNER** II. 31, F. of C., 47, "*Brewet of Almony*," **WARNER**, p. 55, "*Blaunche bruet of Almayn*," and pp. 55, 77, "*Browet of Almayne*," L.C.C., p. 11, "*Breuet de almonde*," **NAPIER**, p. 105, "*Bruet de almonds*"; "*Allemagne*" apparently getting perverted to "*Almonds*": **Bruet of Almayne** in *lente*, 19; **Bruette Sareson**, 19; **Hennys** in b., 18, see **NAPIER**, p. 114; **Oystrys** in b., 23; **Walkys** in b., 23; **Tenche** in b., 23; **Chykonys** in b., 23, see L.C.C., p. 22; **Muskelys** in b., 24, see F. of C., No. 122; **B. saake**, 27, see **WARNER**, p. 78, "*Browet seeke*"; *Bruet Moñ amy*, 68; see **NAPIER**, p. 32. This is boiled cream, boiled again with brayed curds, honey, and butter: thickened with yolks of egg, and leched. **Brwet**, 21. See **COTGR.**, "*Brouët*: Potage, or broth; also, any liquor, podge, or sauce, of the thicknesse, or consistence of that whereof our pruiue-tarts are made." **NAPIER**, p. 34, has also "*Eles in Bruet*," as also **WARNER**, pp. 68, 85.
- Bryndons**, 15, and **Bryndonys**. It seems as if this were *Bryndous*, as it is glossed *bryneeus* in margin of A., and the form *brendouse* (more likely *u* than *n*) occurs there, and is glossed *lozenges*: but it is not the dish called "*Brymeus*" in F. of C., though that is probably the same word, and ought to be printed "*Brynieus*."
- Bryse**, *vb.t.*, 6. Bruise.
- Bryth**, *adj.*, 12. Bright; glowing in colour.
- Bukenade**, 113, see **Bokenade**.
- Bullace**, see **Bolas**.
- Buttes of Porke**, 53, 54, 76; **Buttys** of *Vele*, 14, 48, of *Calf* or of *Porke*, 17, 85, *Porke*, 44. **Butts**, buttocks.
- Butter**, *sb.*, 73; **Buttur**, 83. See **Boter**.
- Buttry**, *adj.*, 75. **Buttery**; soft as butter.
- By-clippe**, *vb.t.* 48. **Beclip**.
- Bynde vppe flat** with flowre of rys, **Bynd vppe** with *Flour* of Rys, oþer with whetyn floure, 33. Make stiff: see **MURRAY**, *Bind*, 10.
- Byne**, *vb.t.*, 112. **Bind**; tie.
- Bytor rosted**, 79, see **Douce MS.**, No. 111. **NAPIER**, p. 62, "*Bittur Rost*." **Bittern**.
- Bytyng**, *adj.*, of *Pepir*, 40. **Biting**; hot, stinging.
- Bywese**, 24: compare *Wese* in **Douce MS.**, *Recipe* 174. *Skaldyd bywese* seems to mean "just a-wash," or hardly covered. Compare *ouer-wewyd*, on p. 25, which is used in same sense, and see *A-wese*.
- Caas**, *sb.*, in *caas*, 96. - In case.
- Cabbage**, see next.
- Cabochis**, 69, **Caboges**, 6, 33; see **WARNER**, pp. 52, 75, **Douce MS.**, No. 173. This is the French *Caboche*, *Head*, which is still used in the Channel Islands for *Cabbage*.
- Cacche**, *vb.int.*, 26. **Catch**; stick: still used in this signification in cookery, of meat, etc., when burnt to the pan.
- Cakys**, *sb.*, 15. **Cakes**.
- Calf**, 17; **Calfes fete**, 37; **Caluys fete**, 25; **Calvis**, 85.
- Canel**, *sb.*, 6, 7, 8, 9, 13; **Canele**, 113; **CaneH**, 92, 95, *Floure of CaneH*, 71; **Canelle**, 12, 13, 14, 20. *Fr. Cannelle*, *Cinnamon*.
- Canvas**, *sb.*, 20, 27, 41; **Canneuas**, 39, *Canvas* (for straining).
- Capon**, 2; **Capons stwed**, 72; **Capon en Counfyt**, 115, see **WARNER**, p. 56; **Capoun in Consewe**, 18, see **WARNER**, II. 6, and F. of C., No. 22, "*Capons in Concy*," and see *Consewe*, below; **Capoun in Salome**, 33; **Capoun or gos farced**, 41, **Goce or Capouñ farced**, 81, see **Douce MS.**, No. 36; **Capons of hie grece**, 67, **Capoun de haut grece**, 57, *i.e.* crammed; **Capoune broþe**, 31; **Capounys**, 21.
- Carpeis of Venesoñ**, 68.
- Carpys**, *sb.*, 21. **Carps**.
- Cas**, *sb.*, 25. **Case**.
- Cast**, *vb.t.*, 25; **Caste**, 12, 25; **Caste vppe out of a potte**, 34.
- Caudel Ferry** departed with a **blamanger**, 31; **CaudeH Fery**, 91,

- Cawdelle Ferry, 15, see F. of C., No. 41, L.C.C., p. 16, WARNER, pp. 82, 83, "*C. ferres*," Douce MS., No. 90, NAPIER, p. 32, p. 33, "*C. Ferrens*," and p. 109; Caudele, 113, Caudeh, 96, see Douce MS., No. 183, L.C.C., p. 51; Cawdelle de Almaunde, 16, Caudell de Almondes, 96, see Douce MS., No. 159, L.C.C., p. 15, "*C. dalmone*," NAPIER, p. 81, "*C. of Almondes*," p. 108, "*C. dalmoud*," F. of C., No. 87, "*Cawdel of Almaund mylk*"; Cawdel out of lente, 33; "*Caudel rennyng*," is also in WARNER, p. 82. Caudle; Old Fr. *Caudelée*.
- Cauderoun, *sb.*, 39. Caldron.
- Cesoñ, *vb.t.*, 69, 70, 85. Season.
- Ceuere, *vb.t.*, 8, 48, Ceuyr, 39. Cover; see *Keuer*.
- Chaaf, *vb.t.*, 85; Chafe, 37. Warm.
- Chafer, Chafere, *sb.*, 44; Chaffre, 93; Chaffur, 93; Chafoure, 16. Chauffer (for heating).
- Chared Coneyes, or chardwardoñ, 106, Chardequynce, 12, 13; Chardewardon, 12, 88, see Douce MS., No. 53; NAPIER, p. 81; Chare de wardoun leche, 37; Lange Wortys de chare, 5, see Douce MS., No. 1; Gelye de Chare, 25; Lesynges de C., 44, see Douce MS., No. 74; Tartes de C., 47, see Douce MS., No. 45; Mortreus de C., 70, see Douce MS., No. 81; *Graund chare*, 57; *Grosse chare*, 58. Fr. *Chair*, Flesh: compare flesh of a Melon.
- Charge de quyns, 88. Charedequince.
- Chargeaunt, *adj.*, 16, 18, 19, 30, C. Mylke of Almaundys, 27. Stiff, thick.
- Chargeauntly, *adv.*, 27. Stiffly.
- Charger, *sb.*, 101; Chargere, 52; Chargeour, 78, 109; Chargeoure, 23. Large dish.
- Charlette, 17, 117, see Douce MS., 178, F. of C., 39, L.C.C., p. 11, NAPIER, p. 104, and p. 121, WARNER, pp. 82, 88; L.C.C., p. 11, "*Charlet*" and "*C. icoloured*." Charlet a-forcyd ryally, 17, see NAPIER, p. 29, "*Charlet forced*," F. of C., No. 40, "*C. yforced*," WARNER, p. 82, "*Charlet enforced*." Charlette is the Fr. *Chair laitée*, i.e. Flesh with Milk; and is now spelt *Charlotte*.
- Chaudewyne, 95, Chawdwyñ, 76, Chaudoun, 108, Chaundon of ffish, 114; see Douce MS., Nos. 41, 163, "*Chaudyn*;" NAPIER, p. 49, and p. 103, "*Chaudron for swan*," also F. of C., No. 143, L.C.C., p. 9, and WARNER, p. 65, "*Chaudern for swannes*"; F. of C., No. 115, *Chawdon for Lent*, NAPIER, p. 88, *Chaudron for Samon*, and p. 90, *Chaudron of piggs feet*. Chawdron; entrails.
- Chawettis, 3; Chawettys Fryidde, 45, C. a-forsed, 46, Chawettys, 48, (two Recipes.) Chewettes, 98. See Douce MS., Nos. 50, 156, L.C.C., p. 41, "*Chewetes*," NAPIER, p. 55, "*Chewettes of beef*," "*C. ryally*," p. 56, "*C. on fishe daies*," for which see also L.C.C., p. 41, and F. of C., No. 186; WARNER, p. 65, "*Chowettes on flesshe day*," for which see also F. of C., No. 185, and L.C.C., p. 41. In *Good Huswifes Handmaide for the Kitchin*, (1594), lf. 39, it is used for the lump or cake of paste for a tart, "Make two Chewets as you would make two tarts." R. HOLME, Armory, III. iii. 82, says, "*Chevit*, or small pie; minced or otherwise."
- Chek, Chick, 81. See *Chik*.
- Chekens endored*, 68, see *Chik*; *Chekynes*, 86. Chickens.
- Chekyr, *sb.*, 49, 50. Checker.
- Chepe, *sb.*, 7; Chepis, 38, 39. Sheep.
- Chese, *sb.*, 20, grene chese, 48: Chesefatte, 36, Cheese press.
- Chesmeyne*, 60. ? Jessamine.
- Chete, *vb.t.*, 34. Set.
- Cheueyne*, 60.
- Chicken: see *Chekens*, *Chik*, *Chykenys*.
- Chik farsed, 81; Chike endored, 81, see NAPIER, p. 66; also see *Chykenys*.
- Chop, see *Allowes*.
- Choppe, *vb.t.*, 13. Chop.
- Chykenys, *sb.*, 25; Chykons in dropeye, 30; Chykonys, 2, 19, 55; Chykonys in brulette, 23; Schyconys with þe bruesse, 32. Chickens.

- Chyne, *sb.*, 102; Chine, back: Chyne bôn, 103, Chine-bone.
- Chyne, *vb.t.*, 102, 104. Chine, chop.
- Chyrioun, 2; Chyryoun, 29, see F. of C., No. 58, *Chyryse*, WARNER, p. 47; Chyryis, 29. Cherries.
- Cinnamon, see *Canel*.
- Ciprys, Cyprys, Vyaund de, 21, 28. Cyprus.
- Ciuey, 114, see Cyuey.
- Clarey, *sb.*, 93; Clareye, 35; Clarre, 93; Clerye, 35. Clarry; aromatic wine. See note in WARNER, p. 90.
- Clarifi, *vb.t.*, 35. Clarify.
- Clarifyd, *adj.*, hony, 12, 15, 22, 35; Claryfyd Boter, 53. Clarified.
- Clees, 102, Claws.
- Clene, *adv.*, c. chargeaunt, 30; c. rennyng, 31. Clean; quite.
- Cleuey, *vb.int.*, 21. Cleave; stick.
- Cleuyng, *sb.*, 42. Cleaving; sticking.
- Close, *vb.t.*, 45, 46.
- Cloþe, *sb.*, 17, 19. Cloth.
- Cloues, *sb.*, 80, 82; Cloue, Clouys of garleke, 110; Clous, 113; Clowes, 6, 10, 13, 15, 91, Pouder of Clowes, 97; Clowys, 8, 9, 10, 13, 35. Cloves: Fr. *clou*.
- Clowte, *sb.*, 37. Clout; cloth.
- Clowty, *adj.*, 53. Clotty.
- Clowtys, *sb.*, 47. Clouts, clots (of cream).
- Codlynge, Trype of Turbut or of, 18; Codlynd, 11; Haddok or codlyng, 104, see Douce MS., No. 144, "*Haddok ou codlyng buille*"; Codlyng, 2, 10, 14; Codlyngis, 16. Codling.
- Codling, see *Codlynge*.
- Coffyn, *sb.*, 74, 93, Coffyns, 73; Cofyn, Cofynne, 47; Cofyns, 45, 55; Cofynnys, 53. Coffin; crust of a pie.
- Cokentrice, 115; Cokyntryce, 40; Cokyntryche, 62. See WARNER, p. 66, "*Cokagrys*," F. of C., No. 175, *Cocagres*; which form is made up of *Cock*, and *Grys* or *Gris*, pig, the animals which jointly make up the dish.
- Cole, *vb.t.*, 107. Cool.
- Coleys, 10. See WARNER, II. 11, "*Colys*," also p. 80, "*Colys of flesh*"; L.C.C., p. 20, "*Kolys*"; NAPIER, p. 112, "*Colles*." Fr. "*Coullis*: A cullis, or broth of boiled meat strained; fit for a sicke, or weake bodie," COTGR.
- Colonur, 113. Cullender.
- Coloure, *vb.t.*, 7. Colour.
- Colpons, *sb.*, 89. Coupons; slices.
- Colouryd Sew without fyre, 20; see NAPIER, p. 38.
- Colous, *sb.*, 109. Colys, 17, 29, 54, 114. Coals.
- Colys, *sb.*, 69. Coles: cabbages.
- Comad, *sb.*, 56; Comade, 42, 46, 48, 50, 51, 55, 56; Commade, 48, 54. Mixture. The word is used in F. of C., 113; and is spelt Commode in A.
- Come to-gederys, 45. Unite; come to one consistence.
- Comfyte, *sb.*, Anys in c., Anise preserved in sugar, 8, 10, 32; Brawn in comfyte, 34; see WARNER, p. 59, "*Bor in counfett*," and p. 79, "*Boor in confith*"; Datys in comfyte, 63; Sugre in comfyte, 32, where A. reads "*Sugre of confitens*."
- Commelyche, *adj.*, 34. Comely, seemly.
- Compost Potage, 59, see L.C.C., p. 18.
- Composte, Perys en, 12, 87; see NAPIER, p. 100, Douce MS., No. 57. See also COTGR.: "*Composte*: a pickled, or winter Sallet of hearbes, fruits or flowers, condit in vinegar, salt, sugar or sweet wine."
- Confeccions, 88, Confections; preserves.
- Congere, *sb.*, 14; Congre, 59; see NAPIER, p. 73, "*Congur*." Conger-eel.
- Consewe, Capoun in, 18. This seems the same as *Capon in Concis*, see F. of C., 22, WARNER, II. 6, L.C.C., p. 24, "*Capons in Conisye*." NAPIER, p. 116, "*Capon in couns*." *Concis*, again, seems to be the same word as *Ganse* or *Gauncely*, and no *Gauncely* is mentioned in either of the above.
- Coney, see next.
- Conyng, 80, see NAPIER, p. 64, Douce MS., No. 116, "*Cony rost*." Conyng, Mawlard, in gely or in cyuey, 14,

- Conyng, hen, or Mallard, 80, see Douce MS., No. 68, "*Cony, gelyn, ou malarid en oyle*," NAPIER, p. 79, "*Cony or malarid in cevy*;" Conyng in Gravey, 80, Conyngys in graueye, 18, see WARNER, II. 10, p. 58, and p. 78, F. of C., No. 26, L.C.C., p. 8, Douce MS., No. 66, NAPIER, p. 101; Conyngys in cyveye, 20, see F. of C., No. 25, L.C.C., p. 20, NAPIER, p. 112, WARNER, p. 59, and p. 78; Conyng or hen in clene broth, 80, ("*clere broth*" in Douce MS., No. 67), see WARNER, p. 59, F. of C., No. 66, which both read "*Conynges in clere broth*"; Cony; O. Fr., *Connin*. HOLME, Armory, II. vii. 132, says—"A cony is a rabbit after the first year; the animal being a rabbit till the end of the first year."
- Copuh, *sb.*, 67. Couple.
- Corances, Corauns. Currants. See *Rasonys*.
- Core, *sb.*, 51; Corys, 24, 30.
- Corkes, *sb.*, 106. Cokes, Cores.
- Costardys, *sb.*, 47. Costards: (apples).
- Cost-marye, 110, herb.
- Cours, Course, *sb.*, 49. Layer.
- Cowche, *vb.*, 44. Couch; lay.
- Cowe Mylke, 29, 110.
- Coynes, 106, Quinces.
- Crabbe or Lopster boiled, 102, see Douce MS., No. 134, Napier, p. 70; *Crabbe au Creueys*, 59; Crabbys, 28.
- Crane, roasted, 78, 116, see L.C.C., p. 35, NAPIER, p. 61.
- Crayfish, see *Creuez*.
- Crees, 38. Compare "*Crescloth, Fine linen cloth*," HALLIWELL.
- Cream, see next.
- Crem de Coloure, 20; Creme, 2, 8, 10, Fride C. of Almaundys, 7, 91, see Douce MS., No. 12, WARNER, p. 69, "*Crem of Almondemylk*," NAPIER, p. 42, "*Creme of Almonds*"; C. Boylede, 8, 92, see WARNER, pp. 69, 82, Douce MS., No. 13, NAPIER, p. 32, "*Creme buyle*;" C. Bastarde, 33; *Creme Moundy*, 62; *Creme Vine* 69, ? Cream with wine over it.
- Creme, *vb.t.*, 93. Crimme; crumble, see *Kreme*.
- Crene, *sb.*, 49; Creueys, 59. See HOLME, *Armory*, II. xiv. 338, "*Crevice, or Crefish*," (crayfish); O.F. *Crevice*, Mod. Fr. *Ecrevisse*. It includes Lobsters.
- Crodde, *sb.*, 17; Crodde, 36, 43, 73; Croddys, 36, 56; Cruddes, 86; Cruddis, Cruddys, 53. Curd.
- Crodde, *vb. int.*, 17; Croddith, 92; Crudde, 86, 92. Curd; curdle.
- Crome, *sb.*, 53; Cromys, 33, 52. Crumbs.
- Cromyd Marow, 55. Crumbed (crumbled) marrow.
- Croppe of netle, 69. Young top.
- Crostes, 113, see Cruste.
- Crouste, *vb. int.*, 32. Crust over.
- Crowne, *sb.*, 52. Crown.
- Cruddes, see *Crodde*.
- Crustade, 50, 55, Custarde, 74, see Douce MS., No. 22, WARNER, p. 65, "*Crustade*," L.C.C., p. 40, F. of C., No. 154, "*Crustardes of Flessh*," F. of C., No. 156, "*Crustardes of Fyssh*;" Crustade lumbard, 51, Custard lumbarde, 74, see NAPIER, p. 53, "*Custad lombard*," Douce MS., No. 23; Crustade Ryal, 55, 68; C. gentyle, 55; NAPIER, p. 54, has also a "*Custad opyne*," *i.e.* open. FLORIO, 1659 ed., "*Crostata*, the crust or coffin of a pie, a pastie, a custard, a tart, any kind of crusty meat, any pie or pastie-crust, any meat drest upon tostes or crusts."
- Cruste, *sb.*, 53; Crustys of whyte brede, 30; Cruste Rolle, 46.
- Crypez, 44, Cryspes, 93, see F. of C., No. 162, "*Cryspes*," No. 163, "*Cryspels*," Douce MS., No. 61, "*Crispes*," WARNER, II. No. 26, "*Cryppys*"; Cryspis, 3. COTGR., "*Crepez, ou Crepets*: Fritters; also, Wafers." Mod. Fr. *Crêpe*.
- Culpe, *vb.t.*, 48. Cut in thick slices: Fr. *Couper*.
- Curlewe roasted, 79, see Douce MS., No. 113; Curlewys, 57.
- Curnylles, 109, Kernels.
- Custard, see *Crustade*.
- Cyprys, Cyprus, see *Vyand*.
- Cytte, *vb.t.*, 5. Cut.

- Cyuele, 113.
 Cyuey, cyvey, 49; Conyng, Maw-lard, in gely or in cyuey, 14, see NAPIER, p. 79, "*Cony or malarid in cevy*," WARNER II. No. 51, "*Mallard in cyuey*"; Harys in Cyueye, 18, Tenche in c., 23, see NAPIER, p. 80, Conyngys in cyueye, 20. Mod. Fr. *Civet* or *Civé*. Stew with chives.
- Dace, 20.
 Darioles, 53, Darioles, 75; Daryoles, 47, 55, 56; see Douce MS., No. 71, L.C.C., p. 38, "*Darials*," F. of C., No. 183, "*Daryols*," NAPIER, p. 56, "*Daryolites*," WARNER, p. 66, "*Daryalys*." See COTGR., "*Darioles*, Small pasties filled with flesh, hearbes, and spices, mingled and mixed together."
- Dates, *sb.*, 33, 88, 94; Datis, 24, 53; Datys, 12, 15, 16, 19, *D. in comfyte*, 63.
 Defaute, *sb.*, of def., 22, in def., 29; in defawte, 20, for d., 41. Default.
 Degre, *sb.*, 36. Degree; pitch (of colour).
 Del, Dele, *sb.*, 21, to del *þolkys* of eyron, 21; A gode dele Salt, 15, *i.e.* of Salt. Deal; portion.
 Departe, *vb.t.*, 21; *Gely Departed*, 69, compare the Recipe on p. 31; *Departyd*, 31. Depart; part into shares; split.
 Dewte, *vb.t.*, 43.
 Deye, *sb.*, 36, 37, 56. Dairy-maid: see CHAUCER.
 Deye, *vb.*, 52. Die.
 Dise, *vb.t.*, 69. Dice; cut into Dice.
 Disshful, 112.
 Dissoñ, *sb.*, 67. Dozen.
 Diteyne, 110. Dittany.
 Diting, *sb.*, 105. Dighting; preparation.
 Do, *vb.t.*, do away, 10; Do aboue, put above, 112; Do it in a faire vessel, Put it in, 112; Do *þer-to*, Add thereto, 13, 14, 110, 112; Do medle, Make meddle, or mix, 82; Don, 10, Done, do.
 Doble, *vb.t.*, 39. Double; fold over.
 Doderellys, 61, Dotterels.
 Dogh, 73, Dough: see *Dow*.
 Doke, 64, Duck.
 Dore, *vb.t.*, 38, 40. Glaze; compare next word, and *Endore*.
 Dorre, Soppes, 90, Soupes dorrees, 114, Soupes Dorroy, 11, Soupes dorye, 11; *i.e.* Sops endored, or glazed with almond milk. Dorry, *sb.*, 11. See *Endore*.
 Doucete, *adj.*, 33; Dowcet, 7, 29, 30. Fr. *Doucet*, sweetish.
 Doucetez, 50; Doucettes, 55, D. a-forcyd, 55; Doucetyts, 64; Doucettys 4; *Dowcet Ryal*, 62, Dowcetyts, 55: "*Doucet*; A lytel flawne," PALS-GRAVE. Cheesecake.
 Douun, *adv.*, 7. Down.
 Doust, *sb.*, 112; Douste, 110, 113. Dust.
 Dow, *sb.*, 42, 43, stronge Dow, 49. Dough.
 Draf, *sb.*, 22; of Almaundys, 16. Draff; refuse.
 Drage, *sb.*, 11. Dredge.
 Draw, *vb.t.*, 7, 8, Draw vp, 7, Strain; Draw *þorw* straynowre, 5, 8, 9, Draw uppe *þorw* strayn., 20; draue, 106.
 Drawe, *vb.t.*, 9. Draw; eviscerate.
 Drawyd, *adj.*, 5. Drawn (through strainer).
 Drawyn grwel, 10, see Douce MS., No. 33: A. reads here "*Brawne gruelle*." Drawyn Eyroun, 42, 44. Drawn (through strainer).
 Dregge, *sb.*, 99; Dragge, 11. Dredge.
 Dresse, *vb.t.*, d. forth, 13, yn, 14; Dressyst yn, 15. Dress; serve in to table.
 Dressing knyfe, 93: see *Dressoure knyf*.
 Dressoure, *sb.*, 24, 28, 30, 31, 34, Dresser: Dressoure knyf, 53, Dresser knife, apparently knife for trimming meat for the table; called *Dressing knyfe* in Douce MS., and above.
 Dropey, 2; Chykons in dropeye, 30; see F. of C., No. 19, "*Drepee*," which is the recipe for the sauce.
 Dropping, *sb.*, 77, 99. Dripping.
 Drow in Sonne, 38, Dry in sun.

- Dry, *adj.*, PuH dry, 78. Pluck clean.
 Dryit, 39. Dryeth.
- Dubbate, 1; Gelyne in dubbatte, 13.
 This may be a perversion of *Jus batarde*; see references under *Bastard*: the word is spelt *Dieubate* in *Douce MS.*, No. 69, and *Gelyne endobate* is the form in the Recipe on page 80.
- Dyse, *sb.*, 39. Dice.
- Dysshe, *sb.*, 8, 14; Dysshys, 14.
 Dish.—Dyssche-fulle, 54.
- Dyurse, *adj.*, 36. Diverse (in colour).
- Easily, *adv.*, Seeth easily and longe, 73.
 Gently.
- Eche a coffyn, 74, Each Coffin.
- Efte, *adv.*, 43. Eft; after.
- Egges, Potage de, 94 (Poached Eggs),
 see *Douce MS.*, No. 100, "*Egges pochee*," F. of C., No. 90, "*Pochee*";
Eggs Ryal, 62. See *Ey*.
- Eggys, 54, Edges.
- Egredoucetes, 113, Egredoucyne, 31,
 see F. of C., No. 21, "*Egurdouce*"
 (Flesh); F. of C., No. 133, "*Egurdouce of Fyssh*," and WARNER, p. 45, and p. 72 (Fish); WARNER, p. 44
 (Fruit), p. 57, "*Egurdouce to potage*,"
 (Soup); Browne in *Egurdouce*, 71,
 see *Douce MS.*, No. 56. Fr. *Aigre-doux*, sour-sweet.
- Egrete rosted, 79, Egrett rost, 116;
 see NAPIER, p. 63; Egretez, 58.
 Egret, a kind of Heron, see COTGR.,
Aigrette, Egrette.
- Eier, *sb.*, 73. Air.
- Eiren, 83. Eggs: see *Ey*.
- Eisel, 110: see *Eysel*.
- Ele, *sb.*, 48; Elys in Gauncelye, 22;
 Elys in Sorre, 89, 61, see *Douce MS.*,
 No. 25, WARNER, p. 68, p. 85; *Bakyn Elys*, 59, *Elys Rostyd*, 59, 60, 62,
Salt Elys, 59, *Salt Elys with galentyne*, 60.
- Elles, *conj.*, 8; Ellez, 75, 88; Ellys,
 6, 10, 15; Els, 109. Else. A. reads,
 "ellys Skynnys of Plays," in recipe
 cx. p. 26, probably rightly.
- Enche, *sb.*, 75. Inch.
- Endore, *vb.t.*, with jolkys of Eyroun,
 41, 47, 52, 75. Glaze; compare *Dore*,
 above; Fr. *endorer*, gild.
- Endelonge þe spete, 97, Endelonge
 the bak, 104; Enlonge, 71, 78. End-
 long; along.
- Entrayle, 38.
- Erbeblade, 76. See *Herbelade*.
- Erbis, *sb.*, 6, 31; Erbys, 19. Herbs.
 F. of C., No. 151, has a "*Frytour of Erbes*."
- Erþen, *adj.*, 7, E. pannys, 54; Erþyn,
 109. Earthen.
- Eroñ, 82, 83. Eyren: eggs.
- Esyli, *adv.*, Seþe esyli, 42. Easily;
 gently.
- Etyne, pp., 52, Eaten.
- Euelong, *adj.*, 53. Oblong.
- Even, *adv.*, 14; Euene, 6, 7; Euyne,
 12. Even; evenly.
- Euery, *adj.*, 20, 27. Every; each.
- Ey, *sb.*, 19; Eyeron, 81; Eyreñ, 83;
 Eyron, 8, Eyron en poche, 24;
 Eyroun in lentyn, 41, see NAPIER,
 p. 37, "*Eggs in lent*"; Eyroun, 11,
 12, 14, 17, 31: WARNER, p. 89,
 has a recipe for "*Eyren Gelide*,"
 see the dish on page 58 of this
 volume, which means Eggs in
 Jelly, not Iced eggs; he has also
 "*Eyryn in bruet*," II. No. 23. See
Egges.
- Eysel, *sb.*, 28; Eysel Wyne, 31.
 Eisel; wine vinegar. O.F. *Aisil, Eisil*.
- Faire, *adj.*, faire spitte, faire potte,
 faire grece, faire brede, 82, clean,
 nice; *adv.*, leche it faire, but not
 to thyn, 71, of moderate thickness;
 Roste hem faire, 82, moderately,
 nicely; Fayre oyle, etc., bright, good,
 13, 14, 15; Fayre, clean, 13, 15;
 F. pecys, moderate-sized, 13; F. Fyre,
 ? bright, 15.
- Fan, *vb.t.*, fan owt, 7. Blow out
 (chaff, etc.).
- Farce, *vb.t.*, 41, 48. Stuff.
- Farced, *adj.*, Capoun or gos farced,
 41; Farcyd, 3; Pygge y-farsyd, 40.
 Stuffed.
- Farcere, *sb.*, 46; Farsour, 113; Far-
 sure, 39, 43, 49. Stuffing.

- Fars, *sb.*, 45. Farce; stuffing.
 Faste, *adv.*, 27. Fast; tight.
 Fastyng dayis, 17.
 Fauntempere, 19; spelt Faintempere on page 2.
 Fayre, *adj.*, see *Faire*.
 Feche, *vb.t.*, 36. Fetch.
 Felettes of Porke endored, 82, F. in galentyne, 82; see Fylettes.
 Fere, *sb.*, in fere, together, 20.
 Fere, *adj.*, 83. Fair: moderate sized. See *Faire*.
 Fesaunt Rost, 116, Fesaunte rosted, 78; see *NAPIER*, p. 60.
 Feþer, *sb.*, 31, 53. Feather.
 Fey, *sb.*, 101. Liver; Anglo-Fr. *Foie*.
 Fig, see *Figus*, *Fyggs*.
 Fige, 113; Fygey, 94, Fygeye, 24; see *WARNER*, p. 46, F. of C., No. 89, *NAPIER*, p. 119, "*Figge*," Douce MS., No. 162, "*Fige*." The dish is called "*Fyguade*" in L.C.C., p. 42. A "*Fyge to potage*," is also given in *WARNER*, p. 67. The "*Fygey*" in *WARNER* seems to be from *Figé*, thickened, see *COTGR.*, "*Laict figé*," as there are no figs in it; at the same time the figs thicken it, and *Fyguade* would be the more likely form from *Figue*.
 Figus, 112. Figs.
 Fillet, see *Felettes*, *Fylettes*.
 Firmanty, 105: see *Furmenty*.
 Fissh, Blamanger of, 114, Blamanger of Fyshe, 23; Chauudon of fissh, 114; Mortrewes of Fyssh, 14, Mortrowes of fissh, 114; Iuschelle of F., 16; Gelye de F., 26; Potage on a Fysdaye, 29; Fyssday 9; Potage on fysshday, 15; Fysssheday, 11, 30. Fish.
 Flake Water, 21, should probably be "slake," *i.e.* warm.
 Flampoyntes bake, 53; Flampoyntys, 4; see F. of C., No. 113, No. 184, *Flawmpeyns*," *WARNER*, p. 66, "*Flampoyntes*"; Flampayn, 60; Flampoyne, 60. *Flampoynte* is *Flan pointé*, and is so called from the small points of pastry with which the open Flawn was stuck, and made bristly.
 Flat, *adj.*, bind up f., 33; serue in flatte, 33; sette out almost flatte, 33. The word here refers to the stiffness, or thickness, of a semi-fluid; see especially Recipe cxxix. p. 29.
 Flathons, 51, Flathonys, 73; see Douce MS., No. 16, "*Flathonys*," L.C.C., p. 39, "*Flaunes*;" Flathouns in lente, 56, see *WARNER*, p. 48, "*Flownys in Lente*." *COTGR.*, "*Flans*, Flawnes, Custards, Egge-pies." *LITTRÉ*, "*Flan*. Tarte faite avec de la crème fouettée, des œufs et de la farine." The word is derived from the low Latin *Fladonem*; compare O.H.G. *Flado*, Mod. G. *Fladen*. They were open tarts.
 Flawns, see *Flathons*.
 Fle, *vb.t.*, 10, 18. Flea: flay.
 Flesh, Tartus of, 74; Tartes de chare, 47, 52; Fless day, 113; Flesshe day, 30; Mortrewes de Fleyssh, 14; Fleysshe, 1, 10, Rapeye of F., 25. "F[le]yssh" in Recipe cxix. p. 28, should be "Fyssh," as A. also reads.
 Florche, *vb.t.*, 30; Florisshe, 113; Floryssche, 47. Flourish; garnish.
 Flos campy flour, 31. Flower for ornamenting dish.
 Floundres boiled, 102, see Douce MS., No. 136.
 Flour, *sb.*, 38; Floure Rys, 38; Whetyn floure, 33; Flowre of whete, 46, Whete Flowre, 38, Flowre of Amidons, 16, F. of Canelle, 15, F. of rys, 6, 15, 16, 18, 19, 20, 29.
 Flowre, *vb.t.*, 26. Flour.
 Flowres, *sb.*, 23; Flowrys, 20, 29, F. of hawþorn, 29; Flowþerys, 20. Flowers.
 Foiles of parcelly, 102. See *Foyle*.
 Forced with milke and rawe yolkes of eyren, 117. See *A-forcyd*.
 Fore, *prep.*, 106. For.
 Forlonge wey, or ij, 91; Forlongwey, 7; A. reads here "a furlonge Way or ij," while the Douce MS. has "Forlange." This apparently means the time one would take to that distance.
 Fors, *sb.*, It is no fors, 33. Force; matter of importance: a French Idiom, see *COTGR.*, *Force*.

- Forsayd, *adj.*, 28; forsayde, 38.
 Foresaid.
- Fort, *conj.*, Fort hit breke, 114;
 Fort that, 114. Until.
- Forþer-more, 29. Furthermore.
- For-wiþh, *adv.*, 41. Forthwith.
- Foure-square, 46, iiij square, 44.
 Four-square; square.
- Foyle, *sb.*, of Syluer, 27; Foyles of
 ginger, 96. Foil; leaf, paring.
- Fraied oyle, 93, 96. Apparently
 fried oil, which is still used over again
 in France. See *Fray*.
- Franchemyle, 3; Frawnchemyle, 39;
 see L.C.C., p. 36, "*Fraunche mele*,"
 WARNER, II. No. 15, "*Fronchemoyle*,"
 NAPIER, p. 119, "*Fraunt hemelle*,"
 COTG., "Franchemulle d'vn mouton,
 A sheepes call, or kell." *Mulle*, or
Mule, is O.Fr. for *poche*. Compare
 "*Franche mule d'un bœuf*. The purse,
 bag, or skinne, wherein the stones of
 an Ox, etc., be contained."—COTGR.,
 s.v. *Mule*.
- Fray, *vb.t.*, 89. Fry. The Douce
 MS. has "fray hit."
- Fresche, *adj.*, 5; Freys, 6; Freysshe,
 6, 9, 10; Freyssche, 52. Fresh.
- Frete, *vb.t.*, 113. Fret; rub.
- Fretoure, 44, Frutours, 73; see L.C.C.,
 p. 39, WARNER, II. No. 19, No. 40;
 Longe Fretoure, 43, 73, see Douce
 MS. No. 14; *Longe Frutours*, 68;
 Lente Frutours, 96; Fretoure owt
 of lente, 46; *Leche Frutour*, 68;
Frutoure Rasyn, i.e. of Raisins, 69;
Frutoure Samata, 62; *Frytoure da-*
maske, 62; F. of C. has also "*Fry-*
tour of Mylke," No. 150, and "*F. of*
Erbes," No. 151. O.F. *Friture*, Frying.
- Fride, *adj.*, 7; Fryit, 1; Froyde, 7.
 Fr. *Froid*, —e, Cold.
- Fritter, see *Fretoure*.
- Froyse, 86, Froyse out of Lentyn, 45,
 see Douce MS., No. 182, L.C.C.;
 p. 50, WARNER, II. No. 18 (veal);
 F. in lentynne, 42. Fr. *Fraise*,
 pancake. They were round fritters.
- Froyte de almondes, 91, called in
 Douce MS., No. 11, "*Froydelet dal-*
mandes," i.e. Cold Almond Milk.
- Frutours, 73, see *Fretoure*.
- Fry, *vb.t.*, Fry in oyle, 21, 30, 42,
 45, 93; in grece, 14, 30, 44; Frye
 vppe brown in Oyle, 43; Fry in
 grece or buttur, 73.
- Fry, *sb.*, of Pyke, 95; Frye of Pyke,
 16. Roe.
- Fryid, *adj.*, 12, "*Oyle fryid*," which
 may mean either cold oil, or fried oil,
 which is still kept and used again
 in France; see *Fraied oyle*, above;
 at page 46 it means fried.
- Frying-pañ, 73; Frying-panne, 42,
 45; Fryng-pañ, 86.
- Fulle, *vb.t.*, 39. Fill.
- Fullyche, *adv.*, 9, 29. Fully; quite.
- Furmenty with purpaysse, 17, Fir-
 menty with porpeys, 105, see
 Douce MS., No. 171, NAPIER, p.
 86, F. of C., No. 69, No. 116,
 WARNER, p. 66; Venyson with
 f., 6, F. with venyson, 70, 68, see
 Douce MS., No. 180. Recipes for
 Furmenty are given in NAPIER, p.
 100, WARNER, II. No. 1, and p. 81,
 L.C.C., p. 7. "Furmenty is a Wheat
 husked and boyled," HOLME, *Armory*,
 II. iii. 56.
- Fuyr, *sb.*, 12; Fuyre, 78. Fire.
- Fygys, *sb.*, 15, 16, 24. Figs.
- Fylettes, *sb.*, 49; Fylettys, 38.
 Fillets. Fylettys en Galentyne, 8,
 82, see NAPIER, p. 89, F. of C., No.
 28 and No. 117, WARNER, p. 58,
 L.C.C., p. 31; Felettes of Porke
 endored, 82, see Douce MS., No.
 127, "*Filettes de pork en gallentyne*,"
 or "*en-dorree*," NAPIER, p. 67, "*Feletes*
of Pork."
- Fyngerys, *sb.*, 44, 52. Fingers;
 (and as measure).
- Fyre, 41, 42, Fire.
- Gader, *vb.t.* 7, 17, 31; Gadere, 7, 45;
 Gadre, 42. Gather.
- Galentyn, Lampreys in, 32, see NA-
 PIER, p. 117, F. of C., No. 126, L.C.C.,
 p. 25, WARNER, p. 46; Lamprons
 in Galentyne, 100, see Douce MS.,
 No. 46, F. of C., No. 127, WARNER,
 p. 70; Pike in galentine, 101 (two
 recipes), see Douce MS., No. 75,
 NAPIER, p. 79; Fylettys en Galen-

- tyne, 8, see NAPIER, p. 89, F. of C., Nos. 28, 117, WARNER, p. 58, L.C.C., p. 31: Galyntyne, 109, O.F. *Galentine*. For the Recipe for *Galentine* see Sauces.
- Galingale, *sb.*, 107; Galyngale, 13, 15, 34, 54. See COTGR., "*Galingal*. The Aromaticall root of the rush called Cypresse, and English Galin-gale."
- Galon, *sb.*, A gode g., 22; Galouns, 12, 22. Gallon.
- Gape, *vb.int.*, (of boiled muscles opening), 90.
- Garbage, 9, 72, see Douce MS., No. 83, NAPIER, p. 78; Garbagys, 9. Giblets.
- Garleke, *sb.*, 23, 110; cloue, 110, Clouys of garleke, clowes of g., Cloves of garlic, 109.
- Garlic, see *Garleke*.
- Gaucely, 2; Elys in Gauncelye, 22; Hennys in G., 23. See "*Janse, jance, gance, sorte de sauce*"; GODE-FROY. It would almost appear to be properly a sauce for goose; compare "*Gances, Anseres silvestres*;" DUCANGE. It is also spelt Gaunceff, as in Douce MS.: for the sauce see *Sauces*.
- Gaylede, 22.
- Gele of pesoñ, 95, Gelye de Fysshes, 26, see Douce MS., No. 175, F. of C., No. 101, WARNER, p. 72, II. No. 36 (Fish or Flesh); Gely (calves foot), 86, see Douce MS., No. 174; Gelye de chare, 25, see F. of C., No. 102, "*Gele of Flessh*," NAPIER, p. 42, "*Gilly of fleshe*," WARNER, p. 44, and p. 61; *Gele Potage*, 68. Fr. *Gelée*. Jelly.
- Geloferys, *sb.*, 19; Gelofres, 15; Gelofrez, 48; Gelofrys, 21. Gilliflowers.
- Gelyne in dubbatte, 13, Gelyne endobat, 80, see Douce MS., No. 69, and *Dubbatte*: Gelyne in brothe, 81, see Douce MS., No. 89, see also recipes under *Hen*. Fr. *Gelin*, Hen.
- Gilliflower, see *Geloferys*.
- Ginger, see *Gyngere*.
- Gobet, *sb.*, 31, 55; Gobettys, 6, 13, 18, 23, 55. Gobbet; lump.
- Gobet, *vb.t.*, 54; Gobete, 112. Gobbet; cut into gobbets.
- Gobouns, *sb.*, 10. Gobbets.
- Goce, *sb.*, 81, Goose. See *Goos*.
- Goions fryid, 60. Fried gudgeons.
- Golet, *sb.*, & Golett, 116. Gullet.
- Goos in hogepotte, 18, see WARNER, p. 57, p. 84, and II. No. 22, F. of C., No. 31, L.C.C., p. 32; Goce or Capon farced, 81, Capoun or gos farced, 41, see Douce MS., No. 36; Gos, 2; Gees, 8; Wilde gese, 76. Goose.
- Graspeys, 59; Royal Fish, as Sturgeon or Whale, but applied also to other fish.
- Grate, *vb.t.*, 6.
- Gratid, *adj.*, brede, 16, 21; gratyd, 14. Grated.
- Grauey, Oystres en 13, 100; Whyte pesyn in g., 33; Conyngys in graueye, 18; Grauy, 1; Oystrys in g. bastard, 13. Gravy.
- Graynys, *sb.*, 28 (? as next); of *parise*, 6, parys, 34, Perys, 27, Grains of Paradise; of Pome-garnad, 29.
- Grease, see *Grece*.
- Grece, *sb.*, 7, 8, 14, 34, 45; Whyte gr., 29; Gres, 43. Grease.
- Gredelle, *sb.*, 40; Grydelle, 21. Girdle (for cooking).
- Gredyl, *vb.t.*, vp broun, 40. Girdle; cook on girdle.
- Gredire, *sb.*, 102, 103; Gredreñ, 100; Gredryñ, 102, 103; Gredyre, 36. Gridiron.
- Grene, *adj.*, 15, 20; Grene chese, 48. Green.
- Gret, *adj.*, a gret dele, 12, Gret Roysouns, 15, Grete roysonys, 33, Great Raisins, *i.e.* not Currants; Grete pyes, 76; Gretter, 15, Greater.
- Gridel, 114, see *Gredyl*.
- Groundyn, *adj.*, 38, Ground; brayed.
- Groweh, 70; Growelle Force, 70, Gruelle a-forsydde, 6, see Douce MS., No. 32, L.C.C., p. 47, "*Gruel of fors*," F. of C., No. 3, "*Grewel forced*," WARNER, p. 51, "*Growel of force*," NAPIER, p. 88, "*Gruelle enforced*," L.C.C., p. 20, has also "*Gruel of Porke*;" Drawyn grwel, 10, see

- Douce MS., No. 33; Grwele, 10; Grwelle, 1. Gruel.
 Gruel, see *Grouell*.
 Grynd, *vb.t.*, 12; Grynde, 9. Grind.
 Guisseh, 87; see *Iuschelle*.
 Gullys, 62, 63. Gulls.
 Gurnard, *sb.*, 25; G. roasted or boyled, 103, 104, see Douce MS., No. 141, NAPIER, p. 74; Gornard, 14; *Gurnyd broyldid with a syrpype*, 62.
 Gutte, *sb.*, of purpays, 42, ? the pouch: Guttys, 108. Gut.
 Gyngaudre, 15, Gyngautrey, 94; see Douce MS., No. 161, WARNER, p. 70, "*Gyngawtre*," F. of C., No. 94, "*Gyngawdry*."
 Gyngere brede, 35; Gyngere brede, 3. Gingerbread.
 Gyngere, *sb.*, 10, 11, 17, 25, 32; Whyte Gyngere, 21; Gyngeuere, 115; Gyngiuer, 114. Ginger.
 Gysers, *sb.*, 72, 76, 108; Gysour, 41; Gysowrys, 9. Gizzard. O.F. *Gezier*.
- Hacke, *vb.*, 14, 18; Hak, 76; Hakke, 13, 14, 18, 23. Hack; hew.
 Haddock, *sb.*, 10, 11, 16; Haddock or Codlyng, 104, see Douce MS., No. 143; Haddocke in Cyuee, 114, see NAPIER, p. 72. Haddock.
 Hagas de Almayne, 44, Hagas de almondes, 84, see NAPIER, p. 43, "*Hagges of Almayne*," Douce MS., No. 21, "*Hagys dalmaygne*"; Hagase, 3; Hagws of a schepe, 39, see L.C.C., p. 52. Haggis.
 Hak, *vb.t.*, 76. Hack.
 Hake, *sb.*, 16.
 Hakkyd, *pp.*, 32. See Hacke.
 Halful, 55, Half-full.
 Halfynde, 20; Halvynde, 41. Half-deal, or part.
 Halybutte, 60, Halibut.
 Ham, *pron.*, 37. Them.
 Handfulle, *sb.*, 28. Handful.
 Handys, *sb.*, 14; Hond, 16; Hondys, 15, 35. Hand, hands.
 Hanoney, 43, 84. See also Douce MS., No. 24. Apparently *Oignoné*; see also *Oignonade*, in LITTRÉ, a dish with many onions in it, as this dish has.
- Hard, *vb.t.*, 56, Harde, 54; Harde, *vb.int.*, 47; Hardyd, p. 50. Make hard.
 Hard, *adv.*, sethe hard, 12. Fast; sharply.
 Hardid, *adj.*, 56. Harded; hardened (in oven).
 Hare, *sb.*, 19, Hare in Wortes, 69; Harys in Cyueye, 18, see WARNER, II. 8, L.C.C., p. 21, NAPIER, p. 113; WARNER has also "*Haris in Talbotays*," II. No. 9 (see this Work, p. 19), and "*Hares or conynges in seue*," p. 78, see L.C.C., p. 21.
 Haselle, *sb.*, leuys, 31: Spete of h., 39. Hazel.
 Hawhorn, Flowrys of, 29; Hawthorun, 20. See *Spyneye*.
 Haselet, *sb.*, 97; Hastelette, 106. Harslet: Douce MS., "Haslet." "*Hastelet*, dimin. de *haste*, viande rôtie."—GODEFROY.
 Hed, *sb.*, 9, 16; Hedys, 16, 42. Head.
 Hef, *vb.*, 53. Heave; lift.
 Hegh, *adj.*, 75. High.
 Held, *vb.*, 39. Throw; cast.
 Hele, *vb.t.*, 27, 47, 73. Cover.
 Helyd, *pp.*, 52. Covered.
 Hem, *pron.*, 14, 15, 19, 34, 40. Them: 18, 19, 40. Him.
 Hen, *sb.*, 14; Conyng or heñ in clene broth, 80, see Douce MS., No. 67; Conyng, heñ, or Mallard, 80, see Douce MS., No. 68; Vele, kede, or henne in Bokenade, 13; Hennys in bruette, 18, see WARNER, II. 7, NAPIER, p. 114, L.C.C., p. 22, and p. 49 ("*Henne in brothe*"); Hennys in Gauncelye, 23, see L.C.C., p. 24, NAPIER, p. 116; Henne, 13; Hennys, 19, 21. See *Gelyne*.
 Her, *sb.*, Her syue, Hair sieve, 113.
 Herbelade, 54, Herbe-blade, 76; see NAPIER, p. 58, "*Hayrblad opyn*," (*i.e.* open, with no top crust,) Douce MS., No. 184. So called from the herbs in the cakes. See DUCANGE, "*Herbolasta*," a cake stuffed with herbs.
 Herbs, see *Erbis*.
 Here, 24. The hairy appendage of the Mussel, called "Muskles Wool," in HOLME, Armory, II. xiv. 345; now called the Byssus.

- Heron rosted, 78, H. rost, 116, see L.C.C., p. 35, NAPIER, p. 62, Herons, 68; Heyroun, 62.
- Heron-sewe, 68; Heron sewes, 61; Heronsewys, 59. Hernshaw; young Heron.
- Herte, *sb.*, 41; Hertys, 8. Heart.
- Hery of bonys, 14; Hairy with bones.
- Hete, *sb.*, 22: *vb.*, 11; hete hote, 12. Heat.
- Heyroun, 62. Heron.
- Hew, *vb.t.*, 7, 17; Hewe, 6, 17.
- Hogepotte, Goos in, 18; "*Hochepot*: A hotch-pot, or Gallimaufrey." —COTGR.
- Hoghēs, *sb.*, 51; Howe, 37; Howhys, 25; Hojos of fele, 86. Hock.
- Hol, *adj.*, 19, 27; Hole pepir, 8, 9; Hool, 55; Hoole, 12. Whole.
- Hold coloure, keep colour, 25; Holdyn, pp., 7.
- Hole, *vb.intr.*, 7, Hull; lose the husks; Hoole, *vb.tr.*, 33, Hull; strip off hulls.
- HoH, *sb.*, 105; Holys, 7, 32, 114. Hull; husk.
- HondefulH, *sb.*, 72. Handful.
- Honge, *vb.intr.*, 36; hongy, 7. Hang.
- Hony, 6, Clarifyd h., 12, Hwyte Hony, 29.
- Horn, 106, of Whelk.
- Hote, *adj.*, 10, 12. Hot.
- H.q., 12. *Hoc quære*: like *q.v.*
- Hure, hyre, *adj.*, 13, 18. Her.
- Hwyte, *adj.*, Hony or Sugre, 29, Sugre, 54. White.
- Hy, *adj.*, komyth on hy, boils up, 17.
- Hym, *pron.*, 18; Hyt, 35. Him: It.
- Hyrchouns, 62. See Yrchons.
- I-ete, 99, Eaten.
- Isope, *sb.*, 27; Isoppe, 74. Hyssop.
- I-sothe, *pp.*, 18. Sodden.
- IoissH 116, Juice.
- Jollys of Samoun, 61, Salmon Jowls.
- Ioutes, 5; Iouutes, 1. See NAPIER, p. 108 (Almond), L.C.C., p. 15, "*Jouts dalmond*," F. of C., No. 88, (Almond), WARNER, p. 67, "*Jowtes of Almand Mylke*;" F. of C., No. 73, "*Frenche Owtes*;" F. of C., No. 5, "*Eowtes of F'lessH*," WARNER, p. 52, "*Joutes on flesh day*," p. 80, "*Jowtes of flessH*;" WARNER, p. 80, "*Jowtes of fysshe*;" L.C.C., p. 47, 48, "*Joutes*," (Vegetables). *Iust* seems equivalent to *Jus*, Juice, see COTGR., and is spelt *Joust* in WARNER, p. 89; and see DUCANGE, "*Jutta*, potionem confectum ex lacte spissiore." Ioynte, *sb.*, 116.
- Iuce, *sb.*, 92: Ius, 15, 31, 40, 41, 45; Juse, 21. Juice.
- Iunte, *vb.t.*, 116. Joint.
- Iuschelle of Fyssh, 16, IussheH, 95 (Fish); IusseH, 95; see WARNER, p. 86, "*Jussel of fysshe*." Douce MS., No. 166, "*Guissell*" (Fish); see also WARNER, p. 82, "*Jussel of flessH*," NAPIER, p. 26, "*Juselle sengle*," (flesh), p. 87 and p. 104, "*Jusselle*" (Flesh), L.C.C., p. 11 (Flesh), WARNER, II. No. 21 (Flesh), and WARNER, p. 82, F. of C., No. 44, "*Jussell enforced*." "*Jussel, jus, potion*," GODEFROY: *Juscellum* is late Latin for soup. See *Guissell*.
- Kake, *sb.*, of dow, 43; 85. Cake.
- Kaste, *vb.*, 52; Kest, 115. Cast: throw.
- Kede: Vele, kede, or henne in Bokenade, 13, 85, see Douce MS., Nos. 76, 77; Kede rosted, 81, see NAPIER, p. 65; Keed 85; Kyde a-Forsyde, 41.
- Kele, *vb.intr.*, 7, 12, 13, 24; Kelid, 38.
- Kelyng, *sb.*, 94, 96. Keeling. HOLME, II. xiv. 334, says it is the common Cod, but it seems identified with Codling elsewhere. FLORIO, 1659 ed., see Eng.-Ital. part, translates it by *Merluzzo*, which he says is the *Haddock-fish*, or according to others the *Sea-whiting*.
- Kerf, *vb.*, 38; Kerue, 22, 36, 112. Carve: cut.
- Kerve, *vb.t.*, in a mortar, 70, Bray.
- Keure, *vb.t.*, 45, 52; Kouere, 112; Kyuer, 43; Kyuere, 46, 50. Cover: see *Ceuere*.
- Kid, see *Kede*.

- Kne, Knese, 116; Kneys, 116. Knee.
 Knede, *vb.t.*, 38. Knead.
 Knyf, *sb.*, 35; Knyff, 34. Knife.
 Koddys, 43. See *Bene-codde*.
 Komyth, 17. Cometh.
 Kowe mylke, 35.
 Kreme, *sb.*, 7, 39; of Almaundys, 42. Cream.
 Kreme, *vb.t.*, 35, 40; Kryme, 35. Crimme; crumble.
 Kutte, *vb.t.*, 21. Cut.
 Kychoun, *sb.*, 34. Kitchen.
 Kyde, see *Kede*.
 Kyn, 114, Cows.
 Kyrneleys, *sb.*, 34; Kyrnellys, 30, 32. Kernels.
 Kyt, *vb.t.*, 7, 11; Kytte, 7, 10, 11, 14, 15, 18, 26; Kyttyst, 52. Cut.
 Kyttyng, *sb.*, 26. Cutting.
 Kyuere, *vb.*, 46, 50, 52. Cover: see *Ceuere* and *Keuer*.
- Ladel, *sb.*, 7, 10; Ladelle, 17. Ladle.
 Ladel-ful, 8, Ladleful.
- Lamprays bake, 52, Lamprey I-bake, 98, see Douce MS., No. 60, L.C.C., p. 38, NAPIER, p. 49, p. 121; Lamprey poudred, 99, see Douce MS., No. 130; Lampreys in galentyne, 32, see WARNER, p. 46, F. of C., No. 126, L.C.C., p. 25, NAPIER, p. 117; Sauce pour lamprey, 99, see Douce MS., No. 30; WARNER, p. 46, has "*Lamprey in bruet*."
- Lamprons y-bake, 100, Lamprouns y-bake, 51, see Douce MS., No. 91; Lamprons in Galentyne, 100, see Douce MS., No. 46, F. of C., No. 127, WARNER, p. 70; Lamprouns, 32; Lamprounys, 51. Lampern.
- Larde, *sb.*, 19, Lard; Larde, Lardys, 49, Thin slices.
 Larde, *vb.t.*, for roasting, 18, 78; cut in thin slices, 40, used in the same signification in A., see this book, p. 19, recipe lxvij; the bracketed "mynce" being "larde" there. Lard.
 Larkes roasted, 68.
 Lasse oþer more, 45. Less or more.
 Lat. *vb.*, 12, 21, 25, lat blede, 52; Late, 7, 21, 43, Late deye, 52, Late blode, 52; Let, 12, 21; Lete, 12, 21.
 Laumbere, *adj.*, 26. Amber.
 Leche, *sb.*, 34, 71; L. lumbarde, 35 (2 Recipes), 92, 93, see Douce MS., No. 54, No. 55, F. of C., No. 65, WARNER, p. 62, NAPIER, p. 34, "*Lesk lombard*"; L. Vyaundes, pt. II., Harl. MS. 279, p. 34, see *Viaund*; Lese fryes, 75, see Douce MS., No. 43, NAPIER, p. 59, "*Lesche freez*"; F. of C., No. 158, has "*Lesshes fryed in lenton*"; Lechys, 25, 32, 34. See Cotgr., "*Lesche*: A long slice, or shiue of bread" (or other edibles). There are also in the Banquets *Leche barry*, 62, *Leche cremy ryall*, *Leche Fruitour*, 68. The *Leche barry* was a leche with bars of gold and silver as adornment.
 Leche, *vb.t.*, 12, 13, 17, 18, 31, 71; Lechyst, 35; Lesshe, 12. Cut in leches.
 Lechyd, *pp.*, 35. Cut in leches.
 Lechyngys, *sb.*, 15. At first sight this looks like Lechings, but A. glosses it *Lozenges*, and *Losenges* is also spelt "lechynges" in A., in the recipe on page 44.
 Led, *sb.*, 73; Lede, 49; Ledys, 47, 48. Lid of pot, and top crust of pastry coffin.
 Lede, *sb.*, 39. Lead.
 Leek, see *Lekys*.
 Lef, *vb.t.*, 12; Lef . . out, 51. Leave.
 Lekys, *sb.*, 14. Leeks.
 Lemys, 26. Limbs.
 Lenge, *sb.*, 43, 48. Ling; the fish.
 Lente, *sb.*, 2, 12, 19, 33, 43, 56; Lentyn, 29, 33, 41; 45; Lentynne, 42. Lent; the season.
 Lere, *adj.*, 50. Lear; empty.
 Lese, *vb.t.*, 21, 38. Pick.
 Lese fryes, 75, see *Leche*.
 Lesenges Fries, 97, see Douce MS., No. 154, NAPIER, p. 58: *Lesynges de chare*, 44, *Losinges de chare*, 82, see Douce MS., No. 74, L.C.C., p. 40, "*Loysyns*," F. of C., No. 49, "*Losejyns*," both of Cheese. NAPIER, p. 80, F. of C., No. 128, "*Lessingis*

- on *fische dais*"; Lesyngys, Lesyngz, 44. Lozenges.
- Let lory, 17, Lethe lory, 85, see F. of C., No. 81; Lete lardys, 3, Let-lardes, 92, Lette lardes, 35, see WARNER, p. 63, "*Leche lardys*," NAPIER, p. 87, p. 106, "*Ledlardes*," L.C.C., p. 13, "*Lede lardes*," F. of C. No. 68, "*Lete Lardes*." Fr. *Lait*, Milk: the "Let lardes" seem originally to have been "Let lardé," or "Larded milk," and to have been changed to the substantive *lardes* or *lardys*, and become "Milk lards," and the *Let* even got changed into *Leche*, as above, the larded milk being cut into Leches. HOLME also says that *Leach* is "a king of jelly, made of cream, ising-glass, sugar and almonds, with other compounds."
- Lete, *vb.*, see Lat.
- Leuer, *sb.*, 16, 41; Lyuer, 16; Lyuerys, 9, 16. Liver.
- Leuys of percely, 7, of borage, 8. Leaves.
- Leyuyth, 40, Remaineth.
- Ley, *vb.t.*, 109. Lay.
- Ley, Leye, *sb.*, 32. Lie; Lees of wine.
- Ling, see *Lenge*.
- Litel, *adj.*, 16; A litil an a litil, 17; Littel, 16; Litul, LituH, 71; Lytel, 24; Lytelle, 53; Lytil, 15, 16, 17; Lytyle, 18. Little.
- Liver, see *Leuer*.
- Loach, see *Loches*.
- Lobster, see *Lopster*.
- Loches, Lochys, 24, Loaches: Menese or loche boiled, 104, see Douce MS., No. 148.
- Lof, *sb.*, 6. Loaf.
- Loft, On, Aloft, 78.
- Longe Fretoure, 43, L. Frutours, 73, 68, see *Fretoure*; Lange wortys de chare, 5, see Douce MS., No. 1; Lange Wortes de Pesoun, 5, 89, see Douce MS., No. 2.
- Longebeff, *sb.*, 5. "*Lange de bæuf*. Ox-tongue, rough or small Buglosse," COTGR. : A. reads here "longedebef."
- Lopster, *sb.*, 102, Crabbe or Lopster boiled, 102, see WARNER, p. 47; Lopstere, 24; Loppestere, 114. Lobster.
- Lorey de Boolas, 25: "Lora, Potionis mellitæ genus," DUCANGE. There is honey in the Bullace.
- Lozenges, see *Lesenges*.
- Luce, *sb.*, 39, 42, 57; Luys, 112; Luyss, 113; Luyz, 113. Full-grown Pike.
- Lust, *vb.*, 41; Luste, 55. List; like.
- Luys, Luyss, see *Luce*.
- Ly, *vb.t.*, 15, 19; Lye, 13. Allay; mix. See *A-lye*.
- Lycour, *sb.*, 6, 11; Lycoure, 12, 26; Lycowre, 11, 13; Lykoure, 12. Liquor.
- Lyer, *sb.*, 20; of Brede cromys with wyne, 33. Liour; mixture: spelt "lyre" in F. of C., p. 28.
- Lyid, *pp.*, 13. Allayed.
- Lykey, *vb.*, 31. Like; please.
- Lynne clout, 112, Linen clout.
- Lynen cloþe, 9, 34.
- Lyode Soppes, 11. ? Allayed, steeped sops.
- Lyte, *adj.*, 17. Little.
- Lyuerys, 9; see *Leuer*.
- Lyzt, *adj.*, 17. Light; small.
- Mace, *vb.t.*, 35. Make.
- Maces, *sb.*, 6, 10, 15; Macez, 46; Macys, 8. Mace; the spice.
- Malasade, 83, see Douce MS., No. 10, and *Meselade*; Malesade, 84.
- Mallard: Conyng, heñ, or Mallard, 80, called "*Cony, gelyn, ou malard en oyle*," in Douce MS., No. 68; Mawlard, 8, 12, 63, Conyng, M. in gely or in cyuey, 14, the same Recipe as above; WARNER, II. No. 51, and p. 62, 85.
- Malmens bastard, 93, Malmenye Furnez, 48. See *Mammenye*.
- Malvis, *sb.*, 69; Malwys, 5, 15. Mallows.
- Mammenye bastarde, 22; Maumenye Ryalle, 22; Mawmene, 88; see Douce MS., No. 167, NAPIER, p. 118, "*Mammony*," WARNER, II. No. 30, "*Maumene*," p. 76, "*Mawmene*," F. of C., No. 20, "*Mawmenee*," No. 194, "*Mawmenny*," L.C.C. p. 26, "*Momen*": WARNER has also on p. 55, "*Maw-*

- mene to potage*," (a soup). The word is apparently derived from the Fr. *malmener*, the meat being teased small. Compare *Malmenye*, above.
- Mange moleyn**, 36. Possibly named after a person; see *Rys Moleyn*; on page 59: both have Rice as ingredient.
- Manged brede**, 83, Manchet bread; Douce MS. "Maynche": see *Mengyd Flowre*, and *Paynemain*.
- Mannys**, 97, Man's.
- Marbly coloure**, 34. Marble colour: variegated.
- Marbylle**, *adj.*, 29, Marbly; A. reading "marbely."
- Marew**, *sb.*, 56; Marow, 40, 44: Marw, 6; Marwe, 6, 8, 51; Mary, 9 (but A. reads here "meribonys," in place of "mary, brothe,") 74, 84; Marye, 32; Merow, 44, Merw, 9, Marrow.
- Maribonys**, 55, Marw-bonys, 55, Mary-bones, 70, Marybonys, 5, Merybonys, 5, 6, 46. Marrowbones.
- Marling**; Fryid Marlyng, 59, Merlyng soþe, 61. Whiting: Fr. *Merlan*. Marrow, see *Marew*.
- Mawe**, *sb.*, 38, 39; Mawes, 18, 106; Mawys, 18, 38. Maw; stomach.
- Mawmeny**, 68, see *Mammenny*.
- Medel**, *vb.t.*, 73; Medle, 75; Medylde togidre, 73. Meddle: mix.
- Melle**, *vb.t.*, 24, 30. Mell; mix.
- Mence**, *vb.t.*, 41. Mince.
- Menese or loche boiled**, 104, see Douce MS., No. 148; Menyse, 104. Minnows.
- Meng**, *vb.t.*, 46; Menge, 17. Mix: mingle.
- Mengyd Flowre**, 43, Manchet flour, compare Manged brede, Meyned flour: Douce MS. reads "Mayned flour."
- Meselade**, 42; Meslade, 43. ? *Meslade*, mixture: spelt Malesade in Douce MS. and in A. See *Malasade*.
- Messe**, *vb.t.*, 30, 114; Messe forth, 11, 114. Mess; portion.
- Metys**, 35, Meats.
- Meyned floure**, 83: flour for Painde-main, or Manchet bread, see *Mengyd Flowre*.
- Mighti**, *adj.*, 71. Mighty: strong.
- Milk**, see Let.
- Milkemet**, 106; Milke Rostys, 40, called *Mylke Rostyd*, on page 3, see NAPIER, p. 109, WARNER, II. No. 25, L.C.C., p. 17; Mylke of al-maundys, 6, 7, 13.
- Millet boyled**, 104, see Douce MS., No. 147, Mullet. Fr. *mulet*.
- MilleweH**, *sb.*, 96; Milwel, 43, 48; Milwelle, 48; Mulwyl taylys, 61; MylweH, 16. Mulvell: said to be Haddock. See, however, HOLME, *Armory*, II. xiv. 334, where he says: "The *Keeling* or common Cod, is called the *Welwell* in Western parts of England." In the *Eng. It.* part of FLORIO, ed. 1659, the Melwel also is identified with the Keeling; also in COTGR. (see "*Merlus*"), and is there said to be a small kind of Cod, of which Stockfish was made. See *Keeling*.
- Mince**, *vb.*, see *Myce*, *Mynce*.
- Minnows**, see *Menese*.
- Molberys**, 28, Mulberries.
- Molde to-gederys**, 35. Mould, or roll, together.
- More**, *adv.*, 19.
- Morreye**, A rede, 28; Murrey, 19; Murreye, 28; see F. of C., No. 38, "*Morree*," WARNER, p. 48, "*Morrey*," II. No. 37, "*Murrey*," p. 84, "*Murre*," and p. 56, "*Murre to potage*" (a soup). It is so called from the mulberry, or dark red colour of the dish, and in the recipe in WARNER, II. No. 37, mulberries are used to colour it: sometimes wine or saffron is used. It. *Mora*, mulberry; "*Morëlo*, the murreyorblack-berry colour," FLORIO; "*Morëe*: A kind of murrey, or darke-red colour," COTGR.; "*Moratum*: Potionis genus ex vino et moris dilutis confectæ," DUCANGE; also *Moretum*.
- Morter**, *sb.*, 11, 27, 28; Mortere, 28, 35, 53; Mortre, 109. Mortar for braying.
- Mortrewes of Fysshe**, 14, 114, Mortrewes of Pesyn, 90, see Douce MS., No. 82, NAPIER, p. 111, WARNER, p. 86, F. of C., No. 125, L.C.C.,

- p. 19; *Mortreus de Chare*, 70, *Mortrewys de Fleyssh*, 14, see *Douce MS.*, No. 81, *WARNER*, p. 75, *NAPIER*, p. 102, *L.C.C.*, p. 9; *Whyte Mortrewes*, 19 (Hens), *White Mortrewys of Porke*, 28, see *F. of C.*, 45, "*Mortreus*," and *WARNER*, II. No. 5, "*Mortereleys*," *F. of C.*, No. 46, "*Mortreus blank*," *NAPIER*, p. 106, *WARNER*, p. 62, *L.C.C.*, p. 13, "*Blanchyd mortreus*," all made from Hens and Pork. Italian *Mortarello*, a Mortar, *FLORIO*: in *DUCANGE* "*Mortariolum*" is applied to a dish prepared from bits of meat, and there are also the forms "*Mortairol*," and (in *LITTRÉ*) "*Mortayrol*": see *Mortadello*, "A large sausage," in *LITTRÉ*. Modern *Mortress*, A dish of pounded meat: the *ll* being liquid in the French would give the form *Mortreus*.
- Morwe*, *Morrow*, see *A-morwe*.
- Mosselle*, *sb.*, 42; *Mosselles*, 83, *Mossellys*, 30, 112. *Morsel*.
- Motley*, *adj.*, 36.
- Moton*, *sb.*, 8, 9; *Motoun*, 9; *Alows de Beef or de m.*, 40, 83; *Trype de m.*, 7, 82, see *Douce MS.*, No. 4; *Brest de motton* in sauce, 85, see *Douce MS.*, No. 86; *Stwed Muttoon*, 72; *Mutoun*, 8: see *Mutton*.
- Mountance*, *sb.*, 42. Amount.
- Mow*, *vb.*, 38. May.
- Mowntayne*, *sb.*, 84. Compare *Mountance*, above.
- Muscles in broth*, 90, see *Douce MS.*, No. 78, *NAPIER*, p. 78; *M. in shelle*, 90, see *Douce MS.*, No. 79, *NAPIER*, p. 78; *Muskelys in bruette*, 24, see *F. of C.*, No. 122; *WARNER*, p. 68, has also "*Musculs in seve*": *Musculis*, 90; *Muskele*, 24. *Mussel*.
- Mussel*, see *Muscles*.
- Muttoñ*, *Stwed*, 72 (*Stewed*); *Tripe de M.*, 82, see *Douce MS.*, No. 4; *Allowes de M.*, 83, see *Douce MS.*, No. 17.
- Myce*, *vb.t.*, 71, 76, 99. *Mince*. *Fr. micer, michier*.
- Myced*, *adj.*, and *pp.*, 72, 75; *Mysed*, 74. *Minced*.
- Myddel*, *sb.*, 42; *Myddelle*, 52. *Middle*.
- Myghty*, *adj.*, 12. *Mighty*; *strong*: (*Broth*).
- Myid brede*, 39, 49. *Crumbed bread*: *Fr. Mie*, crumb; see *L.C.C.*, p. 8, "*Myed*," p. 11, "*Myud*."
- Myle*; in *Rapeye*, 46.
- Mylt*, *vb.t.*, 51; *Mylte*, 86. *Melt*.
- Myltes*, *sb.*, 70; *Myltys*, 8. *Milts*; *spleens*.
- Mynce*, *vb.t.*, 16, 29, 110, *Mince*: *Mynced*, *adj.*, 15, 16, 76; *Myncyd*, 14, *Minced*. See *Myce*.
- Myntes*, 110. *Mints*; the herb.
- Mythty*, *Mythty*, *adj.*, m. *wyne*, 22. *Mighty*; *strong*.
- Myzt*, *Myzth*, *vb.*, 27. *Might*.
- Namely*, *adv.*, 41, 107. *Epecially*.
- Nape*, *vb.t.*, 102, 105.
- Navel*, 14.
- Nedyl*, *sb.*, 40. *Needle*.
- Neme*, *vb.t.*, 6, 22; *Nym*, 14, 21, 23, 30, 39; *Nyme*, 23, 30, 32. *Nim*; *take*.
- Neres*, *sb.*, 70; *Nerys*, 8. *Ears*: *A. reads here "eris."*
- Nese Bekys*, 45, see "*Nysebek*," *F. of C.*, No. 173.
- Nessh*, *adj.*, 75; *Neyshe*, 6; *Neyssche*, 48, 53; *Neysshe*, 24, 27; *Nessher*, 94. *Nesh*; *soft*.
- Nombles of Veneson*, 70, *Nomblys of þe venyson*, 10, see *Douce MS.*, No. 39, *F. of C.*, No. 13, and No. 54, *WARNER*, p. 53, and II. No. 12; see also *NAPIER*, p. 103, and *L.C.C.*, p. 10, (any); *NAPIER*, p. 90, "*Nombles of fische*." *Numbles*, p. 114, is imperfect. *Umbles*. *O.F. Nombles*; compare *Late Lat. Numbulus*, for *Lat. Lumbulus*.
- Non*, *adj.*, 35. *None*; *no*.
- Notemygge*, 109. *Nutmegs*.
- Noteye*, 31. *So called from the nuts in it*.
- Nowne*, 73. *Oven*.
- Nowt*, *adv.*, 6, 8, 11; *Nozt*, 7, 8, 16. *Not*.
- Numbles*, see *Nombles*.
- Nutmegs*, see *Notemygge*.

- Oatmeal, see *Otemele*.
- Obleies, *sb.*, 73; *Oblye*, 46. *Oble*; thin cake. *COTGR.*, "*Oublie*: A wafer cake; such a one especially as is sweetened only with honie; also, the thinne past that serves for the bot-tomes of Tartes, and March-panes." See *DUCANGE*, *Oblata*. There are the forms *Oblée* and *Oblie*, and the original sense of the word is *consecrated wafer*, as an offering.
- Of, *adv.*, 8; *prep.*, 27, 42. *Off*.
- Oil, see *Oyle*.
- Oille de oliue, 114. Olive oil. See *Oyle*.
- On, *adj.*, 36, 53, *One*; *prep.*, 5, 40. *In*.
- Ondo, *vb.t.*, 17. *Undo*.
- Onez, *adv.*, 44; *Onys*, 6, 7, 18, 45. *Once*.
- Onions, see *Oynons*.
- Ope, *vb.t.*, 18. *Cut open*.
- Or that, *Till that*, 55.
- Orage, *sb.*, 5. *Orach*. *Ang.-Fr. Orache*, *Fr. Arroches*, see *COTGR.*: *Lat. Atriplex*, see *MOWAT*, *Alph.*, p. 22.
- Otemele, *sb.*, 6, 10; *Ote-mele*, 42. *Oatmeal*.
- Ouer, *conj.*, 21, 22, 34. *Or*.
- Ouer-cast, *vb.t.*, 49; *Ouer-caste*, 48. *Turn over*.
- Ouere-couer, *vb.t.*, 85. *Cover over*.
- Ovenne, *sb.*, 53; *Ovyn*, 47, 48, 54; *Ovynne*, 50. *Oven*.
- Ouer eve, 20; *Ouerny*, 33, *Over night*.
- Ouer-renne, *vb.int.*, 36, 37. *Overrun, run over*.
- Ouerþwart, *adv.*, 40; *Oueretwarde*, 115. *Across*.
- Ouer-wewyd, *pp.*, 25. *Compare "Biveved, covered," HALLIWELL: wewyd is glossed "wasseh," i.e. washed, in A.*
- Ouer-weise, 86. *Washed over; compare A-weise. Douce MS. reads "wese."*
- Owrys, *sb.*, 7, 37. *Hours*.
- Oyle, *sb.*, 12, *O. of Olyff*, 30; *O. soppes*, 96, 115, *O. soppys*, 12, see *Napier*, p. 81. *Oil*.
- Oynons, *sb.*, 6, 110; *Oynonys*, 5, 8, 9, 10; *Oynouns*, 109; *Oynenons*, 14. *Onions*.
- Oystres en grauey, 13, 100, see *Douce MS.*, No. 65, *F. of C.*, No. 121; *Oystrys in g. bastard*, 13; *O. in brulette*, 23, see *L.C.C.*, p. 53, *WARNER*, p. 47; *O. in cevey*, 100, see *Douce MS.*, No. 184, *F. of C.*, No. 123.
- Paast, *sb.*, 74, 97, 105; *Paaste*, 98; *Paste*: see *Past*.
- Pacience, *sb.*, 69. *Patience (the herb)*: *Snakeweed*, a kind of dock.
- Pancake, 46.
- Panche, *sb.*, 82, *panches*, 94; *Paunches*, 94. *Paunch*.
- Panne, *sb.*, 42, 43, for *frying*; *Erthen pannys*, 54.
- Panteryse*, 59.
- Papyns, 9. *COTGR.*, "*Papin*; *Pap for children*."
- Parboyle, *vb.t.*, 6, 8, 12, 13, 41; *Par-boyled*, 100; *Parboylid*, 13. *Parboil*.
- Parboylingge, *adj.*, 84, *That is being parboiled*.
- Parcelly *sb.*, 72, 81; *Parcely*, 72; *Parcih*, 81. *Parsley*. See *Perceli*.
- Parchement, 46.
- Pare, *sb.*, 30. *Paring; peel*: *A. also thus*.
- Pare, *vb.t.*, 7, 12, 16, 24, 27, 30, 34, 47, 51, 71, *Pare; peel (fruit and meat)*; *Pare in ij. or in iij.*, 87, *cut in two or three*.
- Parej, *Pye*; *de*, 53, *Pies of Parys*, 75, see *NAPIER*, p. 58, *Douce MS.*, No. 72; *Parysgingere*, 110. *Paris*.
- Paris, see *Parej*.
- Parsley; see *Parcelly* and *Perceli*.
- Parte, *vb.t.*, 20, *Part; divide*.
- Partrich roasted, 78, see *NAPIER*, p. 61, *Douce MS.*, No. 109; *P. stwed*, 78, *Pertrich stewyde*, 9, see *NAPIER*, p. 95, *Douce MS.*, No. 28; *Pertriches*, 19; *Pertryche*, 1. *Partridge*.
- Party, *sb.*, 20, 27, 40; *Partye*, 29, 40; *Parti*, 40. *Part*.
- Partye, 46, *Party coloured*.
- Past, *sb.*, 45, 51; *Paste*, 39, 41, 98; *Paast*, 74, 75. See *Paast*.

- Pastelade*, 59 *Pystelade chaud*, 62, *P. fryid*, 62, *Petelade Fryid*, 62. Pastelet, ? Pasty: it may be a pounded dish.
- Payne Puffe*, 61, 68; *Payn pur-dew*, 42, *P. purdeuz*, 83; see *Douce MS.*, No. 7, *NAPIER*, p. 46, "*Payn pardieu*;" *Peynreguson*, 112, see *F. of C.*, No. 67, "*Payn Ragon*;" there is also "*Payn Fondew*" in *F. of C.*, No. 59. "*Payn purdew*" may be compared with "*Payn Fondew*," the bread being lost or covered in what is poured on it, and possibly dissolved in the "*Payn Fondew*." In *NAPIER* the bread is smothered in Batter, here apparently in butter. See also *LITTRÉ*, "*Pain*, 10. *Pain perdu*, nom donné en cuisine provinciale, à la brioche frite." For "*Payn Puffe*," see *Pety Pernantes*.
- Paynemain*, *sb.*, 8, 11, 52; *Paynemayne*, 11; *Paynemaynys*, 11; *Paynmain*, 83; A *Paynmain*, *i.e.* a loaf of the bread, 90; *Payñmañ*, 83. "*Floure of payndemayn*" is mentioned in *L.C.C.*, p. 40. *Painmain* is apparently the same as *Manchet* bread (see *Payn purdeuz* on p. 83), and its full form seems *Pain Manchet* or *Pain de Manchet*. *Manchet* is possibly "*Manchet*," or "*Manchot*," and refers to the short curtailed character of Roll bread. Note the round sops of the "*paynemaynys*" in *Recipe xxix*, on p. 11. The gradual curtailing of the word is shewn on comparison of "*Manged brede*," at p. 83, and "*Mengyd Flowre*" on p. 43, with "*Meyned flour*" and "*Maynch brede*" in the *Douce MS.* *O.F. Pain demaine*, Latin "*Panem dominicum*," is generally given as derivation.
- Peacock*, see *Pecok*.
- Pear*, see *Pere*.
- Peecz*, *sb.*, *Pecys*, 6, 7, 8, 12. *Pieces*.
- Pecher*, *Pechir*, *sb.*, 39. *Pitcher*.
- Pecok rosted*, 79, see *Douce MS.*, No. 128; *Pokokkys*, 58.
- Peions*, 67, *Peions rosted*, 68, *Sauce for peiouns*, 109; *Pyionys*, 58, *Pigeons*. For "*Pegions stewed*," see *NAPIER*, p. 107, *F. of C.*, No. 48, *L.C.C.*, p. 14.
- Pele*, *sb.*, 51; *Pelys*, 50. *Baker's Peel*.
- Pele*, *vb.t.*, 8, *Pyle*, 8; *Pylle*, 12, 26. *Peel*; *skin*.
- Peletre*, 110, *Pellitory*.
- Pelettys*, *Pellettys*, *sb.*, 31, 34, 39. *Pellets*.
- Peny brede*, 7, 18, 97, 106, *Penny's breadth*. In first example read "they" (=the) "*peny brede*."
- Pepir*, *sb.*, 10, 15, 55; *Pepyr*, 8, 10; *Perpir*, 40; *Piper*, 109. *Pepper*.
- Pepyn*, *sb.*, 32. Apparently *Fr. Pépin*, the seed of fruit, *COTGR.*: it seems applied to the germinating part of the pease.
- Perase*, 22, *Fryid Gyngere perase*, ? *Ginger parings*, or "*pares*."
- Perceli*, *sb.*, 6; *Percely*, 5, 7, 10, 15, *Percile*, 21. *Fr. Persil*, *Parsley*. See *Parcelly*.
- Perche boiled*, 102, see *Douce MS.*, No. 135, *NAPIER*, p. 75; *Perchys*, 21, 26. *Perch*.
- Pere Wardones*, *Peer Wardons*, 88, *Pere Wardonys*, 12, *Warden Pears*, see *Wardons*; *Peris in Syrippe*, 87, 58, 59; *P. en composte*, 12, 87, see *Douce MS.*, No. 57, and *F. of C.* has "*Peeres in confyt*," No. 132; *Perys*, 24, 25, 37, 54. *Pear*.
- Pereye*, *sb.*, 32; *Perre* (*Pease*), 83, see *Douce MS.*, No. 9, *Blaunche Perreye* (*Pease*), 32, see *WARNER*, p. 85, "*Perre*" (*Pease*), *F. of C.*, No. 70, "*Perrey of Peson*," *WARNER*, p. 66, "*Porre of Peson*," *L.C.C.*, p. 44, "*Porry of white Pese*"; *Blawnche Perrye* (*Leeks*), 14, *Blanche porrey* (*Leeks*), 90, see *Douce MS.*, No. 84, *L.C.C.*, p. 44, "*Blaunchyd porray*," *WARNER*, pp. 51, 85, (*Leeks*). There is also a "*Porrey Chapeleyn*" in *WARNER*, p. 49, made up of Onions, Olive oil, and Almond milk, boiled together. See *DUCANGE*, "*Porrecta*, *Jusculum ex poris confectum*," also *Porrata*. It would almost appear as if *Purée* (= *Purata*, strained,) and *Porrée* (= *Porrata*) got confused.
- Pesone*, *Longe Wortes de*, 89, *Lange wortes de Pesoun*, 5, see *Douce MS.*, No. 2; *Pesyn*, *sb.*, 5, 32, *Whyte*

- P. in Grauey, 33; Peys de almayne, 114. Pease.
- Pestel, *sb.*, 6. Pestle.
- Pestelle, Siryppe pur vn, 40, see NAPIER, p. 46, "*Pestelles of pork endored.*" Pestel is still used for a leg of pork.
- Pesyñ, Mortrewes of, 90, see Douce MS., No. 82; Fr. *poisson*, fish.
- Petelade, see *Pastelade*.
- Pety Pernautes, 51, 74 (2 recipes), Pety Pernollys, 50. These seem to be the same dishes, with different spelling, but representing possibly the same word; as the recipe on page 50 is the same as that on page 74. The dish is identified with Payn Puff in F. of C., No. 196, and is glossed "*Petypanel a marchpayne*", in Leland's *Collectanea*, VI., page 6; this would give a hint of the origin of the word, which is equivalent to the Italian "*Panello*, any little loaf, bun, roul, or manchet," FLORIO; the Puffs being like little loaves, or buns. There is also the Italian *Panella*, with same signification. See F. of C., Nos. 195, 196, "*Pety Pernaunt*," Douce MS., Nos. 8 and 58. The dish is spelt "*Pety perneux*," in the Banquets on pages 58, 59 of this book.
- Peuard, Brawne in, 71, Braun en Peuerade, 11, 12, the same dish: see Douce MS., No. 47, F. of C., No. 135, WARNER, p. 79, "*Boor in peverarde, or Boor in egredouce*," Recipes for the Sauce are given in F. of C., No. 135, "*Pevorat for Veel and Venyson*," and in WARNER, p. 64, "*Pevrate sauce*." It is the French *Poivrade*, sauce made with pepper: see *Piper*.
- Pewter dysshe, 26, 42.
- Peynregusoñ, 112.
- Peys de almayne, 114, Pease and almond milk.
- Pheasant, see *Fesaunt*.
- Pie, see *Crustade*.
- Pies of Parys, 75, Pye; de pare}, 53, see Douce MS., No. 72, NAPIER, p. 58, Paris Pies; Gretepyes, 76. See *Crustade*.
- Pigeon, see *Peions*.
- Pigge or chiken in Sauge, 72, see WARNER, p. 56, "*Pygges in sauge*"; Pigge Farced, 82, Pygge y-farsyd, 40, see Douce MS., No. 37. Apparently sucking pigs.
- Pike en galentyne, 101 (2 Recipes), see NAPIER, p. 79, Douce MS., No. 75, No. 151; Pike boyled, 101, see Douce MS., No. 131; Pike in brase, 101, see Douce MS., No. 73, NAPIER, p. 34, "*Pyk in Braisselle*," p. 79, "*Pik in Brasy*," WARNER, p. 86, "*Pik or tenche in Brasyle*"; there is also "*Pyk in sauce*," in NAPIER, p. 96.
- Pikkyll pour le Mallard, 77, see Douce MS., No. 19, Pickle: L.C.C., p. 31, has "*Pykulle*," (Capons).
- Piper for feel and for venysoun, 110, see F. of C., No. 135. *Poivrade*, Pepper Sauce. See *Peuard*.
- Pipes, *sb.*, 70; Pypis, 8. Bronchial tubes: ? lungs, generally.
- Plais, *sb.*, 103, Plaise boyled, 103, see Douce MS., No. 140; Plays, 26, 103, 105; Playe, 103. Plaice.
- Plante, *vb.t.*, 25, 27; Plonte, 98. Plant.
- Platere, *sb.*, 17, 27, 41, 114. Platter.
- Platte, *adj.*, 44.
- Plie, *vb.t.*, 113. Ply; fold.
- Plom̄, *vb.t.*, 76. Plump, into a pot.
- Plouer, 79, Plouer rost, 117, see NAPIER, p. 64.
- Pocerounce, 3; Pokerounce, 41.
- Poche, Eyron en, 24. Poached eggs; see *Eggs*.
- Poddyng, 41, see *Puddyng*.
- Poke, 114. See *Pouche*.
- Pokokkys, 58. Peacocks.
- Polettys, 38. Pulletts.
- Pome dorreng*, 58, see WARNER, p. 58, "*Pondorroge*": the "oroge" is apparently orange, the Pomes being coloured yellow. *Pome dorres*, 38, *Pomez endoryd*, 63, see WARNER, p. 89, "*Pomes Dorre*," II. No. 42, "*Pomme dorry*," F. of C., No. 174, "*Pomme dorryes*," L.C.C., p. 37, "*Poume dorrys*." So called from the *Pommes*, or *Rissoles*, being endored, or glazed, with yolk of egg. *Pomesmoille*, 113, see WARNER, p. 46, "*Pommys morles*," i.e. "*Pommes*

- molles," or crushed apples. Pommes, 1; Poumes, 14; Pomys, 62; Pommys, 15; see NAPIER, p. 120. Pompe, 31; Pommys, 34; Pumpes, 31. All the above are variations of the French *pomme*, applied to globular lumps of minced meat: compare "*Pome di sdegno*, a kind of made dish, that Cooks make round as apples."—FLORIO. In A. the "pommys," on page 31, are called "pepyngis," or pippins.
- Pome-garnade, *sb.*, 28; Pome-garned, 30; Pome-garne, 38, applied here to Rissoles, in the same way as the *Pommes* above. Pomegranate.
- Pompe, *sb.*, 24, Pulp: A. reads here "Pappe."
- Pond, *sb.*, 114. Pound.
- Popper, 63.
- Porcelle farce enforce*, 58, ? Sucking Pig stuffed and made rich: *Porcellis*, 58.
- Porcyon, *sb.*, 9, 10, 18, 25; Porcyoun, 11, 18. Portion.
- Pore, *vb.t.*, 16, 26. Pour.
- Porke, 6, 14, 19, etc.
- Porpeys, Sturgeon pour, 105, see NAPIER, p. 53, "*Porpas, sturgeon or turbut*," (baked); Firmity with, p. 105, *Furmenty with purpaysse*, 17, see Douce MS., No. 171, F. of C., No. 69, and No. 116, NAPIER, p. 86, WARNER, p. 66; Pudding of p., 42; F. of C., No. 108, has "*Porpeys in broth*." Porpoise.
- Porpoise, see *Porpeys*.
- Porrey, Blanche, 90, see *Pereye*.
- Poshote, *sb.*, 15, 36; Poshotte, 36. Posset.
- Possenet, *sb.*, 23, 72. Posnet; small pot. "A little brasse pot or posnet, *Een koper potken ofte ketelken*."—1660, HEXHAM.
- Potage, 33, 8, 10, 11, 16; P. on a fysshday, 15, 29; P. colde, 30; P. of Roysons, 30; P. de egges, 94, called in Douce MS., No. 100, "*Pocched egges*"; P. of ris, 114; *Brode canelle Potage*, i.e., Whole Cinnamon Soup, 59; *Compost Potage*, p. 59; WARNER, p. 51, has "*Potage de frumenty*," and "*Potage of rys*," at p. 46.
- PoteH, *sb.*, 94; Potelle, 22; Pottel, 73. Pottle; two quarts.
- Poterous, 93, Potrous, 53; see F. of C., 177, "*Poteus*," which is probably its right form, like Mortrews, the termination representing the liquid *l*: see DUCANGE, *Potellus*, O. Fr. *Potel*. The dish was made in pots, which were afterwards broken, but in this volume coffins of paste are used. Compare "*Sachus*" in F. of C., No. 178, made in bags (O. Fr. *sachel*), and see *Bourreys*.
- Pouche, *sb.*, 101, 102; Powche, 103; Pouche, 101; Poke, 114. Poche, stomach of fish.
- Pouder, Recipe Cj., p. 24, powdered spice generally; Poudre, 113, Poudur, 112, ?pepper; Powder Canelle, 20, 38, Poudre canel, 109; Powder Canel, 11, P. of Canelle, 20; Pouder of Clowes, 97; Poudre of clowes, 109; Pouder of gyngere, 7, 19, Poudre of gyngere, 108, Poudre ginger, 109, Pouper Gyngere, 19, Powder Gyngere, 8, 9, 10, of Gyngere, 20; Poudre piper, 109, Powder Pypyr, 10, 11, 14; Poudre, 116; Clowys powper, 14; Pouder Marchaunt, Pulverized spices, 25.
- Powajes, 27: ? meaning. A. reads "powares."
- Powder, see *Pouder*.
- Powderd, *adj.*, 14; Poudrid, 91. Powdered; salted.
- Powdryng of beef, Salting of beef, 69; this probably ought to read, "a nigt powdryng of beef," with no comma there.
- Pownche, *sb.*, 7. Paunch.
- Powre, *vb.t.*, 87. Pour.
- Poynant, *adj.*, 33; Poynaunt, 6; P. & dowcet, 7, 33. Poignant; piquant with vinegar.
- Poynte with Venegre, 29. Point, make acid: Fr. *poindre*.
- Prenade, 91, in Douce MS., No. 105, "*Brewes*": possibly this ought to read "*Preuade*," and is a perversion.
- Prik, *sb.*, 82. Prick; pin, skewer.
- Prik, *vb.t.*, 82, skewer; Prycke, 36, Prick; stick.

- Primrose, see *Prymerose*.
 Prune, 51, 52. Prunes.
 Prymerose, 25, 29, see NAPIER, p. 56, "*Prymerolle*." Primrose.
 Pudding of Purpaysse, 42; Poddyng of Capoun necke, 41; *Pudding de Swan necke*, 61.
 Pul, *vb.t.*, P. dry, 79, PuH dry, 78, 79, Pluck clean; Pulle, 9.
Puleynges farce, 58, *Pulsions farce*, 61, (misprinted Pulsous), Fr. *Poussin*; chicken.
 Pullayn, 67, Pullets.
 Pured buttur, 103, Clarified butter.
 Pygge y-farysd, 40; *Pygge in sage*, 59, 63, see WARNER, p. 56; Pyggys, 25.
 Pyk, *sb.*, 106; Pyke, 16; Pykys, 26, 30. Pike (the fish), see *Pike*.
 Pyke, *vb.t.*, 10. Pick: see *Pike*.
 Pyle, *vb.t.*, 8. Peel.
 Pylt, *vb.t.*, 21. Put.
 Pyn, *sb.*, 7; Pynne, 11. Pin.
 Pynade, 34, see WARNER, p. 49, "*Pynade*," F. of C., No. 51, "*Pynnonade*." *Pynnade in paste*, 60, possibly ought also to be *Pynnade*. The dish is named from the Pines, or "Pynotys" in it: the other recipes read "pynes."
 Pynes, *sb.*, 95, 97; Pyne, 24, Pyne; and clowys, 53; Pynys, 15, 16, 22, 75, 91, 94; in this last case the Douce MS. reads "pepyr pynes," or whole pepper, but all the examples may not mean pepper, as the seeds of fir pines seem to have been used.
 Pynotys, 34: ? Pine nuts or cones.
 Pypis, see *Pipes*.
 Pystelade, see *Pastelade*.
 Quantite, *sb.*, 5, 6. Quantity.
 Quart, *sb.*, 35; Quarte, 101.
 Quarter, *sb.*, 106; Quarteren of powder canett, 101. Quart.
 Quarter, *sb.*, Fore q., 8; Quarterys, 6, 31, 49.
 Quarter, *vb.t.*, 18. Cut in quarters.
 Quayle roasted, 79, see Douce MS., No. 115, NAPIER, p. 61.
 Quayle, *vb.int.*, 27. Curdle. Fr. *cailler*.
 Quibibes, *sb.*, 6, 37, 113; Quybibes, 19, 20, 21; Quybibe, 24, 46; Quybibys, 15; Quybybis, 13. Cubebs.
 Quince, see *Quynces*.
 Quyk, *adj.*, 99. Quick; alive.
 Quynade, 27, see "*Connat*," in F. of C., No. 18. So called from being made of Quinces: compare *Applade*.
 Quynces, 27, 51; Q. or Wardones in paast, 97, 51, Quyncis, 51; *Quyncys in comfyte*, 58, *i.e.*, preserved Quinces; Charde-quynce, 12, 13; Chared coney, or chardwardon, 106; *Quynes bakyn*, 69.
 Quyschons, 40: compare Cushion of Bacon.
 Quystis scune, 8, see NAPIER, p. 44, "*Quystis*": ? "stuue," not *scune*.
 Cushats, wood-pigeons: A.S. *cusceote*.
 Rabbit, see next, and *Conyng*.
 Rabette roasted, 81, see Douce MS., No. 117, NAPIER, p. 64.
 Raisins, see *Rasonys*.
 Rales, 69. Rails; Landrails.
 Ransched, *pp.*, 39. Rinsed.
 Rape, 113, Rapeye, 30, 48, (Fish), see Douce MS., No. 164, "*Rapes*," NAPIER, p. 118, "*Rape of Fisshe*"; Rapes, 95, Rapeye, 16, (two Recipes), 28, 43 (Fruit), see F. of C., No. 83, L.C.C., p. 16, NAPIER, p. 109, "*Rape*," WARNER, p. 49, "*Rapee*," and II. No. 49, "*Rapy*"; Rapeye of Fleysshe, 25, see WARNER, p. 45.
 Rasings, Rasons, 88. Shavings, parings.
 Rasonys, *sb.*, 23; Raysonys, 30, 52, of Coraunce, 14; Raysounys, 51; Reysons of coraunce, 75; Potage of Roysons, 30, Roysons of Corauns, 16; Roysouns Coraunce, 22; Roysouns, 16, 22, 28, of coraunce, 13, 31, of Corauns, 15, 29; Currants. Grete Reysons, 97, G. Reysynges, 75, Gret Roysounys, 47, Raisins, in modern usage.
 Rastons, 52, 98, see Douce MS., No. 63, "*Rastonurs*." "*Raston*": A fashion of round, and high Tart,

- made of butter, egges, and cheese." A. spells this "Rascons," and glosses it as "rascoris," and the word might be "Rastouurs," above.
- Ray boiled 103, see Douce MS., No. 145, "*Rygh buille*."
- Raynolle, 42; Raynollys, 3; see WARNER, p. 81, "*Rayneclcs*." "*Raymolles de blanc de chapon*. The brawne of a Capon, Raisins of the Sunne, and marrow shred all together, then made into little cakes or leaues, and fryed with seame or Hogs sewet, and serued vp with sugar strewed on them."—COTGR.
- Red Wyne, 10, 26; R. Rosys, 24; Rede Rose, 29, R. vyne, 112.
- Reke, *vb.t.*, 29. Reek; heat over coals.
- Remenaunt, *sb.*, 12. Remnant.
- Renge, *sb.*, 38. Ring Strainer.
- Renne, *vb.int.*, 11, 26, 44. Ronne, pp. 44. Run.
- Renneng, *adj.*, 44; Rennyng, 6, 9, 15, 19; Rennyng, 94. Running; fluid.
- Rennyn, *vb.inf.*, 25. Run.
- Rew, *sb.*, 53. Row.
- Rege, *sb.*, 11. The Ray: see *Ray*.
- Ris, *sb.*, 114; Rys, 22, see NAPIER, p. 82, p. 108, L.C.C., p. 16; Rys moilles, 113, see WARNER, p. 46; Potage of ris, 114, see WARNER, p. 46; *Rys Moleyn*, 59; WARNER, pp. 62, 74, has also "*Rys Lumbarde*"; Rys, 12, 14; Flowre of rys, 13.
- Risschewes, de frute, 97, Risschewes, 93 (Fruit), Ryschewys in lente, 43, (Fruit and Fish), R. close et Frye, 45, R. close, 112, (Fruit), see Douce MS., No. 88, F. of C., No. 182; Risschewes, 98; Risschewes de Mary, 85, Ryschewys of marow, 44, see Douce MS., No. 87; L.C.C., p. 39, WARNER, p. 65 (Flesh). Now Rissole: see COTGR., "*Rissolle*: A Iewes eare; or Mushrome thats fashioned like a Demie-circle, and grows cleauing to trees; also, a small and delicate minced Pie, made of that fashion."
- Roche, *sb.*, 20, Breme or Roche boiled, 102, see Douce MS., No. 138; Rochys, 21. Roach.
- Roddys ende, 52. Rod's end.
- Rolle, Cruste, 46.
- Roppis, *sb.*, 39. Ropes; guts. See HOLME, II. vii. 132, "Sheeps Belly, or Intrals, the puddings called strings, or Rope."
- Rose, Rede, 29; Red Rosys, 24.
- Roseye, 24. So called from being made of Roses; see WARNER, II. No. 41, and No. 47, F. of C., No. 52: WARNER, No. 47, has no roses in it.
- Roste, *vb.t.*, 12, 14, Roste him on a gredire, 103. Roast.
- Rosty, *vb.int.*, 15. Roast.
- Rove of the mouthe, 78. Roof.
- Rowys, 114. Roe of fish.
- Ruchet, 60, see NAPIER, p. 74, "*Gurnard or Rocket*." Comp. Fr. *Rochau*. Rock-Fish, and see FLORIO, "*Roccate*, the Cook-fish, or Sea-thrush."
- Ruschewys, 45, see *Risschewes*.
- Ryal, *adj.*, 40; Ryalle, 21, 22; Ryaly, 2, Ryally, 17. Royal: Royally. The Cookeries also say "fit for a lord"; in same sense.
- Rybby, *sb.*, 6, 8, 10, 26. Ribs.
- Ryght, *adv.*, 5; Ryth wyl, 20, Rythte smal, 37; Ryzt fatte, 35, Ryzth smal, 46; Ryzth, 6, 8.
- Rynsche, *vb.t.*, 24. Rinse; splash.
- Ryzt, see *Ryght*.
- Saake, Bruette, 27, Sake, 2; see WARNER, p. 78, "*Browet seeke*."
- Sad or flatte, 92. Douce MS., *and*.
- Saf, *vb.t.*, 39. Save.
- Saferon, *sb.*, 70; Saferon, 43; Safron, 5, 9; Safroun, 6, 10, 13, 15, 26; Sapheron, 70. Saffron.
- Saffron, see *Saferon*.
- Safroun, *vb.t.*, 32, 49. Saffron.
- Salmon fressh boiled, 102, see Douce MS., No. 132; Samoñ roste in Sauce, 102, see Douce MS., No. 169, NAPIER, p. 97: Salmond, 102; Samond, 100; Samoun, 16.
- Salome, Capoun in, 33; Salomene, 21; Soupes of Salomere, 35.
- Salt, *vb.t.*, 32, 41.
- Samaca, 59, *Frutoure Samata*, 62; see NAPIER, p. 45, "*Samartard*."

- The first example should be *Samata*. The Fritter is made of Flour, Curds, Eggs, Cream, and Grease, and is served with sugar on it.
- Sardeyne, 24.
- Sareson, Bruette, 19 ; Saug saraser, 113, Sauke Sarsoun, 30. Fr. *Sarrasine* ; Saracen.
- Sauces ; Sauce alepeuere, 108, Sauce oylepeuer, 77, see NAPIER, p. 77, "*S. aliper*," Douce MS., No. 94, "*Sauuce alpeuere*," ; Sauce camelyne, 109, Sauce gamelyne, 77, see Douce MS., No. 92, "*Sauuce camelyn*," NAPIER, p. 48, "*Sauce c. for quaylle*," F. of C., No. 144, "*Sauce camelyne*," L.C.C., p. 30 ; Sauce Galentyne, 77, 108, see Douce MS., No. 98, NAPIER, p. 77, F. of C., No. 138, L.C.C., p. 30, WARNER, p. 64 ; Sauce gauncile, 110, Sauce sermstele, 77, (called "*S. gauncell*," in Douce MS., No. 93), see L.C.C., p. 29, WARNER, p. 65, "*Gauncell for gese*" (see *Gauncely*) ; Sauce gynger, 77, Sauce gingyuer, 109, see Douce MS., No. 96, NAPIER, p. 77, F. of C., No. 139, WARNER, p. 64, L.C.C., p. 52 ; Sauce for a gos, 109 ; Sauce newe for malardis, 110, see L.C.C., p. 27, and Black sauce, below ; Sauce for peiouns, 109 ; Sauce percely, 110 ; Sauce rous, 109, Fr. *Rousse*, ruddy ; Saug saraser, 113 ; Sauke Sarsoun, 30, see F. of C., No. 84, "*Sawse Sarzyne*," or Saracen ; Sauce sermstele, see *S. gauncile* ; Sauce Sorell, 77, Surelle, 110, Fr. *Surelle*, Sorrel ; Sauce for shulder of moton, 110 ; Sauce for stokefysse (two Recipes), 109 ; Sauce Verte, 77, 110, Green Sauce, see Douce MS., No. 95, NAPIER, p. 77, F. of C., No. 140, WARNER, p. 64 ; Black sauce for Capouns y-rostye, 110, see F. of C., No. 137, WARNER, p. 64, on which page is "Black Sauce for Mallard" (for which also see F. of C., No. 141) ; White sauce for capouns y-sode, 110, see F. of C., No. 136, L.C.C., p. 28, WARNER, p. 64 ; F. of C. No. 30, has also "*Sawse madame*." See *Pikkyl* and *Piper*, in Glossary.
- Sauereye, *sb.*, 18. Savory.
- Sauge, 28, Saugeo, 41, compare "*Saugeat*," in F. of C., No. 161 ; Pigge or chikeñ in Sauge, 72 ; Sawge, 2, 6, 8, 10, 17, 20, 28. The herb Sage.
- Sauke Sarsoun, 30, see Sauces.
- Saundersys, *sb.*, 12, 15, 16, 21 ; Sawnderys, 8, 12, 13. Saunders.
- Saused, *pp.*, 72. Soused ; salted.
- Sawcere, *sb.*, 22, 42. Saucer.
- Sayn, *vb. int.*, 33. Say.
- Scalde, *vb. t.*, S. with hey or strawe, 99, 100 ; Skalde, 18, 32. Scald.
- Shake out, 109, Shake out.
- Schale, *vb. t.*, 13. Shell.
- Schap, *sb.*, 53. Shape.
- Scharpe, *adj.*, 38. Sharp.
- Schene, *vb. t.*, 23. Skin ; shell : A. reads *Shene*.
- Schepe, *sb.*, 40. Sheep.
- Schere, *vb. t.*, 40 ; Shere, 11. Shear ; slice.
- Schevres, *sb.*, 40. Shivers ; thin strips.
- Schoche, *vb. t.*, 101 ; Skoche, 101. Scotch ; notch.
- Schoppe, *vb. t.*, 9. Chop.
- Schorge, *vb. int.*, 42. Scorch.
- Schort & pikke, 52.
- Schouyl, *sb.*, 53. Shovel.
- Schrede, *vb. t.*, 8, 10, 29 ; Screde, 30. Shred.
- Schrympe, *sb.*, 42, Shrimp ; see *Shrympes*.
- Schul, *vb.*, 30, Shall ; Schuld, 19, Should ; Schuldyst, 45, Shouldest.
- Schulle, *sb.*, 24, 42 ; Schullys, 23. Shell. A. reads "schyllys."
- Sculle, *sb.*, 80 ; SkoH, 79. Scull.
- Sefe, *sb.*, 20 ; Seve, 32 ; Her syue, Hair sieve, 113.
- Self, *adj.*, 19, 23 ; Selue, 32 ; Sylf, 14. Self ; same : compare Selfsame.
- Senglere, *Teste de, enarmez*, 57, Boars head and tusks ; *Blanke singular leche*, 69. Fr. *Sanglier*, Wild boar.
- Serge, *vb. t.*, 20, Sift : spelt *Sarge* in A.
- Serue forth (to table), 6, 10, etc. ; Seruyst in, 6.
- Seruyce, *sb.*, 34. Service.

- Sesyn, *vb.t.*, 19; S. *vp.*, 10, 12. Season.
- Sethe, *vb.t.*, 6, 12; Sepin, *pp.*, 32; Sith, 90: Seth, *vb.int.*, 99. Seethe. *Sethe* in Recipe *vj.*, p. 6, is *sette* in A.
- Sew, *sb.*, 18; Colouryd S. *without fyre*, 20, see NAPIER, p. 38; Sew *trappe*, 54, so called from the pans or *Trapes* in which it is made. These are solids. *Sew lumbarde*, 58. Sewe, 9, 17, 20, 99. Broth. MAYHEW & SKEAT derive Sew from A.S. *séaw*, but it is suspiciously like the French *Ciucé*, or *Siué*, see COTGR.; compare "Harus in a sewe," L.C.C., p. 21, Hares or Conynges in *seue*, WARNER, p. 78, where it represents *Ciucé*. At the same time Mr. Mayhew does not think it possible. *Ciucé*, however, is used for a liquid without onions, upon page 49: see *Errata*.
- Sewet, *sb.*, 41. Suet: see *Suet*.
- Shrympes, 103. Shrimps.
- Sirip, *sb.*, 12, 40; Sirippe, 15; *Siryppé pur un pestelle*, 40; Syrip, 11; Syrippe, 3, 15, 21, *Peris* in *syrippe*, 87; *Wardonys* in *syryp*, 7; *Syryppe*, 13, 21. Syrup.
- Sith, *vb.t.*, 90. Seethe.
- Sitting to, 107. Sticking.
- Skalde, *vb.t.*, 18, 32; Skaldyd, 24; Skladdyd, 25. Scald: see *Scalde*. On p. 32, ? read "skalde hem" [*with hey*].
- Skaldyng hote, 17.
- Skeme, *vb.t.*, 7. Skim.
- Sket, *sb.*, 102. Scotch: Douce MS. has *skoch*.
- Skilfully thik, 101, Skylfully pikke, 8, Reasonably, nicely thick.
- Skluce, *sb.*, 25. Viscous compound.
- SkoH, *sb.*, 79. Skull.
- Skore, *vb.t.*, 25; Skoure, 45. Scour.
- Skrape, *vb.t.*, 18. Scrape.
- Skym, *vb.t.*, 22. Skim: see *Skeme*.
- Skymer, *sb.*, 44; Skymoure, 17, 54. Skimmer.
- Skyn, *sb.*, 11; Skynne, 26; Skynnys, 26. Skin.
- Slake, *adj.*, 21 (*Flake* is printed here). Slack; lukewarm: *warm* in A.
- Sle, *vb.t.*, 78, 79. Slay.
- Slepyr, *adj.*, 23. Slippery; greasy. A. reads "sliper."
- Smal, *adj.*, 10; Smaller or gretter, 15.
- Smoth, *adj.*, 77. Smooth.
- Smyte, *vb.t.*, 6, 13. Smite; chop.
- Snyte, 80; Snyte rost, 117; see Douce MS., No. 120, L.C.C., p. 35, "*Wodcok, snyzt, and curlue*," NAPIER, p. 65, "*Snyt rost*"; Snytys, 58.
- Sode, *adj.*, 42. Sodden.
- Soft, *adv.*, 22, Softe, 17, Softly; Softer and sofftere, 17.
- Soke, *vb.t.*, S. out, 25. Soak out; let soak out.
- Sokingly, *adv.*, boile s., 72. Soakingly; thoroughly: still used thus.
- Sole, boiled, rost, or fried, 103, see Douce MS., No. 141; NAPIER, p. 71, has "*Sole in brase*."
- Soperys, *sb.*, 46, 55. Suppers.
- Soppes Dorre, 90, Soupes dorrees, 114, Soupes dorye, 11, S. dorroy, 11, see Douce MS., No. 51, F. of C., No. 82, WARNER, p. 46, L.C.C., p. 14, NAPIER, p. 107; Lyode Soppes, 11; S. Jamberlayne, 11, Soppes pour Chamberlayne, 90, see Douce MS., No. 52, "*Soupes Chamberlayn*"; Oyle Soppys, 12, 96, see Douce MS., No. 158; Soupes of Salomere, 35; see also NAPIER, p. 51, and F. of C., No. 129, "*Soupes in galentyne*"; Soppis, 1, 52. COTGR.: "*Soupe*: A sop, or peece of bread in broth: also pottage, or broth (wherein there is store of sops, or sippets)." Soup is still served thus in France.
- Sorcell rosted 79, see Douce MS., No. 118, "*Sarcelle rost*," NAPIER, p. 64; Teal.
- Sore Sengle, 25. This looks like "Single Sore," compare "*Jussell sengle*," in NAPIER, p. 26: see, however, COTGR., "*Soringue*: Eele sauce made of fried Onions, and toas-bread steeped in Pease broth, then strayed with wine, vinegar, Cinnamon, Ginger, and other spices, all put into a pot

- with the Eeles cut into peeces, and (after a little seasoning with saffron and salt) thoroughly boyled." Elys in Sorre, 89, see Douce MS., No. 25. The Fr. *soré* means reeked or made red, as the saffron would do. Compare *Blandesore*.
- Sotelte, *sb.*, 57, 58, 59, 60, 61, 62, 63, 67, 68, 69. Subtlety, or device to deck the Table: see Forewords.
- Sothe, *pp.*, 37, 46; Sojin, 6, 46, Sothyn, 7, 9, 11. Sod; sodden.
- Soundes, *sb.*, 96; Soundys, 26. Cod Sounds, or swimming bladders.
- Soups, see *Soppes*.
- Sowsyd, *adj.*, 12. Soused; pickled.
- Spaulde de Motoun, 59, Spawdys de Motoun, 63. Spaud; shoulder.
- Spaune, *sb.*, 14, Spawne, 90. Spawn.
- Spete, *sb.*, 8, 15, 38, Spete of haselle, 39. Spit.
- Spete, *vb.t.*, 38; ben spetid, 38. Spit; put on spit.
- Spicere, *sb.*, 113; Spicerie, 113; Spicerye, 30; Spycery, 19, 28, 35.
- Splat, *adj.*, 101. Split.
- Splat, *vb.t.*, 105; Splatte, 104. Split.
- Splentes, *sb.*, 73. Splints.
- Spone, *sb.*, 41. Spoon.
- Sprynge, *vb.t.*, 31. Springe; sprinkle.
- Spycis, 28. Spices.
- Spyneye, 20, see WARNER, II. No. 46, F. of C., No. 57: so named from O.Fr. *Espine*, Hawthorn. See *Hawþorn*.
- Stampe, *vb.t.*, 6, 7, 16, 38, 77. Stamp; grind.
- Stekys of venson) or bef, 40.
- Stept, 77, Steeped.
- Ster, *vb.t.*, 46; Stere, 8, 9, 14, 26; Sture, 26; Styre, 23. Stir. A. reads "styue" (stew), in Recipe xiiij, page 8.
- Stipe, 16: see readings at end of Forewords.
- Stockfish, see next.
- Stokfissĥ, 89, S. in sauce, 100, see Douce MS., No. 31; Stokfysshe, 10; Stokkefysshe, 26. Stockfish. See COTGR.: "*Merlus, ou Merluz*: A Mellwell, or Keeling, a kind of small Cod, whereof stockfish is made." Modern French *Merluche*, Haddock. Stockfish seems to have been made of all sorts of Cod, and even of Porpoise.
- Stonde, *vb.int.*, 88, 109. Stand; be stiff.
- Standing, *adj.*, 95; Stondyng, 16, 95; Stondynge, 16, 109. Standing; stiff.
- Storgeoun, *sb.*, 13; Storieoun, 57; Storiou in brothe, 13; see *Sturgeon*.
- Straw, *vb.t.*, 23; S. on, 15; Strawe Canel a-boue, 16. Strew.
- Strawberye, 29; Strawberys, 29; Stawberye, 2; Streberies, 75.
- Strayne, *vb.t.*, 6, 8, 11. Strain through strainer.
- Straynour, *sb.*, 6, 11; Straynoure, 6, 10, 11, 41; Straynourys ende, 44; Straynowr, 5, 6; Straynowre, 5, 10; Strainwoure, 16. Strainer.
- Strek, *vb.t.*, 95. Strike.
- Strype, *vb.t.*, 27. Strip.
- Stew, see *Stwed*.
- Stuff, *Stuffe, adj.*, 71. Stiff.
- Stuffe, *vb.t.*, 32, 40, 41; Stuffyst, 40. Stuff with forcemeat.
- Stuffur, *sb.*, 76. Stuff for stuffing.
- Sture, see *Stere*.
- Sturgeon boiled, 104, see WARNER, p. 47, NAPIER, p. 71; Sturgeon buille ou turbutt, 117; Storiou in brothe, 13, Sturgeou in broth, 104, see Douce MS., No. 80; Sturgeou pour porpeys, 105, see Douce MS., No. 181, "*Sturgeon ou purpays ou turbut furniez*," NAPIER, p. 53, "*Porpas, sturģion, or turbut*"; Storiou leche, 37.
- Sturmye, 26.
- Stwed Beef, 72, see Douce MS., No. 3; Stwed Mutton, 72; Capons Stwed, 72; Partrich stwed, 78, Pertrich stwyde, 9; Smale Birdys y-stwyde, 9. Stewed.
- Styke, *vb.t.*, 31. Stick.
- Styre, see *Stere*.
- Sucking Pig, see *Porcelle*.
- Suet, *sb.*, 76; Svette, 115; Swet, 40; Swette, 40; Sewet, 41.
- Sugre, *sb.*, 11, Whyte s., 7, Blake s., 7, Whyte oþer blake, 51; S. of Ali-

- saunder, 39, Alysandre, 50, from Alexandria; S. of Siprys, 16, Sugur of Cipris, 95, from Cyprus; Sugre in confyte, 32, ? comfits, A. "Sugre of confitens"; Sugre water, 7; Sugour water, 85, Sugur water, 91; Sugur, 85, White s. or blak, 73. Murray's Dict. gives Black Sugar as Liquorice, but ? unrefined sugar.
- Sumdele, *adv.*, 21, 49. Somedeal; somewhat.
- Suththe, *adv.*, 112, 113. Afterward.
- Swañ rosted, 78, see Douce MS., No. 106, "*Cignet roste.*"
- Sware, *adj.*, 36, Square: see also L.C.C., p. 45.
- Swenge, *vb.t.*, 40, 55. Swing; mix.
- Swerde, *sb.*, 6, 14. Sward; rind.
- Sweteblanche, 112.
- Swyne, *sb.*, 8, 70; Swynys grece, 41. Swine; pig.
- Swythe, *adv.*, 39. Quickly.
- Syfte, *vb.t.*, 38. Sift.
- Sylf, see *Self*.
- Synamoun, *sb.*, 34. Cinnamon.
- Synewes, *sb.*, 53; Syneys, 37; ȝynes, 37. Sinews.
- Syngnettys, 57. Cignets.
- Syrip, *sb.*, 11; Syrippe, 15, 21; Wardonys in syryp, 7. See *Sirip*.
- Syrup, see *Sirip*, *Syrip*.
- Syue, *sb.*, 113. Sieve.
- Syȝth, *sb.*, 32. Sight; quantity.
- Take, *pp.*, 52.
- Talbotlys, 19. See WARNER, II., No. 9, "*Haris in talbotays,*" F. of C., No. 23, "*Hares in talbotes.*"
- Talow, *sb.*, 39; Talour, 39. Tallow; fat.
- Tannye, 26. Compare Fr. "*Tanné, Tawnie.*"—COTGR. The dish is of that colour.
- Tansy, 86, Tansye, 45, see Douce MS., No. 176, L.C.C., p. 50, "*Tansy cake.*" So called from the Tansy in it.
- Tart de Fruyte, 98, see Douce MS., No. 101; Tartes of Frute in lente, 48; Tartus, 75 (Cheese), Tartes de chare, 47, 52, Tartus of Flesh, 74, see Douce MS., No. 45, "*Tartes de chare,*" NAPIER, p. 52, F. of C., No. 168, "*Tartes of Flesh*"; Tartes of Fysche, 47, see F. of C., No. 170, WARNER, p. 48, "*Tartys of Fysch owt of Lente*"; Graunt tartez, 58, Grete pyes, 76.
- Tauorsay, 114.
- Tayle, 27, Taylys, 2, Taylours, 94, Taylours, 15, Taylowres, 1; see Douce MS., No. 104. See COTGR., "*Taillis*: A Hachee; or made dish of Creuises, the flesh of Capons, Chickens, or Veale, bread, wine, salt, veriuycce, and spices; also a kind of gellie," as the dish is here.
- Taylid Datys, 55. Cut Dates.
- Temper, *vb.t.*, 10, 19, 20; Tempere, 9, 11; Temperyd, 12, 20. Mix.
- Tenche in bruette, 23; T. in cyueye, 23, see F. of C., No. 120, NAPIER, p. 80; T. in Sawce, 23, see NAPIER, p. 117, L.C.C., p. 25, "*Tenche in graue*"; Tenche in brase, 105, see NAPIER, p. 71, WARNER, p. 86, Douce MS., No. 150; Another diting of a tenche, 105; Tenchys, 26, 30.
- Tendure, *adj.*, 105. Tender.
- Tese, *vb.t.*, 10, with a pyn, 21, 43, 114. Tease; shred small.
- Tesid, *adj.*, 89; Tesyd, 22. Teased; shred small.
- Teste de cure, 112.
- ȝan, *adv.*, 6, 7; ȝanne, 6, 7, 10, 24; ȝenne, 9, 10, 24. Then.
- ȝe, *pron.*, 6. Thee.
- ȝer-an, 29, Thereon; ȝer-yn, 18, 20, 47, ȝer-ynne, 7; ȝer-on, 6, 11, 20, 29; ȝer-to, 6, 18, 29; Therue-owt, 36, throughout; ȝer-vppe, 30, 49, Thereon; ȝer-vppe-on, 18, 49, Upon it; ȝer-with, 29.
- ȝes, *adj.*, 34. These.
- They, *art.*, The, 7: see Note 3.
- Thikke, *vb.int.*, 91. Thicken.
- ȝinne, *adj.*, 12; ȝynne, 109. Thin.
- ȝombe, *sb.*, 21. Thumb.
- ȝorgh, *prep.*, 101; ȝorw, 5, 6, 9, 22;

- þorwe, 12, 22, 47; þurgh, 108, 109; þurwe, 108; þurȝ, 109. Through.
- Powsand, *adj.*, 43. This is a curious mistake on the part of the transcriber and should be "a dozen": he took the "dd." as Douce MS. has it, for twice five hundred. See "dd." on page 67.
- Þrifi Mylke of Almaundys, 31, þrifty M., 56; þryfty, 34. Not too strong.
- Thrawe, *vb.t.*, 101. Throw.
- Þridde, *adj.*, 49; Thrudde, 113; þryd, 49; þrydde, 30, 50. Third.
- Throte-boH, *sb.*, 79, Adam's Apple; top of windpipe.
- Þrowe þorw straynour, 8.
- Þryis, *adv.*, 11. Thrice.
- Þwerte, *adv.*, 31. Thwart; athwart.
- To, *adv.*, 6, 11, 22. Too. In Recipe xj, p. 7, A. reads "do hem to-gedir," and "to" has the same meaning: dele note 7.
- To, *adj.*, 7, 14, 21. Two.
- To-geder, *adv.*, 38, 40; To-gedere, 7, 21; To-gederys, 5, 13, 38, 55. Together.
- Tolle, *vb.t.*, 40. See *Toyle*.
- Toste, *vb.t.*, 11, 30. Toast.
- Tostes, *sb.*, 12. Toasts.
- Tow, *adj.*, 49. Tough.
- Towres, 46.
- Toyle, *vb.t.*, 16, 24, 54; Tolle, 40. Rub: *Twille* in Douce MS.: see *Trull*.
- Toȝenst, *prep.*, 112. Against; in.
- Trappe, Sew, 54. Compare *Trape*, pan or dish: the Pudding, a kind of Yorkshire, is made in two pans.
- Trayne rost, 97, 60; see Douce MS., No. 157; Treyne, 7. Train: so called from its length.
- Tre, *sb.*, BoH of tre, *i.e.* wood, 92. See *Treen*.
- Treen, *adj.*, 13; T. dyssche, 53; T. bolle, 16. Wooden; spelt "Treyne" in Douce MS.
- Trenchours, Trenchourys, 41. Trenchers; slices. Fr. *Trencheoir*, COTGR.
- Tripe de Muttoñ, 82, Trype de Motoun, 7, see Douce MS., No. 4; T. of Turbut or of Codelynge, 18, T. de Turbut, 106, see Douce MS., No. 170.
- Trounde, *sb.*, 42. Round slice; compare *Trundle*, HALLIWELL.
- Troute, boyled, 102, see Douce MS., No. 133, NAPIER, p. 69; Troutys, 20; Trowtys, 21.
- TruH, *vb.t.*, 76, 95. Troll, trowl; twist: Douce MS. *Twille*.
- Trusse, *vb.t.*, for roasting, 81.
- Trye, *vb.t.*, 42; Tryid, *pp.*, 27. Try; pick, pull. Fr. *Trier*.
- Tryude, *pp.*, 74. This seems to mean broken up, or rubbed up in the sugar: but Recipe xx, page 51, reads "y-tryid þolkys," *i.e.*, separated from the white.
- Turbot. Turbut, 16, 18; T. boyled, 105, see NAPIER, p. 73; T. roste ensauce, 106, see Douce MS., No. 168, NAPIER, p. 96; Tripe of Turbut, see *Tripe*.
- Twyis, *adv.*, 11. Twice.
- Tylle, *adv.*, 12. Till.
- Tyne, *sb.*, 49, 50; Tynez of batter, 49. Compare Tine of a fork; spike.
- Vanne, *vb.t.*, 70. Fan.
- Veal, see *Velo*.
- Vele, kede, or henne in Bokenade, 13, Autre Vele en bokenade, 13, see F. of C., No. 118; Vele rosted, 81, see Douce MS., No. 123; Piper for feel and for venysoun, 110.
- Venegre, *sb.*, 7, 10; Vynegre, 8, 10, 72, 109; Winegre, 110. Vinegar.
- Venison, see next.
- Venson) or bef, Stekys of, 40; Venyson with Furmenty, 6, Furmenty with v., 70, see Douce MS., No. 180; V. in Broth, 10, 70, 63, see Douce MS., No. 38; Nombles, or Nomblys of V., 70, 10, see Douce MS., No. 39, F. of C., No. 54, WARNER, p. 53, and II. No. 12; V. y-bake, 51, 73, see Douce MS., No. 40; Venysoun, 1, 10, 49, V. rosted, 81, see Douce MS., No. 124, NAPIER, p. 66; *Veny-soun Roste*, 64, has "in syrup" added to it, in A.
- Verge sauce, 102, 104, Vert Sauce.

- Vergeous, *sb.*, 72; Verious, 7, 8, 9; 109; Veriows, 13; Vertious, 115, Veryous, 18, 20. "Verjuice is the juice of Crabs, or sour apples"; HOLME, III. iii. 85.
- Vergyussauce, 103, 104. Verjuice-sauce.
- Vernage, *sb.*, 22; Vernage pime; 28. "Vernaccia, a kinde of strong wine like malmesie or muskadine, or bastard wine;" FLORIO, 1598. The 1659 ed. says, "A kind of winter-wine." Compare It. Vernaccio, a severe winter: see MAYHEW & SKEAT.
- Vesselle, *sb.*, 17, 20; WesseH, 91. Vessel; Fr. *Vaisselle*.
- Viaundbruse, a Potage, 67; *Viaund Ryal*, 57; *Viaunt Ardant* (probably brought in with flaming spirits), 61; *Vyaund de cyprys bastarde*, 21, *Vyaund de cyprys Ryalle*, 21, *Vyaunde de cyprys in lente*, 28, see NAPIER, p. 102, F. of C., Nos. 97, 98, WARNER, pp. 58, 76, L.C.C., p. 8; *Vyande Ryalle*, 32, see F. of C., No. 98, WARNER, p. 76; *Vyand leche*, 36, 37, 38, see NAPIER, p. 41, "Cold leshe viand"; *Vyaunde Furne; san; noum, de chare*, (two Recipes), 49; *Vyand Goderygge*, 63; *Vyand Motlegh*, 63. Fr. *Viande*, Meat.
- Vinegar, see *Venegre*.
- Umbles, see *Nombles*.
- Vnce, *sb.*, 107; Vnces, 106. Ounce.
- Vnneth, *adv.*, 84, 85; Vnneþe, 38, 43, 44; Scarcely.
- Vnderneih, *prep.*, 105; Vnder-nethe, 7. Underneath.
- Vñ-pullud, 99, Unshred.
- Vntrusse, *vb.t.*, 41. Entruss on spit.
- Votrellez, 69, is probably the Dish mentioned in NAPIER, p. 44, as "Votose"; the liquid *ll* would give *Votreus*, and possibly *Votews*; after *Mortreus*. *Votose* is made up of Gobbets of Marrow, cut Dates, sugar, powdered Ginger, Saffron, Salt, which is put between leaves of paste, closed, baked, and then cut in pieces two inches square: it is also called *Votese*.
- Urchins, see *Yrchons*.
- Vyñ, *sb.*, 104; Vynnes, 106, Fin.
- Vyolet, *sb.*, 5, 29; Vyolette, 23, 29. Violet.
- Waffres, 39; Waffrys, 39, 63. Wafers.
- Walkys in brulette, 23; Walkys, 60; Welkes boyled, 106, see Douce MS., No. 164, NAPIER, p. 74; Wylkys, 60.
- Walnotys, 109. Walnuts.
- War, *adj.*, 38. Ware: aware.
- Wardons, 87, Wardones, 106; Wardonys in Syryp, 7, see WARNER, p. 72; Quyncis or Wardouns in past, 51; Chardewardon, 12; Chare de Wardone, 88. Warden Pears. "A Warden is like a Quince, but brown and spotted; of them there are several sorts."—HOLME, *Armory*, II. iii. 47.
- Ware, *vb.int.*, 42.
- Warne hot, 8.
- Washe, *vb.t.*, 5; Wassche, 5; Wasshe, 10; Waysshe, 25; Whas, 112; Whess, 112, 114; Wasshen, pp., 84; Wasshem, 18, 20, 23, Wash 'em.
- Wast, *vb.*, 25. Waste.
- Wastel, *sb.*, 22; Wastel bred, 112, Wastilbrede, 28, Wastylbrede, 28, Wastel bread: bread made of fine flour: Anglo-Fr. *Wastel*, *Gastel*, Fr. *Gasteau*, *Gâteau*.
- Water, *sb.*, 13; Watere, 42; Watre, 109.
- Watteryd, *adj.*, 26. Watered; soaked, to get the salt out.
- Way, *sb.*, 73. Whey.
- Wesing, *sb.*, 80; Wesyng, 116, 117. Weasand.
- WesseH, *sb.*, 91. Vessel.
- Wete, *sb.*, 105. Wheat.
- Wete, *vb.t.*, 11, 48, 105; *adj.*, 48. Wet.
- Wexe, *vb.int.*, 8, 17, W. hard, 35, Wexyth, 35. Wax; grow.
- Whan, *conj.*, 18. When.
- Wheder, *adj.*, 33, Whether; which-ever.
- Whele, *conj.*, 23. While.
- Whelks, see *Walkys*.
- Whete, *sb.*, 6, 15; Wete, 105. Wheat.
- Wheþer-euer, 131. Whither ever, Wherever.

Whetyn floure, 33. Wheaten flour.

Whey, *sb.*, 56; Way, 73.

White of egges, 74, 75; Whyte Mortrewes, 19, 28 (Pork), see NAPIER, p. 106, WARNER, p. 62, L.C.C., p. 13, F. of C., No. 46; W. pesyn in grauey, 33; Whyte of eyroun, 11, 14, W. of lekys, 14, W. brede, 11, 30, W. sugre, 7, 8. For White Sauces, see *Sauces*: see also *Wyn*.

Whyte, A gret, 26, A long time; A good whylys, 42.

Wine, see *Wyn*.

With-owte, 48; With-ynne & with-owte, 47.

Wodecok, 80, see Douce MS, No. 121, NAPIER, p. 64, "W. rost," L.C.C., p. 35, "W. snyzt, and Curtue."

Woldyst, 20, Wouldest.

Wole, *vb.int.*, 31; Wolle, 26; Wolt, 33. Will, Wilt.

Wollen, *adj.*, 32. Woollen.

Wombe, *sb.*, 39, of fish, Belly; 38, 39, of sheep, Maw, stomach; Wombe side vpward, 131.

Wort, *sb.*, 107, Unfermented beer.

Wortes de pesoun, Lange, 5, Longe W. de Pesone, 89 (Pease), see Douce MS., No. 2; Lange Wortys de chare, 5, see Douce MS., No. 1; Whyte wortes, 6; Hare in Wortes, 69; Buttered Wortes, 69, see NAPIER, p. 84, see also NAPIER, p. 82, "Wortis."

Wryng, *vb.t.*, 29; Wryng þorw straynoure, or cloþe, 22, 28. Wring.

Wyl, *adv.*, 6, 7, 11, 20, 26; Wylle, 26. Well.

Wylkys, 60. Whelks.

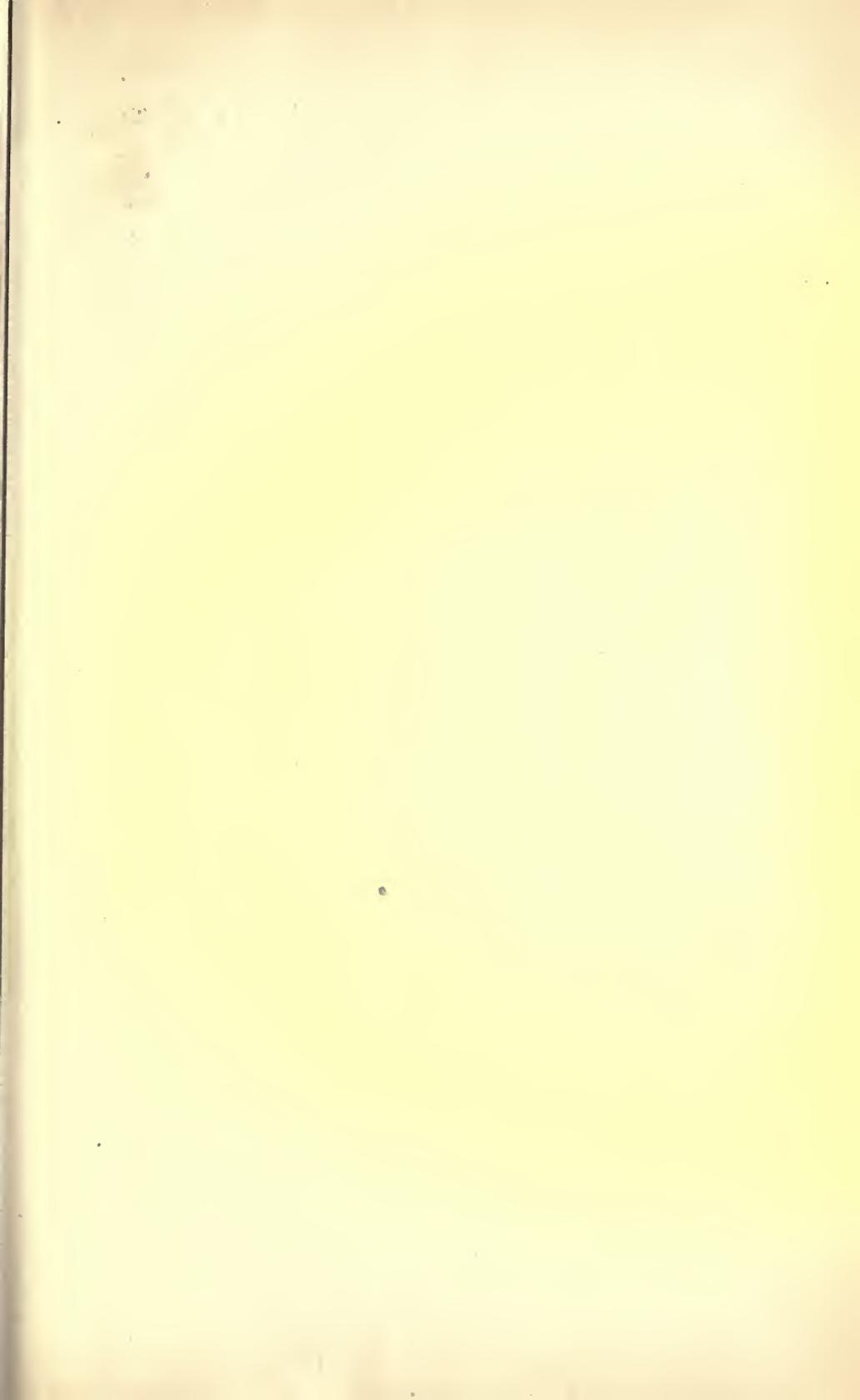
Wyn, *sb.*, 20, Rede wyn, 20; Wyne, 7, 10, 20, Red wyne, 10, 26, Wyne crete (of Crete), 48, Swete Wyne, 22, 35, Whyte Wyne, 15, 35, Rochelle Wyne, 15. Wine.

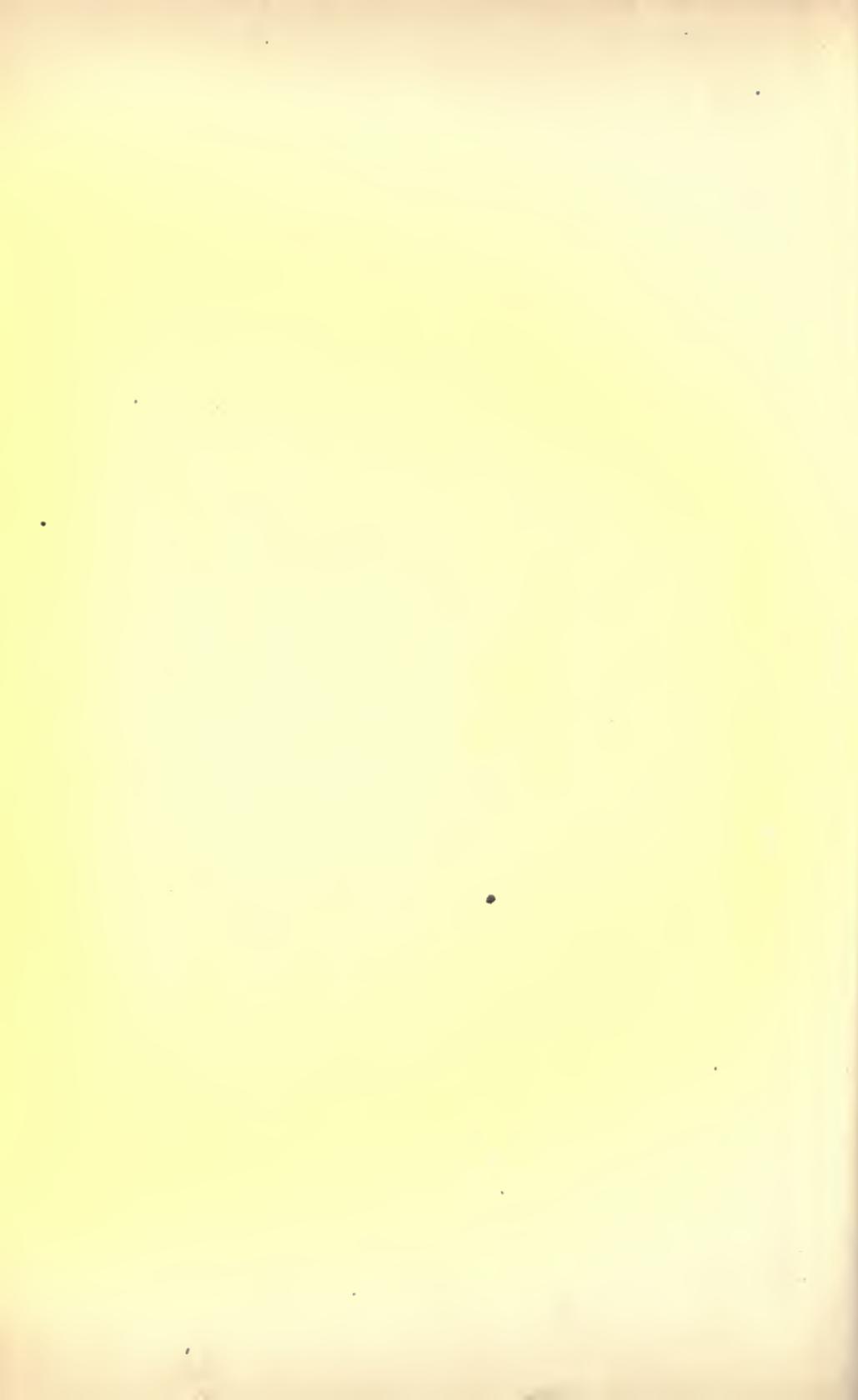
Wyth, *prep.*, 13, With; Wyth-owte, 12.

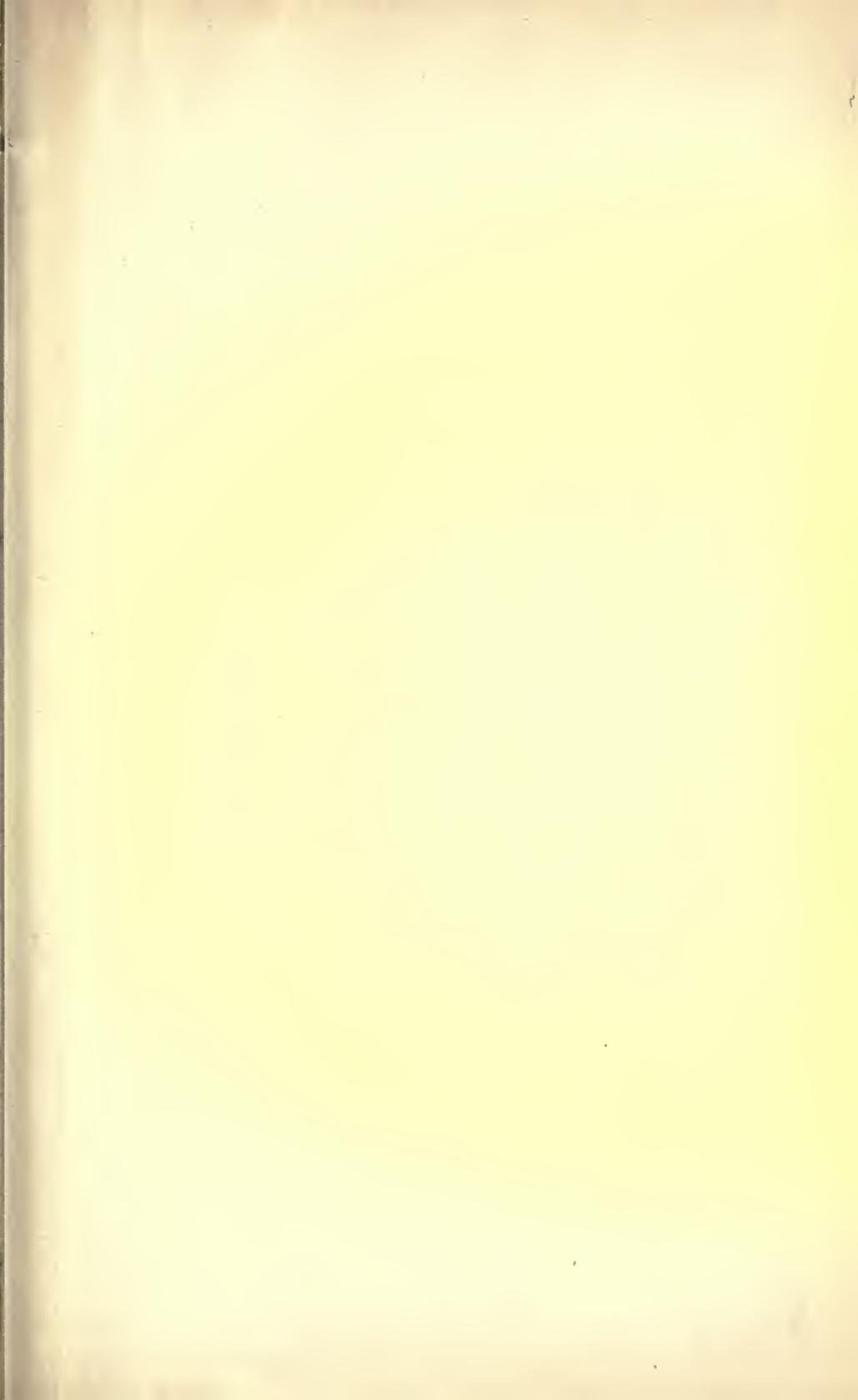
Y-bake, 51, Y-baken, 54, Baked; Y-blaunchyd, 31, Blanched; Y-bontyd, 38, Bunted, sifted; Y-bounde with Floure of Rys, 39, Made stiff;

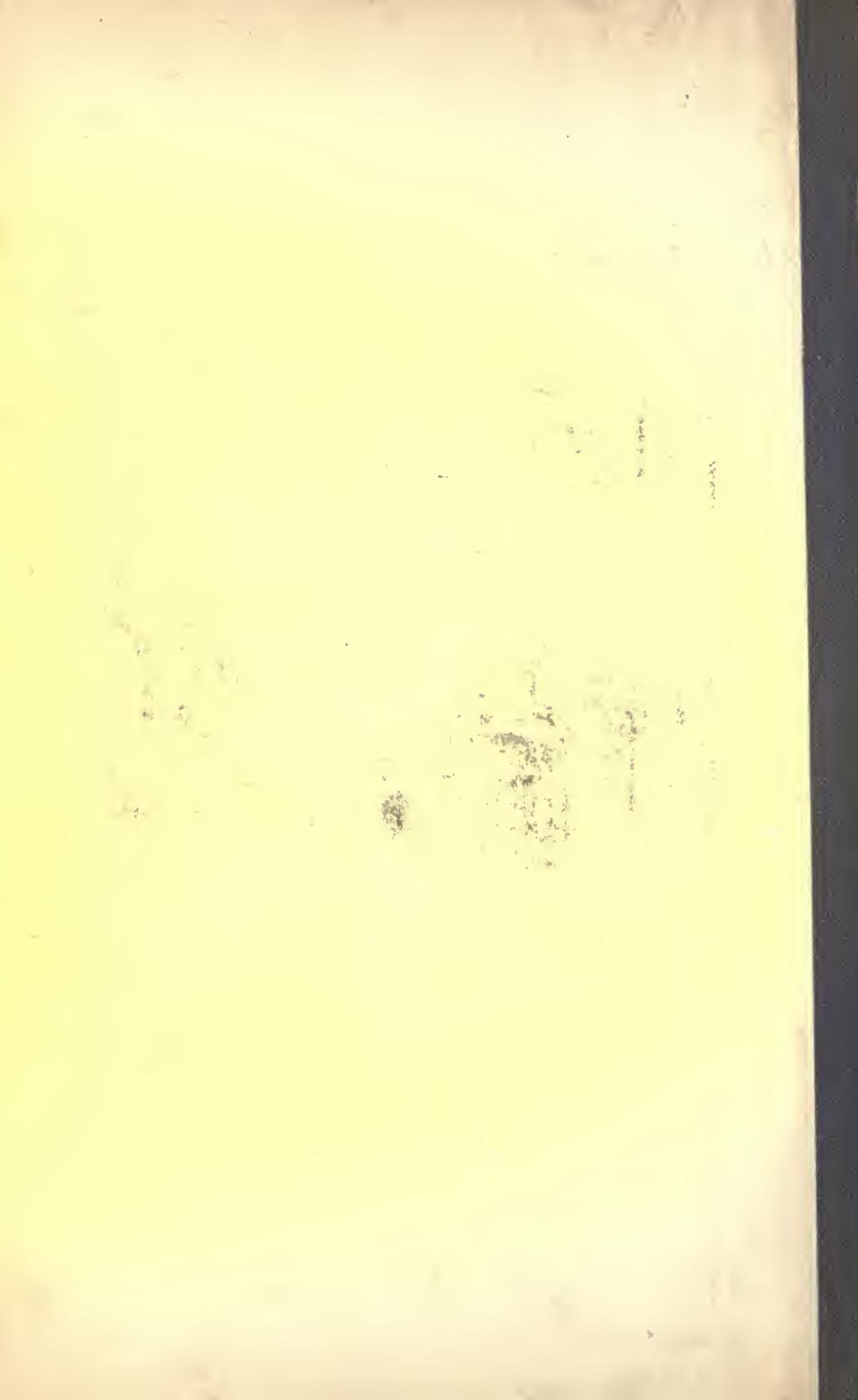
Y-boylid, 10, 18, Y-boylyd, 6; Y-braid, 48, Pounded; Y-broylid, 47; Y-choppid, 33, 46; Y-chowchyd, 26, Y-couched, laid; Y-clepid, 43; Y-closyd, 48, Closed (of a pie); Y-corven, 23, Cut; Y-coryd, 46, Cored; Y-cutte, 51; Y-dicyd, 22, Cut into dice; Y-draw, 6, 9, 10, 11, 15, 33, Y-drawe, 26, Drawn through strainer, see the verb *Draw*; Y-dressid, 8, 11, Dressed for table; Y-farsyd, 40, Stuffed; Y-fastenyd, 50; Y-gratyd, 15, 19; Y-grounde, 13, 18, 23, 110; Y-hackyd, 55; Y-harded, 99, Y-hardid, 52, Hardened; Y-heled, 112, Y-helid, 40, Y-helyd, 54, Covered; Y-hole, 22, this may be uncut, with the stones in; possibly *skinned*, Hulled; A. also reads thus: Y-kremyd, 40, Crimmed, crumbled; Y-kyt, 55, Cut; Y-leched, 86, Y-lechyd, 35, Leched, cut in strips; Y-like, 20, Alike; Y-mad, 6, 12, 51, made; Y-makyd, 49, Made; Y-mellid, 55, Y-mellyd, 28, 55, Mingled; Y-mengyd, 38, Menged, Mixed; Y-mynced, 6, 14, 18, Y-mynsyd, 13, Mincid; Y-opened, 114; Y-pede, 29, ? Y-pared, pared (A. also reads thus); Y-pekid, 41, Y-pikyd, 37, Picked; Y-peyntid, 29, Painted; Y-pileyd, 37, Peeled; Y-rollyd, 48, Rolled; Y-rosted, 106, 114, Y-rostyd, 23, 38, Roasted; Y-schred, 49, Y-schredyd, 29, Y-scredde, 40, Shredded; Y-Skaldyd, 22, Scalded; Y-smete, 55, Smitten, chopped; Y-sode, 19, Y-sothe, 23, 37, 55, Sodden, boiled; Y-stekyd, 52, Y-stykyd, 35, Stuck; Y-strainyd, 17, Y-straynid, 55, Strained through strainer; Y-stwyde, 9, stewed; Y-swengyd, 25, Y-swonge, 35, 38, Swung, shaken, mixed; Y-take, 88, Taken; Y-tallyd, 27, Y-taylid, 27, 33, Cut, Fr. *Tailler*; Y-temperyd, 7, 17, 28, Mixed; Y-tryid, 11, 15, 36, 51, 52, Picked, separated, the last example apparently meaning "strained through strainer;" Y-wasche, 7, Y-wasshe, 23, 114, Washed; Y-wateryd, 43, Soaked; Y-wet, 102, 106, Y-wette, 52, Wet, steeped; Y-wreten, 21, Written; Y-wronge oute, 84, 91, Wrung out.

- Yeest, 96, Yeast.
 Y-fere, 18, Together.
 Y-liche moche, 70, A like much, or quantity.
 Ynouh, *adv.*, 75; Y-now, 5, 6, 8; Ynowe, 19, 35. Enough.
 Yrchons, 3; Yrchouns, 38, 61, 62. Urchins; hedgehogs. See WARNER, p. 66, "*Urchonys*." So called from being made bristly with Almonds.
 Yreñ, *sb.*, 93. Iron.
 Ys, 17, Is.
 Yt, 15, 17, 35. It.
- }elow, *adj.*, 20, 30. Yellow.
 }ere, *sb.*, 15, 29, 47. Year.
 }est, *sb.*, 10, 44. Yeast.
 }et, *pron.*, 31. It.
 }if, *vb.t.*, 22, 29, 112. Give.
 }if, *conj.*, 7, 9, 10, 11, 12, 30, 47. If.
 }olkes of egges, 109; }olkys, 8, 9, 11, 12, 19, 29. Yolks.
 }ong, *adj.*, 54; }onge, 31. Young.
- }ynes, *sb.*, 37. Sinews.









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